

The OAK LEAF

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Vol. 31

Friday, 10 January 1969

No. 1



New Year's Baby Kirk Mandel Barnes and pretty mother Anita.

Baby Barnes is First Arrival of New Year

Oblivious to his fame, young Kirk Mandel Barnes slept through most of New Year's Day, and yawned when told he was the first baby born at Oak Knoll in 1969, at 0939 1 January. His mother Anita and proud father CPL William C. Barnes, USMC, were much more excited, for not only is Kirk Oak Knoll's first in '69, but the Barnes' first child. The husky winner of the New Year's Baby title weighed 9 lb. 2 oz. at birth and was 21½ in. long. His father is stationed at Alameda.

Runners-up for the title were Daryl Lynn Cotton, 7 lb. son of AN and Mrs. Jerry Cotton, USN, Wendy Michele Grinell, 7 lb. 2½ oz. daughter of PVT and Mrs. Dean R. Grinell, USMC, and the chubby 9 lb. son of EN1 and Mrs. Joseph Sagapolu, USCG. Grinell and Cotton are stationed at Alameda, and Sagapolu at Farallons Island, San Francisco.

RADM Georae Davis Named to SG Post

RADM George M. Davis, MC, USN, who served Oak Knoll as Chief of Medicine from 24 January 1959 to 23 February 1961 and subsequently as Executive Officer, will soon move up to the top post in the Navy Medical Department according to latest word from Washington.

Now serving as Deputy Surgeon General, Rear Admiral Davis will relieve VADM Robert B. Brown, MC, USN, as Surgeon General when the latter's retirement becomes effective 31 January.

Prompt Response Eases Blood Shortage

True to tradition, the Navy took care of its own when a critical shortage of blood developed just before Christmas.

"Acute bleeders—patients with ulcers and cirrhosis—overindulge as almost all of us do at the holiday season. Because of the extra blood required by these patients, our reserves were depleted," CDR Norval Mortensen of the Laboratory and Blood Bank explained.

On 18 December at 1030 word of the need went out to chiefs of services. Security spread the word to all who passed through the gate. Those who stopped at the OOD's desk were invited to visit the Blood Bank. A sign was posted outside the dining room during the noon meal.

By 1330 more than 50 units of blood had been drawn from Oak Knoll patients and staff—military and civilian. Nine members of Project 49 gave, and a number of civilian secretaries were first-time donors. The same afternoon, additional donors came from Treasure Island. A relative of a patient insisted on giving her unit.

"Such response in time of need is most gratifying," said Commander Mortensen, who noted that fresh blood is used on a continuing basis. He asks all hands not already on the "walking donor" list to have their blood typed so they may be called when special needs occur.

Future CINC Greets Knollites



Still fresh in the memories of all who attended is the Republican Governors' Conference in Palm Springs early in December. AA William Fager, USN, will probably never forget meeting President-elect Richard M. Nixon. He looks shy as he poses behind the candles that decorated the table at the state dinner, where he met the future Commander-in-Chief. Right, HM3 Robert H. Moors, from Rome, N.Y., meets his governor, The Honorable Nelson A. Rockefeller.

Suitcase Full of Cash



Four of Santa's helpers arrived 24 December with a large package for Oak Knoll. The helpers, representatives from the Naval Air Rework Facility of the Naval Air Station at Alameda, brought a suitcase filled with \$2,667.00 donated by employees of the facility. The money will augment the Special Services Recreation Fund. With Admiral Irons, from left, are Mrs. Clancy McCardell, coordinator of fund-raising; Mr. Abraham Levi, treasurer; Mr. Arthur Dickinson, and Mrs. Audrey Serowchak.

Progress Report —

Bulldozers in Foreground As Site Work Continues

As the jaws of the bulldozer make rubble out of old ramps and buildings and the crane swings its "headache ball" at the stubborn concrete cobalt therapy building, Knollites look down from their windows — and forward to ultimate completion of the hospital's \$14,500,000 building project.

According to LCDR W. J. McCorkle, Resident Officer in Charge of Construction, the building itself is complete except for minor "punchlist" discrepancies found at daily inspections. These discrepancies are routine in any new structure, and each is being ironed out as soon as possible.

"The site work is still far from complete," said Lieutenant Commander McCorkle, "But demoli-

tion should be finished this week. Debris, including old foundations will be removed in a week or ten days."

The next phase of the project is the initial grading required prior to relocation of existing gas, water, steam, and sewer lines. Trenches must be dug to accomplish the necessary relocation. Once this is done, the contractor will rough grade the land to the approximate contour required. Further grading and compacting will be followed by the laying of a sub-base for the new parking areas, and finally—paving of the long-awaited parking lots.

"All phases of the job are contingent on the weather," the ROICC reminded. "That goes for landscaping too," he said, noting that lawns will eventually cover the bank sloping down from HCQ as well as the area from the front of the new building down almost to Bldg. 101.

Meanwhile, many changes are taking place elsewhere on the compound. The Post Office, relocated in Building 101, has increased space and wood-paneled lobby opening onto the old admissions ramp. Adjoining the Post Office is

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Palm Springs Life photo

The Oak Leaf

Naval Hospital, Oakland, California

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CAPT Robert P. Dobbie, MC, USN, Executive Officer.
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"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives Armed Forces News Bureau material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

Vol. 31

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+ + CHAPLAIN'S CORNER + +

HAPPINESS

The endless search for happiness is perhaps mankind's oldest quest. A wise Frenchman long ago said: "The thirst after happiness is never extinguished in the heart of man."

What people do to achieve this happiness is sometimes quite astonishing. A man who sat on a flagpole for more than three weeks said: "I am happiest when I am sitting up here."

Some men find happiness in the establishment of a large bank account; others believe that happiness may be found in power over other people's lives; many girls believe that they would be the happiest people in the world if they were the most beautiful. Some of our younger Marines think that ownership of a fast and shiny automobile would make them happy.

What do you feel will make you a happy person? The world's great thinkers say that happiness can be defined in a variety of ways. It is peace of mind; it is a feeling of contentment; it is a satisfying emotion which comes from a good relationship with people; it is joy over gifts.

The noted translator of the New Testament, J. B. Phillips, translates the Beatitudes of Jesus in Matthew 5 with the word "happy." Thus the famous passage "Blessed are those who mourn, for they shall be comforted," is translated by Phillips, "How happy are those who know what sorrow means, for they will be given courage and comfort."

In the Bible, happiness and blessedness are interchangeable words in many places. Right here is the answer for the Christian who searches for happiness: "Blessed is everyone who fears the Lord, who walks in His ways." Psalm 128:1.

Let's all learn to pray the prayer of an ancient Christian warrior: "Bless me, O Lord, so that I may always be truly happy in Thee." Amen.

CAPT HENRY E. AUSTIN, CHC, USN



Just in time for Christmas came cash awards for these happy civilians, from left, Miss Edna Hudson, Mrs. Mary H. Takai, and Willie J. Adams.

Civilians Earn Cash, Congratulations

Three civilians received cash awards 23 December. Miss Edna Hudson, medical clerk in Pediatric Service, received \$50 for a suggestion to initiate a course in telephone courtesies. Mrs. Mary H. Takai, clerk stenographer in NPRL, was presented \$150 for superior performance as secretary to the safety director, Naval Weapons Station, Concord. Willie Adams, truck driver in Maintenance Division, earned a \$100 Sustained Performance Award for outstanding performance of duties over and beyond requirements for his position.

—usn—

Servicemen have 120 days after discharge to convert their Servicemen's Group Life Insurance through any of the participating private companies.



Latest Lab 8412 graduates look with pleasure at their certificates of course completion. On hand to congratulate the graduates were, standing from left, HM1 A. C. Short, instructor, LCDR Philip J. W. Vogt, Officer in Charge, CDR Melvin Borowsky, Chief, Laboratory Service, and HM1 James Duranceau, instructor. The graduates, seated from left, are HM3 Bonnie J. Swalley, HM3s Richard A. Moreno and Terrence J. Smith, HM2 Michael C. Bowen, and HNs Mark F. Swanson and Johnny H. Harper.



Urology graduates are congratulated by their chief of service, CDR Gilbert A. LeBlanc (right), and their instructor HM1 William Anders (left). HN Robert Sumicek looks on as HN Ben D. Childers, honor student, receives his certificate from Commander LeBlanc. At the party held in honor of the graduates, urology staff also said good-bye to HN Oscar Womack, a technician, who departed for the Atlantic Fleet 24 December.



Through AMVETS "Operation Sleighride" LCPL Eddie Ratliff, USMC, had a happy holiday reunion with his parents, Mr. and Mrs. Hutson L. Ratliff, and his girlfriend, Miss Angela Shaw, who flew here from Burlington, N.C., for Christmas. Pictured with them is California AMVETS Commander John B. Engberg. It was a first flight and a first visit to California for the Ratliffs, who have seven children, four of whom are serving in the Armed Forces.

Operation Sleighride Brings Families Of Four Patients for Holiday Visit

"Operation Sleighride," the annual AMVET project to bring parents and wives of Vietnam wounded to Oak Knoll, this year boosted the morale of four patients—not

to mention the morale of the parents.

Selected with the aid of the hospital staff, the patients were LCPL Eddie H. Ratliff, USMC, who is pictured above; and LCPL Wayne S. McDowell, USMC, whose parents and sister came from Pasadena, Tex.

Navy LT John Wesley Cross enjoyed a holiday visit from his wife, who came from Indian Island, Hadlock, Wash.; and Marine CPL James Huck's mother and 17-year-old brother flew down from Everett, Wash.

"Operation Sleighride" is sponsored by local AMVETS posts, the Department of California, and the AMVETS Service Foundation. John B. Engberg, California State Commander of AMVETS, and Raymond Miller, State Adjutant, made all arrangements with the hospital and the parents and shared responsibility for necessary fund raising.



Miss Dorothee Prentice, Pediatric Nurse, holds young Timothy John Marcotte, as he hesitantly makes friends with a toy given to him by Miss Ann Kobayashi, from the Social Security Office. She and other employees of the Social Security Administration brought toys for children to play with before the Christmas rush—and after.



Representatives of Local 1245 of the International Brotherhood of Electrical Workers were on board 16 December to receive formal recognition as representatives of their members in a unit consisting of all ungraded employees except those in the Maintenance and Food Service Divisions. The union has had exclusive recognition in the Food Service Division since September 1968. Receiving the notice of recognition from Admiral Irons is Ronald T. Weakley, Business Manager, Local 1245. Looking on, from left, are Mrs. Lee Frier, Civilian Personnel Officer, LT O. C. Langston, Personnel Officer, and Oscar Gooch, Robert Abreu and Richard Barbus, government service representatives of IBEW. CDR R. V. L'Italien was also present at the ceremony.

New Enlisted Quarters to be Next Major Building Project at Oak Knoll

(Continued from Page 1)
the expanded Crew's Library, Disbursing, after a brief sojourn in the new building, is in the old OOD's Office in Bldg. 101.

PMT Course will occupy the top floor of 101 when Public Works completes required alteration work. It is expected that it will move from Bldg. 60 to the new location about mid-February.

Building 71 is being refurbished for a Red Cross Lounge and Recreation Center for patients.

New EM Quarters

Construction of new EM Quarters in the same general location as the present quarters will be the next major improvement in the Oak Knoll complex. Funds for this purpose were appropriated early last year, but all bids submitted at that time were excessive.

As a result, Naval Facilities Engineering Command has revised the plans and specifications and will advertise for new bids beginning mid-January. The contract should be awarded by mid-February.

ary, and once work is begun, construction will take approximately a year.

The new quarters will have 109 4-bed rooms, and WAVES Quarters will have 16 rooms, each accommodating four. Attractive lounges and TV rooms will be included.



New Third Class Petty Officers pose after receiving advancement papers 16 December. First row, left to right, they are: Shirley E. Weller, John P. Fenlason, Bonnie J. Swalley, Philip E. Brownell, Wilford L. Brady, Jr., Michael J. Becker, Ellen M. Stoner, and David L. Antilley. Second row: David B. Spencer, William B. Ebojo, Reginaldo L. Cavilan, Neil "D" Hunting, Ronald D. Klein, Seteph Kasten, Kenneth L. Henderson, Charles D. Clark, and Richard A. Moreno. Third row: Arvid D. Wright, Duane E. Narr, Andrew D. Orr, Archer R. Overby, Charles Jennings, Richard N. Rivera, and Terrance J. Smith. Fourth row: Clifford L. Stocks, David D. Uhlisch, John H. Story, Michael C. Matwich, Robert Read, Jr. (YN3), and William M. Sorrells, Jr. All but Read and Stocks are HM3s.

Sergeant Fendley Shares His Letter From Governor

SGT George Fendley, USMC, is proudly displaying a letter he received after attending the Republican Governors' Conference in Palm Springs in early December. The letter, to Fendley and all of the men attending the conference, expressed the writer's pleasure at meeting the men, and continued:

"I want you to know how proud we all are of you and how appreciative we are of what you have done for the people of this nation.

"You have made great sacrifices. . . . I am sure there have been times when you have wondered whether it was worth all of the pain and suffering; whether or not anyone really cares. Please know that we do care and that we will be eternally grateful . . .

"I am hopeful that I will have the opportunity to visit with you again soon. I shall do everything I can to arrange my schedule to make such a visit possible. . . .

"May God be with you and bring you the success and happiness that you all so richly deserve."

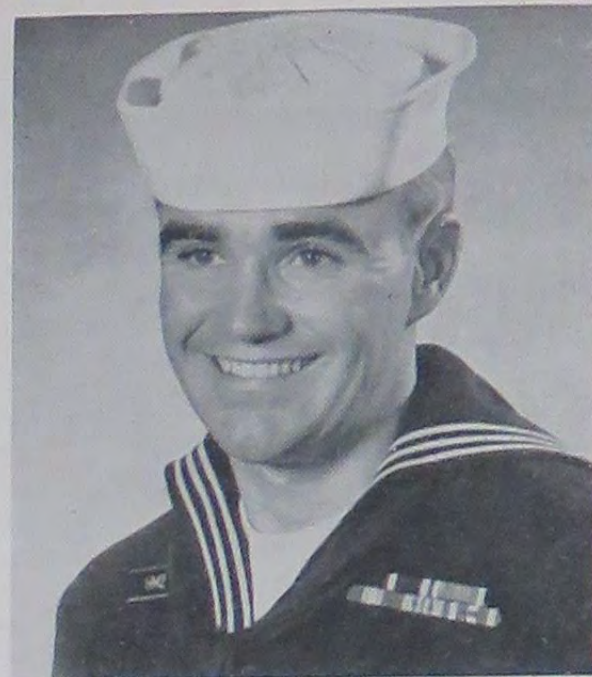
Ronald Reagan

Governor, State of California

Three Staffers Honored For DaNang Service

Three Knoll staff members have been authorized to wear the Navy Unit Commendation Ribbon for their service at the U.S. Naval Support Activity at DaNang from 16 August 1966 to 15 December 1967. LCDR Lois J. Butler, NC, USN, CDR Bettye G. Nagy, NC, USN, and LCDR Marion W. McCoy, CHC, USNR, were members of the unit which provided Logistic support to forces engaged in combat in the I Corps Tactical Zone of Vietnam.

"Through careful planning, ingenuity, and long hours of arduous work, vast quantities of vital war materials were delivered efficiently and with little delay, resulting in a high degree of supply effectiveness and security to the ports and base installations against many guerrilla-type actions. . . . The base hospital at DaNang saved many lives, responding magnificently to the intensification of the conflict. . . . By their superb performance throughout all the many diverse operations of the Activity, the officers and men of United States Naval Support Activity, DaNang, and subordinate units, upheld the highest traditions of the Naval Service."



HM2 Larry E. Akin, December's SAILOR OF THE MONTH.

HM2 Larry Akin Sailor of Month

HM2 Larry Earl Akin, of Sonoma, Calif., was selected as SAILOR OF THE MONTH for December, for his outstanding performance of duty in the Orthopedic Service, where his superiors rated him 4.0 in all 14 factors considered by the SAILOR OF THE MONTH committee. Through his leadership, ward activities have been carried on in an efficient manner. He established effective communication among staff personnel through a series of conferences with corpsmen, and initiated a program for indoctrinating corpsmen assigned to the service to ensure uniform teaching of nursing skills peculiar to orthopedics.

Akin's ability to plan, organize, and carry out assignments was most helpful during the move to the new hospital. Working with patients, often until late at night, he moved equipment and supplies from six wards, thoroughly cleaned all areas of the new patient care areas in preparation for patients, and after the old wards were vacated, cleaned and removed excess equipment from the old wards. Currently he is in charge of all Class I and II patients assigned to the orthopedic area.

In addition to a Letter of Appreciation, Akin received a \$20 gift certificate at the Navy Exchange.

Akin reported to duty here 14 October and joined the Navy 23 November 1965.

VA Reminder

VA reminds disabled veterans and their dependents that they face loss of pension checks if they do not return the VA's end-of-the-year income questionnaire by 15 January.

Christmas Was Merry at Oak Knoll



Decorating Contest judges in the new building were especially pleased by the 8W solarium. Here Mrs. Anna Mae Taylor and FTN2 Rodney Everson watch CDR Gladys Madsen pull the latch string to the cleverly decorated room, while inside, CS1 Dudley V. McMains checks the decor. Center: Judges in the outlying wards pose behind the unique sleigh made by patients: from left, M/SGT Russell Curtis, USMC, Mrs. Jane Lipincott, LT David Carter, USMCR, HN Carolyn Disparti, USN, and CAPT Henry A. Sparks. Supplies for the Decorating Contest were furnished by the Veteran Hospitals' Christmas Committee, who also brought the three Santas at right—Angus MacIver and Emil Mary and Kenny Thompson—not necessarily in that order.



Christmas was made brighter at Oak Knoll due largely to efforts of members of the VHCC who not only decorated the hospital but also brought talented entertainers 22 December and jolly Santas Christmas Day to cheer patients and staff. (1) With his jingling bells heard up and down the passageways, Santa brings a gift to M/SGT George Witkavage, USAF, Ret. (2) Watch the hands! Lovely hula dancer, one of the four Eddie Malie Hawaiians, seems to be conveying a special message to GM3 Lonnie L. Jackobitz, (3) and companion AN Harvey Simpson, who welcomed Santa to their bedsides Christmas Day. (4) AG3 Dennis Hotaling, USN, and SN Jesse Pillars, USN, collect the prizes their wards, 74A and 8W. (5) MC Ed Hennessy gets into the spirit as he sings a song from south of the border. (6) Inspired by the VHCC's generosity, Public Works put this tree atop Bldg. 500, which pleased not only Knollites but also passers-by. (7) HA Bruce L. Weigand, corpsman on 8W, checks the chart of a very important patient. (8) Santa brings a smile to the face of retired Technical Sergeant Edwin T. Gordon, USAF. (9) Yukiko, lovely Japanese singer, entertained men at the Christmas show with her dramatic renditions. (10) Teletypist Mrs. Pamela Devaull created this interesting tree with teletape and ingenuity. (11) Clever magician Cas Boxley pulls the old switch trick. (12) 8W's patient seems to be recovering nicely, possibly because his competition appears a little too lively.

Santa photos Project 49

Scuttlebutt

OH! While making rounds the CO opened a door and found a bright young thing taking a cigarette break. Said the BYT on seeing the name tag on his coat: "Irons. Why, that's the same name as the Admiral. Do you know him?"

Admiral: "Yes, I've known him well for many years."

SIGHTS & SOUNDS: The building, flag flying, artistically reflected in an unartistic mud puddle out front. . . . Workmen gathering up the Christmas decorations patting the heads of the choir singers as they loaded them aboard a pick-up with Santa, Prancer, Vixen, et al. . . . Nicki Hills and Diane Parlette of CivPers, Jo Lawrence and Mary L. Smith of Surgical ICU, and Virginia Hancock of Peds posing prettily for pictures to be used in a Civil Service recruitment project.

DO YOU KNOW that the new post office is complete—only no one thought of letter drops? That up on 8W it was Alberto Malic, a young Philippine dependent, who made the little picture of the Apollo astronauts greeting Santa on the moon—also the door-bell with a sign which said "Please pull gently." And then, "Ding-dong. Come in!"

NEW MASCOT: Carl Thompson of Navy Exchange Optical Shop had been hunting a good home for "Sparky," his family's registered three-year-old boxer, who was too big for the small yard in his new home. When Mr. T read of Chester's death, he had an idea. Sooooo, according to reports from Security, "Sparky" is adapting well to his new home. Since he weighs 85 lbs., he eats more than Chester did, but that's no problem, say Security men, who take him home nights. Days the boxer stays in the Security Office or goes out on the truck. And last Friday he dropped in at the Optical Shop to see a friend.

Military Pay Days

Pay Date	No. Days Pay	Member Will Receive
22 January	14	
5 February	13	
19 February	14	
5 March	16	
19 March	14	

Aliens Reminded Registration Vital

Every alien who was in the United States on 1 January must report his address to the Immigration and Naturalization Service this month. This is a yearly report and should not be confused with alien registration. This regulation applies to alien service members and members of their families as well. Parents of children under 14 must make reports for them.

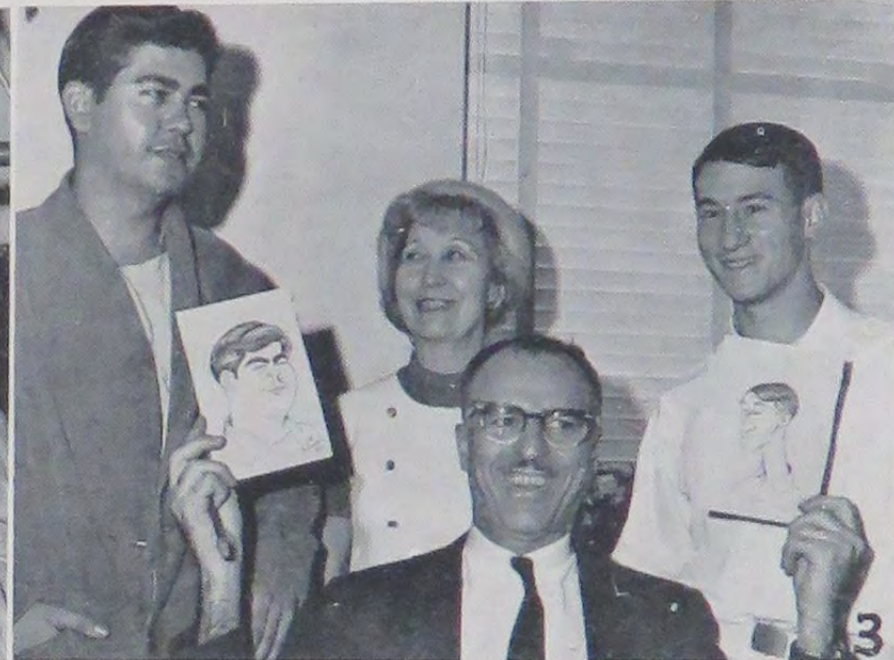
Alien service members should go to a post office or immigration office and obtain an alien address report card, fill in the card and give it to a postal clerk or immigration employee. Each alien service member shall report his address, nationality, place and date of birth and of entry into the U.S., and his alien registration number, found on the alien registration receipt card he is required to have in his possession at all times.



(1) Before they left to sketch patients throughout the compound, the artists met and chatted with Admiral Irons in his office. Seated with the Admiral are Jeannie Wilson, originator and coordinator of "Operation Art for the Armed Forces" — and Alex Cong. Standing, from left, are Earl Moran, Lenn Redman, Homer Jonas, Mo Gollub, Johnny Johnsen, and George Robbins.



(2) Jeannie Wilson inspects the portrait Mo Gollub has just completed of HM3 Keith Tracy, USN. (3) GMGSN Simon Medina, USN, (left) and HA David C. Schoenwald, USN, (right) pose while Jeannie Wilson checks for likenesses to the caricatures done by Lenn Redman. (4) Homer Jonas holds a sketch of his idea of a nurse while Jeannie Wilson and three patients consider his opinion. Patients, from left, are PFC John D. Stenhouse, USMC, LCPL Sam Fowler, USMC, and CAPT Joseph Teagarden, USMCR.



'Operation Art' Cheers Patients

For the 19th consecutive Christmas, Oak Knoll patients were cheered by artists brought here by "Operation Art for the Armed Forces," organized by artist Jeannie Wilson. Seven Hollywood artists traveled through the patient care areas and outlying wards, entertaining both models and on-lookers with their talents.

Alex Cong, a student at the Los Angeles Art Center School, who also does free lance painting, landscapes, and portraits of children, did lifelike charcoals which pleased and flattered his models. George Robbins, Head of the Visual Arts Department for anatomy and teaching aids at UCLA College of Dentistry, did beautiful head studies in acrylic paints.

Of Lenn Redman, Jeannie said that when she asked his boss at Filmation Associates for "the world's greatest caricaturist," he

assigned Mr. Redman, and his models will verify that judgment. Mr. Redman has drawn for Superman, Archie, Batman, Fantastic Voyage, and Journey to the Center of the Earth. If his caricatures weren't flattering, they were certainly amusing.

Two artists came from Hanna-Barbera Studios — Homer Jonas and Mo Gollub. At the studio, Mr. Jonas does camera mechanics and backgrounds. While here he did caricatures and girlie pictures. Mr. Gollub does layout and character models for Hanna-Barbera, and did portrait sketches for Oak Knoll.

Two "old-timers" who returned to the Knoll for another generous visit were Earl Moran and Johnny Johnsen. Mr. Moran is a well-known portrait and pin-up artist, and Mr. Johnsen a retired background artist for MGM's Tom and Jerry cartoons.

Crew's Library Hours Listed

The Crew's Library, in Bldg. 101, is open Monday through Friday from 0800 to 1630 and from 1800 to 2100, and on Saturdays, Sundays, and holidays from 1230 to 1730. Reading is the easy, safe way to expand your mind, so Why not try it?

Reenlistment

GMG1 Donald Conquest Adams doesn't consider Friday the 13th an unlucky day. He chose that date to reenlist for four years, having served since 29 October 1951. Adams, who works in Security, reported for duty here 20 September. He is from Durango, Colo.



Champion Bowler



Mrs. Shirley Garms, a member of Brunswick Corporation's Professional Bowlers' Association and holder of the Women's Nine-Game Title, was on board 13 December giving advice and demonstrations to Knoll bowling buffs. In an exhibition match with Mrs. Phyllis Massey of the California Women's Bowling Association, Mrs. Garms bowled 299, the highest game of her career!

Medical Explorers Brighten Tots' Day

While others helped make the holidays brighter for patients and staff at Oak Knoll, hospital-sponsored Medical Explorer Scouts took cheer in the form of a New Year's Eve party to patients at Children's Hospital of the East Bay. The Scouts played games with the children and handed out small gifts at the party held 31 December.

WHAT'S SPECIAL AT SPECIAL SERVICES

Special Services is busy planning many outings for Knoll patients and staff.

10 January—Six patients will go to Sacramento for a ski trip.

17 January—Six patients and two escorts will go to Hollywood and Disneyland.

25 January—An American Legion post will host 25 patients and five nurses for dinner and refreshments.

26 January—The Bing Crosby Pro-Am Golf Tournament at Pebble Beach will be the goal of patients and staff.

Attention All Veterans

The Veterans Administration reports thousands of veterans have been "cruelly deceived" by a false rumor concerning a special dividend on GI insurance.

The VA said there is no special dividend and regular 1969 dividends will be automatically paid to those holding policies in force.

Overseas Positions Listed at CivPers

A new "positive recruiting list" has been received by the Civilian Personnel Office of job openings in various overseas areas. Example of some of the openings are in fields of Safety, Recreation, Personnel, Computer Programming, Accounting, Secretarial and Shorthand Reporting. Some of the ungraded openings are Machinist, Sheetmetal Worker, Plumber, Office Machine Repairman, and Refrigeration and Air Conditioning Mechanic. The complete list may be reviewed in the Civilian Personnel Office, Rm. 1-1-3.

THE ODE OF 1968

As the end comes close to this, another year,
We'd all like to join in a good-natured cheer
To the start of a new, and the end of the old,
T'will be a peaceful year, so I've been told.

All across the base people are patiently waiting
For that annual hour to start their celebrating.
The EM Club, CPO Club, O Club, too,
Have gathering groups enjoying good brew.

Our fingers are crossed at the OD's desk.
Could the silence thus far continue the rest?
All of us on duty have sacrificed this night
In the hope that the others will use some foresight.

The one thing which outshines all the others
As we look back upon these months together,
Is the end of a dream, 26 years, sure,
On the hills of Oak Knoll is a nine-story structure.

From the Administrative Officer, Exec and CO,
To the Red Cross, Chaplains, and Pharmacy below.
From NP to Ortho, Surgery and Peds,
Emergency and Medicine, GYN and OB.

Nursery and Neurology, Cardio and Chest,
Dermatology and Eye and all of the rest.
Dozens of fine clinics, plus a few more,
Are finding what this new hospital has in store.

One thing more is happening to this base.
It's the imminent construction of new parking space.
Twenty old buildings were torn down from here,
Hoping a source of complaints would soon disappear.

So, good-bye, old '68 and hello, young '69,
Our faith lies in you for the next twelve months' time.
This year could start well, on the very first date,
In the hopes USC can beat Ohio State!

Happy New Year!

LT JAMES T. HENNIG, MSC, USNR
Officer of the Day 1 January



People gave to Oak Knoll patients in many different ways this Christmas. Top, Hollywood TV Actor Skip Homier and his wife Dell came with six other celebrities to visit and joke with patients. Here they meet LCPL Thomas A. West, from Tracy, Calif. Middle, Webelos in Cub Scout Pack 108, from NAS, Alameda, came to the Knoll laden with gifts, candy, and a repertory of Christmas carols to cheer patients on 7E. After caroling with the patients, Santa (with bag) distributed gifts. Bottom, Eddie Prue and the Promotions entertained patients and staff 19 December, drawing a large crowd to the 5W dayroom. The music was good, the view excellent.



Nine pert young nurses recently were promoted to Lieutenants Junior Grade, and posed for this picture after receiving promotion papers from Admiral Irons. Seated, from left, are Mary Anne Franzino, Penelope Hames, and Kathleen A. O'Donovan. Standing, from left, Ronell Yorgey, Jacqueline S. Kessler, Carol A. Pendleton, Patricia A. Payne, Cynthia M. Bach, and Barbara A. Slavik. All are USNR.



HN Fred Benjamin holds the Letter of Commendation he received for administering life-saving first aid to a victim of a multiple car accident 27 December. With him are HN Richard Fuller (left) and HM3 Dave Ryan. They and HN Chuck Vancura (not pictured) were also at the scene of the accident administering first-aid to the 12 persons injured.

Corpsman Saves Accident Victim

HN Fred A. Benjamin, OR student, made vital use of his hospital corpsman's training 27 December in saving the life of a young girl severely injured in a multiple car accident on the Nimitz Freeway.

Benjamin's action was brought to the command's attention by the parents of the girl, who wrote a letter praising both Benjamin and the Navy training he had received. Admiral Irons presented Benjamin a Letter of Commendation 10 January.

According to the parents' letter, "Benjamin ignored his own injuries, ripped his shirt from his body and with a make-shift pressure dressing stemmed the life flow of blood from our daughter's head. He applied pressure throughout the ride to the hospital via ambulance until a physician was able to clamp off the arteries. Only when he knew she was in the hands of the physician would he leave her side to have his own laceration sutured . . ."

Doctors at Highland Hospital and at Kaiser Foundation Hospital, where the girl was transferred, credited Benjamin with saving the girl's life.



HMC Richard W. Almos, hard at work in the Personnel Division, made the switch from white to hard hat 16 December, when he proudly passed out cigars and received congratulations. He joined the Navy in 1955 and has been at Oak Knoll since May of 1966.

HMC Hinds Earns NAS Home of the Month Award for December

HMC and Mrs. R. J. Hinds, USN, recently received a Letter of Appreciation from the commanding officer of NAS, Alameda, CAPT M. V. Dawkins, congratulating them on the fine appearance of their assigned grounds area in the enlisted multiple dwelling units.

Chief Hinds and his wife received one of three "Home of the Month" awards for December, 1968, and a "Home of the Month" marker will be displayed in front of their quarters for 30 days.

226 Units Drawn

ENTERPRISE Disaster Inspires 1500 Offers of Blood

In the first 12 hours after word of the disaster aboard USS ENTERPRISE reached the hospital, suggesting the possibility of a serious need for blood, the Oak Knoll Blood Bank drew 226 units.

"In addition, we received offers of approximately 1500 more units from individuals and organizations—a wonderful display of public interest, along with strong confirmation that the Navy takes care of its own," Admiral Irons commented.

A representative of the Northern California Ambulance Service called to offer from 700 to 800 units of blood. The Hunters Point Industrial Relations division volunteered 200 units. NAS, Alameda, had 100 donors at the ready. Lockheed Aircraft volunteered to send 100 to 200 donors. Hamilton AF Base offered 50 units, and the PMT School was ready with 25 donors.

By midnight 14 January the hos-

LCDR Joe Mulvey Commended by CO

LCDR Joseph R. Mulvey, MSC, USN, received a Letter of Commendation from Admiral Irons on his recent transfer to the 3rd Marine Division. He received the citation "for outstanding service as Hospital Liaison Officer during the period of construction of the new hospital, when he had heavy responsibilities which he handled effectively without exception."

"Lieutenant Commander Mulvey (Continued on Page 2)

The OAK LEAF

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Vol. 31

Friday, 24 January 1969

No. 2

HM2 Grillot Chosen Sailor of Month For Outstanding Pharmacy Service

SAILOR OF THE MONTH for January is HM2 John R. Grillot, of Pharmacy Service.

Grillot, highly recommended by his superiors, received a grade of 4.0 in all factors considered by the judging committee. His extremely good working knowledge of drugs and pharmacy skills, and superior military behavior were factors in his selection. "When assigned for a period of four months as leading petty officer, he assigned tasks and directly supervised all work done by the enlisted personnel displaying skill usually possessed by petty officers of greater experience and higher rate.

"He wears the naval uniform with pride and his personal appearance is unquestionable at all times. . . . He is well-liked and admired by all his associates," his recommendation stated.



Grillot, who is from El Cajon, Calif. (near San Diego), has been at Oak Knoll since 9 January 1968.

Newest Chiefs



Meet Oak Knoll's new HMCs. Here they are shortly before heading for an interesting initiation in the CPO Club. In front, from left, Oliver Johnson, who works in the Pathology Tissue Laboratory, and Thurber Tinkham, Supply. Back, from left, Vincent W. Mercan, a PMT student, Donald Skaggs, Technician in the Radioisotope Laboratory, and James Duranceau, a Laboratory Technician School instructor.

The Oak Leaf

Naval Hospital, Oakland, California

RADM E. P. Irons, MC, USN, Commanding Officer.
CAPT Robert P. Dobbie, MC, USN, Executive Officer.
CDR R. V. L'Italien, MSC, USN, Administrative Officer.
Editorial Adviser: Dorothy Thompson.
Writer-Photographer: Kathleen McIntosh
Photographs: Medical Photo Lab

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Vol. 31

Friday, 24 January 1969

No. 2

+ + CHAPLAIN'S CORNER + +

NOT THE PATH, BUT THOSE WHO WALK IT

In ancient Greece, the philosopher Socrates once said: "Could I climb to the highest place in Athens, I would lift up my voice and proclaim: 'Fellow citizens, why do you turn and scrape every stone to gather wealth, and take so little care of your children to whom one day you must relinquish it all?'"

We might think it is our obligation to make this world a better place for people to live in, but it is not the world which needs a face-lifting. It is the people who live in the world who need help, people like you and me to whom the blessings of families have been committed as sacred trusts from God.

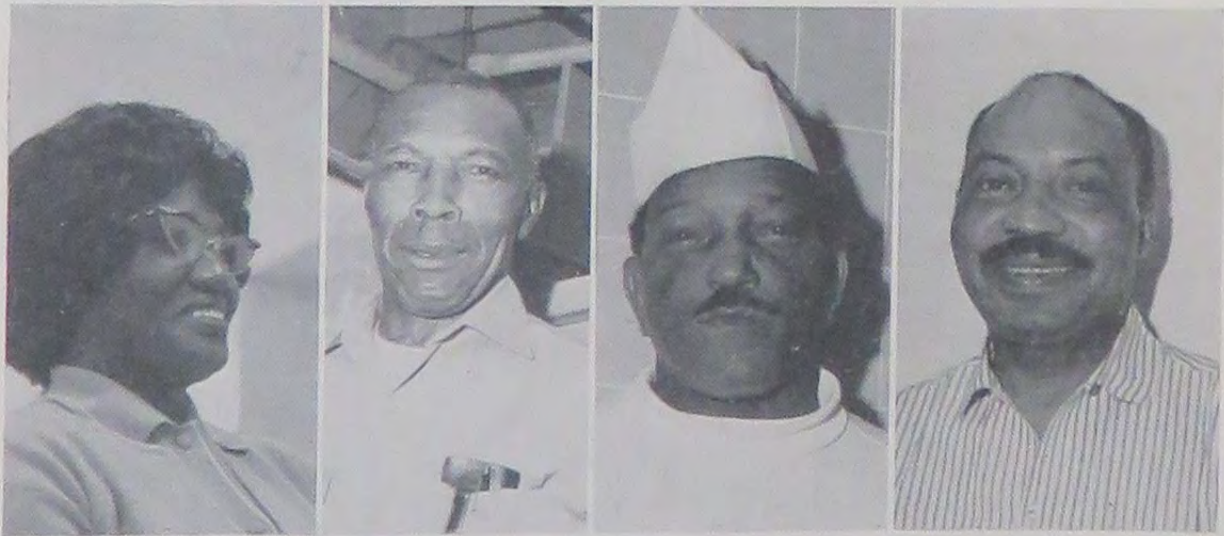
We want to pass on to our children the best life has to offer. We take great pains to make sure our last will and testaments are in proper order. Even guardians are named by us should the "grim reaper" make an early call. But have we given the spiritual feeding that is so necessary for our children to have if they are to live, really live, as God would have them live? Do we set the example of worship in church or chapel as well as family worship in our homes? Is Christ the Lord of our lives? Do our children, our neighbors, our friends see us as belonging to Him?

It is not the path which is our greatest concern, but those who walk the path, our children.

LCDR John H. Kaelberer, CHC, USNR
Protestant Chaplain



Four recently promoted reservists smile, newly signed papers in hand. The new Lieutenants Junior Grade are, from left, Gerald W. Peer, CEC, Diana L. Michael, NC, Kristin L. Owens, NC, and Patricia E. Lhota, NC.



Six civilian employees received 20-year service awards at the Commanding Officer's Meeting with Supervisory Personnel 10 January. Mrs. Lillian B. Winfield (left), Appointment Clerk, Outpatient Service, was also promoted to GS-5. Others are, from left, Charlie Walker, extractor and tumblerman at the laundry, John E. Campbell, leader mess attendant, Food Service, Lloyd J. Marshall, stockman, Fiscal and Supply, Mrs. Willie M. Mayes, mess attendant, Food Service, (below, left), and John T. Lewis, laborer cleaner, Operating Services Division.



From the Judge Advocate's Office . . .

Non-resident military personnel stationed in California are reminded that they are not obligated to pay California income or personal property tax. This will result in a considerable savings in



LCDR Carlton R. Morris, former Chief of the Personnel Division, receives a Letter of Appreciation from CAPT R. P. Dobbie on his retirement after 23 years of service.



The Crew's Library is now open in Bldg. 101 and staff, patients, dependents and civilian employees are invited to take advantage of it. Hours are: Monday through Friday—0800-1630, 1800-2100; Saturday, Sunday and holidays—1230-1700. New books have been added to the shelves and more are being processed.

FICTION

Welcome to Xanadu by William F. Benchley

In a book unlike his usual light-hearted novel, Benchley examines what two people, one captive, the other captor, learn from each other.

Implosion by D. F. Jones

In his second glimpse into the not-too-distant future D. F. Jones examines one method for controlling the world's exploding population.

NON-FICTION

The Sexual Wilderness by Vance Packard

The author of **Hidden Persuaders** and **The Status Seekers** examines society's sexual mores. Using surveys, questionnaires and other investigative tools he has assembled an impressive body of facts and from it has reached certain conclusions, some radical, which he believes are necessary if society is to be productive and progressive.

The Jeweler's Eye by William F. Buckley

This collection of articles dissects American society with wit and vivacity. Buckley here is provocative and entertaining.

The Wilder Shore by Stephen Longstreet

A best-selling history of San Francisco in the era before the 1906 earthquake and fire. (1849-1906)

New reference books

Fix Your Volkswagen by Jud Purvis.

Two MSC Officers Earn CO's Praise For Work Well Done

LCDR Carlton R. Morris, MSC, USN, received a Letter of Appreciation for excellent service as Chief of the Personnel Division from 15 September 1966 until his recent retirement after 23 years of service.

"His door was always open to the Chiefs of Services and Divisions and many sought his help in solving difficult personnel problems. . . . His genuine interest in the total person was noteworthy. . . . The performance of every phase of his assignment was in the highest tradition of the Naval Service," the CO's letter stated in part.

Commander Morris returned to his family home in Monroe, La., on retirement. At the time of his departure, his plans for the future included both study and teaching.

CDR Joseph E. Honish, MC, USN, also received a Letter of Appreciation upon his retirement. Commander Honish served as Chief, Food Service Division, on a previous tour of duty here from 21 July 1965 to 14 September 1967, and was thanked for the efficient manner in which he dealt with problems of feeding patients in widely scattered wards throughout the compound as well as in the dining rooms. His help in preparing for the move to the new hospital since his recent return to Oak Knoll was also noted.

Mr. Mulvey

(Continued from Page 1)

was well-informed of progress being made throughout the hospital during all phases of construction and was an expert guide for the many distinguished visitors who toured the building during construction, at the dedication, and since its completion," the citation stated in part.

The CO commended Mr. Mulvey "for his leadership ability which was reflected in the excellent cooperation and devotion to duty of all who worked with him, particularly during the planning and accomplishment of the gigantic task of moving into the new building. Throughout his tour of duty at Oak Knoll his many contacts with representatives of the civilian community served to enhance the reputation of the hospital and the Navy," the letter stated.

Know Your Staff



Busy LT Susanne Russell, NC, has two jobs at the hospital. Besides being the charge nurse on 7N, of the Orthopedic Service, Miss Russell has been appointed to handle publicity for Nurse Corps activities at Oak Knoll.

The attractive red-head earned her Bachelor of Science at Stanford, and through a Navy program, also earned her RN at Stanford. She entered the Navy in 1962.

Miss Russell spent two years at NH, Bethesda, and one year at San Diego Naval Hospital. Just before reporting to Oak Knoll in March 1968, she was aboard USS SANC-TUARY, hospital ship off Vietnam.

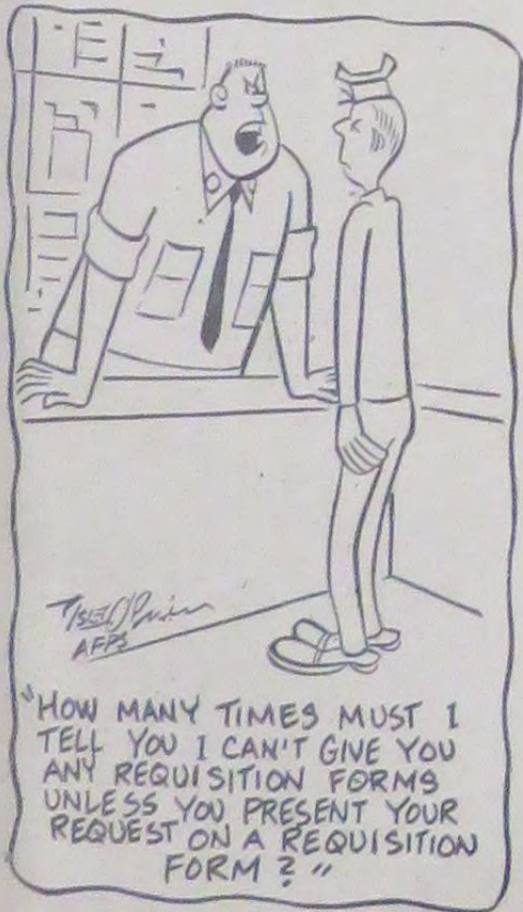
While in the Orient, Miss Russell was especially excited by Hong Kong. The "San Francisco of the Orient" had lots to offer the pretty young nurse. "Fantastic shopping! You could have shoes made for you in two days."

Originally from Long Beach, Lieutenant Russell now lives in Oakland. Off duty, she attends classes in interior decorating and hopes to put what she learns to good use when she moves soon into an apartment with possibilities. She also studies oil painting, and reports that when class is over she has paint from head to toe! (And that's a lot of paint, for slim, trim Miss Russell is just a little over 6 ft. tall.)

Lieutenant Russell likes to ski. She and 12 other friends have a cabin at North Shore, Lake Tahoe, and she spends every weekend she can in snow country. In the summer she enjoys golf, tennis, and water-skiing.

—usn—

Widows and children of veterans with service after 4 August 1964, are eligible for pensions on the same basis as all other veterans.



Congratulations Are in Order . . .

Advancements were numerous 16 January. Two new HM1s smiled for a picture, then hurried back to work, 21 new second class petty officers sewed on their chevrons, and 71 moved up to third class. Those advanced, but not in the accompanying photographs, are HM2s Jack M. Fisher, Eugene Genest, Jon Liljenberg, and David Thompson, and DT2, Michael Shields. New HM3s are Lyle Banks, Donald E. Bell, Douglas Borden, Edgar Cadwising, John Cantrill, Arthur Davis, John Edwards, Earl Fisher, Frank Fowler, Vernon E. Goss, Paul Jones, Marvin Lacy, David Lewis, Marvin Mascho, Douglas Mode, Harvey Moinester, Ronald Munroe, Kathy Pare, Jerome Pennington, Mark Russell, Leland Sebring, William Shepherd, and Johnnie Smith.



New Second Class Petty Officers: Front row, from left, HM2s Bert H. Ashton, Vickie L. Barr, Dennis D. Cahoon, Michael Clauss, Donald Felt-house, and Wayne A. Forgie. Middle row, HM2s Dale C. Gibson, Christopher Johnston, Edward Owen, Jr., Pete Primiano, and Ira B. Rockowitz. Top row, HM2s Timothy Shalk, Edward Silva, Sheldon Throntveit; PN2 Gary E. Miller, HM2s Brian Ridpath, and Charlie Peoples.



New Third Class Petty Officers: Fourth row, from left, HM3s Christopher Anthon, David Barnes, Amory J. Bettles, JoAnn Bise, and Dean F. Blietz. Middle row, HM3s Gary C. Bruner, John H. Bucklin, Marion Bultman, Richard Calderon, and Diane Charlton. Top row, HM3s George Clough and Michael Dillard; DT3 Maurice K. Dong; HM3s David E. Duvall and Ernest Eastlund.



New Third Class Petty Officers: Front row, from left, HM3s Thomas B. Myers, Thomas Nelson, Michael Noble, Milton Roberts, and George R. Saenz. Second row, HM3s Larry Schlattmann, Earl Schrock, Daniel Shepard, and DT3 Daniel Spengler. Third row, HM3s Stuart Thorpe, James R. Tisue, Diane Webb, and Gerald L. Wilson. Fourth row, HM3s James N. Wind, Willie H. Moses, Doyle Morgan, and Rudolph Wirgau.

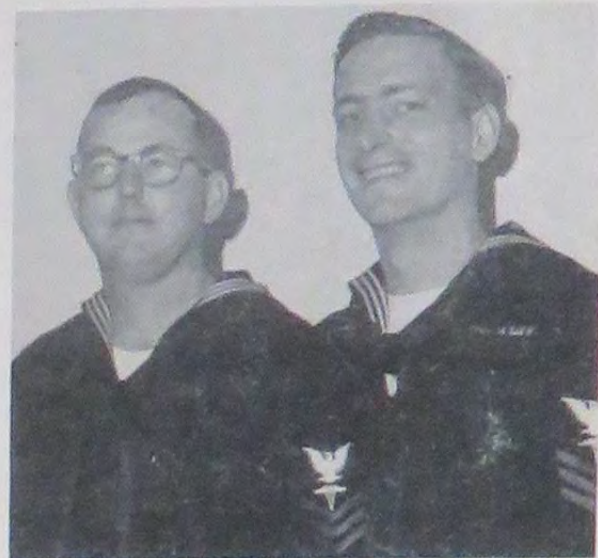


New HM3s: Front row, from left, Dirk A. Elikor, Claudia Ellquist, William Fobert, and Patricia Muse. Second row, Robyn A. Grogan, Howard C. Halbig, William J. Hoel, and Jim L. Ingram. Third row, Earl C. Isom, Charles Jantzen, George Johnson, and Gary W. Joyce. Fourth row, Jose B. Martinez, Michael McElliott, Fred E. Miles, and Richard N. Given.

CDR Boudreaux Praised for CFC Success

CDR Joseph C. Boudreaux received a Letter of Commendation for his services as Oak Knoll's chairman of the Bay Area 1968 Combined Federal Campaign from 10 September to 5 November. Already busy as Chief of the bustling Pharmacy Service, Commander

Boudreaux supervised and coordinated the collection, accounting, and safekeeping of over \$8,000 contributed funds. He worked long hours willingly and without complaint during the campaign and while preparing his final reports, and surely earned the command's thanks and "Well Done."



New HM1s: Robert J. Harmor (left), who works in Security, and John J. Shriver, of the Bacteriology Laboratory.

Scuttlebutt

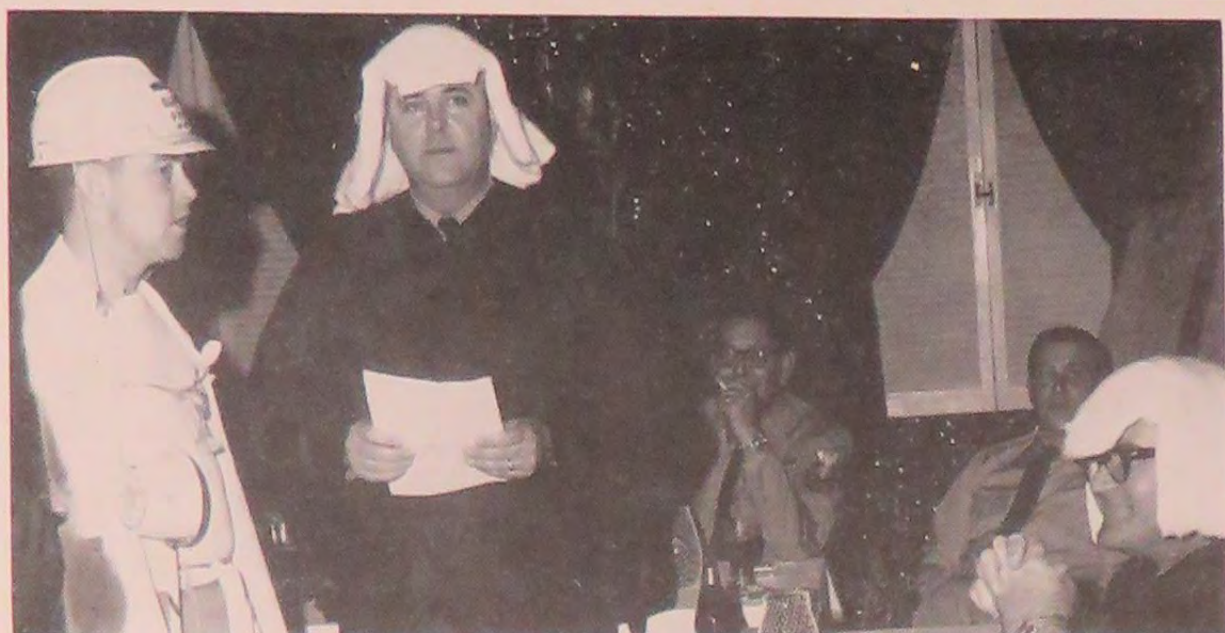
AN ACORN CLUSTER to Education & Training: 77.7 percent of Knollites who took advancement examinations were advanced—the fourth highest percent to move up at naval hospitals and the third largest number advanced.

SIGHTS AND SOUNDS: The SUN! Shining for almost five hours 22 January and returning the 23rd with a windy companion . . . a tiny puppy behind the steering wheel guarding the giant Dempster Dumpster dump truck . . . a loose screen flapping wildly from the window of old 25 . . . PFC William A. Agcaoili, USMC, inadvertently starring on KT-VU's report of Marty Allen's visit—with his harmonica—and sleeping through the telecast . . . other Knollites entertaining Marty Allen with poetry and ventriloquism . . . HM3 William Moses blushing when wild-haired Marty declared "We look alike" . . . Headlines announcing Audrey Hepburn's marriage to a Roman psychiatrist bringing to mind the many gifts she and her mother Baroness Von Heemstra have given to Oak Knoll patients . . . Therapist and patients hard at work in the new lip reading class in Speech Therapy . . . Night workers giving the wall-to-wall in the Administrative Complex its first shampoo . . . HM1 Dean Olson of Operating Services, recently back from Antarctica, shivering in the Oakland breeze . . . A woman visitor carefully replacing the barricade that read "caution"—after driving over the road it had blocked.

DO YOU KNOW that February is Frozen Potato Month?

WEDDING BELLS rang 11 January for HM3 Kerry Jarmon and DT3 Clifford Stocks. The new Mrs. Stocks works in Surgery Clinic and her husband in Dental Service. And soon to take a bride is LT Robert A. Gryboski, MC, USNR, whose plans for an 8 February marriage to lovely Miss Bonnie Myer, of Oakland, were announced in the local society pages this week.

SUGGESTION: Why don't the basketball teams come up with some clever names rather than those cumbersome ones that fill our sports column now? Like Agile Admin's . . . well, something!



"Here come de judge!" This is a glimpse of the grueling, hilarious initiation the new chiefs endured (cheerfully?) after their formal advancement 16 January. Here Vincent Mercan answers some serious questions of HMCs Arthur L. Clarke and John R. Vass (seated). Background observers are HMCs B. H. Gilchrest (left), and Al B. Caisse.

WHAT'S SPECIAL AT SPECIAL SERVICES

Special Services is busy as usual. Comedian Marty Allen was on board 21 January. Pictures of his visit will be in the next OAK LEAF. On 24 January, 19 patients and staff went to the Bing Crosby Pro-AM Golf Tournament in Pebble Beach.

Coming Events:

29 January—The Alameda American Legion Post 9 will host 25 patients and staff at dinner and a variety show.

30 January—The Oakland Trade Club will entertain 12 patients and staff with a variety show, preceded by dinner and cocktails.

31 January—Tina Louise will visit patients and staff.

Intramural Bowling League Announced

Looking for some activity to diversify the hospital routine? Try competition bowling.

Joe Newman, manager of the Oak Knoll Bowling Lanes, announced this week the formation of the Men's Wednesday Night Bowling League. He encourages staff and patients interested in joining the league to contact the captain of one of the six organized teams. Newman assures, "No par-

Brown Seeks Players For Handball Tourney

Selection of the Oak Knoll handball team which will compete for the 12ND Handball Tournament title is now being made by Ron Brown, Athletic Director. Those interested may call him at Ext. 2350, or go to his office on the upper deck of Bldg. 38.

Two doubles teams and four singles players will be chosen to represent Oak Knoll at the championships to be played at NAS, Alameda, 10-14 February. The 12ND tourney will be a single elimination event with first and second place awards for final round competitors.

Winners of the 12ND title qualify to compete for the West Coast championships to be played 3-7 March at Alameda.

ticular average is required. What we need is more bowlers."

Intramural teams, captains, and hospital extensions where the captains can be reached follow: Preventive Medicine, John Vass, 2071; Special Services, Joe Newman, 2120; Pharmacy, Bill Conner, 2467; CSR, Alvin Hinks, 2195; Neuropsychiatry, Tony Keen, 3980; Laboratory, Bill Peterson, 2241.

League matches opened 22 Jan. and will continue until 21 May.



HMC John R. Bryan, USN, is saluted by his fellow Chief Petty Officers as he transfers to the Fleet Reserve after nearly 21 years of Naval Service. The chief, who worked in the Medical Equipment Repair Section, has moved to Dawson, Iowa, where he has several employment opportunities to consider. His plans include marriage sometime in the spring.

Life Began . . .

LIFE BEGAN 31 December for Christopher Lee McClurkan, 7 lb., 15½ oz. son of LT James M. McClurkan, Pediatrics, and wife Carolyn . . . 3 January for Gretchen Clare Schaefer, 8 lb., 4½ oz.

daughter of LCDR Wendelin W. Schaefer, Orthopedics, and wife Janice . . . And 11 January for Kelly Lynn Duggan, 6 lb., 3 oz. daughter of HM2 and Mrs. Dennis J. Duggan, Laboratory.

Undefeated Admin Basketball Five Builds Early Lead in IM Competition

by CT3 Bob Felling

As the 10 teams participating in the intramural basketball league started their fifth round of Wednesday night games this week, the Administration quintet

displayed a perfect 4-0 slate with Medicine filling the runner-up slot with an unmarred 2-0 mark.

Ball control and a well-organized, balanced scoring attack are the Administration team's standards. Before this week's game they held consecutive victories over Dental/Surgery, 20-13, NPRL, 51-38, Operating Services, 46-16, and Neuropsychiatry, 32-18.

Medicine built its record on decisions against Project 49, 24-21 and Urology/Orthopedics, 43-38.

Following Admin and Medicine in the league standings with 2-1 marks are the NPRL, Security, and ENT/Pharmacy/Disbursing teams. Urology/Orthopedics hold an even 2-2 record, while Dental/Surgery and Project 49 each have won one while dropping two. Operating Services and NP have yet to win a game as they crowd the cellar with 0-3 and 0-4 slates respectively.

Results of the games played 8 Jan. show the Admin team are rounding 46-16 victor over Operating Services. Medicine skimmed Urology/Orthopedics, 43-38, as NPRL trounced NP 58-31. Project 49 took Security 46-41.

On 15 Jan. the Admin round ballers blasted NP, 32-18; ENT/Pharmacy/Disbursing downed Dental/Surgery, 46-32; Urology/Orthopedics captured a squeaker against Project 49, 44-42; and the Security five won by forfeit over Operating Services.

Vying for intramural individual scoring honors, Gloyd of the Dental/Surgery squad has proven most prolific, having accounted for 53 points during the first four games. Close behind, is last season's scoring champion, Bob Edmonds, who has marked 52 points for the Urology/Orthopedics team through four contests. Also high on the scoring list are Mike Flynn of ENT/Pharmacy/Disbursing, with 48 points for three games, Ed Niec of NPRL with 42 in three games, and Al Macsata of Project 49, amassing 39 in three tilts.

The player with the most total points when the intramural season ends on 12 March will receive an engraved trophy from the athletic department.

—usn—

48 months of schooling is now available to veterans eligible under two or more Veterans Administration programs.

Know Your Staff



Mouths fall open when DT1 Larry D. Webb enters a room. About 800 a month. That is how many dental X-rays the busy technician in Dental Service estimates he takes.

Webb, who joined the Navy 14 years ago, was acquainted with military life many years before that. His father is a retired Air Force Chief Master Sergeant. His parents now live in San Diego.

Webb took his dental training in San Diego, and field medical service training at Camp Pendleton. Nine years of his service have been with the Marines. With the 3rd Marine Division, he went to Vietnam and Okinawa, and worked with them again at El Toro and Camp Pendleton. Before reporting to Oak Knoll in March of 1968, he was with the 1st Marine Brigade at Kaneohe Bay, Hawaii.

It was at Oak Knoll that Webb met his wife, the former Diane Jacobsen, a WAVE in the Urology Laboratory. They were married last October.

Away from the X-ray machine, Webb works at the CPO Club. He likes sports of all kinds and last season played for the base softball team. Both the Webbs have fun at the beach and enjoy horsebackriding.

Ampex Employees Cheer Patients With Food, Fellowship and Gifts

Christmas brought many generous donors to Oak Knoll, and among those who apparently enjoyed coming most and who brought most pleasure to the patients were employees of Ampex Corporation.

Mr. Don Miller, who coordinated the party, reported that it was originally planned for about 100 patients, but spread to more than 500.

Sunday, 15 December, Dick Snyder and Charlotte Mills (Mr. and Mrs. Claus) came with 35 other employees laden with gifts donated by Ampex employees and

food from several local caterers. After distribution of the gifts, patients and "Santas" enjoyed a delicious buffet luncheon.

Ampex gave a tape recorder to the hospital, and the men had a opportunity to send Christmas messages to families recorded on tape donated by Ampex.

AMPEX THIS WEEK, the company publication, carried a story on their friendly visit, and on photo shows Oak Knoll's pretty LTJG Nancy Humberstone accepting the tape recorder from Don Miller and Mr. and Mrs. Claus.

The OAK LEAF



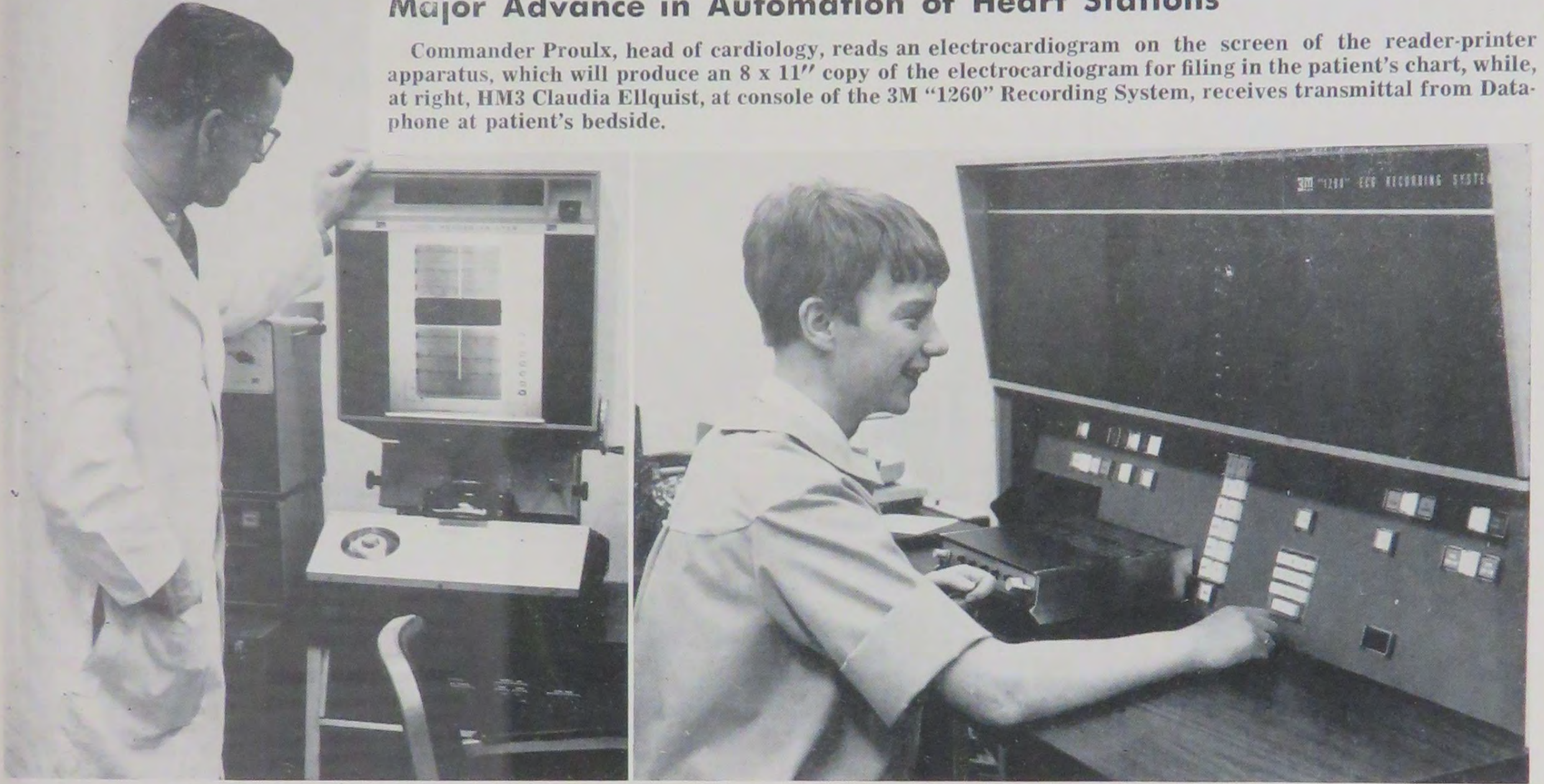
Vol. 31, No. 3

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 7 February 1969

Major Advance in Automation of Heart Stations

Commander Proulx, head of cardiology, reads an electrocardiogram on the screen of the reader-printer apparatus, which will produce an 8 x 11" copy of the electrocardiogram for filing in the patient's chart, while, at right, HM3 Claudia Ellquist, at console of the 3M "1260" Recording System, receives transmittal from Data-phone at patient's bedside.



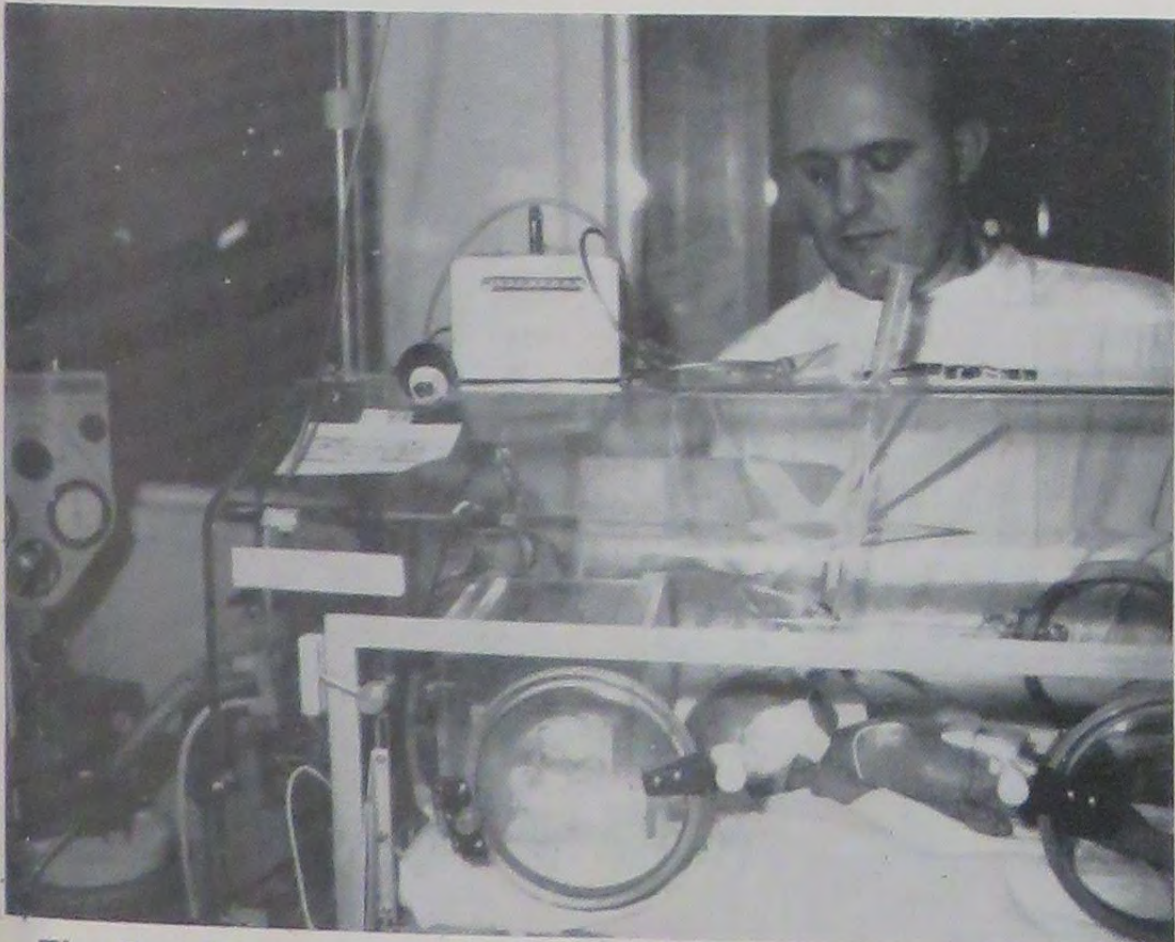
New at Intensive Care Nursery

Bennett Respirator Put to Test By Tiny Dependent Patient

The full range of intensive care nursery program was initiated last week in the newborn nursery, 8 East, when little Paul Michael Janecke was placed on a Bennett

Respirator.

Baby boy Janecke, premature infant son of SA and Mrs. Michael Roy Janecke from ETA School on (Continued on page 2)



Tiny Paul Michael Janecke was the first to try out the Bennett Respirator in the new intensive care nursery, and is doing well. The premature baby is in an isolette, and at extreme left is the Bennett Respirator, with connecting tubes. Checking the baby's condition is LCDR William L. Gill, MC, USN, neonatologist in the nursery.

New Electronic System Sends ECG Signal by Phone

An electronic system that transmits electrocardiographic signals by telephone for prompt and accurate diagnosis by a cardiologist was demonstrated for representatives of the medical profession and the press 3 February. The system, developed by 3M Company of St. Paul, Minn., and utilizing specialized equipment provided by Pacific Telephone Company, is the first one in use in a military hospital and the first one installed on the West Coast. It is the third such system in use in the United States.

Top officials of 3M and Pacific Telephone attended the demonstration.

CDR Ronald A. Proulx, MC, USN, head of cardiology, referred to the sophisticated new equipment as "a major advance in automation of heart stations, which will in a remarkable way improve service and efficiency."

A conventional electrocardiograph records the electrical energy generated by the heart as a line traced on a strip of paper by a heated stylus. Normally only one electrical signal can be recorded at one time. This signal is known as an ECG "lead."

The new system, known as The 3M "1260" ECG Recorder, handles three or six signals or "leads"

simultaneously. The signals are transformed into tones that can be transmitted by special Data-phones to the central console where they are displayed on a (Continued on page 2)

Commended

Captain Rulon Heads for AFIP

CAPT David B. Rulon, who moved up to XO in October 1967 after seven years as Chief of the Laboratory Service, departed 29 January for his new assignment at the Armed Forces Institute of Pathology, Washington, D.C., taking with him the good wishes of his many friends at Oak Knoll.

With Doctor Rulon also went the CO's Commendation for service to the hospital. Reading of the commendation at the CO's conference with chiefs of services was followed by a standing ovation.

The departing XO was commended for his service as Chief of the Laboratory Service from 22 August 1960 to 1 October 1967. "The growth and development of the many specialized procedures and technical facilities of the Lab- (Continued on page 3)

The Oak Leaf

Naval Hospital, Oakland, California

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Vol. 31

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No. 3

+ + CHAPLAIN'S CORNER + +

One of the good things that came out of the tragedy that accompanied the floods and slides in Southern California was the fact that the so-called generation gap and many other gaps of communication were bridged by human concern for human need. Young men with long hair, short hair, beards and smooth faces gathered to assist those who were left homeless or threatened by the storm. Young and old alike stood shoulder to shoulder to help check the damage of the storms.

God has created us with a common humanity, and yet it takes the force of tragedy and disaster to make us see this. This is a very shameful indictment, that it takes death and disaster to make men communicate. One wonders how it is possible for man to communicate with God when he cannot communicate with man. We must move beyond our own self-imposed isolation, our shouting at each other, and develop an understanding of others. We cannot afford, as human beings to wait for tragedies to stir us to compassion.

ECG Recorder

(Continued from page 1)

cathode ray tube. A microfilm processor-camera in the console automatically prints a picture of the electrocardiographic signals on a microfilm mounted in an aperture data card. The entire process requires only 45 seconds. A separate component—a reader-printer apparatus—produces an 8 x 11" copy of the electrocardiogram for filing in the patient's chart. If there is no urgency, the signals may be routed to a multi-channel magnetic tape recorder and the tape later played through the central console to produce the permanent microfilm record.

The electrocardiogram may be that of a patient in the hospital's Coronary Care Unit, or it may be that of a patient at a distant station if the proper transmitting equipment is available.

LCDR M. W. McCOY, CHC, USNR

Dr. Carson Commended

LCDR Thomas E. Carson, MC, USN, has been authorized to wear the Navy Unit Commendation Ribbon for his service at the U.S. Naval Support Activity, DaNang, from 16 August 1966 to 15 December 1967.

NSC To Celebrate

The 174th anniversary of the Navy Supply Corps, 23 February, will be celebrated on 24 February at the Fleet Admiral Nimitz Club, Treasure Island, from 1830 to 2100.

Buffet tables with meats, fowl, fish, and cheese will be featured. Tickets at \$2.50 per person are available from LT W. B. Bedle, SC, USN, of the Oakland Naval Supply Center (phone 466-6833).

It is hoped that in the near future transmitting equipment will be available in all medical facilities in the Twelfth Naval District.

HAPPY VALENTINE'S DAY



Three EENT students received congratulations on completion of their course 17 January. Students are, from left, HN Dennis C. King, of Marble Rock, Ia., HN John W. Allen, of Slinger, Wisc., and HM3 Charles L. Jantzen, of Lawton, Okla. King and Allen were in the EENT school while Jantzen completed on-the-job training. Congratulating the men were CAPT R. P. Dobbie, MC, USN, left, LCDR Sarah E. Hart, NC, USNR, and CDR James F. Rosborough, Jr., MC, USN. Miss Hart is the instructor and Dr. Rosborough Chief of Ophthalmology.

Know Your Staff



Working in the mail room has helped SN Janet Blair to "develop a good insight into life—everyone's." Blair does get a fair share of friendly teasing from the men who work in Operating Services Division, but she seems to hold her own with clever replies.

Janet is from Chicago, Illinois, and graduated from North High School in Downer's Grove. She attended the Gale Institute in Minneapolis, an airline reservations and ticketing school. She joined the Navy 24 January 1968. After boot camp in Bainbridge, Md., she reported to Oak Knoll 23 April and has worked in Operating Services Division most of the time filing, copying, typing, and doing other miscellaneous office duties.

The young WAVE loves San Francisco and "the strangest little shops" she finds there. What she likes least about the Bay Area is the lack of definite seasons. She misses the snow of Chicago, because "it's fun to mess around in." She also likes to ice-skate, water-ski, play baseball and football.

In quiet leisure time, Janet enjoys reading—Shakespeare and "off-beat modern novels." And she loves to cook. "Plain foods with a special touch. You know, you add your own little thing."

An important date in Blair's future is 31 May, when she will wed HM3 Harold Osborne, a former Oak Knoll lab student now stationed at the Radiological Defense Laboratory at Hunters Point. They will welcome back a good friend, Stanley, who has been visiting in Chicago. Stanley is part toy, part miniature poodle, and Janet fears he is a little odd, as he hops rather than walks as other dogs do!

Janet will begin Data Processing School 25 February at Treasure Island.

From the Judge Advocate

Military personnel who are admitted to the hospital as bed patients for over thirty (30) days are entitled to a sick pay exclusion of up to \$100.00 per week for pay received while hospitalized beyond the first thirty (30) days. In most instances this deduction will not be reflected on a W-2 form and must be claimed on Form 2440. Questions regarding sick pay or other income tax matters should be directed to the Legal Office at Extension 2482.

Bennett Respirator

(Continued from page 1)

Treasure Island, was born on 27 January with birth weight 4 lbs., 1 oz. He was recognized to have Hyaline Membrane Disease and was controlled in oxygen in an isolette with control of his acidosis. However on 29 January he developed carbon dioxide retention with inadequate ventilation and was placed on the Bennett Respirator. He has done well.

Tiny Paul Janecke is the first baby at Oak Knoll to undergo intensive care respirator ventilation under the new, intensive care Nursery Program. Until the present time, techniques, equipment and experience have not been available for the complex care of such infants.

The Intensive Care Nursery at Oak Knoll is now equipped to handle these infants with respiratory problems with the difficult and precise control and monitoring that is necessary, according to neonatologist LCDR William L. Gill, MC, USN.

The entire nursery approach at Oak Knoll will be changed along intensive care format. Nursery nurses and medical officers have received intensive care training at Stanford University and other intensive care nursery hospitals. It is felt that Oak Knoll will have nursery facilities unmatched in the East Bay and comparable to nursery facilities in any of the major university teaching centers. Nurses caring for infants in the intensive care nursery are truly nursing specialists because of the complexities of techniques required to accomplish adequate ventilation, tracheal suction following percussion, and vibration techniques. These procedures are in addition to the excellent care of the premature infant which has been provided at Oak Knoll for many years.

Another 'First Baby'



Because 9-15 February is National Negro History Week, here is a bit of Oak Knoll Negro history. Above is Mrs. Ruby Cornish, seated with her daughter, Mrs. Gloria Sheffield. Mrs. Sheffield was born here 14 November, 1943, and her arrival was a first at Oak Knoll. Proud parents SD2 Tyree and M. Cornish were told their daughter was the first Negro born at the hospital. Mrs. Cornish and her "baby" dropped by during a visit to the hospital recently. Mr. Cornish, now retired, works at Montgomery Ward's in Oakland.

Scuttlebutt

SIGHTS & SOUNDS: The well-traveled philodendrons. They went from the Chapel to the Judge Advocate's Office to the Exec's Office to the Chapel once again. For a while, the Legal Office had the aspect of a tropical jungle... ask split-leaved philodendron expert Wayne Inancesi how their incredible journey fared... the striking wall decoration made by Rose Cooper's sister, and hanging in her office. Dozens of rattan flowers arranged over a pot on a burlap background. Very colorful, very original... Captains Donald H. McClean and Frederick W. Koester, struggling to push a certain captain's car out of the staff parking lot, and a little old salmon-colored Desoto coming to their rescue... Bet Captain M will never forget his lights again!... HM3 Rick Berringer walking about the corridors with a bag full of plastic toy soldiers. War games?...

HOW COULD we have forgotten to welcome back former Enlisted Recreation Director, Terry Cooper, now serving as a GS-4 clerk in the Admissions Office? And to welcome her back again from her recent bout with illness?

DO YOU KNOW that Boy Scout Week begins 8 February?... that Commander Boudreaux's wife caught a 53" sturgeon on that recent fishing trip aboard the Jackpot out of the Rodeo Marina... and what did the commander catch?... That Mrs. Vivian Yee resigned recently to substitute teach in Hayward and to continue her education (she worked in Personnel)?... that ENS Richard Welch (Patient Affairs) is in St. Louis to be in a wedding—his own!

TWO NURSE CORPS officers were wed recently. The new ENS and Mrs. Steve Clapp met at Newport, R.I., from whence they reported here last fall. Mrs. Clapp is the former ENS Donna Miller.

WEDDING BELLS will ring at Oak Knoll 11 February for HM3 Jerome G. Pennington, corpsman on 6S, and Miss Jeannie Thompson, of Hermosa Beach, Calif. Miss Thompson is working on her Ph.D. in nutritional sciences at UC Berkeley.

LIFE BEGAN 27 January for Eric David Ogilvie, 9 lb., 4 oz. son of HN William D. Ogilvie, USNR, corpsman in 70B, and wife Melinda Sue.

Attention: Food Service

Recipe for Elephant Stew

- 1 Elephant (medium)
- 2 Rabbits (optional)
- Salt & Pepper to taste

Cut elephant into bite-sized pieces. Add enough brown gravy to cover. Cook slowly at 485° for about four weeks or until tender. **YIELD:** 4,000 servings. **NOTE:** If more people are expected, the rabbits may be added, but only if needed, as people don't like to find hare in their stew. (Recipe furnished by COMO, SHIPYD Bremerton)

O' Wives 'Happening'

"Suppressed Desires" will be the theme of the Officers' Wives' Club costume party 15 February, 1930, at the O' Club.



Mrs. James F. Rosborough (left), president of the O' Wives' Club, Mrs. Rulon, and Mrs. Irons, display the silver serving tray Mrs. Rulon was given at the brunch in her honor. At right, Dr. Rulon receives a Letter of Commendation from Admiral Irons.

Rulons Depart

(Continued from page 1)

oratory Service were directly due to his outstanding professional knowledge and untiring effort, which led to maximum achievement despite numerous obstacles," the letter stated.

In his subsequent assignment as Executive Officer, Captain Rulon responded vigorously to the tremendous challenge of the move from the old building into the new. He was responsible for much of the planning and coordination of the move, and his work was basic to its successful accomplishment.

"His active interest and deep involvement in the problems of the Graduate Training Committee gave proper emphasis to the graduate education programs of this command," the letter continued.

During Doctor Rulon's long tour of duty Mrs. Rulon was active in Officers' Wives' Club and served as JANGO Chairman when the organization was new at Oak Knoll. Daughters Connie, Mary, and Becky were JANGOs, Mary earning JANGO-of-the-Year for 1965.

Hilltoppers Eliminated From 12ND Tourney

Oak Knoll's Hilltopper basketball team this week played first and second round games in the 12ND Tournament at Mare Island.

Monday evening, 3 February, the team lost to NAS Alameda, 93-70. Mike Flynn took high scoring honors with 15 points. Others in double figures were Ed Niec with 14 and John Fowler marking 10. Bob Edmonds accounted for nine, and Jere Hess, eight points.

Second round of the double elimination tourney was Wednesday against Stockton. Oak Knoll was eliminated from competition by a 96-94 loss.

Ending their regular season 23

January with a 114-57 loss to Coast Guard, the Toppers finished in the cellar of their league with a lopsided season record of 1-10. Leading scorer for the team was Flynn, averaging 16.4 points. Niec followed him, marking an 11.2 average.

Ron Brown, Athletic Director and coach, attributes the disappointing season to "inability to get players off duty for a succession of games or for practice; there were new faces on the court for us almost every game; and not being able to keep commitments for some games."

Social Security

The Social Security representative, Miss Quinlan McCarthy, now has an office in 5W, Ext. 3054. She reminds patients to file their claims immediately.

Chalk That Cue!

Monthly double elimination pool tournaments are held the fifteenth of each month at the bowling alley and pool hall.

Comedian Marty Allen & Troupe Here to Say "Hello Dere"

Comedian Marty Allen was at Oak Knoll 21 January on his second annual tour of military hospitals throughout the U.S. Bring-

ing with him his special brand of friendly humor, two lovely and talented young ladies, and a great guitarist and singer, Marty cheered

patients throughout the hospital.

Joining Marty were Miss Andrea York of Berkeley and Miss Diana Draper, Miss California Beauty, of Sacramento. Miss Draper sang with Earl Wilson, Jr., whose guitar also provided the accompaniment for Miss York's dancing. They were "My answer to the Supremes," quipped Marty.

The wild-haired Marty autographed casts and gave scads of autographed pictures. His friendly "Hello Dere!" was heard throughout the halls, as patients and staff echoed his greeting. Marty teased one patient: "With my hair and your moustache, we'd have one heck of an act!" Looking up to lean, lanky LCPL Bob Jones, Marty asked, "You with the Harlem Globetrotters?" HMCM James Bull tried to pull Marty into the barber shop, but the comedian cried, "Not me!"

The trip was organized and sponsored by the Miracle White company, who also sponsored a campaign to gather gifts for wounded servicemen. These gifts, donated from all over the country, will be distributed in February.



CPL Hugh F. Standifer, USMC, Talihina, Okla., chats with comedian Marty Allen and his pretty companion, Miss Andrea York. Standifer was one of the many Knoll patients whom Marty visited and joked with, giving autographed photos and signing casts. Miss York demonstrated an artistic bent with her sketches on some of the casts.

Intramural Sports

By CT3 Bob Felling

Intramural sports competition offers to staff and patients the opportunity to enjoy recreation and fellowship. Activities are organized and conducted by Ron Brown, Athletic Director, and are programmed year round. Basketball, volleyball, and bowling are now in season.

In full swing is the intramural basketball league. After six weeks of play, Administration and NPRL lead with 4-1 records. Urology/Orthopedics and ENT/Pharmacy/Disbursing follow at 3-2 with Dental/Surgery, Medicine, and Security holding the center of the 10-team standings with 2-2 marks. Project 49 is in eighth place at 1-2 while Neuropsychiatry, 1-4, and Operating Services, 0-4, fill the nine and ten spots.

The 22 January games ended with Dental slipping by Medicine 41-36 while NPRL squashed ENT 71-25 and Uro/Ortho trounced Security 57-23. On 29 January NPRL defeated Medicine, 40-20, and ENT outscored previously unbeaten Admin 39-33.

Mike Flynn, ENT, leads individual scoring with 79 points for five games, followed by Bob Edmonds of Uro/Ortho with 69.

League bowling began 22 January among six teams and standings have not been released yet.

Intramural volleyball action has not begun as teams are still being organized and paired for the Thursday night matches which begin 20 February. Deadline for entries is 12 February. A maximum of 12 men is allowed per team. Also, two of the teams may compete in the Oakland Army Base Volleyball League on a voluntary basis.

Twelve of the best intramural players will be selected for the varsity team which will play 11-13 March for the 12ND championship.

Knoll Amputees Discover Thrill of Skiing

Skiing may seem an impossible feat for an amputee, but five patients recently learned how easy it is. They spent January 11 and 12 at Beacon Hill Lodge at Soda Springs, Calif., learning the special techniques of amputee skiing from four uniquely qualified instructors. Their teachers were also amputees. The five returned with five more to try their luck again last Monday, this time for five days. The Soda Springs area is a center for amputee skiers, and besides the usual array of ski poles and apres-ski boots, one finds crutches and canes to trip over in the crowded lodge.

Amputee skiers use the same equipment as the ordinary skier, but beginners use a special type of ski pole, with arm braces, and an "outrigger" in place of a basket at the bottom. The "outrigger" is 24" long and resembles a ski tip, and gives the skier three sliding points on the ground, as opposed to the usual two. If the amputee has a good sense of balance, he has fewer problems than the usual novice, who must worry about crossing tips or tails and keeping his skis together!

The weather was foul (27" of snow in two days) for the first trip. Hopefully the last venture saw sunnier days. However, the Knollites braved the storm and proved excellent students. One of them, LCPL James Rushing, of San Fernando, Calif. skied down one of the steepest slopes with only occasional help from his outriggers. Amazing progress was also shown by the others attending, LT Mike Lane, USN, of Novato, 1st LT Mike Armstrong, USMC, of Phoenix, and LCPL Curtis Sanders, USMC, of Los Angeles.

Jim Graham, head of the Soda Springs Ski School, skied for 27



Eager students despite foul weather, LT Mike Lane (left) and CPL Roland Ball (center) become accustomed to a new mode of travel, as demonstrated by their instructor, himself an amputee.

years before becoming an amputee. He learned about amputee skiing from Europeans, who have long been skiing on one leg, and has since been active in encouraging other amputees to take up the sport. He hopes, in fact, to return to jumping soon.

The outing was sponsored by the Military Order of the Purple Heart of California, and organized by the Department of Veteran Affairs for the State of California.

Eight Knollites Tour TV Studios, Disneyland in Memorable LA Visit

Four Marines and four Navy men from Oak Knoll were treated to a day at Disneyland and a day in Hollywood's television world 17-18 January as the guests of

Military Hospital Entertainment, Inc.

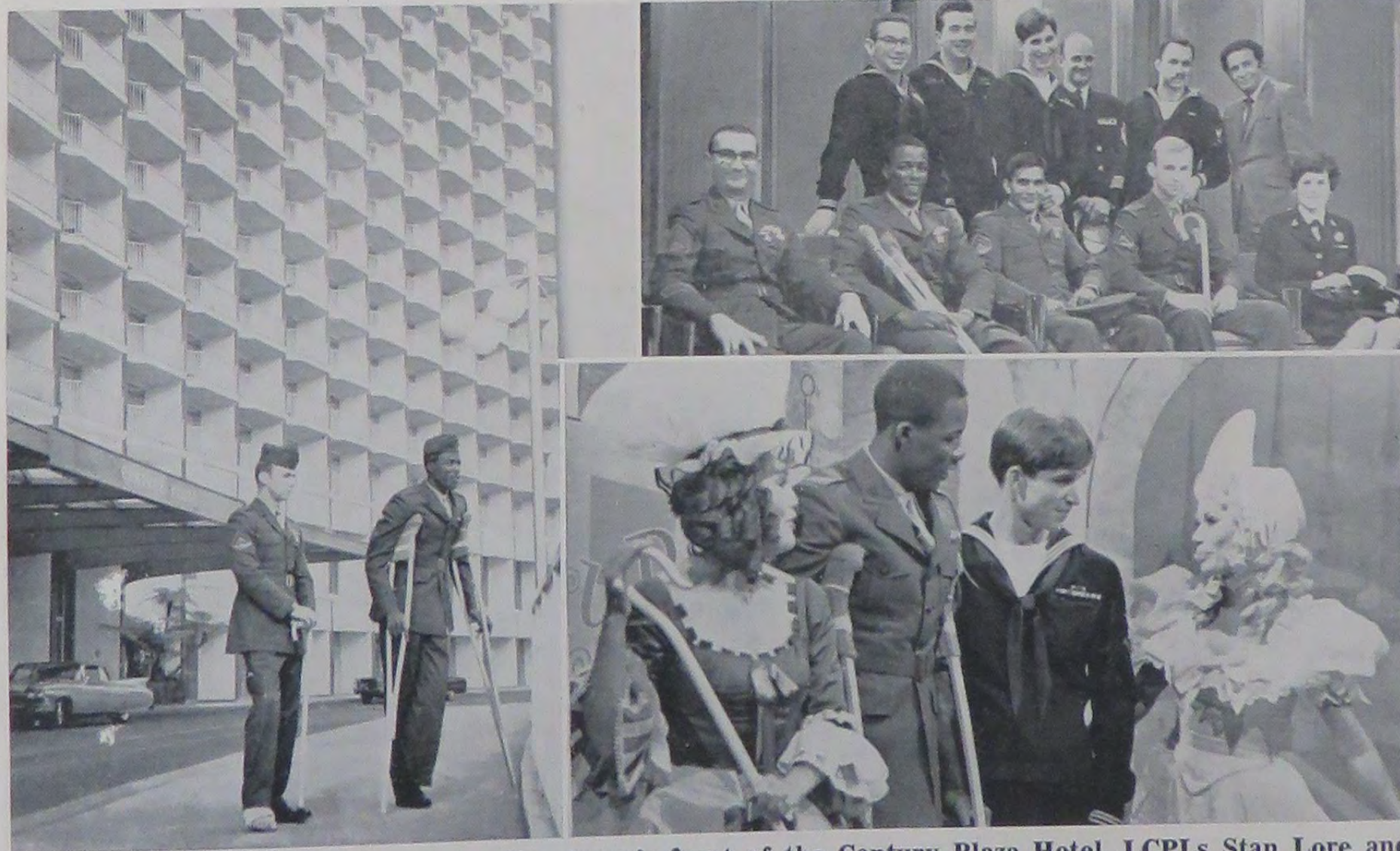
Greeting the eight men at Los Angeles were AK1 Sharon Stevens and EM1 Bill Hartley of the Navy Recruiting Service and actor Eddie Applegate, representing MHE. Applegate's roles include that of Richard on the Patty Duke Show.

The men were taken to Disneyland for lunch and a tour of Disney's enchanted world of fantasy and history.

After being quartered at the Century Plaza Hotel in Beverly Hills, the veterans went to the videotaping of the Joey Bishop Show in Burbank. Bishop dedicated the show to the men and also treated them to a spaghetti dinner at the Villa Capri Restaurant.

Saturday, the men went to the NBC studios in Hollywood to watch tapings of "Storybook Squares," emceed by Peter Marshall. Next, the group sat in on a rehearsal of the upcoming Jack Benny birthday special. There they met Jack Benny, Lucille Ball, and Dan Blocker. Their last stop at the studio was the dress rehearsal of the Dean Martin Show.

Jim Begg, Vice-Chairman of MHE, arranged the accommodations, television appearances, and studio visits for the patients. Begg has made several appearances on NBC's "Mothers-in-Law" and will be the guest star on "Gentle Ben," on 23 February. MHE planning was coordinated in San Francisco by Jack Block and Lani Brown.



(Left) Viewing the Los Angeles skyline from in front of the Century Plaza Hotel, LCPLs Stan Lore and Jim Rushing wait for transportation to NBC television studios in Hollywood. (Above, right) Oak Knoll patients and escorts pose with Joey Bishop after the taping of his 20 January show at the ABC studio in Burbank. Standing are CM1 George Blakeman, Recruiter Bill Hartley, HM3 Phil Corbett, HMC Frank Golden, CT3 Bob Felling, and Joey Bishop. Seated are S/SGT Jerry Harris, USMC, Jim Rushing, CPL Mario Guerra, USMC, Stan Lore, and WAVE Recruiter AK1 Sharon Stevens. (Below, right) At NBC, Rushing and Corbett chat with actresses Nanette Fabray and Abbey Dalton following a videotaping of the Peter Marshall Show, Storybook Squares.

(Photos by CT3 Bob Felling)

The OAK LEAF

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Vol. 31

Friday, 21 February 1969

No. 4

IG to Inspect Here Week of 3 March

RADM Felix P. Ballenger, Inspector General, Medical, will be aboard 3-6 March, to inspect the hospital.

In his party will be CAPT Horace von Radesky, MSC, Executive Assistant to the IG; CAPT Roger Stevenson, Director, BuMed Professional Division; CAPT Angelica Vitillo, Deputy Director, Nursing Division; and CDR James C. Courtney, MSC, Assistant to the IG. CAPT Herman Schnurr, 12ND Chaplain, will inspect the Chaplains Service.



"A valuable experience"

HM3 Isom Is Sailor of Month

SAILOR OF THE MONTH for February is HM3 Earl C. Isom of the Neuropsychiatry Service.

Isom received the recommendation of every member of the NP Nursing staff and the high praise of the ward medical officer, who has depended on Isom's leadership abilities, judgment, and intelligence without disappointment since his assignment as senior corpsman on the ward. Isom's fair and considerate treatment of patients has brought about high morale in the ward. During the recent painting and renovating of the building, Isom's work has been highly commendable.

"Since our move into the new ward in early November, Isom has worked tirelessly to improve the ward condition," his recommendation stated. "He has taken a personal interest in each NP Tech School student rotating through his area, and displayed much initiative in teaching them."

The Dallas, Tex., corpsman reported here for NP Tech School 7 December, 1967.

Upon receipt of the honor, he expressed his appreciation to the NP staff for making his work "a valuable and rewarding learning experience."

Contest Announced

Command Seeks Hospital Emblem

The Commanding Officer this week announced an all-hands competition to obtain an emblem for the hospital.

Creator of the winning design will receive a \$50 Navy Exchange merchandise order.

Such an emblem would have many uses. It would "dress up" athletic uniforms. It could be used on program covers or on pennants, jewelry, stationery, and other items that might be produced for sale at Navy Exchange.

The competition is open to all hands—patients and staff, military and civilian — and their dependents.

The insignia should in some way reflect the mission of the hospital.

Entries should be in color on good quality white paper no smaller than 5x5 inches. There is no limit to the number of entries that may be submitted by one person. On the back of each entry must be printed the entrant's name, address, and telephone number. Entries should be submitted to the Public Affairs Office, Third Floor, no later than 2 May.

A panel of judges will select the winner, whose picture and winning design will be featured in the OAK LEAF.

Future Foggy?

Project Transition Can Help You Plot Your Course



HMC Carl Fausett and HM3 Larry Leis discuss Leis's Career Plans Questionnaire. Leis, to be out in August, is planning ahead.



Donors view the new closed circuit television system in the Clinical Assembly during presentation ceremonies. They are, from left, Shaffe T. Courey, Charles O. Carlston, and Charles W. Adams, with Admiral Irons.

Closed Circuit Television Presented to Hospital

A closed circuit television system, which will permit entertainment presented in the Clinical Assembly to be transmitted to bedridden patients in patient care areas, was accepted for the hospital by Admiral Irons 12 February.

Making the presentation were Shaffe T. Courey, Pittsburg, and Charles O. Carlston, San Francisco, representing the Woodrow Wilson Chapter of the Military Order of the Purple Heart, and Charles W. Adams, representing the Rehabilitation Committee of the CB Project.

Entertainers visiting the hospital had been discouraged by playing to a less than full house while many patients throughout the hospital were unable to come to the assembly area. Mr. Adams, a retired Marine, took the closed circuit TV idea to the Rehabilitation Committee of the CB Project and collected \$1,200, which was applied for the down payment on the system.

Meanwhile, the Wilson chapter

of the M.O.P.H. in San Francisco donated \$6,800, which paid for the system and left additional money for accessories to the system.

Possibilities for the closed circuit television equipment's use are extensive. Taped replays of athletic events or the late, late show during the daytime soap opera hours are examples. It is even possible that with more elaborate equipment and the cooperation of local sports teams, ball games could be transmitted live to patients.

The system may soon be used as an educational aid to staff as well as patients, and programs may also be run which enable veterans to complete their high school education or perhaps even take college courses for credit.

Closed circuit programs will be broadcast on Channel 6. Already planned is the broadcast of 0930 Sunday Protestant worship services from the Clinical Assembly. Watch for announcements of programs in the Plan of the Day. LTJG Harold Mast is in charge of programming.

Project Transition is coming on fast. It's not a miracle drug, but it may be just the thing to cure the "what to do on the outside" disease.

The task of adapting to civilian life may not seem a problem at all to some, but many men about to leave the service have no idea of what they'll do on the outside, or if they have specific goals, they haven't thought how they'll achieve them.

Project Transition attempts to help a man prepare for civilian life through counseling, training, education, and job placement services. The program is a voluntary one limited to those personnel who will be discharged under honorable conditions.

Such programs aren't new at Oak Knoll. For many years, Charles Asbelle, Research Director and (Continued on Page 3)

The Oak Leaf

Naval Hospital, Oakland, California

RADM E. P. Irons, MC, USN, Commanding Officer.
CAPT G. M. Ricketson, MC, USN, Executive Officer.
CDR R. V. L'Italien, MSC, USN, Administrative Officer.
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Photographs: Medical Photo Lab

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives Armed Forces News Bureau material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

Vol. 31

Friday, 21 February 1969

No. 4

+ + CHAPLAIN'S CORNER + +

REAL HONESTY

It's that time of year again when we sweat over our income tax forms—and celebrate George Washington's birthday at the same time. This is no coincidence, in case you've wondered. I suspect it was originally the idea of the Bureau of Internal Revenue that while sweating over our income tax forms we should ponder George Washington and that hoax about his honesty over the cherry tree.

But in spite of income tax forms or the cherry tree hoax—honesty is worth pondering. For real honesty with ourselves is what God asks of us. In His parable about the Pharisee and tax collector, Jesus pictures the honest Pharisee recounting his honesty before God: "I give you one-tenth of all my income." Jesus pictures the dishonest tax collector praying the honest prayer: "O God, have pity on me, a sinner." The dishonest tax collector was honest with himself. It was he and not the Pharisee who "was in the right with God when he went home."

LT GALEN H. MEYER, CHC, USNR



Five civilians recently took on new responsibilities and new grades. The general foreman, laborer-cleaner, Bill Whittington (right), discusses problems with, from left, James Owens (leader, laborer-cleaner), Ambrus Turner (foreman, laborer-cleaner), and Frank Quezada (foreman, laborer-cleaner). Not pictured but also promoted is Helen Benoit, also a leader, laborer-cleaner.



Eight Nurse Corps officers were in the spotlight recently, while a lone MSC officer received congratulations at the same time. Looking over their promotion papers, at left, are new LTJGs, USNR. Seated, from left, are Signe A. Bitting, Carol A. Wray, and Dorothy T. Duckworth; standing, from left, Carol J. Templeton, Pamela A. Stolten, and Sharon E. Kosch. Above, right, are new lieutenant commanders, Jeanne L. King, NC, USNR, and Donald Bilsland, MSC, USNR. Below, right, LCDR Berniece L. Donahue, NC, USNR, poses with Admiral Irons, the plaque, and three letters of appreciation she received upon retirement after 20 years of Naval service. Miss Donahue reported to Oakland for her second tour of duty here in April of 1967.

Scuttlebutt

SIGHTS & SOUNDS: The men in the Outpatient Chart room giving each of the women in the department a red rose for St. Valentine's Day. . . . Cute new civilian employee in Pharmacy punching the time clock on the first deck—her name—Charlene Metrano. . . . LT Sheldon Fingerett displaying excellent pictures of the 15 February O' Wives' "Suppressed Desires" Party at the O' Club. . . . Some of those desires! . . . Dr. Allan Newman of NP Service speaking to the VAQ-13 Wing O' Wives' Club at Tia Maria Restaurant Tuesday. . . . Pi Chi singers of Piedmont Community Church inspiring the congregation at the 16 February "folk" service.

YOU ARE BEHIND THE TIMES IF you think Lockhaven is a telephone prefix. He's actually a tall, handsome HN, first name Steve, an ECG technician . . . You are really an old-timer if you can remember when Charlie Asbelle was married in the chapel to LCDR Rosella Nesgis, Nurse/Occupational Therapist in charge of OT . . . And if you can remember when the OAK LEAF was an eight-page weekly . . . or when LTs Houk and Langston were "white-hats."

CHINA CLEPPER, AA, IS A PATIENT ON 76B.

DID YOU KNOW tomorrow is Washington's Birthday? How many of us forgot? . . . That Patient Dances have been resumed in the new Red Cross Recreation Lounge, Bldg. 71A from 1845 to 2045 each Tuesday night? . . . That February 28 is Bachelor's Day, but isn't every day? . . . That Dr. Michael O'Keefe, of Orthopedic Service, is an excellent amateur guitarist and singer? . . . That Mike Arrigo of NPRL prepared the mill rinde and oak leaf, JAG Corps device, for use in the Judge Advocate's column? . . . That 20 babies were born at Oak Knoll last weekend?—a full house!

SPRING FEVER is hitting Oak Knoll early this year. HN Barry Reifman, Hollywood, who works in Inhalation Therapy, has announced his 10 February engagement to Susan Reed of Oakland. Wedding is set for 13 April. And the May wedding of SN Janet Blair announced last issue took place yesterday in the chapel. She's now Mrs. Harold Osborne. Matron of honor was HN Rebecca Ferguson, best man HM3 Robert Ferguson.

LIFE BEGAN 10 February for Todd Raymond Young, 7 lb., 2½ oz. son of HM2 John R. Young, Patient Affairs, and wife Cynthia.

FRA Seeks Members

Career Sailors interested in joining the Fleet Reserve Association should see HMCM James Bull in Staff Personnel Office, or call him at Ext. 2116.

Class for Navy Relief Workers Set

Training for much-needed Navy Relief interviewers will be provided here at the hospital beginning 3 March. The course, taught by Mrs. Lee Allegretti, Executive Secretary for East San Francisco Bay Auxiliary of the Navy Relief Society, will be condensed in four sessions scheduled from 0930 to

FRA Dignitaries To Visit Hospital

The National President and National Vice-President of the Fleet Reserve Association will be aboard 8 March. They will be greeted by HMCM James Bull, a member of the El Cajon Branch of the FRA.

Following a tour of the hospital, the two ranking members of the FRA will meet interested staff members in the CPO Club to answer queries about the Widows' Equity Bill, the Hubbell Pay Bill, and the Dependents' Dedicare Bill.

Senior Chief Storekeeper Stanley S. Nahill, USN, who has over 19 years of continuous active duty in the Navy, is the National President of the FRA.



Nahill



Rowell

ident of the FRA. He is the first active duty member to hold the position in the 44-year history of the association.

Walter C. "Step" Rowell, a retired Chief Boilertender, is the National Vice-President of the FRA.

He joined the El Cajon Valley Branch in 1956.

Following their visit to the hospital the two FRA executives will be honored at a special pot-luck dinner to be held at the San Leandro Veterans' Memorial Building. FRA members and their wives are invited to come and bring a dish.

Reenlistments

MM2 Hugh C. Ritchie, who will report 7 March to USS CHICAGO (CAG-11), reenlisted 31 January for six years. Ritchie joined the Navy in 1959. He is originally from Lisbella, Ireland, came to the U.S. in 1955 and became a citizen in 1964. He reported to Oak Knoll 8 August 1967, and worked in Special Services.



Another recent reenlistment is that of SF1 Ronald T. Lacy, also for six years. Lacy works in Special Services and has been in the Navy for 13 years. He is originally from Johnson City, Tennessee. Lacy's wife and four children were proud witnesses to his shipping over.

Project Transition Offers Head Start to All Hands



First step, after the initial decision to visit Project Transition, is to fill out the Navy Career Plans Questionnaire. AX1 R. I. Guthrie takes time to think carefully about his answers, for they will help shape future vocational decisions.



Robert Houser meets each Wednesday with prospective job-seekers. Here, he hands AX1 R. I. Guthrie, USN, from Kansas, a pamphlet on interview techniques, while SN Archie R. Goynes looks on. During his talk, Mr. Houser pulls no punches. He reminds the retiring Navy man that he'll soon grow tired of loafing and must prepare himself for a fulfilling vocation. He stresses that the attitude of a prospective employee is all-important. He gives hints on what skills are in demand and those with which the market is flooded.

Contract Awarded For Enlisted Housing

Naval Facilities Engineering Command has awarded the contract for construction of new enlisted family housing to Trans Bay-Engineers and Builders, Inc., of Oakland.

Known as the Turnkey Project, the 36 units of housing will be built at a cost of \$647,300. Exact date when construction will begin was not known at presstime, but the contract calls for completion of the project 270 calendar days after receipt of notice to proceed.

The new apartments will be located in the northwest corner of the compound at the top of the hill above the CPO Club.

(Continued from Page 1)

Rehabilitation Specialist in NPRL, has helped amputee patients to find jobs after discharge and to become adjusted to civilian life. Many an amputee has met his future employer through Mr. Asbelle's good offices.

Today Project Transition is for all hands.

The Project Transition Officer is HMC Carl Fausett. The "Transition" office is in Bldg. 105, with Education and Training, Ext. 2237 or 2238.

During their last three months in the service (or before), staff and patients may fill out a Navy Career Plans Questionnaire. Questions cover educational background and vocational goals. After discussing the questionnaire with Chief Fausett or Jim White, civilian counselor and interviewer, the man may enter the Project Transition program. Available to Mr. White, who serves as an educational, vocational, and rehabilitation counselor, are skill and aptitude tests which will help to determine in which direction an individual might head.

Because so many employers today require at least a high school diploma of applicants, a major emphasis of Project Transition is education. HM2 John Reed, Chief Fausett's assistant, helps patients and staff prepare for the GED test and administers it. He and Chief Fausett urge many veterans to expand their education and help them find suitable schools.

Through the cooperation of Bay Area industry and the Federal government, several training courses have been established, and more will soon be starting. Some require general aptitude tests before entry, and these tests are given by Project Transition staff. Those who pass the courses are put on eligibility lists, a number of them national.

Sears, Roebuck and Company is currently holding a six-week course for TV repairmen, which should be repeated soon, and General Motors of San Leandro offers training sessions in auto mechanics.

As positions become available, they will be listed in the OAK LEAF and in periodic bulletins issued by Project Transition.

In addition to the Project Transition staff, representatives from the Veterans Administration and the California State Department of Employment come frequently to the hospital to aid the men in their transition to civilian life.

L. C. V. Coulson, the VA representative, is on board every other week to assist men in finding work and in rehabilitation programs. Robert H. Houser, Veterans Employment Representative for the California State Department of Employment, speaks each Wednesday at 0900 to prospective job-seekers about employment opportunities and job-search techniques.

The staff of Project Transition may also be helpful to the college graduate. Finding employment may often be as difficult for him as for the high school graduate, if he



Jim White, vocational/educational/rehabilitation counselor, looks over employment opportunities in the Federal government with HN W. D. Ogilvie, USNR, who has since been placed at VA Hospital, Palo Alto as a GS-4 Nursing Assistant.



A group of patients and staff listen to an outline of Project Transition by Jim White, civilian counselor and interviewer. He assures them that Project Transition will help them make a decision but certainly won't make their decisions for them. Mr. White is available full-time for interviews and counseling.



Yet another aspect of Project Transition is the training program offered by the U.S. Post Office to those soon to be discharged. Thomas A. Butler, Project Transition officer from the Oakland Post Office, spends two hours on four different days to help men prepare for the Civil Service Postal Examinations. At the end of the study period an examiner comes to the base to test students, and if they pass, their names are put on a national register of eligibility. They may then apply for a position in any post office in the United States. Here members of the first class study with Mr. Butler, a retired Marine who was once a patient here. Students are, from left, BT2 Dennis Rath, USN, ABF1 Daniel Bauer, USN, and RM3 Bill Cottrell, USN.

doesn't know where to go. Project Transition can direct him to the proper agencies, and offer him guidance in writing a resume.

Anyone interested in what the future will bring, and wishing to insure that what it brings will be fruitful, should visit Project Transition, Bldg. 105.

Calling All Wrestlers!

Without one man for the team and the 12ND Wrestling Championships to be held 15 March at Hunter's Point, Athletic Director Ron Brown issues an urgent call for wrestlers.

He assures that the gymnasium and mats are available to interested personnel for practicing and asks that those who wish to participate contact him at Extension 2350. His office is topside, Bldg. 38.



Some girls join the Navy to seek adventure, many to take advantage of the fine training opportunities, but six who have reported here since the first of the year wanted, simply, to serve their country. Not to wave a flag, but merely the chance to serve their country in the same way Navy men do. The OAK LEAF camera caught five of the girls, as they stopped to chat about their new duties at the hospital. They are, from left, HAs Norine Britton, Novato, Calif., Jacqueline Winder, Chicago, Ill., Sandra Williamson, St. Louis, Mo., HN Lo Ann Breitbach, Dubuque, Ia., and HA Teresa Tomicich, Redding, Calif. Not pictured but signing on the dotted line for the same reason is HA Jonnie Hargrove, Hampton, Va.

Handball Team Ties For 2nd in 12ND

Scoring one singles victory and three doubles, Oak Knoll's handball team tied for second place among Class B command competitors at the 12 ND tournament at NAS, Alameda, 10-14 February.

Jim Hennig won his first match before being ousted from the single-elimination tourney in the second round. Teammates Bob Zila, Paul Bonarrigo, and Steve VanNuys lost their opening singles contests.

Pairing off for doubles, the Hennig-Zila duo beat Mare Island while Bonarrigo and VanNuys topped Monterey. The two victories, however, forced the Oak Knoll teams to face each other in second round play. Hennig and Zila eliminated their cohorts and moved into semi-final action, where they lost to a strong team from Treasure Island.

Concord won the championship, taking five matches, with Oak Knoll and Fallon, Nev., tying for second place with four wins each.

The Busy Intramural Sports Scene

by CT3 Bob Felling

Basketball, bowling, and volleyball again headline intramural action this week.

Bouncing into the ninth round of competition, Administration still leads the 10-team basketball league. Their 6-1 mark affords a not-too-comfortable edge over NPRL and ENT/Disbursing/Pharmacy, who hold 5-2 records. Urology/Orthopedics and Security display 4-2 slates, with Medicine balanced at 3-3. Dental/Surgery follows at 2-3, while Project 49 and NP show one win each against four and six losses, respectively. Winless Operating Services occupies the cellar after seven straight defeats.

Action 12 February featured two close contests, as Medicine edged NP 43-38 and Admin took Project 49, 53-46. Security toppled NPRL 45-27.

On 5 February, NPRL crushed Project 49, 77-40, despite a 32-point performance by the Project's Al Macsata. Security slipped by Dental 44-36 and Admin embarrassed Medicine 61-26. In 29 January play, NPRL blasted Medicine 40-20.

Managing consistent high-point production through his past three games, Ed Niec of NPRL now leads individual scoring with 93 points. Macsata is close, however, with 90 markers, while Mike Flynn and Jere Hess fill the third and fourth place spots with 79 and 78 points.

In the sport where "striking out" helps the team, CSR leads. They are number one in the Wednesday Night Men's Bowling League after four weeks, having won 12 matches and lost four. Close behind is the Laboratory team at 11½-4½. In third place are the Hoods, the Special Services team, with an 8½-7½ record.

Teams in the last three places are bunched within a game and a half of one another. Ranking fourth, fifth and sixth, are Neuropsychiatry, 6½-9½, Pharmacy, 6-10; and Preventive Medicine, 5½-10½.

Bowling high game thus far is Mike Saunders of the Hoods, who has a 247 to his credit. Highest game with an added handicap margin has been 223, rolled by Scott McLaren. Best series bowled has been 559 by Chuck Cole, while the high handicap series is 525 by Willie Ward. Joe Newman maintains the top average in the league at 175 as the Hoods squad has rolled the best team series of 906.

Rounding out intramural happenings is men's volleyball. Matched on 20 February for the first of weekly Thursday night contests were Admin against PT and Project 49 against Surgery. Pathology and Radiology were idle. League competition will continue through 24 April.

—usn—

Grow up and slow down.

Know Your Staff



"I like my job and I like the hospital," says HM2 Frank Campana, a senior radiological technologist. The hard-working special procedures technician has recently been certified by the Society of Radiological Technologists, and does precision-type X-rays such as angiography, catheter studies and myelograms.

Campana joined the Navy in 1962 as a reservist while still in high school in Erie, Penn. He had stimulus, for his father is a Chief Engineman in the active Navy Reserve. After boot and corps school at Great Lakes, he worked in a VA hospital for four months, then went active and reported to the USS WADDELL (DDG-24) for a three-year tour. Radiology Technician's School at Oak Knoll followed. Because it is a teaching command, Campana feels that "the opportunities here are better for X-ray technicians than at many other commands."

Campana's off-duty interests are his wife Merlene, a registered beautician, and their two-year-old daughter Michele. He frequently "takes the family out to dinner," by creating a delicious Italian meal. Out of the kitchen (to avoid the dishes) Campana busies himself with leathercraft, his latest hobby.

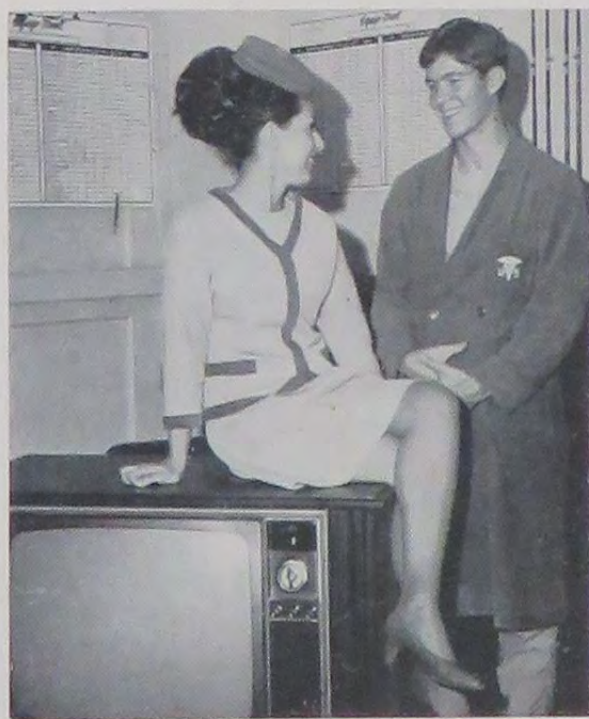
When out of the Navy in 1970, Campana will attend college, with a view to teaching radiology or being a chief technician, hopefully in the Bay Area or Southern Oregon.



From the Judge Advocate

Possession of marijuana not only subjects a person to possible criminal prosecution, but can now be quite expensive as well. New provisions in the Internal Revenue Code establish tax liability for unlawful possession or transfer of marijuana at a rate of \$100.00 per ounce of marijuana or fraction thereof. In addition, less proof is required to establish tax liability than to convict a person of criminal possession of marijuana. As a result, even though the evidence may be insufficient to support a criminal conviction, a person possessing marijuana may find himself faced with a very large tax bill in the future.

Colorful Viewing Prospect



Better viewing for Knollites has arrived! Pretty PSA Stewardess Diana McNeely was aboard early this month to help present this Zenith color television to the hospital, and lucky LCPL Tom Binion, USMC, was on hand to greet her. He seems a little more interested in the young lady than in the TV, donated by PSA.

Graduation Ceremonies Held for 13 NP Technicians

Neuropsychiatry Technician Class #54 held graduation ceremonies 31 January. Guests were CAPT Gale Clark, acting Commanding Officer, CAPT Phyllis Harrington, Chief of Nursing, and CDR V. M. Holm, Chief of Neuropsychiatry. LCDR M. T. Gendron,

NC, assisted in the presentation of certificates, and the student address was given by HN Steven N. Keele. Also present were LCDR K. D. Rashid, medical officer in charge of NP Technician School, and HMC J. R. Wildey, assistant instructor. Graduates were: HM3s

David L. Antilley, John P. Fenlason, Michael W. McElliott, Duane E. Narr, Milton S. Roberts, Daniel C. Shepard, William M. Sorrells, James R. Tisue, Stuart C. Thorpe, and Keith G. Vandepol; and HNs James D. Gloyd, Steven N. Keele, and Donald L. Oliveros.

The OAK LEAF

NAVAL HOSPITAL, OAKLAND, CALIFORNIA
Vol. 31 Friday, 7 March 1969 No. 5

Door Always Open to MCPOC Scott, Senior Enlisted Adviser (SEA)

A recent hospital instruction has designated the Assistant to the Administrative Officer (HMCM Robert L. Scott), Master Chief Petty Officer of the Command/Senior Enlisted Adviser.

In this newly established job, Master Chief Scott will assist the CO in all matters pertaining to enlisted personnel. He will assist the CO and AO in continual review of Navy policies governing enlisted personnel and will ensure that Navy policy regarding equal opportunity and treatment of military personnel and their families is being followed. He will hold frequent leadership meetings with staff CPOs to discuss enlisted personnel matters.

The well-known HMCM has direct access to the CO and AO, and his own door, Room 3-1-20, third deck, administrative complex, is always open to all enlisted personnel and their families.

Correspondence concerning personal matters may be directed to the MCPOC/SEA from enlisted staff and their dependents. Such



HMCM Robert L. Scott, Senior Enlisted Adviser

correspondence should generally be concerned with suggestions, ideas, recommendations, and requests for information.

The new office will in no way detract from the established request mast method of communication between enlisted personnel and their commanding officer.

Prompt and Efficient Care—Aim Of Hospital's Outpatient Service

The spacious lobby is crowded. An ambulance arrives at the ER entrance. Dependents line up for overseas immunizations. A staff corpsman with tonsillitis says "Ah" for the duty MO. A civilian worker with a fever waits to see a doctor in the GP Clinic. This is the scene in Oak Knoll's busy second floor Outpatient Service, where CDR Howard E. Shute and his staff logged 5,000 outpatient visits last month.

The Outpatient Service, a separate service since July, is a major effort to organize and consolidate the various clinics for prompt and efficient care.

"With this aim in view, our service is being reviewed constantly with an ear open to improvements. Periodic surveys help us to determine where improvement is needed and to maintain a consistently high level of patient care," said Doctor Shute.

The service is "home port" for general medical officers, with whom Commander Shute meets every Thursday afternoon for lectures or case discussions.

The Outpatient Service consists of:

The General Practice Clinic, where any eligible person may be seen without an appointment by one of four doctors on duty. The GP Clinic is open 17 hours a day.

Emergency Clinic, which cares for 195 emergencies on an average



Alick Bowater leads the way as a traffic accident victim arrives at the Emergency Clinic.

weekend and 143 in a 5-day week.

Staff Sick Call, where any member of the staff, military or civilian may be treated for a common cold

(Continued on Page 3)

NEW XO

Captain Ricketson Comes From BuMed—and Georgia

CAPT George M. Ricketson, MC, USN, an orthopedist whose career has been "a series of highlights," assumed the duties of Executive Officer 20 February. He comes from Washington, D.C., after a two-year tour of duty as Director of the Manpower Requirements Division of BuMed.

The friendly, graying XO with a Southern accent that says "Georgia," was born 54 years ago in Broxton in the home of the country doctor who delivered him—his grandfather, Dr. George M. Ricketson.

Captain Ricketson's father was registered in a pharmacy school, played hooky to attend med school with a friend, and abandoned both in favor of farming. "He raises cattle, tobacco, and other crops. Resin from the pine trees sent me to school," the new XO recalled.

School included Gordon Military College, Emory University, and Emory University School of Medicine, where he earned his MD in 1942. Although commissioned in the Medical Corps Reserve the same year, he remained inactive until after completion of a general surgery residency at Grady Memorial Hospital, Atlanta.

It was 1 July 1945 when Doctor Ricketson reported to Camp Pendleton for indoctrination and subsequent duty as SMO of an LST(H) in the Pacific.

"We were between staging areas for the planned invasion of Japan when the war ended. We took our troops in for the occupation of Sasebo," said the XO. "I was ordered back to San Francisco to the USS SANCTUARY and then went out to China with the REPOSE to support the 7th Fleet."

Released to inactive duty, the young Georgia surgeon returned to his home and spent five years in private practice in Douglas before going to Hayti, Mo., to help get a new Hill-Burton hospital functioning and serve on its surgical staff.

"But I never got the Navy out of my system," said the captain. "I came back on active duty in 1955, served at Memphis and then at Mare Island, where I received dispatch orders to the USS BADOENG STRAIT (CVE) as Task Force Surgeon for Operation Red Wing—the hydrogen bomb tests at Eniwetok and Bikini Straits."

That eight-month assignment was followed by orthopedic residency training at NH, Chelsea, Mass., and a year of children's orthopedics at Riley Hospital, University of Indiana Medical Center, Indianapolis.

A year at NH, Camp Pendleton, was followed by three years at NH, Yokosuka, as Chief of Orthopedics—with additional duty as Chief of Dispensary Services, Chief of Sanitation, and Port Surgeon.

Upon his return from Japan he was appointed to the senior course at Naval War College, Newport, R. I. — "a wonderful experience with opportunities for study and research and for becoming more knowledgeable in the workings of the highest echelons of government." Still another highlight was his two-year tour of duty as Force Medical Officer for Cruiser-Destroyer Force, Pacific Fleet, when

(Continued on Page 3)



CAPT George M. Ricketson, MC, USN.

Top FRA Officers Expected Tomorrow

Expected tomorrow at 1330 are the national president and vice-president of the Fleet Reserve Association. President Stanley S. Nahill, Senior Chief Storekeeper, and Vice-President Walter C. "Step" Rowell, retired Chief Boilertender, will tour the hospital and then meet with all interested career enlisted personnel at the CPO Club at 1500. There they will discuss the Widows' Equity Bill, the Hubbell Pay Bill, and the Dependents' Denticare Bill.

Disneyland Discount Tickets Are Available

"Welcome Home from Vietnam Exchange Cards" are now available in Special Services. The cards, which cost \$1.00, may be exchanged at Disneyland for \$11.50 books of tickets.

All active duty military personnel assigned to this command who have completed a tour of duty in Vietnam may purchase one card for themselves and one for each member of the immediate family. Single personnel may purchase two tickets. Patients unable to leave the compound may purchase tickets for their dependents.

Commander Holmboe Certified Orthopedist

CDR Arthur H. Holmboe, MC, USN, has been certified by the American Board of Orthopedic Surgery. The addition of his name to the list of specialists currently on duty at Oak Knoll brings the total to 47.

The Oak Leaf

Naval Hospital, Oakland, California

RADM E. P. Irons, MC, USN, Commanding Officer.
CAPT G. M. Ricketson, MC, USN, Executive Officer.
CDR R. V. L'Italien, MSC, USN, Administrative Officer.
Editorial Adviser: Dorothy Thompson.
Writer-Photographer: Kathleen McIntosh
Photographs: Medical Photo Lab

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives Armed Forces News Bureau material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

Vol. 31

Friday, 7 March 1969

No. 5

+ + CHAPLAIN'S CORNER + +

WOULD YOU BELIEVE

Would you believe that, if anything is constant in all of history, it is that all people tend to shut other people out? Believe it.

Would you believe that people always seem to fence themselves off from others, set up social barriers, or tend to find their security in a smaller group apart from the threatening masses? Believe it.

Would you believe that consequently there have always been generation gaps? Or that national, religious, and racial hatred has always been a fact of human living? Believe it.

Would you believe we build such social fences to know who we are? Or that drawing such boundaries around ourselves makes life more simple, that we can then count our membership clearly and distinguish the "good guys" from those other "bad guys?" Believe it.

Would you believe that social retreat can become a protective hate? Or that when people love these fences more than real religion, country, or race that social peace and order disintegrate? Or that when fearful people can cling more to these barriers than to honest national or racial loyalties, society suffers a nervous breakdown? Believe it.

Would you believe that people can find true security in God and religion? Or that when so grounded in their selves they can know who they are and where they are? Or that then the "bad guys" do not threaten so much? Believe it.

Would you believe that these fences can be broken down and communication set up through trust, so that social peace and harmony among people, nations, religions, and races is restored? Believe it.

Would you believe that such personal security, social communication, and working trust is possible as each one develops a real, personal love of God? Believe it.

LT COLIN E. SUPPLE, CHC, USNR
Catholic Chaplain



Out of their firefighters' uniforms are two long-time members of the Fire Department staff. Horace Jones, left, and Ed Meier both received Letters of Appreciation upon their recent retirements. Meier was fire chief for six years, and he was presented a medal by the men he guided. Among the many on hand for the presentation were L. A. Moschetti (left) and J. J. Brezicki, firefighters.

Fire Department Bids Smooth Sailing To Chief Meier, Firefighter Jones

The Fire Department has said "Smooth Sailing" to two departing members recently. Fire Chief Ed Meier received a Letter of Appreciation from Admiral Irons on his retirement after more than 25 years' Federal Service. His hard work improved fire safety conditions and helped make the Fire Department a smooth-functioning organization. Mr. Meier is currently a salesman for Bob Philippi, Inc., Mercury/Lincoln dealers. He and

his wife live in San Leandro.

When Horace Jones retired, after 48 years' service to the Navy, he received a Certificate of Appreciation from the Secretary of the Navy and a Letter of Appreciation from Admiral Irons. Mr. Jones enlisted in the Navy in 1921 and came out at the end of WWII as a Chief Gunners Mate. He came to Oak Knoll in 1946. In his retirement, Jones plans to do anything but stay on a schedule.



CDR Vernon L. Goller, MC, USN, of the Pediatric Service, at a Navy League Ball at Treasure Island 21 February received the Navy Commendation Medal from RADM Leo B. McCuddin, Commandant, 12N. The medal was for meritorious service as Chief, MILHAP Team S, Military Assistance Command, Vietnam, during the period 11 July 1966 to 10 July 1967. Exhibiting outstanding judgment and leadership ability, he was instrumental in modernizing the Province Hospital, Ba Xuy, Province, while maintaining excellent rapport with the professional staff there. He also participated in medical assistance programs during his off-duty hours, taking professional medical help to isolated areas where doctors had never visited.

Editor of Rival Paper Drops in to Talk Shop

THE OL HAS ANOTHER RIVAL. Its existence came to light last week when its editor, Scott Dobbie, dropped in to compare notes with the OL staff on his day off from St. Paschal's School.

Scott's paper, KID-STUFF NEWS, which uses the pencil and carbon method of reproduction, has a total circulation of eight.

"I ride my bike around to see what's going on, but mostly it's a report of who's moving in and out, with a few comics.

"For awhile Matthew Sparks helped me, but he quit; so I do it alone. Sometimes Schnapps — that's a wire-haired Dachshund — helps with circulation, but he's not very good at it," said the bright-eyed, crew-cut 10-year-old. "Mrs. Semmens is KID-STUFF NEWS' most enthusiastic reader. She really likes it," he volunteered.

Chapel Services

Catholic

- 0830 Mass
Clinical Assembly
(TV Channel 6)
- 1215 Mass
Main Chapel

Protestant

- 0930 Protestant Worship
Clinical Assembly
(Channel 6)
- 1030 Protestant Worship
Main Chapel

(WEEKDAYS)

Mon. thru Sat.

Catholic

- 1150 Rosary followed by Mass
Chapel of Hope

Mon., Wed., Fri.

Protestant

- 1100 Daily Devotion, Chapel of Hope

Tue.

- 1100 Episcopal Holy Communion, Chapel of Hope



Admiral Irons gives a farewell thanks to Mrs. Edna Giles and Alexander Lekos, both of whom retired 28 February. Mrs. Giles, a medical attendant, served the Federal Government for over 25 years. Mr. Lekos, a truck driver for Fiscal and Supply, has been in government service for over 26 years. He, his wife Stavroula, and their son Jimmy (7) are planning an April visit to Greece, where Mrs. Lekos has many relatives.

Continuous Review Improves Outpatient Services

(Continued from Page 1)

or a sprained ankle. **Immunization Clinic**, which gives military personnel and their dependents the shots required for overseas travel.

Physical Examination Clinic for routine physicals—annual, retirement, reenlistment, or separation.

Professional services are supported by the **Administrative Branch**, headed by LTJG Rex Ishmael, AO to the Chief, Outpatient Service.

In the chart-room six file clerks and two student aids from Skyline High keep files alphabetical in eight 16-story "elevators" that may be raised or lowered at the press of a button. Window requests for charts average 238 a day.

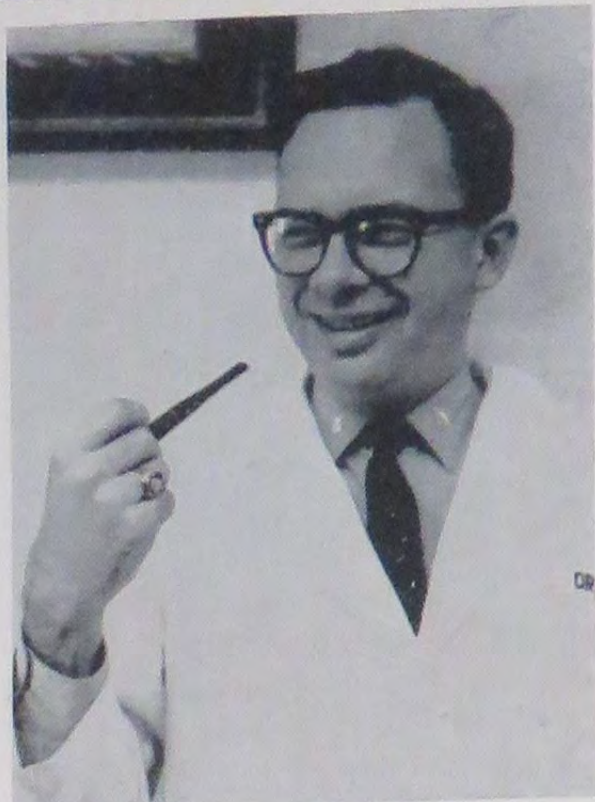
The Central Appointment system, established in 1964 as a first step toward consolidating the service, employs four appointment clerks who make 580 appointments per day by telephone and 160 across the counter.

The Administrative Branch provides information on health benefits available through CHAMPUS—the Civilian Health and Medical Program for Uniformed Services—handles innumerable clerical chores, and provides administrative support to clinics throughout the hospital, where outpatient visits in February passed the 28,000 mark.

A key member of the Outpatient Service crew is LCDR Shirley

Brown, Outpatient Nursing Supervisor, who provides nursing supervision for clinics throughout the hospital as well as for her own service. She continually makes rounds to assure smooth, efficient processing of outpatients. In talks with charge nurses, corpsmen, receptionists, and Red Cross Volunteers she emphasizes the public relations value of courteous, concerned treatment by every member of the hospital team. She hopes soon to use the hospital's new closed circuit television as a training medium.

A recent questionnaire completed by 250 outpatients brought compliments, a few complaints, and confirmation that the greatest need is for reduced waiting time.



Chief of Outpatient Service

CDR Howard E. Shute, witty, pipe-smoking Chief of the Outpatient Service, whose specialties are internal medicine and hematology, earned his BA at Cornell in 1951 and his MD at the University of Pennsylvania in 1959. And between the two he spent three years as a gunnery officer in the Navy.

From 1961-64 Doctor Shute had residency training in internal medicine at the Naval Hospital, Philadelphia. After a tour of duty at NH, Annapolis, he had a fellowship in hematology at Jefferson Medical College in Philadelphia. He reported here in September 1967.

In addition to heading the busy Outpatient Service, Commander Shute lectures in hematology to residents in the Laboratory and Internal Medicine Services and to the Tumor Board and Radiology Service.

The New York-born doctor and his wife Evelyn have two children—Nancy, 10, and David, 9. Camping with his family, cooking, and sailing ("It was great at Annapolis, but I don't get to do much of it now") are favorite pastimes for Doctor Shute. He was at one time an avid photographer and still enjoys giving advice to beginners.

New Exec

(Continued from Page 1)

the Vietnam action was building up.

Captain Ricketson is captain of the All-Navy Skeet Team and last competed in Los Angeles during a stopover en route to Oak Knoll. Other hobbies for the new XO are bass fishing and hunting upland game.

With his wife "Billie," another native Georgian, Captain Ricketson will live in Quarters E overlooking the hospital during his tour of duty here.

The captain has two sons—George III, a second-year surgical resident at NH, Portsmouth, Va.; and Charles, a Georgia farmer with a degree in agriculture from the University of Georgia.

Mrs. Ricketson has three sons, all living in Georgia—the youngest in his second year at the University of Georgia Medical School under the Navy 1915 program. Eight grandchildren round out the family.

"We are both so happy to be here—I'm afraid I'll wake up and find it isn't real," said the new XO.



This potpourri of pictures from the Outpatient Service shows (1) LCDR Shirley Brown, supervisor, keeping an eye toward the Emergency Clinic entrance while HN Dennis Brown sutures a patient in the emergency operating room. In (2) Gloria Grasso, left, catches her breath between phone calls at the busy central appointment office. June Bliss is at right. Photo (3) shows LT Frederick P. Lillis reading a heart tracing, while HN William C. Messer awaits instructions. At right a pair of toes marks location of one of four examining tables in the clinic. (4) LT Nancy Looney, pictured at the supply table, often mans the admission desk. (5) LTJG R. H. Ishmael, Administrative Assistant to the Chief, Outpatient Service, looks on while Betty Hallinan, supervisor of file clerks, demonstrates the 16-shelf "elevator" for storing patients' charts. In (6) is a corner of the spacious outpatient lobby, where waiting is almost a pleasure because of the attractive decor.

NAVAL ACADEMY OPENINGS FOR ENLISTED RESERVISTS

Admission to the Naval Academy is an honor bestowed on only 440 of the country's finest young men. For one reason or another many deserving men never get the opportunity to apply, but still enter the Navy as enlisted reservists.

Each year the Secretary of the Navy is authorized to appoint 85 enlisted men from the Naval or Marine Corps Reserves (active or inactive), to the Naval Academy.

In recent years, the number of Naval Academy nominees from the reserve category has shown a significant decrease and, in each

of the past two years, all reserve nominees who have met the minimum qualifications for admission have been offered appointments to Annapolis.

All reserve members who meet the eligibility requirements for nomination to the Academy are encouraged to apply. Additionally, reserve units are authorized to enlist qualified young men to compete for these appointments without regard to quota limitations or restrictions otherwise limiting enlistments.

To determine eligibility, a prospective candidate should be given a preliminary medical examination and the Short Basic Test Battery (GCT-ARI combination of 120 is required).

Reserve nominees are eligible to attend the Naval Academy Preparatory School at Bainbridge, Md. While attendance at NAPS is not mandatory for Reservists, it greatly enhances the chances for qualifying for the Academy. Selection for NAPS is made on a first come, first served basis until all the vacancies are filled.

Eight Coeds Consider Knoll 'Second Campus'

NH, Oakland, is a second campus for six Stanford and two U.C., Berkeley, coeds.

The Stanford nursing students—Suzanne Angst, Mrs. Dorothy Bernard, Jane Emmert, Susan Hoover, Julie Johnson, and Marylee Randles—reported 11 February for their clinical psychiatric nursing experience. Aboard two days a week for five weeks, they participate in group staff meetings as part of their clinical psychiatric nursing experience. LCDR Helen Bidwell, NP Nursing Supervisor, is in charge of the program here.

Already oriented to the hospital setting are second-year U.C. graduate social work students Eva Brown and Agnes Sae Huang.

Under the guidance of Helen Cupper, clinical social worker in the NP Service, they are here for a semester of observation and supervised work in the neuropsychiatric areas, child guidance clinic, and adult outpatient neuropsychiatric clinic.

The Stanford affiliation dates back to 1959, when the program was approved by BuMed, and this is the sixth year U.C. social work students have trained at Oak Knoll.



From the Judge Advocate

The Bureau of Naval Personnel Manual establishes the rules by which Naval personnel may engage in civilian employment. The rules are basically as follows:

(1) Generally, neither officer nor enlisted personnel are prohibited from engaging in legitimate and ethical civilian employment during off duty hours.

(2) Civilian employment shall not interfere with the proper and efficient performance of military duties.

(3) The civilian job must not reflect discredit upon the service.

(4) Naval personnel cannot engage in any civilian employment for a business engaged in a strike or a lockout.

(5) Active duty military personnel are prohibited from soliciting business on a military installation for any commercial enterprise with or without compensation.

(6) Military personnel are prohibited from commercial solicitation and sale to military personnel who are junior in grade and rank. This applies to activities on or off an installation, in or out of uniform, while on or off duty, but does not apply to a one-time sale of personal property or a privately owned dwelling.

It is important to remember that military personnel are in a 24-hour duty status and the right to engage in civilian employment is subject to modification or restriction by the command.

In the next issue we will discuss the rules applicable to private fees to active duty Medical Corps officers.



Valentine's Day marked graduation for these 13 Laboratory Technician Class students. They are, front row, from left, HNs Ronald Cabagnet, John E. Milburn, Helen J. Heath, and Angelo A. Manlutac; HM3 Michael L. Roberts, and HN Richard M. Collins. Middle row, from left: HM2 Charlie L. Peoples, HA Anthony J. Adamo, HM3 Doyle S. Morgan, HNs Michael W. Brennan and Ronald J. Caldwell. Back row, from left, HNs Steven J. Jones and Daniel Daugherty, and instructors HM1 Arden Short, and HMC James Durand and LCDR Philip Vogt. Jones was the honor man in the class.



Graduation ceremonies were held 28 February for Operating Room Technicians' School students. Speaker was LT Thomas A. Clark, Surgery. In picture, seated from left, are CDR Janet Redgate, Operating Room Supervisor, CAPT G. E. Cruft, Chief of Surgery, Admiral Irons, LT Clark, and LCDR Alvina M. Harrison, who was given the roses by her students. Students are, second row, from left, HM3 David Ryan, HN Dan Russell, HM3 Donald Bell, HNs Harry Slajer, Edward Summers, and Charles Vancura. Back row, from left, Kevin Castellano, HM3s Richard Given, Vernon Goss, and Stephen Kasten, and HN Fred Miles. Ryan, Russell and Castellano were the honor men in the class.

WHAT'S SPECIAL AT SPECIAL SERVICES

The entertainment which occurs in the Clinical Assembly at 1400 every Sunday will be "piped" to all the patient care units on the new closed circuit television system, on Channel 6, for those unable to see it live. Groups to appear this month are:

9 March: Maggie's School of Dance—A wide variety of dances by girls over 18. With them, the Linebackers, a versatile male trio of singers.

16 March: K. Allen Quartet—rock and roll band.

23 March: Freddie Smith and the Cajuns—well known country and western band.

30 March: The Country Moderns with Tom Rose—"one of the finest country and western bands in the business." With them, the Whittington Sisters, three lovely blond sisters who sing country and western music. On the same show, the Western Ramblers, another country and western group.

These groups are brought here by Chuck Adams.

Merrill New Fire Chief

Ray Merrill, who has been acting Fire Chief for over three months, has been permanently appointed Fire Chief. New Chief Merrill has been in the hospital fire department for 16 years.

Fire Chief Sez:

Several years ago the National Bureau of Standards made an extensive study of the fire-starting proclivities of American cigarettes and their tendency to continue burning. It was found that in compliance with market demands, manufacturers treat the cigarette paper with an inorganic filler to make it burn evenly, rapidly, and continuously. The result is that a cigarette will usually consume itself after being discarded.

Two thirds of the butts thrown away are from 1 to 1½ inches long; the shorter of these will burn for at least 10 minutes. The Bureau's tests showed that 91 per cent of the butts discarded on combustible material ignited.

The California State Health and Safety Code which cries for application, reads in part:

"Every person is guilty of a misdemeanor who throws or places any lighted cigarette, cigar ashes, or other flammable or glowing substance or thing which may cause a fire in a place where it may directly or indirectly start a fire..."

Hotel fires in recent years which have taken hundreds of lives were definitely due to foolish disposal of lighted cigarettes. Between these front-page catastrophes runs the relentless tide of everyday

\$ For Personnel Clerk



Mrs. Margery Woods, left, Mrs. Sylvia Kaiser plan how they will spend the extra earnings reported in the letters they received from the Admiral 12 February. Both military personnel clerks (typists) and both received quality salary increases for their outstanding service in the Personnel Division.

fires and deaths directly traceable to stupidity with smoking materials.

All smokers are not careless, there are many careless smokers and callous contempt and disregard for NO SMOKING rules end in tragedy.

— USN —

The only American ever to hold the rank of Admiral of the Navy was George Dewey.

Know Your Staff



Anna Mae Taylor, whose slight drawl is a remnant of a Biloxi, Miss., youth, is the "right hand, and often the left" of Judge Advocate LT Barry Richard. Besides doing secretarial work for the legal officer, Mrs. Taylor takes notes at all courts martial and field boards, greets visitors, and is one of two certified Notary Publics on board.

Many of Mrs. Taylor's 20 years of government service have been at Oak Knoll. She worked nearly five years in Orthopedic Service and for four years as "floating secretary."

Mrs. Taylor, her husband Forest, and four sons have lived in San Lorenzo since 1955. Mr. Taylor recently retired after 26 years of Naval service. He was a Senior Chief Electronics Technician and is now in research and development at Physics International in San Leandro. Oldest son Terry, 18, is in the sheet metal workers' apprentice program at NAS Alameda. Rod, 17, is a 6 ft., 1 in., 185 lb. sophomore in high school. His interests now are football and skin-diving, and he hopes to become a marine biologist.

Younger sons John, 13, and Richard, 12, are active in Boy Scouting, as is the entire Taylor family. All four sons have earned the "God and Country" award, the highest a Boy Scout can earn. Terry and Rod are Eagle Scouts, and Mr. Taylor has been a scoutmaster for ten years. Mrs. Taylor was a den-mother for two.

The pride and joy of the family is Duke, a huge, beautiful Kees-hond, a Dutch dog.

The Taylors go camping, hunting or fishing every chance they have. When home, Mr. and Mrs. Taylor enjoy playing pinochle with friends, and are active in the Knights of Columbus, of which Mr. Taylor is the Faithful Navigator of the Fourth Degree (similar to president).

'Teen Time' Cotillion Held Every Thursday

The Officers' Wives' Club is sponsoring a Cotillion, "Teen Time," for children from 11-15 on Thursday afternoons at the Officers' Club, from 4:30-5:30. There will be 12 lessons for \$12.50. The first lesson was 6 March. For further information and reservations call Mrs. Harold Dean at 582-6966.

Scuttlebutt

SIGHTS & SOUNDS: The lovely coral roses given to LCDR Alvina Harrison, OR Tech School instructor, by her students on their graduation 28 February... LTJG Robert Zila speaking to students at Oakland Technical High School 25 February... Claire Martini, happy to talk about her 50th birthday... Chief Scott chuckling over the slowness of Mr. Richard in leaving Tahoe two weeks ago—one hour later than the chief and it took him nine hours longer to get home!... Mr. Richard maintaining how dedicated one is who will struggle 16 hours through snow and traffic and still arrive at work Monday morning.

IT WOULD HAVE BEEN LOVE-LY: Associated Press was here Friday to cover the visit of the Chinese New Year's Queen... only to discover that she was on her way to Letterman General in San Francisco. Oops!

APPLE ORCHARDS will be the landscape for Dorothy Dixon, secretary to the Chief of Fiscal Division, who is resigning 14 March after 11 years at Oak Knoll to move to Omak, Wash., where the Dixons will live on an apple orchard next door to the place her husband was born.

WEDDING BELLS rang Sunday for Ann Alton Clark, daughter of CAPT and Mrs. Gale Clark, and Laurence Guth of Aptos, Calif. The couple was married in the Treasure Island chapel by Chaplain Kaelberer and will live on Maui, Hawaii.

COINCIDENTALLY: Twins were born to FN Michael Scott and wife Kathleen. So what? Scott is on duty aboard the USS TWINING!

LIFE BEGAN 21 February for Jeffrey Scott Tisue, 7 lb., 14 oz. son of HM3 James R. Tisue, OR Tech School student, and wife Colleen.

O'Wives' Hobby Show Planned For 12 March

Photography, knitting, ceramics, painting, and flower arrangement will be among the hobbies on display when the Officers' Wives' Club holds a spring hobby show in the O' Club ballroom from 1130 to 1500 Wednesday, 12 March.

Wives, husbands, and children will be represented in the show, as will members of the Red Cross staff.

Speaker at the luncheon meeting the same date will be Mrs. Marian Conklin, ARC Field Director. Wives of officers in the Pediatric, ENT, and Radiology Services are planning the event.

DID YOU KNOW

Did you know that it was never positively established what caused the explosion of the USS Maine in Havana Harbor, Cuba?

— USN —

It's a young Navy! Almost 40 per cent of the enlisted men in today's Navy are 20 years old or younger. Twenty-one per cent are teenagers.



LCPL Francisco C. Serrano (left) received the Silver Star, and LCPL Joseph Michael Carbonaro, the Bronze Star, from COL L. D. Grow.

LCPL Serrano Awarded Silver Star; Others Earn Medals for RVN Service

LCPL Francisco C. Serrano, USMC, has received the Silver Star Medal for "conspicuous gallantry and intrepidity in action while serving as a Squad Leader" with the First Marine Division near Ngan Trung in Quang Nam Province, RVN.

On 24 September 1968, during a search and destroy operation a Marine was wounded and fell in an area dangerously exposed to the hostile fire. "Disregarding his own safety, (then PFC) Serrano unhesitatingly rushed across the fire-swept terrain to the side of the wounded man and carried him to a covered position, where he skillfully rendered first aid to the man. . . . On another occasion, he fearlessly exposed himself to hostile fire while moving to the side of one of his men to provide covering fire as the Marine repaired his inoperable weapon." While conducting a search of the area after the enemy had fled, Serrano was seriously wounded when a hostile mine was detonated.

Serrano was presented the medal by COL L. D. Grow, Commanding Officer of the Marine Barracks at T.I.

Colonel Grow presented the Bronze Star medal and combat "V", to LCPL Joseph Michael Carbonaro, USMC, for heroic achievement while serving as a Rifleman

with the Ninth Marines, Third MarDiv. On 2 September 1968 Carbonaro's unit was providing security for a company of engineers engaged in constructing a fire support base during Operation Scotland II in Quang Tri Province. Carbonaro was seriously wounded when his unit came under intense mortar fire as a resupply helicopter attempted to land. "Disregarding his painful injuries, he ensured that other casualties received medical treatment and offered words of encouragement to his companions while awaiting medical evacuation."

Others receiving awards recently are LCPL Eddie H. Ratliff, USMC, Navy Achievement Medal; HM2 Wayne Mathias, USN, Gold Star in lieu of a second award of the Bronze Star; HM2 David Rupp, USN, Navy Achievement Medal.

Medical Record Librarians Hear LCDR William Gill

LCDR William L. Gill, Pediatrics, was guest speaker at the monthly meeting of the East Bay Association of Medical Record Librarians held here 20 February. Dr. Gill's topic was "Newborn Care and Newer Concepts in Pediatric Therapy in a Naval Hospital." Karoline K. Gunter, Medical Record Librarian, arranged for the meeting here.

'March is Red Cross Month'



Mrs. Eleanor Locey, a personal service volunteer for the American Red Cross, takes a shopping order from CPL James Huck, USMC. Mrs. Locey and numerous other personal service volunteers assist the case work staff of the Red Cross in providing the services which the patient's family would do if they were here. Besides the personal services such as Mrs. Locey gives, volunteers also provide assistance in the clinics. In addition, volunteers assist the Red Cross recreation staff by bringing gifts, playing games, or just chatting with patients. March is Red Cross month, when Americans may pay tribute to the generous workers who serve men in uniform in 2,000 U.S. military installations throughout the world.

Know Your Staff



One might say that HM3 Steve Cantrill operates an underground press. He is the hospital reproduction technician and works in Central Duplicating on the first deck. Through his press goes just about everything written here, including instructions, the Directory, and Plans of the Day.

Cantrill joined the Navy in November 1967 and reported to Oak Knoll in July of '68 after boot and corps school in San Diego.

The well-traveled corpsman, born in Savannah, Ga., has lived all over the world, for his father was in field service for Boeing Aircraft. Japan, Australia, Germany, England, Newfoundland, and many of the United States were "home" before the Cantrills settled in Seattle.

Cantrill graduated from the University of Washington in Seattle in 1967 with a major in marine zoology. This field, which is the study of where marine animals live and why they live in that particular place, is expanding rapidly, because, as Cantrill pointed out, with our growing population and use of resources, "the sea is the next logical step for man—we're going to have to find out more about it."

In his spare time, Cantrill reads, often in preparation for work towards a minor in Pre-Colombian American Indian. He likes music, and goes frequently to the Fillmore West.

Skiing in winter and camping in summer occupy Cantrill's thoughts but since in Oakland he hasn't found much time for either.

After his Naval service Cantrill hopes either to work for the National Geographic or for his MS degree at Scripps Institute of Technology at La Jolla.



Four Knollites have been promoted to LTJG recently. From left are NC Reserve officers Elaine Kramer, from New York Mills, N.Y., and Judith Kaden, from Peabody, Mass. Center, Dillard Carneal, MSC, USNR, a PMT School student, from Hollywood, Fla., reported here 28 October 1968. Terry Hoobler, MSC, USNR, Physical Therapy, reported here 26 April 1968. He is from Jasper, Ala.

Varsity Athletes Compete in 12ND

In the 12ND Bowling League, the Oak Knoll keggers rank second among Class B command competitors. With two weeks remaining in league play, Richard Hinds holds high game of 252. Team captain Adam DeMello recalled that when he rolled the excellent game, Hinds commented, "Ain't that bad!"

Bowling in the Travis AFB Invitational Tournament 2 Mar, Hinds and DeMello placed among leaders with series marks of 630 and 622, respectively.

Upcoming sports events include men's volleyball and wrestling. Selected from among the outstanding intramural participants, a 12-man team will take the court 11-13 Mar at NAS, Alameda, to compete for the 12ND Volleyball Championships. Later, at Hunter's Point on 15 Mar, members of the station wrestling team will face off against 12ND opponents for the District title.

Intramural Sports

by CT3 Bob Felling

As the intramural basketball league goes into the final two weeks of games, the Administration team still leads the 10-team pack.

After waxing Security 50-39 on 19 Feb, they sport a 7-1 record and have a one-game edge over Urology/Orthopedics, 6-2, which jumped from fourth to second place with wins over Dental/Surgery, 51-36, and NPRL, 56-51. ENT/Disbursing/Pharmacy, 6-3, maintained third place as a result of dropping a 40-33 decision to Medicine and then squeaking past Project 49, 46-44, in an overtime game in which ENT played with only four men. After the loss 26 Feb to Uro/Ortho, NPRL occupies fourth place at 5-3. Also having a 5-3 mark is Security, who lost to Admin but bounced back 26 Feb to take Neuropsychiatry, 51-38. Medicine holds sixth place with a 4-3 record after their win over ENT. Rounding out the lower division standings in the league are Dental, 3-4; Project 49, 2-5; NP, 1-8; and Operating Services, 0-8.

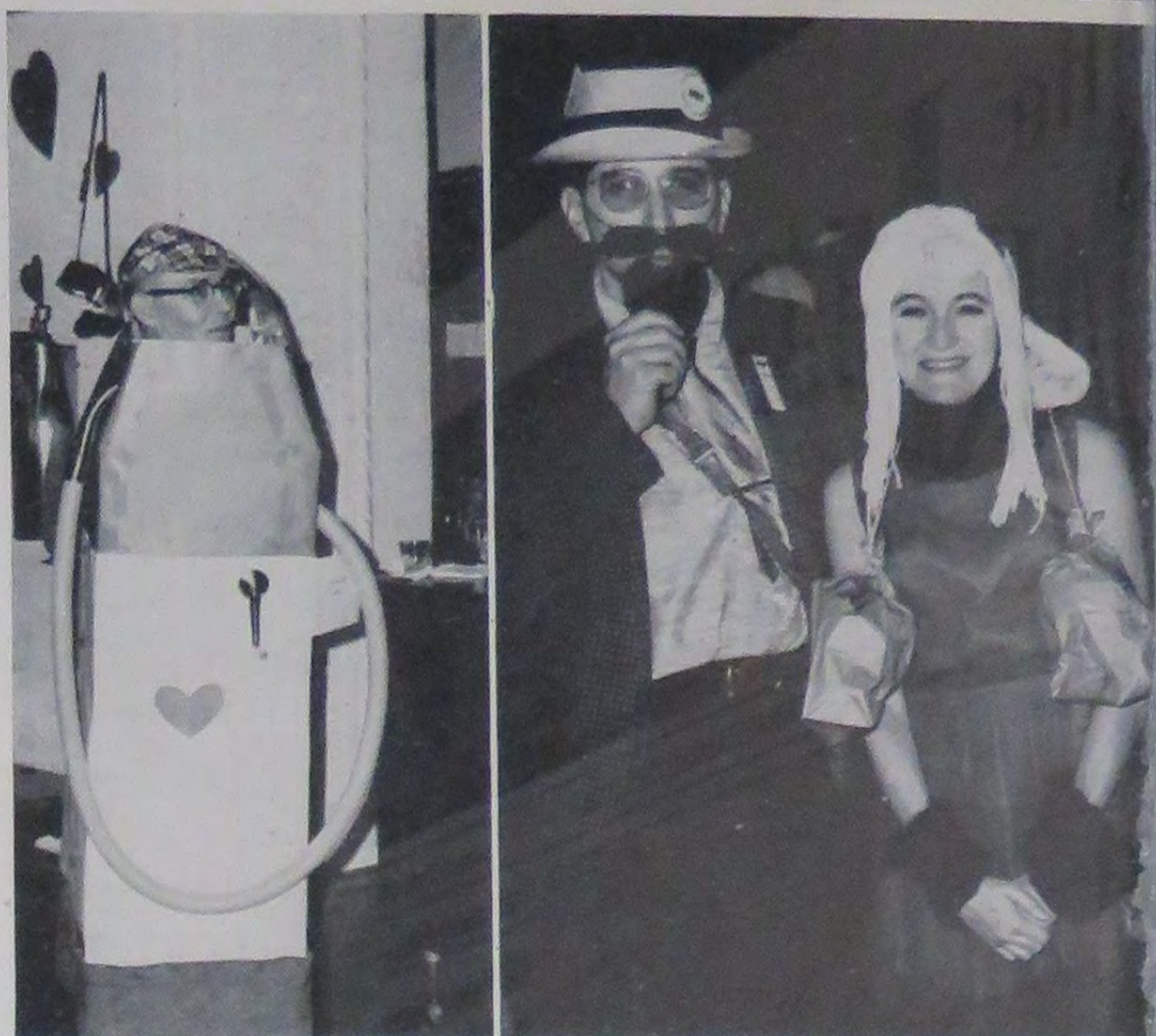
Mike Flynn of ENT now leads individual scoring, having sunk 121 points in nine games. Runner-up Ed Niec has tossed in 106 markers for NPRL in eight contests. Bob Edmonds of Uro/Ortho has 99 points to his credit in eight tilts.

Bowling

Participants in the Wednesday Night Men's Bowling League have rolled through their sixth week of competition with CSR leading. CSR has won 16 games and lost eight, and is a scant 1/2 game ahead of the Laboratory squad, which has a 15 1/2-8 1/2 record. The Hoods and Preventive Medicine are grouped in the center of the league standings with 12 1/2-11 1/2 marks. The last two teams are NP at 9 1/2-14 1/2 and Pharmacy, 8-16.

Volleyball

Opening contests in the intramural volleyball league 27 Feb ended with the Radiology, Pathology, and Administration teams victors over Surgery, Physical Therapy, and



The camera of LT Sheldon Fingerett caught these portrayals of "hidden desires" at the O'Wives' 15 February costume party. At left is LCDR Robert Smart, Urology, who evidently yearns to be a gasoline pump. At right is Dr. Fingerett, photographer both in costume and in reality with his wife Lois. With props—bags of silicone and lovely long blonde hair, Mrs. Fingerett portrays a familiar subject at their house, Yvonne D'Angiers, the exotic dancer who visited the hospital at Christmas 1967, and attracted the camera of Dr. Fingerett.



Awaiting a bus to carry them to Virginia City to see "the liveliest ghost town in the West," SSGT Jerry Harris, SGT Walter Edwards, and LTJG Scott Nunns pose with the famous Reno Arch as a backdrop. Twenty Oak Knoll patients were the guests of Harold's Club 22-24 Feb. in the gambling resort city. During their visit they also made a tour of Harrah's Antique Automobile Collection and traveled to Carson City where they met the Honorable Paul Laxalt, governor of Nevada.

Project 49, respectively. Winners of volleyball matches are decided on a best-two-out-of-three games basis. The fact that none of the three winners was able to take its matches by winning two consecutive games indicates that the league teams are well-balanced and highly competitive.



WAVE Athletes Vie For 12ND Crowns

The hospital WAVE volleyball team vied for the 12ND crown 18 February, but was able to take only two of eight games. However, they are presently participating in the five-team women's Intramural Volleyball League at Oakland Army Base, and are trying to capture the champions' trophy for that league for the second straight year.

Bowling two teams in the 12ND WAVES' Travel League, the girls rotate among alleys at Treasure Island, Moffett Field, and Alameda. The "Kinks" hold fourth place and the "Oakies" are the cellar dwellers among the eight teams competing.

Carol Dispart is captain of both WAVE athletic squads.

Another Ship-Over

HM1 Frank J. Middleton, who works in the Eye Clinic, shipped over 18 February for four years. Middleton, from Grandston, Pa., lives with his wife and three children in Hayward. He has been in the Navy since 2 July, 1964, and at Oak Knoll since 3 November 1968.

Calling All Artists!

Creator of the design chosen to be the hospital's emblem will win a \$50 Navy Exchange merchandise order, all hands are reminded. Entries, which should reflect the hospital's mission, accepted until May in Public Affairs Office.

Entries, no smaller than 5" x 7" on good quality paper, in color must be marked on back with entrant's name, address and phone number.

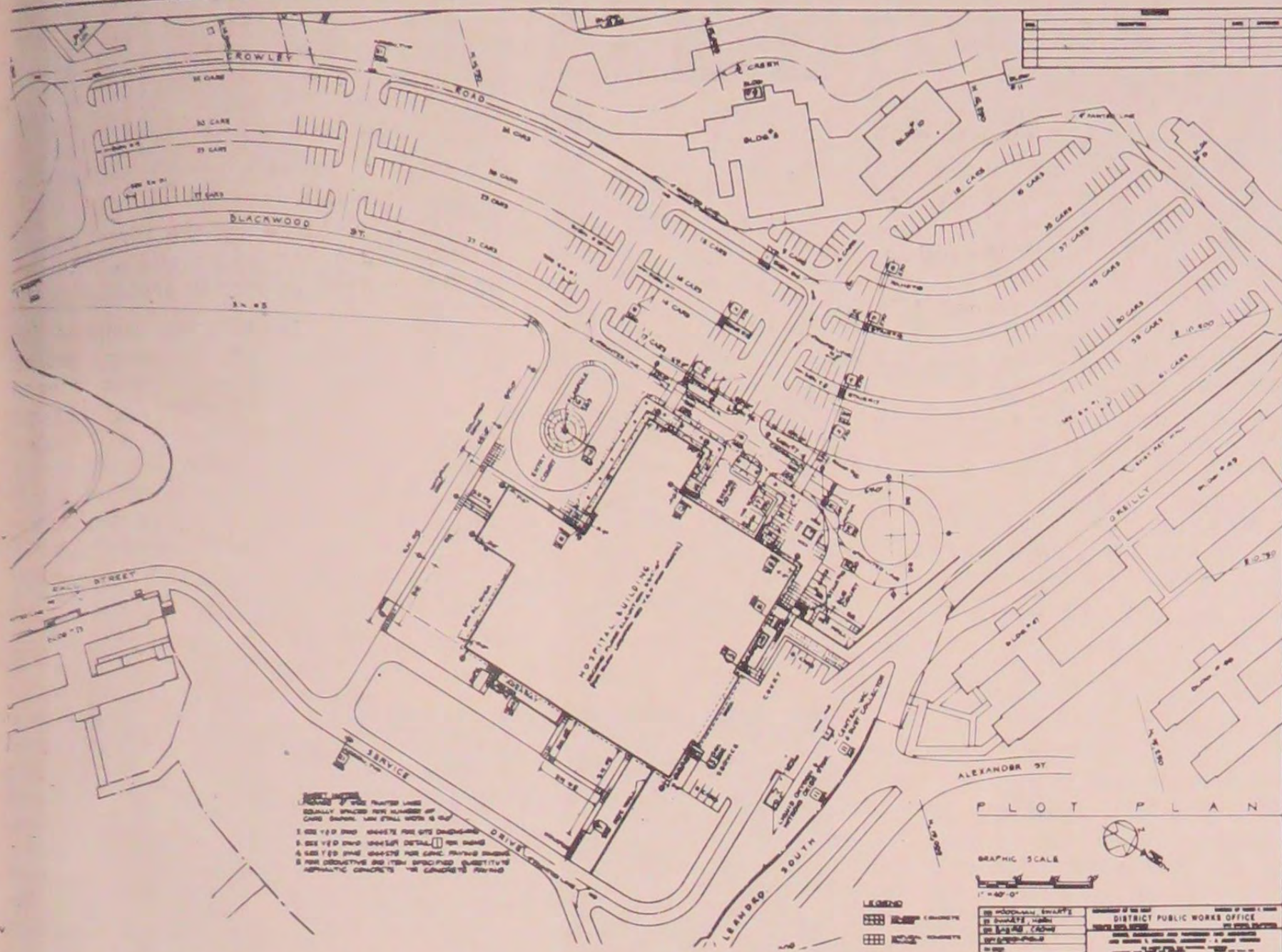
The OAK LEAF



Vol. 31, No. 6

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 21 March 1969



HERE'S HOW AND WHERE the new parking area will be when it is finished. An extension of Blackwood Street will skirt the upper side of the terraced parking lot before rounding the flagpole to pass the main entrance of the building. The circle at the northwest corner of the building is a turn-around for drivers leaving passengers at the Emergency Clinic and Outpatient Service entrances. Lawns will slope from the front of the building down to the Community Service Building and will cover the bank below the Hospital Corps Quarters.

Calling All Artists!

Several entries are in and the 2 May deadline is creeping up, but there is still plenty of time to compete for the \$50 Navy Exchange merchandise order to be awarded in the command contest for a hospital emblem.

Just organize an attractive, colorful design reflecting the hospital mission and suitable for use on athletic uniforms, pennants, program covers, a bracelet charm, or a correspondence card. Submit it to the Public Affairs Office, third floor. The design must be on good quality white paper no smaller than 5 x 5 inches, with the entrant's name, address, and telephone number on the back.

Patients and staff, military and civilian, and their dependents may enter this competition.

Judges named this week to choose the winner are CAPT G. M. Ricketson, CAPT Phyllis Harrington, CDR R. V. L'Italien, HMCM R. L. Scott, and HMC D. B. Lodge.

Outstanding Work in E & T Earns HM2 Lussenden Sailor-of-Month

SAILOR OF THE MONTH for March is HM2 Dale R. Lussenden of Education and Training.

Lussenden, who has been at the hospital since 19 December 1967, received the high recommendation of his superiors.

According to a letter presented him by Admiral Irons Thursday, his performance of duty in the Education and Training Division went far beyond that normally expected of one of his rate. "His thorough knowledge of and keen interest in his work enabled him to answer with authority and ease the many questions staff and patient personnel ask daily concerning opportunities for advancement and various educational programs. . . . He has modified office procedures when necessary, with resulting benefit to the division. His excellent leadership and fine military bearing have inspired the confidence and respect of all his associates."

Lussenden received with the letter a \$20 merchandise certificate from the Navy Exchange,

which he, his wife Nancy, and their two children will enjoy.

Lussenden's name will be placed on a plaque with those of other Sailors of the Month, from whom a SAILOR OF THE YEAR will be chosen in July.



HM2 Dale R. Lussenden
March's Sailor of the Month

The Parking Picture

650 New Spaces In 90 Days - IF

When demolition of the old building took place late last fall, the contractors estimated that it would take approximately 90 days to complete the parking areas included in the building project. That estimate, invalidated by the rainfall of the past few weeks, has been revised, and the latest word is that parking lots will be ready for use in another 90 days IF good weather prevails.

Relocating existing utility lines and extending the retaining wall 50 feet farther west of the loading dock area are tasks that must be accomplished before work can go forward on the parking areas, but it is still expected that the lots will be paved and striped and the lawns planted by early summer.

LT Marvin R. Houk, MSC, Chief of the Security Division, who has the responsibility for staff and patient parking, reports that the long-awaited new parking space will accommodate approximately 650 cars—an important addition to existing facilities, which accommodate approximately 1200. It will stretch from the corner of Building 101 all the way to the Firehouse.

"Unfortunately even with the additional 650 spaces, we will still be unable to accommodate at one time all the cars that come aboard during any given day," said LT Houk. "By actual count during a recent parking survey we found that more than 3500 cars enter the main gate daily. Discounting the number of spaces occupied by cars of staff personnel, this means there is at least a three to four time "turnover" in each parking spot on the compound as visitors and outpatients come and go. The new parking lot will help, but it will not solve the problem completely.

"One of the primary reasons that the problem will get worse before it gets better," the Security Division Chief explained, "is that once actual construction of the new facility starts, heavy equipment will be moving earth from one part of the base to another, especially in the area where the old buildings were demolished." This will mean that from time to time existing park-

(Continued on Page 2)

The Oak Leaf

Naval Hospital, Oakland, California

RADM E. P. Irons, MC, USN, Commanding Officer.
CAPT G. M. Ricketson, MC, USN, Executive Officer.
CDR R. V. L'Italien, MSC, USN, Administrative Officer.
Editorial Adviser: Dorothy Thompson.
Writer-Photographer: Kathleen McIntosh

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives Armed Forces News Bureau material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

Vol. 31

Friday, 21 March 1969

No. 6

+ + CHAPLAIN'S CORNER + +

SEVEN DAYS THAT CHANGED THE WORLD

Over one-third of all the material in the Gospel accounts of the life of Jesus deals with the events of the last week of his earthly life. This emphasis indicates clearly that, in the view of the early church, the most important part of the revelation of God in Jesus Christ was reflected in what took place in this last week.

For ease in following the days of Holy Week, I submit the following outline:

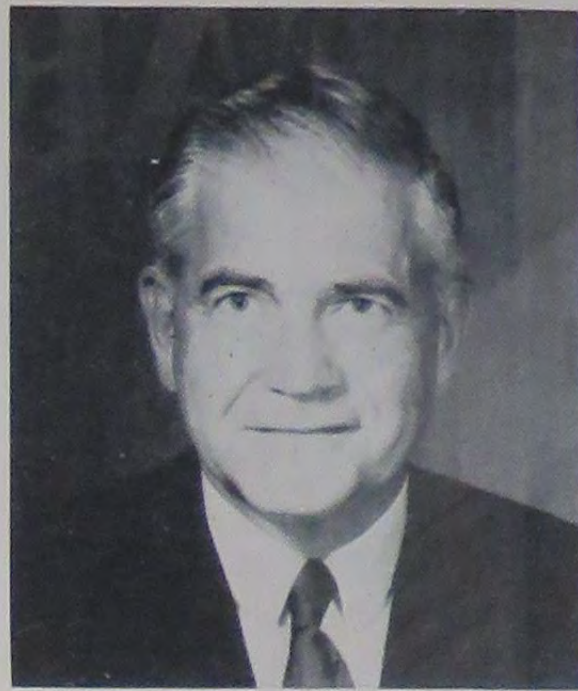
- Palm Sunday:** 30 March: That triumphal entry as recorded in Luke 19:28-40.
- Monday:** 31 March: Weeping over the city and cleansing the Temple as recorded in Luke 19:41-48.
- Tuesday:** 1 April: The teaching discourses as recorded in Luke 20 and 21 (The Widow's Mite).
- Wednesday:** 2 April: The retirement at Bethany, of which there is no record in Luke. However, in both Mark and Matthew, there appears at this point the account of the anointing at the home of Simon of Bethany. (Day of Prayer)
- Maundy Thursday:** 3 April: The Last Supper and the Garden of Gethsemane as recorded in Luke 22:7-30 and Luke 22:39-46.
- Good Friday:** 4 April: The Trials and the Crucifixion as recorded in Luke 22 and 23.
- Saturday:** 5 April: There is no account of any events between the removal of the body from the cross, the laying of the body in the tomb of Joseph of Arimathea, the sealing of the tomb as recorded in Matthew, and the events of the first day of the week. The only reference in Luke reads: "On the sabbath they rested according to the commandment." (Jewish Sabbath Day)
- Easter Day:** 6 April: The Resurrection and appearances as recorded in Luke 23 and 24. (Christ Arose)

In review, Palm Sunday commemorates Christ's triumphal entry into Jerusalem. On Monday and Tuesday, Jesus taught in the temple. On Wednesday, He rested at Bethany. Thursday, He returned to Jerusalem, ate the Last Supper with His disciples, and was betrayed by Judas. Friday, He was crucified; and Saturday, His Body lay in the tomb. Easter Sunday, Christ arose! Quite a week, and the amazing thing about it all . . . Defeat was turned into Triumph. Jesus told his disciples: "If I can rise, so can you."

CAPT H. E. AUSTIN, CHC, USN



Nearly swamped by an enormous shipment of knitting, two Red Cross volunteers begin the task of unpacking crutch pads and bed socks knitted by generous women throughout the U.S. Pat Trexler, a syndicated knitting columnist, printed knitting instructions and suggested her readers send their finished items to Oak Knoll. Soon the hospital received nearly 576 cubic feet of knitting, a supply which should last quite some time! The volunteers are Mrs. Nancy Pullar, Alameda Chapter (left), and Mrs. Martha Milligan, Oakland Chapter.



12ND Chaplains to Hear Dr. Stuart L. Anderson

Dr. Stuart L. Anderson, President of the Pacific School of Religion in Berkeley, the oldest seminary in California, will be the speaker for the monthly retreat of the Protestant chaplains of the Twelfth Naval District to be held here 27 March. Dr. Anderson is the author of a book entitled, "A Faith To Live By."

Dr. Anderson's topic, and the subject for following discussion will be "The Future of Belief." Visitors are welcome at the first lecture, in the Clinical Assembly from 0930-1030. CAPT H. E. Austin, Senior Chaplain, is planning the retreat.



Albert (Brownie) Brownlow and Mrs. Zoe Williams receive Benny Suggs checks and thanks from CAPT G. M. Ricketson.

S.F. Neurologists Meet Here Wednesday

Over one hundred Neurologists and Neurological Surgeons attended the meeting of the San Francisco Neurological Society at Oak Knoll Wednesday night.

The speakers and their subjects were as follows: Dr. Nathan Malamud of the University of California—"Radiation Effects on Human Brain Tissue;" Dr. L. Rubinstein, et al of Stanford—"Radiation Effects on Human Cerebral Neoplasms;" Dr. John Lawrence of the Donner Laboratory—"Heavy Particles: Their Nature and Use In Therapy;" and Dr. Webb Haymaker of NASA's Ames Research Laboratory—"Radiation Effects on the Brain in Primates." CAPT Gale Clark, MC, USN, was host and moderator for the meeting.

Chaplain Kaelberer Joins Regular Navy

LCDR John H. Kaelberer, Protestant Chaplain, augmented to the regular Navy 7 March.

The Parking Picture

(Continued from Page 1)

ing areas will have to be barricaded to protect cars from being damaged and to insure that systems are 'go' for the construction workers.

The Security Division will be working closely with the contractor and will be given advance notice of which area is to be worked on so that it will be barricaded well in advance of the normal working hours.

Cooperation of all hands—patients and staff—is requested by the command in the coming weeks. A few ways to alleviate the parking problem are:

1. Form a car pool whenever possible.
2. Abide by the directions signs, barricades, and sentries assigned to specific areas.
3. Park in areas assigned your use even if it means getting to work a little earlier in order to ride the bus from an outlying area. Transportation will put special express buses during peak hours to carry personnel from outlying staff parking areas to the loading dock of the new building.
4. Be patient. The long-existing parking problem, complicated by rain, slush, and mud, will soon be alleviated.

Benny Suggs Earn 3 Civilians Cash Awards

Three civilians have received checks for beneficial suggestions.

Mrs. Zoe Williams, Supervisor Clinical Nurse, earned \$15 with a suggestion for a device to retrieve papers from the pneumatic tube carriers.

Albert B. Brownlow, Stockman, by suggesting a reduction in the number of time clocks on base, saved the hospital \$515 annually and earned himself \$30.

Lewis (Bill) Whittington suggested an improved method of trash collection. This will result in a \$1200 annual saving to the hospital. He was presented a \$65 check.

CAPT. G. M. Ricketson, Executive Officer, presented the checks with the command's thanks.



Bill Whittington

'March is Red Cross Month'



Lions, model airplanes, rugs, flower arrangements, wardrobes for dolls and adults, paintings in all media—oil, water, and even sand, pots, puppets, photographs, and carvings were some of the items that filled the "exhibition hall" of the O' Club 12 March for the Officers' Wives' Club Hobby Show. In one corner of the crowded room are, from left, Mrs. E. P. Irons, Mrs. D. J. Pascoe, and Mrs. G. M. Ricketson. In the foreground is a painting by Mrs. H. E. Sparks, and that friendly lion was created by Mrs. N. J. Nickman. At right, Mrs. C. E. Inman holds a Chinese lady in traditional costume, one of over 100 dolls of a collection started in India in 1930 by her mother and added to by Mrs. Inman in her travels with Dr. Inman. According to Mrs. Pascoe, coordinator of the event, over 40 hospital hobbyists entered exhibits.

Scuttlebutt

~ SIGHTS & SOUNDS: The wearing o' the green—Joe Concannon, annual supporter of the custom, with green tie and green socks! . . . DTCS Richard Langley with a brilliant shamrock tie, and women of the Snack Bar staff with pert green ribbons . . . The charming gold pin given to Claire Martini for her birthday, in the shape of guess what—with an aquamarine olive! . . . O' Wives looking forward to a day at Golden Gate Fields race track 9 April . . . Patients and staff enjoying the sounds and the sight of the Freddie Henshaw group Tuesday.

DID YOU KNOW that yesterday, at 1408, it officially became spring? At that moment, the sun entered the sign of Aries . . . That Marcel Devaull, cute daughter of Mrs. Pamela Devaull, teletypist, was "Kitten of the Week" at Fremont High (that's for friendliness, etc., which must be a reflection on her mother!)

SOON TO BE AN AMERICAN is HN Tom "Scotty" McLaren, junior lab student, who is awaiting citizenship papers. He's been in the Navy since March '68, and citizenship was gained with the help of the Navy. In the U.S. four years, in Wyatt, Indiana, he is from Ayrshire, Scotland.

TWO FORMER KNOLLITES are in the news: SGT Billy E. Drexel, USMC, Ret., a double amputee who was a patient here through December, was awarded the Bronze Star with Combat "V" for his part in a battle 5 February 1968. COL V. J. Robinson, regimental commander of the 14th Marine Corps, pinned on the medals in Drexel's Texas home town. And a former corpsman, who

Miss Sue Paugh Assumes New Duties As Personnel Management Specialist



Miss Sue Paugh

worked on the P.E. Board, HM2 Stephen T. Petersen, will be married in the chapel tomorrow to Linda Beall, of Fremont. Petersen is stationed aboard the USS CABILDO (LSD-16). He left here in April of '68.

LIFE BEGAN 6 March for Sean Patrick Carey, 5 lb. son of HN Stephen Carey, corpsman on 66 A-B, and wife Sandra. And 14 March for Donald Stratton Douglas, 10 lb., 4½ oz., son of LT Donald S. Douglas, medical intern, and wife Frances.

Navy Ship To Star In Sunday TV Special

"The Ship That Wouldn't Die—The USS Franklin," a one-hour documentary on the most damaged ship in U.S. Naval history to come home will be shown Sunday at 2200 on KRON, Channel 4.

The program, narrated by Gene Kelly, will be of special interest to Navy personnel.

New on board is Miss Sue Paugh, here to replace Classification Specialist Woodrow Robarge, who departed for Washington, D.C.

Miss Paugh, who is rapidly becoming acquainted with her new surroundings, will actually be a Personnel Management Specialist, and is handling Mr. Robarge's duties only until another replacement can be hired. Her main duty will be as a combination training and classification specialist. She will work in employee development, determining training needs and establishing courses, the first of which is to be for supervisors. She announced that she is always available to discuss training opportunities with civilian employees.

Miss Paugh comes to Oak Knoll from NCS, Oakland, where she was a Staffing Specialist. Raised in Baker, Ore., she earned her BA in French and Education at Brigham Young University. She taught junior high school in Glendora, Calif., for two years, and in San Anselmo for one year, before joining government service.

This friendly new staff member keeps very busy off duty—she likes to snow ski, bowl, swim, water-ski, and sew, to mention a few interests.

Mr. Robarge, here since 8 July, 1968, will report to Naval Air Systems Command, Washington, as personnel specialist. He, his wife Blanche and their three children are driving back via Mexico and El Paso, Texas. They will live in Kensington, Md.

—USN—

The USS CONSTITUTION is the oldest ship in the Navy still in commission. She was launched in Boston on Oct. 21, 1797, and is home ported there today.

Beauty & Poise On Corps Waves' Class Schedule

Hair styling, makeup, wardrobe care, visual poise, public speaking, figure control, skin care and social graces are subjects of an 11-week course in "Personal Improvement" twelve Knoll WAVES are currently attending each Monday night at Patricia Stevens Career College. Reports from the first class were very favorable.

WAVES attending the Navy sponsored experimental class are HM2s Vicki Barr and Erna Beth Theodores, HM3 Pat Muse, DT3s Laura Painter and Joanna Haring, HNs Lo Ann Breitbach, Nancy Roberts, Jenny Roos, Nancy Walter, Susanne Hannum, DN Mary Parker, and SN Joyce Wilcox.



From the Judge Advocate

Private practice by military members of the Medical Corps is subject to the general rules related to civilian employment that were discussed in the last issue. In addition, the Bureau of Medicine and Surgery has established certain specific policies related to private practice. They are basically as follows:

1. Emergency circumstances verging on community hardship must exist.
2. The practice must not interfere with practice by local civilian physicians and must not reflect discredit upon the service or be offensive to local medical associations.
3. The private practice must be on a voluntary basis.
4. The private practice must be during off duty hours and must not impair the efficiency of the doctor in fulfilling his military responsibilities.
5. The officer must not be granted liberty or leave for the sole purpose of conducting a private practice.
6. The private practice must not involve expense to the Medical Department and the Officer must not examine or treat his patients in Medical Department facilities.
7. The Officer is prohibited from accepting a fee, directly or indirectly, for care of a member, retired member or dependents of such members of the uniformed services entitled to military medical care. The above rule also applies to the certain Veterans Administration beneficiaries.
8. The Medical Corps Officer who engages in private practice is subject to State licensing requirements and the responsibility of meeting those requirements is a personal matter for the Officer.
9. The Commanding Officer has the authority to determine whether or not private practice interferes with the Officer's performance of his duty. It is the policy of this command to strongly discourage private practice.

Know Your Staff



LTJG Christopher McManus came to Oakland last March to be Assistant Chief of Food Service, but in February took over as interim Special Services Officer, replacing LTJG Bill Lekvold. Now instead of dealing with food, he deals with people — supervising the discount ticket programs, entertainment coordinated by HMC Frank Golden, athletic events, rental programs, the bowling alley, pool hall, swimming pool, and Crew's Library.

Mr. McManus, who is receiving congratulations on his 10 March promotion to LTJG, graduated with a BS in Hotel and Restaurant Administration from Cornell University in 1967, and attended OCS in October of that year.

During college Mr. McManus had some fascinating summer jobs — two summers on Nantucket Island, one at a Lake Champlain resort and one as a steward for Pan American Airlines, Latin American division.

Friendly, hazel-eyed Mr. McManus comes from a large family — three sisters and two brothers. One brother is an Army staff lawyer in D.C. and one sister is a Navy lieutenant's wife.

The Boston-born, Scarsdale, N.Y. officer has a rather interesting career goal. He wants to own a resort, probably in the Caribbean! There he could enjoy his favorite hobbies, water-skiing, swimming, sailing. He and Captain Semmens often race the Semmens' sailboat, the "Why Not?", a 26 ft. Islander Bahama sloop. He also recently started SCUBA diving lessons. Out of the water, he likes to ride horses, and in New England he enjoyed squash.



These two new lieutenant commanders paused for this picture just after their 5 March promotion. On the left is LCDR Loren D. Acord, MSC, USN, Psychology, who came here in August of 1967, and at right, LCDR Jimmie L. Burk, DC, USN, Dental, who reported to Oakland in August of '68.

OAK KNOLL SPORTS ROUNDUP

by CT3 Bob Felling

Intramural Scene

Intramural participants volleyed and bowled through two more weeks of their schedule with little change in league standings.

On 6 March, Administration took Physical Therapy in two straight volleyball games. Pathology downed Surgery and Radiology subdued Project 49 two games to one. In the only match 13 March, Admin defeated Surgery two straight games to maintain their first place position with a 3-0 record.

Radiology and Pathology hold second and third place with 2-0 slates. Project 49 stands 1-2, while Surgery and Physical Therapy are winless for three matches each.

Maintaining control of first place for the seventh week of the Wednesday Night Men's Bowling League, CSR boosted their win-loss mark to 21-11. Following them are Laboratory, 16½-15½; Preventive Medicine, 18½-13½; the Hoods, 17½-14½; Neuropsychiatry, 15½-16½; and Pharmacy, 9-23.

Two changes in league records occurred 12 March as Preventive Medicine's John Rogers rolled a high game with handicap of 242. Willie Ward of CSR put together a new high series with handicap of 558.

The handicap added is equal to two-thirds of the difference of the bowler's actual average subtracted from 200.

Table Tennis Tourney

Competition for the 12ND table tennis championship will be held 15-17 April and the station team is not yet formed.

Four players from Oak Knoll will be chosen to vie for singles and doubles laurels in the double-loss elimination tournament to be conducted at NAS, Moffett Field. Athletic Director Ron Brown invites patients and staff interested in playing to contact him at Ext. 2350 or in his office, top side of Bldg. 38.

If more than four enter a play-off will be conducted to select the team members.

Project Transition Trainees Pass Exams

All three members of the Project Transition class in preparation for the Civil Service postal examinations have passed the exam. The names of ABF1 Daniel Bauer, BT2 Dennis Rath, and RM3 Bill Cottrell have been placed on a national registry and as soon as they have a definite date of discharge from the Navy, these men can apply for employment at any post office in the nation.

Two other men are currently enrolled in the sessions, led by Thomas A. Butler, a former participant in the program now employed by the Oakland Post Office.

Judo Championships

LCDR Dennis Jurczak, senior resident in the Neuropsychiatry clinic, was the only Oak Knoll participant in the 12ND Judo Championships held 9 March at Mare Island. Only he and one other man were competing in the 205-pounds-and-under classification, and Jurczak lost the one bout for the class title. Jurczak has achieved brown belt status and his victor held a black belt.



Champion bowler Robbie Frey shows style.

Bowling Expert Gives Demonstration, Advice

Miss Robbie Frey, champion bowler and member of the Brunswick Corporation Advisory Staff, was on board 7 March to give an exhibition match and to advise Oak Knoll bowlers, staff and patients. Helping with the visit were members of the California Women Bowlers' Association, three of whom bowled with Miss Frey. They were Betty Wagner, Alameda County WBA Queen; Kathy Buddle, "A" Division Champion, and Carol McConnell, "B" Division Champion.

Varsity Action

Action in men's varsity athletics last week featured bowling and volleyball.

In final standings of the 12ND Men's Bowling League, Oak Knoll keggers placed second among Class B command competitors. They won 16 games and lost 32 through 18 weeks of competition. Skaggs Island finished first.

On 8-10 April four members of the team will bowl in the 12ND Bowling Tournament to be held at Swanson's Westlake Bowl in Daly City. They are Adam DeMello, Richard Hinds, Joe Newman, and Roger Naylor. John Cole also will compete under the station colors.

Anyone having proof of a 170 or greater average for 21 games during 68-69 is eligible to bowl in the tourney. The minimum average also may be validated by a 67-68 American Bowling Congress Blue Book.

Shifting the sports scene from the bowling alley to the volleyball court, focus narrows on results of the 12ND Men's Volleyball Tournament held 11-13 March, at NAS, Alameda. From among the seven teams competing, the Oak Knoll squad captured only three of the 17 games they played.

However, even with the poor 12ND showing, losing is not a consistent trait of the team. They have won four straight matches while playing in the Oakland Army Base Volleyball League.

Military Pay Days

Pay Date	No. Days Pay Member Will Receive
2 April	15
16 April	14
30 April	14
14 May	14
28 May	14
11 June	14
25 June	14
30 June	15

Job Opportunities

HOME APPLIANCE REPAIR

Six weeks training 7 April-16 May. Applicants must pass Basic Electricity Exam with 70% or better, and must remain in the Armed Forces throughout the training period.

Given by Frigidaire Division, Sears Roebuck, San Leandro.

BASIC AUTO MECHANICS

Six weeks course in Pontiac repairs 5 May-14 June. Applicants must receive 70% or better on Mechanical Aptitude test.

Given by Pontiac Division, General Motors Training Center, San Leandro.

CLEANING PRODUCTS

Manufacturers of cleaning products and shampoos for rugs, furniture, cars, etc., want

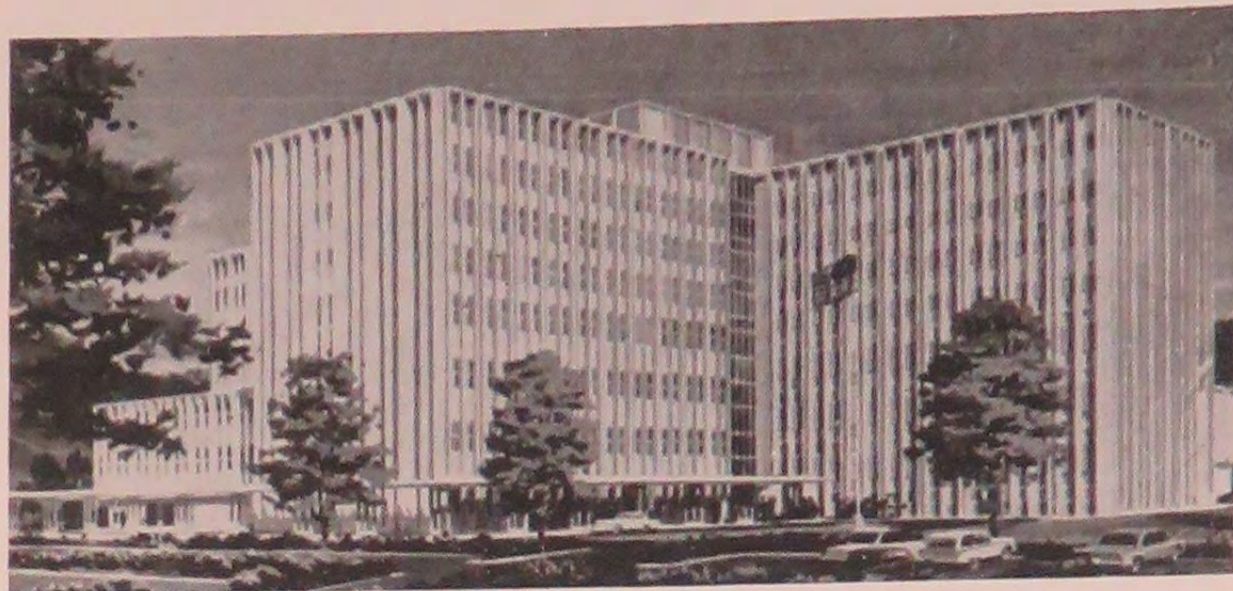
door-to-door salesmen and distributors. Opportunity meetings held weekly to explain full details. Commission. Given by Best Line Cleaning Products.

POST OFFICE EMPLOYMENT

Instructor on board every Monday and Thursday. Total of eight hours of instruction given in preparation for Civil Service examination. If applicants pass test their names are placed on the National Register for employment in post offices anywhere in the U.S.

For complete details on any of the above employment opportunities, call or go to PROJECT TRANSITION office, Bldg. 105, Ext. 2237.

The OAK LEAF



Vol. 31, No. 7

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 4 April 1969

EASTER SERVICES AT OAK KNOLL

Catholic

0830 Mass Clinical Assembly
1215 Mass Main Chapel

Protestant

0930 Worship Clinical Assembly
1030 Worship Main Chapel

Chaplain Austin To Be Speaker At Sunrise Service

CAPT Henry E. Austin, CHC, Oak Knoll's senior chaplain, will be the speaker at non-denominational sunrise services to be held Easter Sunday at 0600 at NAS, Moffett Field. The service will be on the mall just inside the main gate of the station. The Treasure Island Navy Band and Moffett Field Chapel Choir will provide the music.

After the 45-minute service, all are invited to the enlisted mess for Easter breakfast—no host.

Promotions Earned By Many Civilians

Congratulations are in order for a number of civilian staffers whose promotions came through in March.

Harold Hitz, Budget and Accounting Officer, moved up to GS-13 and Aubrey Scheid, Procurement Officer, to GS-11. Harold Siebert, Supervisory Cytology Technician, and Ray Merrill, Fire Chief, each made GS-9.

Promoted to GS-6 were Rose Cooper, Secretary to the Chief of OB-GYN; Claire Martini, Decedent Affairs Clerk; and Purchasing Agents Lillie Comella, Jane Boehme, and Joyce Traweck. Helen Williams and Gudrun Smith, Nursing Assistants, went up to GS-5, and most Nursing Assistants at the GS-3 level were promoted to GS-4.

Clearwater Reenlists For Another Six

BM2 Eugene Clearwater, reenlisted 26 March for six years. Clearwater, who works in Security, has been in the Navy since 1951, with three years' broken service. He has been at Oak Knoll for two years. He, his wife Frances, and their three children live in Benicia.



Captain Ricketson Honored by CNO and Chief of BuMed

CAPT G. M. Ricketson, Executive Officer, was honored at the 17 March Commanding Officer's Conference and Leadership Meeting. Admiral Irons presented him two Letters of Appreciation, one from the Chief of Naval Operations for his assistance in planning for the release of the crew of the USS PUEBLO, and one from the Surgeon General, for his service as Director of Manpower Requirements Division for the Bureau of Medicine and Surgery.

NPRL's Mr. Porter Speaks at Workshop

Gerald Porter, Research Engineer in NPRL, took part in a workshop on Knee-Bearing and Hip-Disarticulation Prostheses held Monday at the CAL Biomechanics Laboratory. He demonstrated a new knee joint mechanism under development here for use in fitting knee disarticulation amputee patients, and showed a film about the lab's experiences in the treatment of a bilateral hip disarticulation amputee patient.

Enter the emblem contest
NOW
Win the \$50.00 prize.
Call 2112 for information.



The whole family was on hand for CAPT Robert P. Dobbie's retirement ceremony 28 March. Afterwards, they posed proudly with the Letter of Commendation, plaque and certificate of retirement the captain received. From left are Sallie, Captain Dobbie, Mrs. Dobbie, and Scott. Captain Dobbie was given a scrapbook by the OR staff with amusing mementos of the move to the new hospital.

Dr. Dobbie Retires After 23 Years To Be U of Tennessee Surgery Prof

CAPT Robert P. Dobbie retired after nearly 23 years of Naval service 26 March, and with him went a Letter of Commendation from the CO and the best wishes of his co-workers. He and his family will make their home in Germantown, Tenn., and Captain Dobbie will be an Associate Professor of Surgery at the University of Tennessee Medical College in Memphis.

The captain's citation stated that as Chief of Surgery he performed each phase of his assignment in an outstanding manner, and that his high degree of professional knowledge and outstanding leadership ability resulted in a smooth running, efficient service. His "great personal enthusiasm, coupled with a demand for excellence, enhanced the training of surgical residents and of interns rotating through his service." He also aided in the development of a disaster control organization for the command.

"From 18 November 1968 to 20 February 1969 he served as Executive Officer, helping to alleviate many of the problems that arose during the difficult period following the move into the new building," the letter stated.

Mrs. Dobbie is a past president of the Officers' Wives' Club.

New LTJGs Named

Receiving congratulations on their recent promotions to LTJG are two nurses, Raquel S. Maravilla, and Dawn I. Winant. Miss Maravilla, who is originally from the Philippines, received her nursing degree at the University of Pittsburgh, and Miss Winant, of Albany, N.Y., earned her BS at Adelphi University in New York.

Both new lieutenants junior grade came to Oakland last fall from Newport.



JANGOS of the MONTH for the first three months of the year are, from left, Eva Nail, Lynne Tiffany, and Linda Bookout.

JANGO of Month Titles for Three

JANGO of the Month titles for the first quarter of 1969 were earned by Eva Nail, Lynne Tiffany, and Linda Bookout.

Eva, who was capped in June 1968 and earned her 150-hour pin last September, is the daughter of LT Gary Nail, USMC, a former Marine Liaison Officer at Oak Knoll. A student at Washington High, Fremont, she gave 17 hours to earn the January JANGO of the Month title.

Lynne, who earned her cap in

July 1966 and last September received the 700-hour chevron, added 21 hours to her record to earn the February title. She is the daughter of LTCOL H. H. Tiffany, USA, Ret., and attends Castro Valley High.

Linda, capped in June of last year, has her 150 and 200-hour awards and logged 17 hours in March. The daughter of CWO Joseph Bookout, USCG, she is a student at James Logan High, Union City.

The Oak Leaf

Naval Hospital, Oakland, California

RADM E. P. Irons, MC, USN, Commanding Officer.
CAPT G. M. Ricketson, MC, USN, Executive Officer.
CDR R. V. L'Italien, MSC, USN, Administrative Officer.
Editorial Adviser: Dorothy Thompson.
Writer-Photographer: Kathleen McIntosh

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives Armed Forces News Bureau material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

Vol. 31

Friday, 4 April 1969

No. 7

+ + CHAPLAIN'S CORNER + +

THE MESSAGE OF EASTER

Easter is more than the proclamation that a tomb is empty! It is the eternal shouting of joy that Christ is risen from the dead. God's love is sovereign and the Eternal Word, Jesus Christ, lives! He stands for all time as the Lord of history who lives in the lives of His people.

Many people look at Christ's Resurrection only in terms of their own hoped-for resurrection. Thus, Easter speaks to them of their own life having no ending . . . that beyond the grave life goes on. So the Divine Social Security of Easter has great appeal.

But if you and I see Easter only as what is in it for us, how much we miss! In fact, we miss the very meaning of Easter, for Easter is Christ who lives right into this day in which we find ourselves. He confronts us right where we are, not first of all with all the "spiritual benefits" which are going to come to us, but with the power, His power of the Resurrection. This power which He brings to us can only be set loose in the world as we love and as we serve. So Easter is the proclamation that the love of God still goes on no matter what mankind may do to try to bury it. Because Christ lives, He lives in the lives of His people who will accept Him as Lord. And they see that the force of God's love goes on and has meaning for this world in the hard "now and now," before it can ever apply to the sweet "by and by."

So Easter points to "now," rather than to "then." Christ's Resurrection must be a reality now, before it can ever pertain to tomorrow.

—LCDR JOHN H. KAELEBERER, CHC, USN



More new laboratory technicians pose with their instructors after graduation ceremonies. In the front row, from left are: CDR Melvin Borowsky, Chief, Laboratory Service; HM1 A. C. Short, HMC James Duranceau, and LCDR Philip Vogt. Middle row, from left: HM3 David D. Uhlich, HNs Dennis L. Kerns, Henry G. Lasher, HM3 Michael J. Becker, and HN Robert L. Evans. Back row, from left: HM3 Marsha S. Finley, HNs Allen W. Mayfield, Grant A. Godenius, and Lowell R. Patton.



Graduation ceremonies were held 21 March at 1000 for Class 49 of the Preventive Medicine Technician's Course. CAPT G. S. Stains, MSC, USN, Officer in Charge, Disease Vector Control Center, NAS, Alameda, delivered the graduation address. The graduates are, front row, from left, HM1 Richard D. Ferreira, Jr., USN, HMC William G. Friend, USN, LTJG Dillard M. Carneal, MSC, USNR, and HM1 Robert E. Soderstrom, USN. Second row, from left, are HM2 Harold E. Pettigrew, USN (Valedictorian), HM1 Horace D. Rutherford, USN (Class spokesman), HM2 James W. Waller, USN, Iran R. Bennett, USN, and Roy D. Coghe, and HM1 Billy R. White, USN.

WHAT'S SPECIAL AT SPECIAL SERVICES

Special Services has tickets for a series of Armed Forces weekends at Disneyland. A special "Weekend Pass" includes Saturday and Sunday admission and ticket book good for any 12 attractions. It costs \$5.00 per person, and only active duty and retired personnel and their families are eligible. Uniform not required. NO tickets will be sold at Disneyland. The city of Anaheim will also salute the Armed Forces by lowering hotel and motel rates and giving special rates to servicemen at Knott's Berry Farm, Melodyland Theatre, and other tourist attractions.

Marines' weekend is 18-20 April, Navy 25-27 April, Air Force, 3-4 May, and Army 9-11 May. Get more information and tickets from Special Services, topside, Bldg. 38, Ext. 2477.

Other special events sponsored by Special Services are:

6 April: "Pattie & The Friendly Four," a country and western group. This will be shown on closed circuit TV, broadcast from the Clinical Assembly.

13 April: A Western Jamboree will be held in the Teamsters' Hall in Oakland, and staff and patients may get free tickets at Special Services. The musical marathon will last from 1300 Sunday to 0200 Monday morning.

20 April: Sun Valley Youth Choir, from 1300-1500. From 1500-1600, Randy and the Rhythm Masters will perform. Both in the Clinical Assembly and on closed circuit TV, Channel 6.

27 April: "The Pick and Squeeze" will perform in the Clinical Assembly.

Fashions and Food For O' Wives 9 May

Officers' Wives' are busy making plans for the 9 May Fashion Show, to be held in the O' Club. The event will start with cocktails and end with dancing, with food and fashions in between. Charge will be \$5 per person. More details in later issues of the LEAF.

Know Your Staff



HM2 Hilda Tapia, WAVE Barracks Master-at-Arms, came to the United States in 1957 for a visit with her sister in Tuscaloosa, Ala., returned in 1958 to attend Sacred Heart Junior College for Women in Cullman, Ala.; and joined the Navy in 1961 to become a Hospital Corps WAVE, fulfilling in part a dream to be a nurse.

After boot camp in Bainbridge and corps school in Great Lakes, her first four of duty was at Pensacola, Fla. Then to Military Sea Transportation Service in New York—her favorite tour. With MSTs from 1963-5, she traveled to Europe and the Caribbean. She came here from Camp Pendleton last July.

As WAVE Barracks MAA, Tapia's duties are similar to those of a "dorm mother" in a college dormitory. "Mamacita," as many WAVES call her, enforces rules and regulations, checks uniforms, and sees to barrack maintenance. She also has an open ear to WAVE's problems.

In summer, Hilda enjoys sightseeing and trips to the beach. She likes good movies and music, stamp collecting, horseback riding, and badminton. Sometimes she and her mother, who came from Panama in 1966, go to a San Francisco store that sells fruits, vegetables, and other foods of the Caribbean, but Hilda has been in the U.S. so long that she rarely misses Panamanian food.

As a teen-ager, Hilda didn't like Americans—"I was one of those 'Gringo go home' kids." However, after getting to know some Americans (especially those in college), she changed her mind—and her citizenship (in 1965).

When out of the Navy in three months, Hilda plans to move to Florida, where it's warmer and closer to her sister. She is taking correspondence courses in commercial art and in motel and hotel management to prepare her self.

Military Pay Days

Pay Date	No. Days Pay Member Will Receive
16 April	14
30 April	14
14 May	14
28 May	14
11 June	13
25 June	14
30 June	5

Know Your Staff



This handsome, though hirsute sailor, believe it or not, is HM1 Dean R. Olson of Operating Services. The picture was taken while Olson was senior corpsman of the dispensary at McMurdo Station, the main station for "Operation Deepfreeze," which supports American scientific research in the Antarctic.

Olson was among 160 at McMurdo who "wintered over," isolated from February through October—no flights, no mail, only a daily newspaper, which Olson edited for half the winter, while handling the administrative work for McMurdo and four other stations. Most of those stationed at McMurdo are Seabees, who handle construction and maintenance, and many are civilian scientists. Olson was one of four corpsmen "on the ice," along with a few cooks, personnelmen, and communications specialists.

The beard ("and that's only a two-months' growth") probably helped keep Olson warm. In winter he experienced temperatures from 40-50 degrees below zero. "In summer it got as hot as 35 above, the warmth thawing the volcanic ash ground so it was almost as messy as Oak Knoll in winter."

Although "Operation Deepfreeze" was an experience he's glad he had, Olson did miss women and warm weather, and he became tired from lack of physical exercise.

Olson grew up in Brookings, S.D., and attended South Dakota State U for two years before taking off for South America, having visited Europe and the Caribbean during high school. En route back he hitch-hiked from Mexico City to San Diego, arriving there completely broke. So he joined the Navy and remained right there for boot and corps school. Assignments at Bethesda, NATO Headquarters in Naples, Italy, and at a recruiting station in Los Angeles followed.

The tall, blonde, and somewhat solemn HM1, who joined the Oak Knoll staff in January, enjoys music, reading, art, and studying—he is currently taking correspondence courses in psychology, sociology, accounting, and personnel management through USAFI.

Scuttlebutt

SIGHTS & SOUNDS: The dancing ceiling, a fascinating facet of a tour of the new PMT School, topside, Bldg. 101! . . . An underground barber? — Seen cutting away on the head of an unidentified patient on the ledge of the west wall of the new building—shear delight on such a sunny spring day. . . . Young Scott Dobbie's description of his father's retirement—"Daddy's funeral ceremony." . . . Command seen on a recent discharge list — Kiss Anthony John. . . . Hospital flag at half mast to honor a truly good man. . . . The supply of Easter baskets rapidly dwindling at Navy Exchange.

DID YOU KNOW that Easter Sunday is the anniversary of the great San Francisco earthquake? How many Knollites are taking April leaves? that today is the 20th Anniversary of NATO? . . . that HN Robert Reese, 8S corpsman, and HN Nancy Walter, GP Clinic, to be wed 19 April, met on an ambulance run? . . . that 2 May is deadline for submitting entries for a hospital emblem — prize, a \$50 gift certificate? that Dorothy Hyman's husband (she is PMT School secretary) did the silk screen lettering for the PMT School graduation programs?

WHO'S THE FAIREST WAVE of all? Enlisted personnel will be deciding soon, as elections will be held 28 April-2 May to choose Oak Knoll's entry for the Miss Armed Forces competition. The queen will be chosen at the annual USO Armed Forces Ball, 17 May.

JUST A LITTLE SLIP. Was it a Freudian slip when Monday's Plan of the Day came out with the movie, *Prudence and the Pill*, scheduled to be seen in the Chapel of Hope?

AND A DIFFERENT TYPE SLIP. A chagrined Red Cross Field Director canceled retirement and vacation plans this week. Saturday, Mrs. Marian Conklin slipped, fell and sprained her knee and was forced to cancel her reservations to South America. However, the Red Cross is always there, and she soon found a volunteer to take her place, Miss Helen Whitten, who'll fly off next Friday.

Skateboarding, anyone? That's a cry that won't be heard for a while from HM2 Miles Constantine. His cast-encased leg is evidence of his short-lived and unhappy encounter with the sport.



From the Judge Advocate

There appears to be a widespread misconception that minors are never legally bound to fulfill their contracts. In some instances a minor is able to avoid a contract which he has entered into. However, there are many cases in which this doctrine would not be applicable. A minor would be well advised not to enter into contracts haphazardly, thinking he can later rely upon the law to protect him from his just obligations.



Mrs. Spangler and baby John take a closer look at the Navy Commendation Medal and Purple Heart presented to LT John C. Spangler, USN, 25 March. Lieutenant Spangler received one Commendation Medal for service in Vietnam from 30 July to 30 August 1968, and a second for his part in a U.S. Navy SEAL Support boat operation on 14 August. Throughout his duty in the Rung Sat Special Zone, Lieutenant Spangler showed initiative and intelligence in working with experimental detection devices and their use in discovering and routing the enemy. On 14 August, three sampans with two Viet Cong in each were taken under fire, and Lieutenant Spangler's heavy and accurate volume of fire was a major factor in the attack's success. Substantial quantities of medical supplies, clothing and personal gear were confiscated, and six enemy killed, according to the commendation.

The Spangler family has recently moved to Vallejo. He is originally from Hazelton, Pa.

Scrambled, Fried, Dyed, or Boiled?

Would you believe an egg-eating contest? Apparently so. A news item from the U.S. Naval Support Activity, Saigon, reports with a straight face (with maybe a little egg on it) that the Navy challenged the Air Force for the title of Inter-Service Egg Eating Champion.

The eat-off took place last month. The Air Force record stood at 34½

eggs. EM1 Bert Barnes and SN William Woodly from USS BRULE (AKL-28) began their task under the hard-boiled looks of the judges. Twenty eggs later, Woodley chickened out. Barnes continued . . . 34, 35 . . . 36!

The title now belongs to the Navy. But one question remains: Were those eggs hard-boiled, soft-boiled, or sunnyside up?



Five more Oak Knoll students received graduation certificates 14 March. These EENT students pose here with their instructors. Seated, from left, are CDR Frank J. Schmetz, LCDR Sarah E. Hart, instructor, and HM3 Charles L. Jantzen, instructor. Students are, from left, HNs Lee Cloninger, Mike Flynn, HM3 Harvey Moinester, HNs Herbert Hollinshed and Gayland Fischer. Flynn was the honor man of the class.

OAK KNOLL SPORTS ROUNDUP

by CT3 Bob Felling

Intramural Scene

Urology / Orthopedics claimed the station basketball champions' trophy 19 March by eking out a 52-50 win over NPRL. This final game of the intramural playoffs was a see-saw battle all the way. The winner was not decided until the last two seconds. The score was 52-50, and NPRL was to bring the ball into play under its own basket. They flipped the ball in, but missed their rushed shot. Uro/Ortho were the champions.

Regular season intramural play ended 5 March with NPRL topping Dental/Surgery, 59-48. Two cliff-hangers that evening finished with Medicine edging Security, 47-44, and Uro/Ortho slipping by Administration, 45-42.

Uro/Ortho's three-point margin over Admin proved to be the difference between first and second place in final league standings. Both teams had 7-2 records after 10 weeks, but the Uro/Ortho victory decided the final protocol. Ironically, Admin had maintained first place in the league until that last league game.

Bunched together in third, fourth, and fifth places with 6-3 marks were ENT/Pharmacy/Disbursing, NPRL, and Medicine. Security held a 5-4 record. Dental and Project 49 finished 3-5 for the season, while Neuropsychiatry and Operating Services anchored the league standings with 1-8 and 0-9 records.

After league standings were decided, the top four teams entered a two-round "Shaughnessy" play-off to determine the station champion. In the semifinals 12 March, NPRL swamped Admin, 69-53. Uro/Ortho crushed Medicine, 64-46, to set up the base championship contest. Because four of the ENT starters were transferred the day before playoffs began, that team did not compete.

Following the championship game 19 March, Admiral Irons awarded station champion and runner-up trophies. He also presented Ed Niec a trophy for being individual scoring leader in regular league play. Niec accounted for 130 of NPRL's season points. Close behind Niec for the honor were Mike Flynn of ENT with 121 markers and Bob Edmonds of



Tired but happy champions pose with the trophies presented to them by Admiral Irons after they beat NPRL in the championship play-offs in Intramural basketball. Urology/Orthopedic cagers are, front row, from left, Mike Mascho, Bill Stone, Jay Cox, Larry Doukas, and Bob Coombs. Back row, from left, Bob Edmonds, Hal Anders, and Lynn Frary.

Uro/Ortho with 119.

Box scores of the semifinal and final playoff games follow.

Championship game box scores:

UROLOGY/ORTHOPEDICS 52				
Player	FG	FT	TP	
Edmonds	4	2	10	
Stone	4	2	10	
Doukas	8	0	16	
Mascho	3	1	7	
Frary	0	2	2	
Cox	2	1	5	
Coombs	1	0	2	

NPRL 50				
Player	FG	FT	TP	
Niec	1	2	4	
Sherrill	9	2	20	
Hess	4	2	10	
Cunningham	3	1	7	
Mader	4	1	9	
Smith	0	0	0	
Anderson	0	0	0	
Fenton	0	0	0	
Reed	0	0	0	
Luddenson	0	0	0	
Cutter	0	0	0	

Semifinal games box scores:

NPRL 69				
Player	FG	FT	TP	
Niec	9	2	20	
Sherrill	9	5	23	
Hess	6	5	17	
Cunningham	1	3	5	
Mader	0	0	0	
Smith	1	1	3	
Anderson	0	0	0	
Fenton	0	0	0	
Reed	0	0	0	
Luddenson	0	0	0	
Cutter	0	1	1	

ADMINISTRATION 53				
Player	FG	FT	TP	
Zila	0	0	0	
Mast	7	3	17	
Arnold	6	1	13	
Hoobler	0	3	3	
Nichols	0	0	0	
Bonarrigo	1	1	3	
Hennig	0	3	3	
Clapp	5	4	14	

UROLOGY/ORTHOPEDICS 64				
Player	FG	FT	TP	
Edmonds	11	2	24	
Stone	4	0	8	
Doukas	9	2	20	
Anders	1	2	4	
Mascho	3	2	8	
Frary	0	0	0	
Cox	0	0	0	
Fagiliano	0	0	0	

MEDICINE 46				
Player	FG	FT	TP	
Lockharn	0	0	0	
Sandri	5	3	13	
Casper	3	2	8	
Beebe	3	1	7	
Haugh	3	0	6	
Carson	0	0	0	
Dine	1	0	2	
Grzenda	2	2	6	
Sheffer	2	0	4	

—usn—

Only 2.8 percent of the more than \$7 billion appropriated for veterans in FY '68 went for administrative expenses, the Veterans Administration reports.

More Intramurals

Pathology and Administration remain on top of volleyball league standings after five weeks, each having 4-0 records. Radiology follows with a 3-2 slate while Surgery stands at 2-3. Project 49 sports weak 1-4 record, and Physical Therapy is winless for five matches.

Pathology chalked up two victories on March, one against Project 49, 2-0, and the other against Radiology, 2-1. Admin also downed the X-Ray team that night, 2-1. Surgery took its match with PT, 2-1.

On 27 March no matches were contested as only half of the teams scheduled to compete were present. Surgery was awarded win over the Project by forfeit as Radiology scored a victory by default over PT.

At the Oak Knoll bowling lanes CSR again exhibited its alley tistry to stay atop the 10-team bowling league for the ninth straight week. Its position is jeopardy, however, as the second and third place teams stand on ½ game behind them. CSR's worst loss record is 24-16 while Preventive Medicine and the Hoods are too close for comfort with 23½, 16½ slates. The Laboratory team follows at 21½-18½ while Neuropsychiatry, 17½-20½, and Pharmacy, 12-28, round out the league standings.

With the advent of warmer weather, the sports scene will shift from indoors to outdoors. Intramural softball is tentatively scheduled to begin the week of 1 May, with games to be played four days each week. Team entrants can be obtained from the office of Athletic Director Ron Brown, topside, Bldg. 38. Deadline for turning in entries is 7 May.

Table Tennis Tourney

Table tennis champions of the 12ND will be decided this month in separate competitions for men and women.

Oak Knoll will enter four singles players and two doubles teams in the tourneys. The team entrants have not been decided as yet and any patient or staff member desiring to compete can contact Athletic Director Ron Brown, topside Bldg. 38.

Varsity Sports

Varsity sports action at Oak Knoll moves outdoors with the coming of sunny weather.

On 8 April the station golf team tees off against NAS, Alameda. The golf squad, captained by Tom Carson, will fire 15 weekly golf matches before competing for the 12ND title on 21-24 July.

On 14 April tryouts will begin for the base softball team at 1630 on the baseball diamond at the picnic area. The team will be organized now to begin competition on 13 May.

Springtime is track and field time, too. Weekly competition begins 23 April at Moffett Field, with the 12ND meet to be held 21 May.

Athletic Director Ron Brown encourages all athletes, whether staff or patient, who wish to compete for Oak Knoll to contact him at his office, topside, Bldg. 38, or at Ext. 2350.

—usn—

All series E Savings Bonds now being sold carry an automatic 10-year extension option beyond their original 7-year maturity date.



These Oak Knoll doctors seem to really enjoy learning. They were members of a Bird Corporation seminar held recently in Palm Springs. The purpose of the weekly and bi-weekly seminars is to instruct professional people in the proper use of equipment used in treating patients with chronic lung diseases, and to outline intensive care procedures involved in chest and head injuries. During free time, these seminar members took a trip on the Palm Springs Aerial Tramway up to the Mountain Station—some 8,516 feet above sea level. Shown here in the Alpine Room at the top of the ride are LCDR and Mrs. Herbert C. M. Clung, Bill Owens of the Bird Corporation, LCDR Bryan C. Crafts, and LCDR James R. Moyes.



The OAK LEAF



Vol. 31, No. 8

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 18 April 1969

Red Cross Rec Lounge Settled in 71-A With Games and Activities for All



It's open house every day but Saturday at the relocated and newly opened Red Cross Recreation Lounge in Bldg. 71-A. All the Red Cross recreation staff and services are there, almost completely settled.

Ping-pong, pool, shuffleboard, color tv, and table games are available; there is a daily coffee call at 1000 Monday through Friday; and patients interested in crafts can get assistance during the week. Stamps are available free for collectors. There is an ironing board and iron; a reading room with quantities of paperback books, and a desk stacked with stationery for letter-writing; and a phonograph with assorted records (or bring your own).

No, he's not confused. The cue ball is missing, but CPL Michael Ebenstien, Sauk Center, Minn., does just as well with a makeshift cue ball as he prepares to pocket the nine ball (hopefully)—a typical scene at the newly located Red Cross Recreation Lounge in Bldg. 71-A.

Library Reveals Plans for 'Its' Week

During National Library Week, 20-26 April, the Crew's Library extends a special invitation to everyone at the hospital—civilian and military staff members, patients and dependents—to drop by for a visit. This year particularly an invitation is extended to those who have not yet visited the new library quarters in Bldg. 101.

During this week the library will feature a giant give-away trade-away. To be given away are a variety of hard cover and soft cover books, National Geographic and Playboy magazines and jigsaw puzzles. The trade-away, 21-25 April, will feature records. The library has a large collection of 78 RPM single records and albums. Any record or album in this 78 RPM collection may be exchanged for a new record or album that is not already in the library's collection.

On Wednesday, 23 April, cookies and punch will be served between 1300 and 1500.

In addition, of course, old and new users are invited to come in, browse through the book collection, or just relax with one of the many newspapers and magazines available.

Dances for patients are held every Tuesday from 1845 to 2045 with hostesses from the community. Music is provided by a juke box, but there will be live bands on occasion. Patients attending the dances may wear civilian clothes if they wear their identification bracelets.

For the completely equipped kitchen future plans include pizza parties, cake-baking sessions, and ice cream parties.

Hours for the recreation facilities in Bldg. 71-A:

Monday, Tuesday, Thursday
1000-2100

Wednesday and Thursday
1000-1630

Sunday
1200-1700

(Continued on Page 4)



Captain Ricketson, Executive Officer, presented the Bronze Star with Combat "V" to CDR John C. Robins at the 29 March Personnel Inspection.

Chief Duranceau Ships Over for Six

HMC James L. Duranceau, USN, reenlisted 2 April for six years.



Chief Duranceau, who has been in the Navy since November of 1955, came to Oakland in 1966. He is a Laboratory instructor. The Chief, his wife Peggy Ann, and their two-year-old daughter Denise Renae live in Hayward. He is originally from Manhattan, Mont.

—usn—

Buy Savings Bonds

Navy League Art Project Provides the Works of Art That Brighten Hospital Lobbies and Day Rooms



The Naval Academy Chapel is the subject of Mrs. Pauline Carbiener's painting.

Cats, clowns, spring flowers, seascapes, landscapes, firehouses, farmhouses, and nudes — impressionistic and realistic — are subjects of more than 300 original paintings that brighten the lobbies, clinics, and dayrooms of the hospital.

The collection includes oils, watercolors, collages, and mosaics—donated especially for the new building.

It all began last May when DeWitt J. Griffin, National Director and State President of Navy League of the United States, asked Admiral Irons how his organization might serve the hospital. The CO spoke of the need for paintings, and soon the big art project was launched.

(Continued on Page 3)

Six Are Cited At Inspection

CDR John C. Robins, MC, USN, received the Bronze Star, and five other staff members were honored for Vietnam service at the CO's Personnel Inspection held on 29 March.

Commander Robins was cited for heroic achievement while serving with First Medical Battalion, First Marine Division, Vietnam, from 1 April 1966 to 1 April 1967.

"As commanding officer of a company that had no medical officers and was not prepared for deployment from Okinawa, Commander Robins devoted many hours to organization for the move. He served as the medical officer for Camps Hansen and Schwab, as well as brigade surgeon for the Ninth Marine Amphibious Brigade. Deployed to Chu Lai as the CO of clearing platoons, he supervised the defense of positions and close-up medical support on Operations KANSAS, OAKLAND, COLORADO, RIO BLANCO, and SIERRA. When heavy casualties were received, and Fifth Marine Headquarters was under attack, he directed treatment of casualties while still under fire. In the village of Sam Hai, he worked with a midwife in her obstetrical clinic, performing many gynecologic and surgical procedures. When not deployed in the field, he made weekly trips to the provincial hospital at Quang Ngai to supplement the efforts of a U. S. Army medical detachment in the care of Vietnamese civilians. In the month of September at the First Medical Battalion Hospital, Commander Robins and one other surgeon handled the entire load. In one 48-hour period, Commander Robins personally performed 28 surgical procedures. Commander Robins' courageous leadership, outstanding professional ability, and inspiring devotion to duty were in keeping with the highest traditions of the Marine Corps and the United States Naval Service."

LT Galen H. Meyer, CHC, USNR, received the Navy Commendation Medal with Combat "V" for meritorious service as Chaplain of the First Battalion, 7th Marines, 1st MarDiv, RVN, from 5 February to 5 August 1968.

(Continued on Page 4)



"Fluffy, the Cat" is the gift of Dorothy M. Reed of Alameda.

The Oak Leaf

Naval Hospital, Oakland, California

RADM E. P. Irons, MC, USN, Commanding Officer.
CAPT G. M. Ricketson, MC, USN, Executive Officer.
CDR R. V. L'Italien, MSC, USN, Administrative Officer.
Editorial Adviser: Dorothy Thompson.
Writer-Photographer: Kathleen McIntosh

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives Armed Forces News Bureau material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

Vol. 31

Friday, 18 April 1969

No. 8

+ + CHAPLAIN'S CORNER + +

Spring is my favorite time of the year. It seems that God has put a great deal of thought into the creativity of spring. There is a freshness to spring showers that clears the air, there is a deep beauty in the green buds, and colorful flowers of spring that tells man that the earth is alive and there is a fullness to the living earth. Ultimately it tells me that there is a beauty and a fullness to our own existence. But, this can come only if we are able to perceive the beauty of living, for just as some only see earth and plants and flowers and nothing more—so some only see life as full existence. The meaning of the beautiful and the fulfilling in life lies in the eyes of the beholder. We can see and interpret life as we wish. If we see only the ugly, life will remain ugly, but if we see and experience beauty there will also be beauty in living.

LCDR M. W. McCOY, Protestant Chaplain

Deadline Nears In Emblem Contest

The 2 May deadline for entries to the command contest for a hospital emblem will soon be here. A number of entries have already arrived, but there is still time to compete for the \$50 Navy Exchange merchandise order to be awarded the creator of a suitable design.

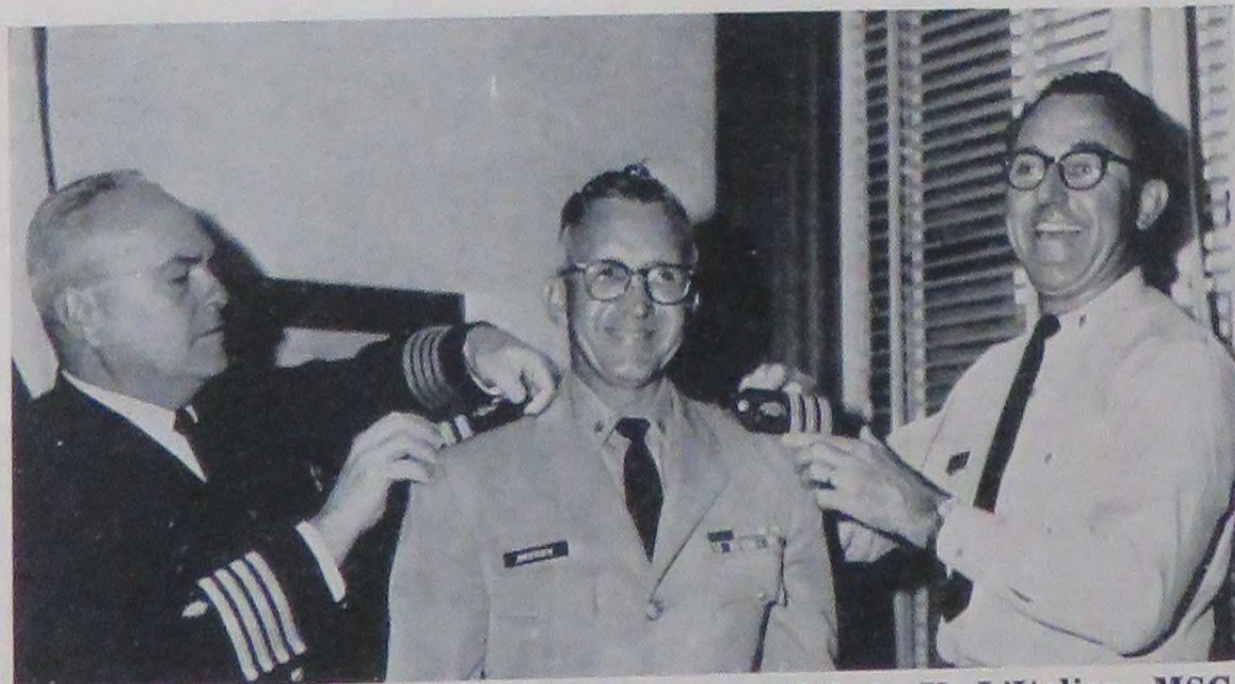
Time's a wasting, so get your beret on!!

The design must reflect the hospital's mission and be suitable for use on athletic uniforms, pennants, program covers, a charm, or stationery. Submit entries to the Public Affairs Office, third floor. The design must be on good quality white paper no smaller than 5 x 5 inches, with the entrant's name, address, and phone number on the back.

Patients and staff, military and civilian, and their dependents may enter the competition.

Lieutenant Levan Joins Regular Navy

LT Donald R. Levan, MSC, Blood Bank, augmented to the regular Navy 8 April.



CAPT G. M. Ricketson, MC, USN, and CDR R. V. L'Italien, MSC, USN, help new CDR Walter A. Andersen, MSC, USN, place his new shoulder boards. Commander Andersen, Chief of Fiscal & Supply, was promoted 2 April. He has been here since September 1967 and in the Navy for 26 years. The Andersens live in Pleasanton.

O' Wives To Model Cruise Fashions At May Dinner-Dance

Everything from cocktails to cruise fashions and live combo music will be included in the gala dinner dance planned by the Officers' Wives' Club for Friday evening, 9 May.

H. Liebes of Southland will supply the fashions to be modeled by Mmes. B. L. Daniels, W. S. Joffe, G. A. LeBlanc, J. P. Murphy, W. D. Roche, D. W. Rohren, J. F. Rosborough, R. B. Steiner, and F. J. Stucker.

Mrs. A. H. Holmboe is general chairman of the evening, planned by wives of officers in the Orthopedic and Chaplains Services. Mrs. R. B. Steiner and Mrs. S. D. Harmon are in charge of the decorations and Mrs. M. R. Lachowitz and Mrs. T. D. Utterback are handling publicity and tickets.

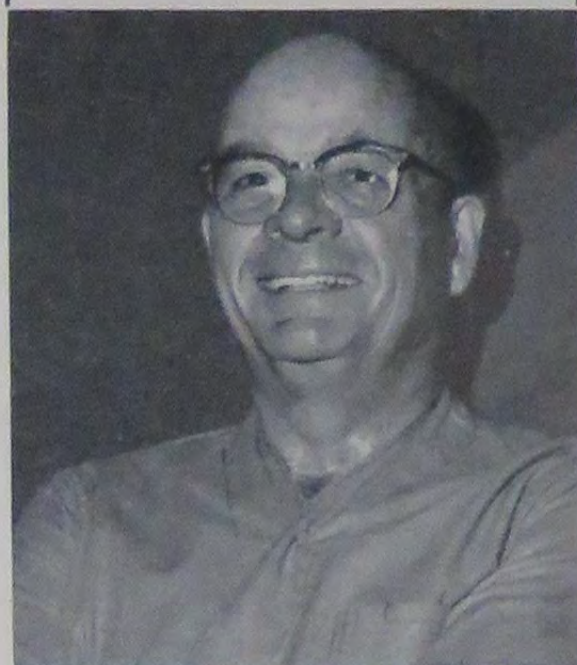
Tickets at \$5 per person may be obtained from members of the entertainment committee or chiefs of services.

Hours for the gala: cocktails—1830; dinner—2000; fashion show—2100; dancing—2200 to 0100.

— usn —

Of the 535 members of the 91st Congress, 389 are veterans.

Know Your Staff



Mike Arrigo, a friendly, modest orthopedic appliance mechanic and certified prosthetist, has worked for the Navy Prosthetic Research Laboratory since 1944. In the Navy during WWII, he was trained in prosthetics research and production at NH, Mare Island. When he left the Navy as a PhM2, he was asked to remain in civilian status and agreed, because "it's an interesting job and I love it." When the Mare Island hospital closed and NPRL was moved to Oakland in 1950, Mike moved with it.

Mike has seen many changes in prosthetics. Limbs now are almost entirely laminated plastic with steel or aluminum joints and structural supports, which before were hand-carved out of wood, a heavier and far less sanitary material. Some of the innovations are Mike's creations, such as the molds used to form plastic feet, previously hand-made from leather and wood.

Before he joined the Navy, Mr. Arrigo was a commercial artist in L.A. and Hollywood, and he still enjoys art as a hobby. His artistic talents are often utilized by NPRL and many others throughout the hospital, and one of his paintings hangs in the NPRL lobby. He makes illustrations and displays for the laboratory (shown throughout the U.S.), and has created designs for many other departments—the Directory cover, trays for the dining rooms, the PMT School emblem.

At home Mike enjoys painting in all media and is interested in clay, wood, and plaster sculpture. His wife Charlotte is an abstract artist, and their son Michael a commercial artist for Douglas Aircraft in Long Beach. Daughter Michele is an RN in Burbank.

Twice grandparents, Mr. and Mrs. Arrigo live in Berkeley—"Where the action is."

First Deck Office For Social Security

The Social Security representative, Miss Quinlan McCarthy, has a new office on the first deck, Room 1-1-1. Her phone number is 2008.

Anyone who has not applied for monthly disability payments, should do so as soon as possible, by bringing his medical chart to Miss McCarthy's office. If a patient is unable to go to her office, he may call and she will interview him in his room.

Scuttlebutt

SIGHTS & SOUNDS: The enlarging view in front of the hospital as the hill is gnawed away by the jaws of bulldozers. . . . All those hard-working sidewalk supervisors, from ground level to the ninth floor! . . . Mr. Mario J. Lucchesi, the quiet, friendly, Ban America manager, zooming off base in his daringly orange Camaro Rally Sport. . . . IBM cards do everything—on those that remind you of annual physical time is a special message Happy Birthday! . . .

DID YOU KNOW that Joseph Debro, named to head Oakland Model Cities Project, is the brother-in-law of dietitian Dorrisros Debro? . . . that HM2 Donald V. Keating joined the Oak Knoll station on Valentine's Day 1968 and left on April Fool's Day, 1969? . . . that a Nebuchadnezzar is the large bottle used in champagne bottling? The smallest is the 6½ oz. split, and between the 52-oz. magnum and the 520-oz. Nebuchadnezzar come Jeroboam, Rehoboam, Methuselah, Salmanazar, and Balthazar . . .

A BENEFICIAL SUGGESTION paid off quite well for a Naval Air Rework Facility production controller at NAS, Alameda. An award of \$1,850 went to Mr. Lloyd Callen for a suggestion which will save the Air Force at least \$303,000. You have any ideas?

WEDDING BELLS RANG for Miss Mardee B. DuBois, of Stockton, and SGT David Givens, USMC, of Salt Lake City and 61-A, 5 April. The couple, who met while Givens was a patient, was married by Chaplain Meyer in the Chapel, and plan to live in Salt Lake City where the sergeant is discharged.

LIFE BEGAN 4 April for Kristen Luise Wilson, 8 lb., ½ oz. daughter of LCDR Orville D. Wilson, Pediatric Resident, and wife Helen, and 14 April for Christopher Fobert, 8 lb., 1½ oz. son of HM3 William A. Fobert, OR Tech School graduate, and wife Lili.



From the Judge Advocate

It is important that a person who purchases an automobile on time understand the nature of his obligation. Many persons are under the mistaken belief that if the buyer fails to make payments on time and the car is repossessed, he is released from further obligation. This is usually not the case. Ordinarily the car is purchased with a loan and pledged as security for the loan. If payments are not made on time, the agreement usually grants the creditor the right to enter into the debtor's property and seize the automobile without consent of the debtor. The car is then sold and the proceeds applied to the loan. If the forced sale fails to realize an amount sufficient to pay the remaining balance of the loan, the original debtor remains liable for the difference.

Nebraska Artists and Other Donors Keep the Paintings Coming

(Continued from Page 1)

Each Northern California Navy League Council was to furnish one original painting. "No way-out messages or violence, but not all sweet peas and daisies either," Mr. Griffin wrote to the councils.

The response was almost immediate, and by the time of the 29 June dedication Navy League Councils from as far north as Sacramento and as far south as Kings County had sent well over 100 paintings. COL Donald Kennedy, Director, 12th Marine Corps District, headed a drive within the drive and brought in many fine works of art including the Capolino "Sea Battle," the large painting that hangs just inside the main dining room entrance. It was a gift of the officers and men of the 12th Marine Corps District. Many of the paintings were gifts of the artists themselves. Some were purchased. Most were beautifully framed.

Meanwhile, the Treasure Island Officers' Wives' Club had provided the four handsome works of art that decorate the Outpatient Lobby. The Oak Knoll Officers' Wives' Club purchased the Jack Laycox oil that is the center of interest in the Main Lobby.

Jeannie Wilson, whose "Operation Art for the Armed Forces" is an

annual event of the Christmas season, obtained three paintings from her group, one of them a selection from the yearly prize competition for artists at Hanna-Barbera Studios in Hollywood.

The paintings worked magic with bare walls as LTJG William V. Lekvold and his Special Services staff, under the artistic direction of Mrs. E. P. Irons, placed them throughout the hospital.

Among the guests at the dedication was Sol Haar of Fremont, Nebr., who had already raised \$7,000 for remote control television sets for the hospital.

Art From Nebraska

Mr. Haar, a man of action, flew home and immediately organized a new drive — "Operation Art — From the Heart (of Nebraska)." With the help of Mrs. Jean Westead, head of the local art association, and news media in the area, the project brought 150 more originals.

Mary Ann Bay of Omaha, who has cerebral palsy and holds her brush between her teeth, sent "Buds of Spring," which is reproduced on this page. Donna Yeatman Brown of Council Bluffs, Iowa, a congenital amputee, held her brush with above-elbow stumps to paint the beautiful "Trees and River" that hangs in the Chaplain's Service office.

Also of special interest in the Nebraska group is Dodson Benedec's modern painting dedicated "To Nacole," a daughter born at Oak Knoll in '45 when he was in the Navy. Boys Town sent a group of ceramics.

An exhibit of the paintings was held at Talent Tree Galleries in Fremont just before United Air Lines flew the paintings to San Francisco without charge. A Nebraska man who had planned to pay shipping costs sent his check for \$200 to cover expenses involved in framing and hanging the pictures.

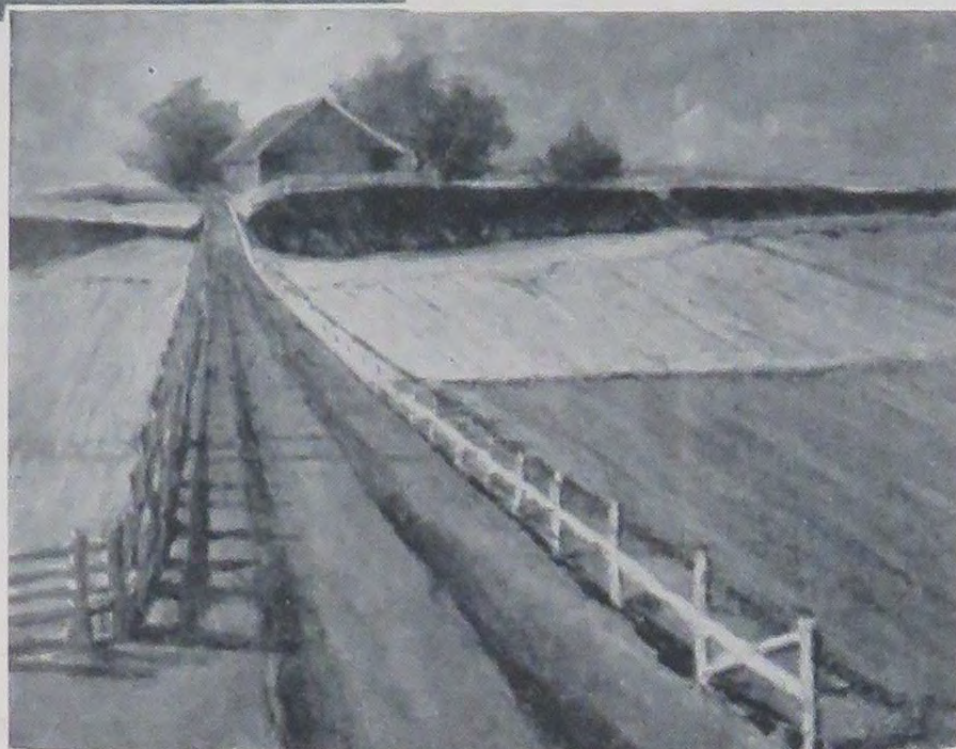
Mr. Haar was made an honorary admiral of the Nebraska Navy.

HM3 Phil Corbett of Special Services, who has listed and placed donor plaques on the paintings, feels that he may soon qualify as an art critic.

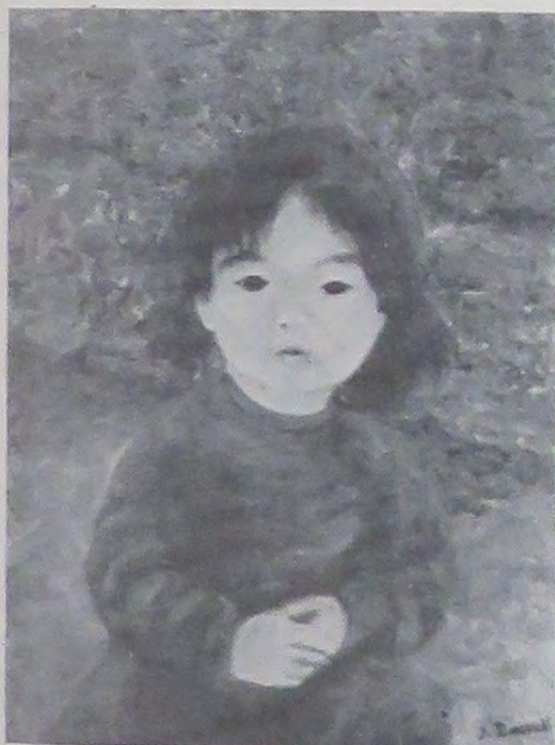
And still the pictures come—among the latest several from the Salt Lake City area, recruited by the Marine Corps, and two purchased by Navy Mothers Clubs of Oakland and Modesto.



The impressionistic nude above is by Donald P. Sands, Jr., of San Rafael.



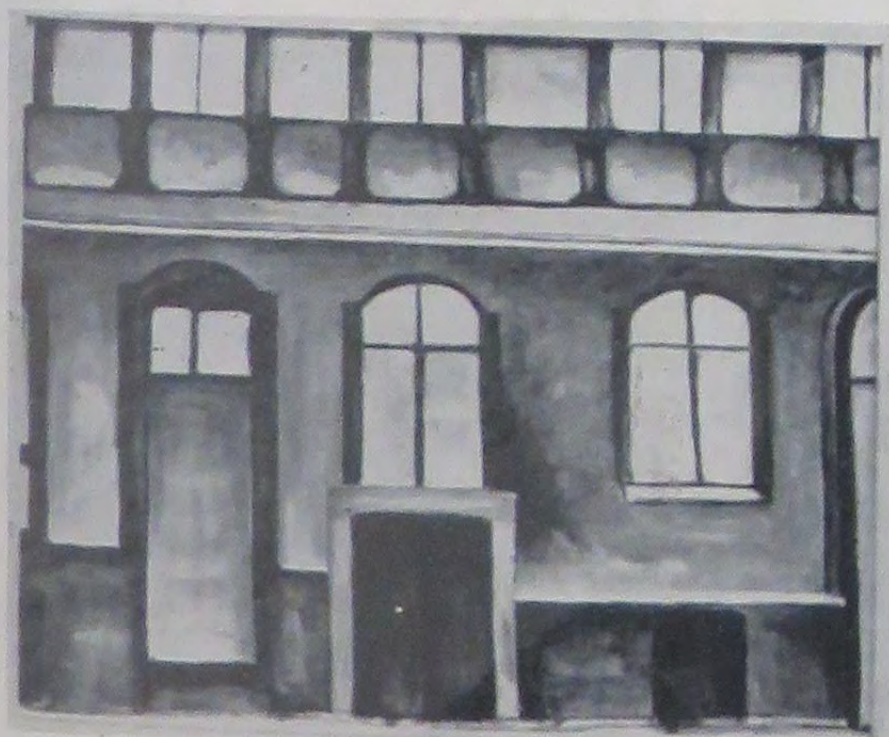
"Barn on the Bank," right, is by Mrs. Dena Pro of Carmichael, Calif.



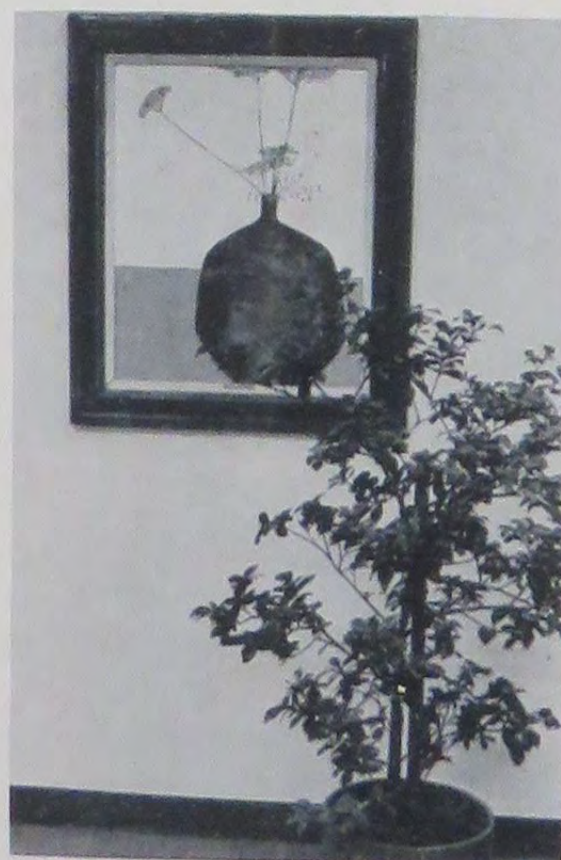
The appealing Vietnamese girl is by Jeanne Darrel of Bellevue, Nebr.



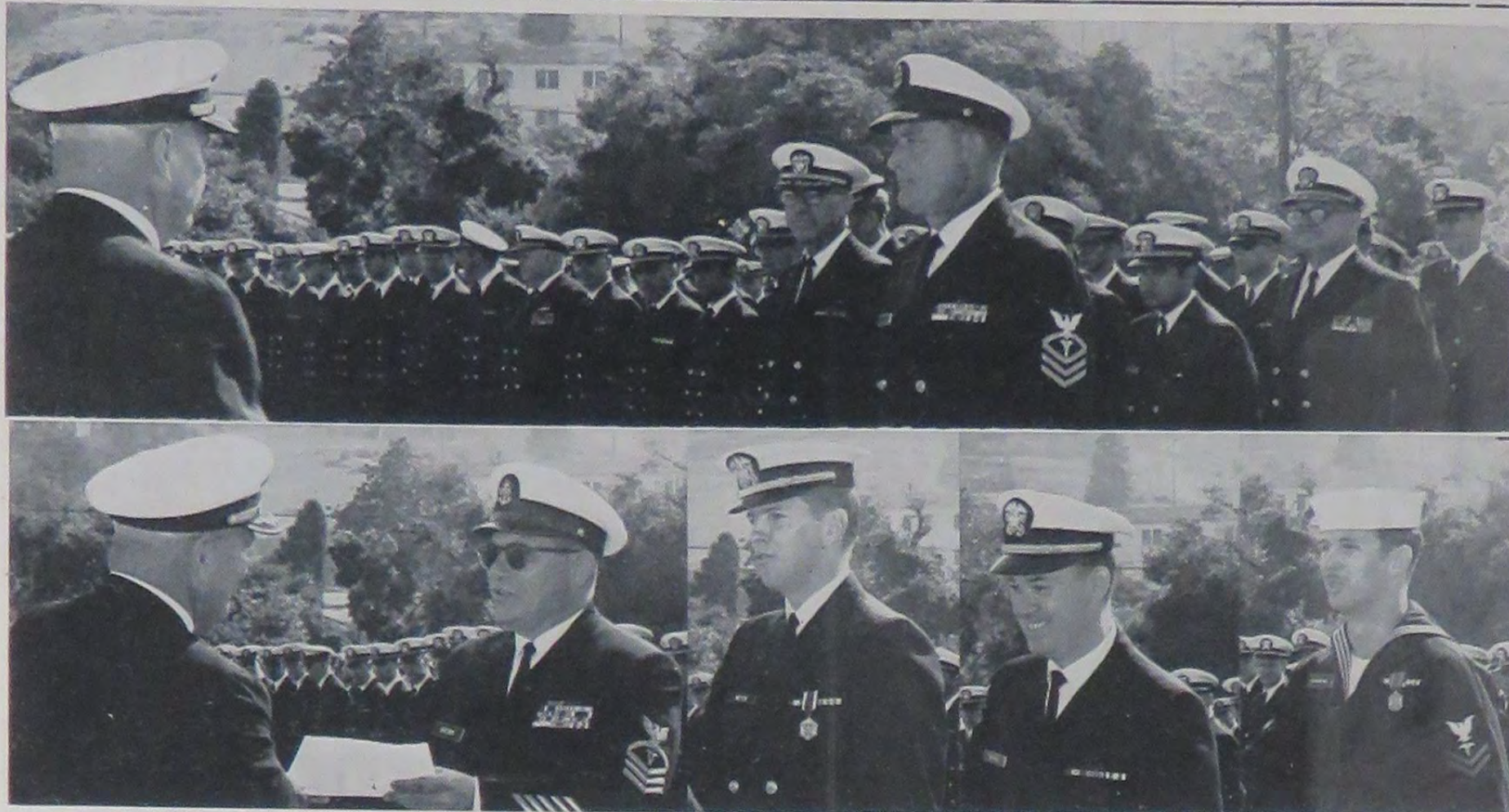
"Buds of Spring" is by Mary Ann Bay of Omaha, Nebr.



This facade is the work of Mrs. Dottie Braman of San Rafael.



Like a corner in a decorator's shop is this arrangement, the painting by Mrs. Barbara Rubin of Tiburon.



At the 29 March Personnel Inspection, HMC Robert E. Walton received the Navy Commendation Medal. (above). Below, Captain Ricketson presents awards to, from left, HMC Robert G. Brown, LT Galen H. Meyer, LTJG Whitney P. Thomas, and HM2 Gary A. Rutherford.

Awards Presented At March Inspection

(Continued from Page 1)

LTJG Whitney P. Thomas, MSC, USN, also earned the Navy Commendation Medal with Combat "V" for his service as an Environmental Sanitation Officer with Headquarters, 1st MarDiv, from 30 December 1967 to 12 December 1968.

For his service as a Preventive Medicine Technician and volunteer Laboratory Technician, with the Preventive Medicine Section, First Medical Battalion, 1st Mar Div, from 16 December 1967 to 1 December 1968, HMC Robert G. Brown, USN, was presented the Navy Commendation Medal with Combat "V."

HMC Robert L. Walton, USN, was awarded the Navy Commendation Medal with Combat "V" for meritorious service as Chief Petty

Oak Knoll Honored For CFC Donations

Oak Knoll has received the 1968 Achievement Award of the San Francisco Executive Board for outstanding support of the Combined Federal Campaign. Donations to the campaign from this hospital in 1968 were increased over 1967 by 20%. CDR Joseph C. Boudreaux, MSC, USN, was chairman of the campaign.

Officer of the Preventive Medicine Section, Third Medical Battalion, 3rd MarDiv, RVN, from 31 December 1967 to 30 November 1968.

Superior performance of duty as Senior Corpsman in the NP Ward and Clinic, Third Medical Battalion, 3rd MarDiv, from 24 November 1967 to 11 November 1968, earned HM2 Gary A. Rutherford, USN, the Navy Achievement Medal with Combat "V."

OR Tech School Graduates Ten

Ten corpsmen graduated 4 April from the 26 weeks' Operating Room Technicians' Course.

CAPT Gale G. Clark, Chief of Neurosurgery, was the guest speaker, and LCDR Alvina Harrison helped CAPT George E. Cruft, Chief of Surgery, present graduation certificates. Graduates were (with new duty station): HM3s Amory Bettles (Naval Station, Long Beach), Edgar Cadwising (NH, Bremerton, Wash.), Earl Fisher (NH, Oakland), William Fobert (NAS, Moffett Field), John Fowler (NAS, Corpus Christi, Tex.), Charles Jennings (NH, Great Lakes), William Shepherd (NH, Memphis, Tenn.); and HNs Fred Benjamin (Naval Weapons Center, China Lake), Richard Fuller (Comm. Training Center, Pensacola, Fla.), and Paul King (NH, Oakland).

Intramural Sports

By CT3 Bob Felling

Sporting a perfect 8-0 record after seven weeks of intramural play, the Pathology volleyball team entered the final round of matches 17 April. Second in league standings was Administration with a 5-1 slate, followed by Radiology 4-3; Dental, 2-5; and Project 4-1-6. Physical Therapy dropped from the competition 3 April.

Only two of the matches scheduled for 3 April were played. Admin beat the Project, 2-1; the Pathology skunked the Admin squad, 2-0. Radiology and Pathology registered wins by forfeit over Dental and P.T., respectively.

On 10 April, Pathology added two wins to their record, one over Dental, 2-0, and the other over Radiology by forfeit. Project 4-1 on the other hand, lost two matches, to Dental, 2-1, and Radiology, 2-0.

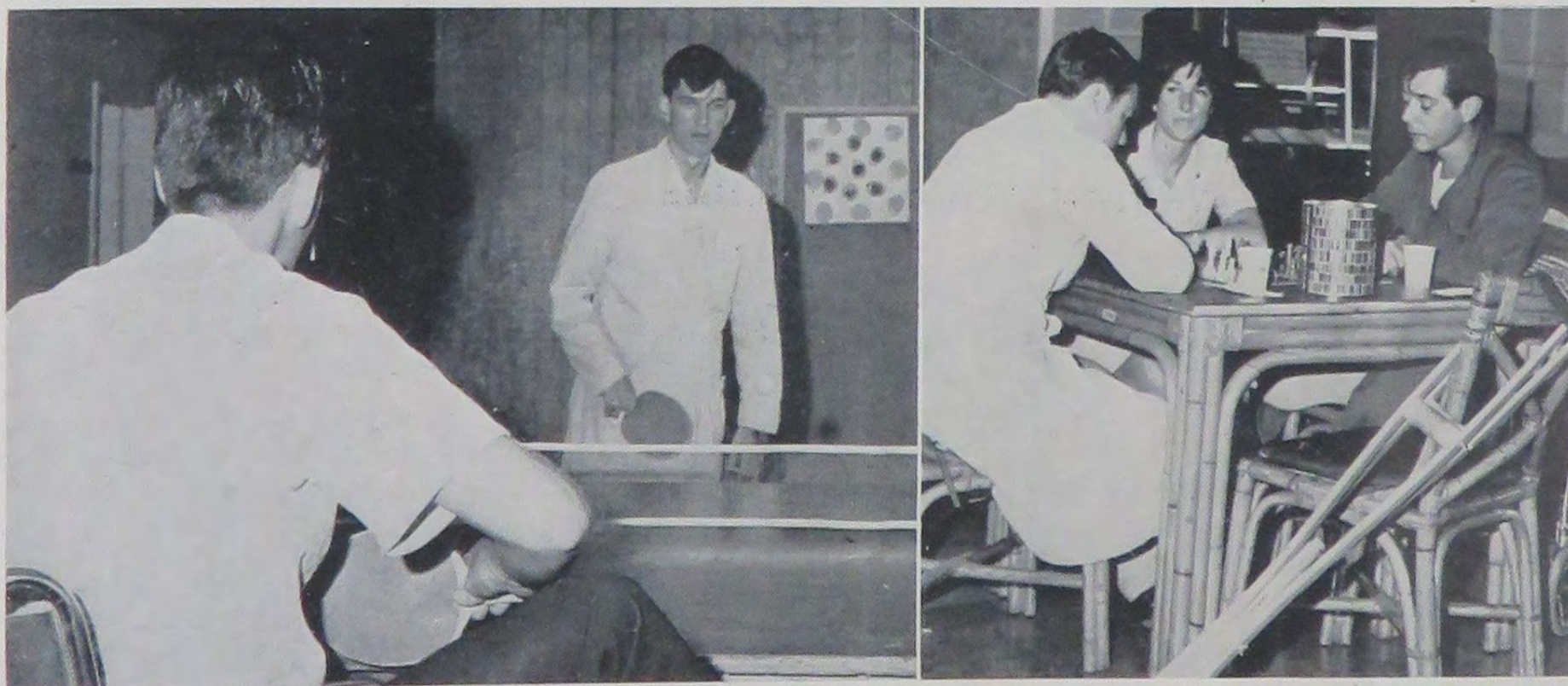
Action at the Oak Knoll Lane in the past two weeks resulted in a new leader of the Wednesday Night Men's Bowling League. The Hoods took over first place while bringing their won-loss record to 29½-18½. CSR and Preventive Medicine are close behind, however, with identical 27½-20½ slates. The Laboratory squad stands "even-steven" at 24-24. Pharmacy jumped out of the cellar, raising their mark to 19½-28½, while Neuropsychiatry slumped into last place at 18½-29½.

Varsity Tennis Team Forming; Call 2350

Tennis players interested in forming a varsity tennis team to compete with other 12ND teams in preparation for the coming 12ND Tennis Tournament, may call Ron Brown at Ext. 2350 for further information.

HM2 Keating Retires After 21 Years And Three Knoll Tours

HM2 Donald V. Keating, USN, transferred to the Fleet Reserve on 1 April, and left for a vacation in Minnesota, where he will perhaps remain and work with his brother. Keating served the Navy for over 21 years. He came to Oakland Naval Hospital 14 February 1968 for his third tour of duty here. He worked in the NPRL store-room.



More scenes of the action at the newly located Red Cross Recreation Lounge in Bldg. 71A. At left, PFC Jerry Calhoun, USMC, Walnut Creek, ping-pongs with CPL Jim Shaw, USMC, Santa Clara. On the wall is a dart-board, the creation of recreation worker Donna Marin, who arranged painted cup-cake cups in a dart-board pattern. At right, recreation worker Joan Gibbons observes the fast action of the chess game played by LCPL Vernon George, USMC, Haugh Creek, Okla., and CPL Johnny Hilton, USMC, Ritchey, Mo. That can contains cookies to sustain the players.

Patients and Staff Enjoy Facilities in New Lounge

(Continued from Page 1)

The recreation staff office hours are from 0830 to 1700 weekdays. To call the offices, dial "7" for the Red Cross switchboard. There is never any charge for Red Cross supplies or services.

Hospital staff is invited to use the facilities except those, such as the dances, which are limited to patients. Families of patients and staff, including children and pets, are welcome. There is ample parking in the immediate area, and

the shuttle bus runs right by the building.

Many of the furnishings for the new lounge were donated by the Chabot Women's Service Club and the CB Project RC (Rehabilitation Committee).

The Hospital Corps Ball is coming!
Save Friday the 13th of June on your calendars.

The OAK LEAF

Vol. 31

Friday, 2 May 1969

No. 9

ALL HANDS SUPPORT URGED

Annual Navy Relief Fund Drive To Get Under Way Here Monday

The annual drive for funds for Navy Relief will get under way Monday and continue through 6 June, with keymen in all services and divisions giving everyone an opportunity to contribute. Chairman of the drive is CDR A. N. King, Chief of Preventive Medicine.

Assisting him are CDR Gloria Stipe, NC; CDR R. K. Middlekauff, MC; LCDR H. T. Kelly, CHC; LT R. A. Payton, MSC; HMCM R. L. Scott; and Mrs. Lee Frier.

The Navy Relief Society, organized

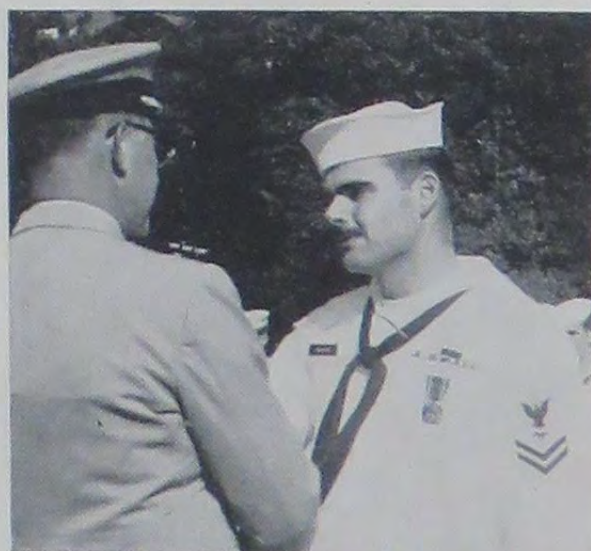
65 years ago to help personnel of the Navy and their families in times of financial emergency, is one of the principal ways the Navy has of taking care of its own.

During 1968 Navy Relief made outright grants of over one and a third million dollars. It made loans totaling nearly three million dollars. Nearly a quarter of a million was spent for layettes, nursery, and hospitality kits. More than 53,000 Navy and Marine Corps members or their families received financial assistance, and an additional 55,000 received other aid.

The Navy Relief Society carries on its activities through 53 auxiliaries and 61 branches located at principal Navy and Marine Corps Stations throughout the world. Not one cent is used for administrative expenses. Nearly 7,000 volunteers are serving sailors and Marine Corps personnel in Navy Relief offices.

The society has assisted 1290 students during the past four years, and during 1968 over \$700,000 was loaned to 829 (student) dependents. The largest group of students were dependents of E7-E9.

"Last year staff and patients at the hospital gave more than \$2800 to Navy Relief, and we hope for an even better response this year," said Commander King, emphasizing that Navy Relief should be a "real team effort."



HM2 Gary L. Anderson, a PMT School student, receives congratulations from CDR R. V. L'Italien, Administrative Officer, who presented him with the Navy Achievement Medal and Combat 'V' at the 25 April Personnel Inspection. Anderson was honored for his service as Assistant Laboratory Technician with Headquarters and Maintenance Squadron 17, Marine Wing Support Group 17, 1st Marine Aircraft Wing, RVN, from 29 December 1967 to 2 December 1968.



Admiral Irons and CPL Ernie Stephenson (above) meet Miss Mary Simpson, queen of amputee skiers, who was honored at the Vietnam amputee skiers benefit dinner. At the cocktail party preceding the dinner, SGT Carl Cotton (below) gets a chance to meet Leif Erickson of TV's "High Chaparral" fame. Both patients wear leis given them by hostesses at the affair. See story, Page 3.

Military Staff and Patients To Choose Hospital's Candidate for Miss Armed Forces

All hands will have a chance to help select the hospital's candidate for Miss Armed Forces. Three WAVEs have been nominated — HM2 Vickie Barr, Physical Therapy, HN Janet Noe, 9 E (Medical ICU), and HN Jacqueline Winder, Delivery Room.

Pictures of the candidates and

ballot boxes will be posted outside the Main Dining Room from Tuesday noon to Friday noon, and the winner's picture will be posted there Friday evening. All military staff and patients may vote.

Miss Armed Forces will be chosen at the annual USO Armed Forces Ball, 17 May.

Navy Nurses to Cut Cake and Celebrate on 13 May—61st Anniversary of the Founding of Their Corps

Nurse Corps officers at stations around the globe will blow out candles and wish for continued smooth sailing as they cut birthday cakes Tuesday, 13 May, in observance of the Corps' 61st birthday.

Here at the hospital two events are planned by the nursing staff. The first is a traditional cake-cutting with CAPT Phyllis Harrington, Chief of the Nursing Service, and Ensigns Steven Day and Paula Alexander, youngest male and female members of the nursing staff,

wielding the sword under Admiral Irons' supervision.

Admiral Irons will read Governor Reagan's proclamation of 13 May as Navy Nurse Corps Day throughout the State of California.

All military and civilian staff, patients, and guests are invited to the ceremony, which will take place in the main dining room on the third floor of the new hospital from 1400 to 1530.

The second event will be a cocktail party and reception at the Officers' Club from 1900 to 2100, with

retired Navy nurses and those serving at other commands in the area attending.

Caps designating Nurse Corps ranks from ensign to captain will form a giant mobile suspended from the ballroom ceiling to highlight the decor.

LCDR Betty Holland is chairman of arrangements for the birthday celebration, with LCDR Shirley Brown assisting. CDR Gale R. Green, Chief of Food Service, and his staff will provide the cakes for the afternoon ceremony.

The Oak Leaf

Naval Hospital, Oakland, California

RADM E. P. Irons, MC, USN, Commanding Officer.
CAPT G. M. Ricketson, MC, USN, Executive Officer.
CDR R. V. L'Italien, MSC, USN, Administrative Officer.
Editorial Adviser: Dorothy Thompson.
Writer-Photographer: Kathleen McIntosh

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives Armed Forces News Bureau material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

Vol. 31

Friday, 2 May 1969

No. 9

+ + CHAPLAIN'S CORNER + +

"Markings," a book by Dag Hammarskjöld which was published after his death, is, in the words of the author, "... a sort of white book concerning my negotiations with myself and God." In that book I recently mused over the following quote: "God does not die on the day when we cease to believe in a personal deity, but we die on the day when our lives cease to be illumined by the steady radiance, renewed daily, of a wonder, the source of which is beyond all reason."

These words from a former, but thoroughly contemporary, Secretary General of the United Nations run contrary to much of today's thought. Modern man, we are sometimes told, cannot reasonably believe in God—and so in name of honesty it would be better for us to proclaim God's death or at least stop talking about Him. Ironically enough, however, God does not die whether we actually proclaim His death or simply stop talking about Him and live as if He were dead. Rather it is we who die. For without God we have only two alternatives—to balance precariously on despair's edge of meaninglessness, or to choose to live like zombies and never bother with the question of our life's meaning. Both alternatives are living death.

The astronauts who read from the Book of Genesis while orbiting the moon last Christmas confirmed Dag Hammarskjöld's words. The creation account which the astronauts read sounded not at all archaic, but very contemporary. For it spoke of how modern man can believe in God—and how he can in the midst of his achievements live a life "... illumined by the steady radiance, renewed daily, of a wonder, the source of which is beyond all reason."

LT GALEN MEYER, CHC, USNR

COMING SOON!

13 June

Hospital Corps Ball

Ticket sales start
Wednesday, 15 May

Get them from
Enlisted Recreation
Committee Members

Two Civilians Earn 20 Year Certificates

Mrs. Anna Mae Taylor, legal secretary, and William J. Lehtonen, carpenter, were recently presented 20 year pins and certificates for their service to the Federal Government. Admiral Irons gave them the awards with his thanks for their service to the hospital.



Coming Tuesday, 6 May, members of MASC (Methodist Actors Serving the Church) will present A COMPANY OF WAYWARD SAINTS. The play is about a troupe of traveling players who improvise their own plays in the form of the traditional Italian commedia del arte. Throughout its Bay Area performances, the play has received excellent reviews and promises to be both provocative and amusing. The player in the foreground above is Hal Archibald. The play will be in the Clinical Assembly at 1900.

Scuttlebutt

SIGHTS & SOUNDS: The Registrar's Office staff noting with amusement the Instruction for Disaster Control: "The Dead shall be directed to the elevators for transportation to the Morgue." ... Red Cross volunteers surprising Rena Ethier of 6W with a cake on her 19th birthday 21 April, her husband PFC Bob Ethier coming over from 61A to help her cut it. The Granada Hills couple have been married for only three months. ... Our Executive Officer busy trying out a Melodica, a reed instrument sent to the hospital by the Grand Lodge of Masons of the State of New York—the Administrative wing really enjoyed it! ... those smashing red covers for the fire hoses.

DID YOU KNOW that Arthur Boudreaux will start at the Naval Academy in June and that Joseph Boudreaux, Jr., will graduate there the same month? (Sons of Commander Boudreaux, Chief, Pharmacy Service) ... That May is Hearing and Speech Month and Tavern Month? ... That 4-10 May is Be Kind to Animals Week? (Take your pet to lunch) ... That the first baby born in the new Letterman General Hospital was the son of Navy ET3 James Taylor, serving aboard the USS RANGER, and wife Patricia?

MAKE - A - NOTE - WORTHY DAYS: 9 May, O'Wives Club dinner-dance featuring cruise fashions from H. Liebes, with gorgeous models ... 11 May, Mothers' Day ... 14 May, O' Wives May Brunch, flea market and voting.

CAREER NAVY AND MARINE personnel are invited to join the Fleet Reserve Association and a good time would be Wednesday at the 2000 meeting, Veterans' Memorial Bldg., 1105 Bancroft Ave., San Leandro.

LIFE BEGAN 16 April for Amy Rochelle Russell, 6 lb., 15 oz. daughter of HM3 Mark L. Russell, OR School student, and wife Mary ... and 19 April for Annemarie Catherine Nickman, 8 lb., 7 oz. daughter of LCDR Norman J. Nickman, ENT, and wife Janet.

74 Answer Urgent Call On Blood Donor Day

When the hospital Blood Bank put out a call for donors and declared last Friday Blood Donor Day, there was an excellent response. The busy staff drew 74 units of blood, replenishing their dwindling supply.

From staff enlisted personnel came 57 donors, while five staff officers gave blood. Eight civilian staff members and four non-staff members also donated.

Courses Offered For Convalescents

Anyone for a U. S. History and Government course or a high school diploma? Ronald Bishop of the Oakland Public Schools now has 14 students enrolled in these courses here at the hospital, and anyone wishing to study while he convalesces may do so. Simply leave your name and ward number with Red Cross, and Mr. Bishop will get in touch with you.



Last Monday Admiral Irons went to the Naval Air Rework Facility, NAS, Alameda, to thank a representative group of employees for the funds collected by them at Christmas which paid for air-conditioning a new ambulance bus for NH, Oakland, and to show them what their donation bought. With Admiral Irons are, from left, Mr. Arthur Dickinson, project coordinator, and CAPT Samuel T. Armstrong, NARF Commanding Officer. Seated in the bus are Mr. Abraham Levi, Mrs. Audrey Serowchak, and Mrs. Clancy McCardell.



At a party in honor of her retirement, Mrs. Ruth Ritchie cut the cake. She worked since August, 1953, at the Trouble Desk Maintenance, and now plans just to take it easy. Mrs. Ritchie, who lives in Oakland, was given a blender by her coworkers as thanks for all her cheerful years in their department.

From the Desk Of The SEA

The Secretary of Defense has reiterated the long-standing policy concerning servicemen and their right to communicate with a member of Congress. Navy Regulation 1245, entitled "Dealing With Members of Congress,"

states: "No person in the Naval Service shall be restricted or prevented from communicating directly or indirectly with individual members of Congress concerning any subject, provided such communication is not in violation of law or naval security regulations."

We must recognize the fact that if servicemen feel it necessary to exercise their right to communicate with their Congressmen on minor matters, it indicates a lack of communication between petty officers, and all hands in their command.

Letters to Congressmen take time and pass through several hands before an answer is received, and in most cases, the Congressman must go back to the man's commanding officer to obtain the necessary information on which to base a reply.

Servicemen of this command have several avenues open to them when seeking accurate answers and advice.

(1) Division officers and chief petty officers are always available for counseling and should have the majority of answers available.

(2) NavHospInst 5390.1 (Naval Leadership Program) establishes command counselors for all members of this command, and servicemen are urged to utilize their services.

(3) NavHospInst 5720.4 established a Senior Enlisted Advisor (SEA) whose services are always available to servicemen and their families.

(4) Finally, if you still do not have the answers you are seeking, exercise your right to communicate directly with your commanding officer, as outlined in NavHospInst 1600.3.

This command is also fortunate to have a very efficient legal office, and its personnel are happy to discuss any problems in that area. Conversations with the Staff Judge Advocate are confidential communications that cannot be used against the person seeking his advice.

One of the most important traits of good leadership is the ability to understand and handle men. Division officers and senior petty officers are expected to handle the majority of problems at their level. Each serviceman is entitled to prompt and courteous service. Don't put him off. Act when he needs advice. To him it is important.

Each of us, in our own way, can help lift the unnecessary administrative burden from the Congress, which is already busy enough with other matters.

HMCN R. L. Scott



While visiting Disneyland, LTJG Christopher McManus (left) and HM2 Dave Alcantar pause to buy some popcorn to munch on while they browse through the exciting kingdom. At right, LCPL Dick Kirksey poses patiently while his portrait is sketched by a Main Street artist.

Gala Hollywood Dinner Benefit Supports Amputee Skiing Program

"If I can do this, I can do anything." This quote from an eager novice amputee skier provided the theme for a benefit dinner held last Wednesday at the Cocoanut Grove, Ambassador Hotel, Hollywood, for Vietnam amputee skiers. Sponsors were the Disabled American Veterans, Department of California, and the National Amputee Skiers Association, in cooperation with the State of California Department of Veterans Affairs.

More than 400 attended the \$50-a-plate dinner, among them Peter Lupis, of TV's "Mission Impossible," Leif Erickson of "High Chaparral," Richard Deacon of "The Mothers-in-Law," and many prominent Southern California political and social figures. Amputees from NH, Oakland and Letterman General Hospital and their escorts were guests at the event. Admiral Irons also attended.

Telegrams were read from President Nixon and Governor Reagan praising the program and expressing wishes for its continued success. The coordinator of the event, James E. Ferguson, was introduced by MC Regis Philbin (of "The Joey Bishop Show"), as were others who worked toward its success. Bill Rablin, President of the National Amputee Skiers Association, introduced some of the Soda Springs School instructors, and charming little Mary Simpson, 12-year-old queen of amputee skiers, who lost her leg in January, learned to ski on one leg, and then with her prosthesis, and had already won a race.

Entertainment was provided by the "99 Chanters," an Elks Club group, and the regular Cocoanut Grove entertainers, Freddy Martin and his Orchestra, and Kathryn Grayson and Howard Keel.

In addition to attending the dinner, Oakland and Letterman patients were hosted at luncheons Wednesday and Thursday by the Anaheim and Santa Ana Elks' Clubs, respectively. They spent Wednesday afternoon visiting Disneyland.

Patients attending from the hospital were SGT Carl Cotton, CPL Ernie Stephenson, LCPL Dick Kirksey, PFCs Glen Roseberg and Richard Schneider, and HM2 David Alcantar. Escorts were LTJG Christopher McManus and HM2 Ted Anderson.

CALLING ALL PHOTOGRAPHERS

Details on this year's Interservice Photography competition are contained in BUPERS Notice 1700 of 14 January. The contest is open to all hands.

Entries may be black-and-white or color prints or transparencies in any of eight subject categories: People, Babies and Children, Animals and Pets, Action, Scenic, Military Life, Still Life, and Experimental.

Awards will be given for best of show, first, second and third places in each category. Winning entries will be displayed in the Pentagon in 1970.

Deadline for the Army hosted contest is 1 November.

NAVY PROSTHETIC RESEARCH LABORATORY

TEAM APPROACH TO AMPUTEE REHABILITATION



Three new Orthopedic Appliance technicians pose in front of the NPRL display (made by Mike Arrigo) after their 4 April graduation. With them are Mr. Harry Hughes, instructor, and CDR Helmer Huseby, Chief of Orthopedics. Students are, from left, HM2s Theodore E. Anderson and Lawrence E. Austin, and HM1 Billy B. Dawson.

Know Your Staff



Newly-wed, and new to NH Oakland, but not new to California is HM2 Russ Alameda, who works in the busy Admissions Room on the second deck. There every entering patient is checked in, and admission slips filled out. After the initial slip is completed, all information about the patient is coded (name, duty station, age, rank, sex, diagnosis, etc.). This coding goes to BUMED, and Data Processing, where daily sheets of admission are prepared.

The friendly corpsman has been at the hospital since February, coming here from Kilo Company, 3rd Battalion, 1st Marine Division, RVN. Boot and Corps School were in San Diego, followed by a tour at NH, Guam. A fan of water sports, he really enjoyed the 78° crystal-clear, water. Sure, there are beaches here, but "the water's too cold."

A native of San Jose, Alameda was married 25 January to a girl who'd been his next-door neighbor for five years. They now live in Oakland.

Before joining the Navy in 1966, Alameda attended San Jose State for two years, majoring in chemistry. He hopes to continue that study after his naval service.

The Alamedas were given a house in the Sierras about 65 miles out of Stockton as a wedding present and spend most of their free weekends there skiing at a nearby ski lodge.

—usn—

Veterans in college under the GI Bill will top 600,000 during this fiscal year, the Veterans Administration estimates.

Intramural Sports

Intramural volleyball action ceased 24 April with the playing of a single match, which decided second and third places in final league standings. The match pitted Administration against Radiology. Admin handily won 2-0, and ended the season with a 8-2 slate, leaving the X-Ray team at 6-4.

Pathology wrapped up the championship 17 April with two victories and finished league competition with an unblemished 10-0 record. After whitewashing Project 49, 2-0, they outdid Admin 2-1. Admin then downed Dental 2-0.

Project 49 and Dental were in fourth and fifth places as league play ended.

Intramural bowling league standings were jumbled again as CSR recaptured first place from the Hoods. Standings as of 23 April follow:

	W	L
CSR	35½	20½
Hoods	34½	21½
Lab	30	26
P.M.T.	29	27
Pharmacy	22½	32½
N. P.	18½	37½

Intramural Softball league games will begin the week of 25 May with Administration, Radiology, Lab, and Surgery being the only entrants. Athletic Director Ron Brown will accept entries until 1200, 7 May.

12ND Bowling

Five station bowlers competed for 12 ND laurels on 8-10 April, but their drive for the top team honors was halted at the first round. After leading the Class B field at the end of the first night's bowling, the team was scratched from competition the second night as two of the five men were unable to bowl. The team trophy was to be awarded to the five-man team which collected the most total pins. Although the three remaining men did not constitute a team, they continued to bowl for individual honors.

Bowling the full set of 18 games, Joe Newman finished 18th among the 89 competitors with a 188 average. Close behind, in the number 26 spot was Adam DeMello, rolling 184. Chuck Cole finished as number 71, averaging 168. The two men who bowled only the first round finished 86th and 87th. Roger Naylor collected 1069 pins for six games, while Richard Hinds marked 1010 pins.

The tournament was conducted at Swanson's Westlake Bowl in Daly City.



Without losing a match, the varsity volleyball team captured the Oakland Army Base Intramural Volleyball League champion's trophy on 15 April. They are, from left, Art Holmboe, Norvell Mortensen, Phil Vogt, Dan Kelly, Larry Nelson, Fred Gerber, Greg Nichols, C. D. Ward, and Bill Peterson, right, front. This same team, less Nichols and Gerber, comprised the Pathology team which took the hospital intramural championship with a 10-0 record.

NH OAKLAND SPORTS ROUNDUP

by CT3 Bob Felling

Varsity Sports

Track and field, golf, softball, and tennis fill the spring outdoor sports picture. The linksmen and cindermen have begun their competition, with softball and tennis to begin soon.

Team captain Tom Carson reports a dismal start in the 12ND golf league. On 8 April the eight-man squad dropped a 26-1 decision to NAS, Alameda. A week later, NAS, Moffett Field skunked the Hilltoppers 27-0.

In scoring golf team matches, one point is at stake for each nine holes played. During the course of a match, each man is liable for three points, as is a team four-some.

Three men from the hospital participated in the season's first track and field meet, held at NAS, Moffett Field, on 23 April.

Pole vaulter Dale Erskin withdrew from competition when he pulled a calf muscle in attempting to clear 11' 3". He was awarded second place for having vaulted 11'. The only other pole vaulter competing cleared 11' 6" before knocking off the cross bar.

Distance runner Jim Amos placed third in the mile run with a 5:58 time, and later marked fifth in the two mile with 11:30. Bob Felling finished fourth in the 100-yard dash with a 11.1 time and tied for fourth in the broad jump with a 17' 8" leap.

Three subsequent weekly meets are scheduled to allow practice competition before the final District meet on 22 May at Mt. Diablo High School in Concord.

Varsity softball and tennis teams will begin practice when enough patients and staff volunteer to man the teams. Information about tryouts can be obtained from Athletic Director Ron Brown, topside, Bldg. 38, Ext. 2350.

District tennis championships will be held 17-19 June for the senior division and 7-11 July for the open division. However, if players who wish to play sign up now, a round-robin tournament will be organized to afford practice and to determine who will compete at the 12ND tournament.

Twelfth ND softball action begins 13 May.

—usn—

Buy Savings Bonds



Clearing 10' 6" with room to spare, Dale Erskin competes in a practice meet 23 April at NAS, Moffett Field. Erskin pulled out of competition after vaulting 11' when he injured a leg muscle.

Sign Up by Monday

12ND Pool Contest

Patients and staff pool shooters who want to represent the hospital in the 12 ND Pool Championship should contact Athletic Director Ron Brown at once at Ext. 2350. Team rosters must be filled and submitted by 6 May.

Conducted at Mare Island, tournament brackets will be played to decide both Straight and Peterson champions of the District. Four men will shoot 12-13 May for the Straight Pool title while a four-man team will compete 19 May for the Peterson title.

WHAT'S SPECIAL AT SPECIAL SERVICES

Coming to the Clinical Assembly, Sundays at 1330:

4 May: The Fourth Coming, a rock and roll group from San Jose.

11 May: Texas Slim and The Boys of the Golden West.

18 May: Nicolet's Revue, girls from 16 to 22 from Yvonne's School of Dance, with The Emeralds, a dance band.

Swim Pool's Summer Schedule Announced

The swimming pool is now operating on summer schedule, which is

Monday-Friday: 1300-1600; 1700-2030

Saturday & Sunday: 1130-1700

Military staff, patients and their dependents are eligible to use the pool.

WAVE Action

WAVE athletic activity is at standstill after bowling and volleyball campaigns ended with their in the cellars of their leagues.

In the five-team intramural volleyball competition at Oakland Army Base, the local girls finished fourth. Final matches were played 3 April.

On 24 March, the Kinks and Oakies rolled their last lines of bowling in the 12 ND Women Travel League. Final standings showed them filling the last two slots of the eight-team league. Leading pin-getters for the WAVE teams were Carol Disparti with 138 average, Lo Ann Breitbach 135, and Irene Meyers, rolling 129.

As the only representative of Oakland Naval Hospital at the 12 ND Tournament, 8-10 April, Meyers finished 23rd of 25 competitors with a 128 average through 11 games.

At the league banquet 25 March held at the hospital CPO Club, team captain Disparti was given the only trophy awarded to any of the hospital's team members. Her teammates voted to her the dubious honor of being "Worst Driver!"

Active Duty Women In 12ND Offered Free Golf Lessons

Free golf lessons for women on active military duty in the 12 ND are being given at Alameda Municipal Golf Course. Instruction by professional Dick Janusch began 16 April and will continue through 2 July. All equipment is furnished by the golf course. Interested officer or enlisted personnel can contact Ron Brown for further information at Ext. 2350.



From the Judge Advocate

Patients and staff personnel living on the base are urged not to leave valuables in unguarded locations. Checks, cash, jewelry and other valuables should never be left in seabags or in lockers without locks. The Navy will not reimburse a person for the loss of money which is not kept in a locked receptacle or deposited for safekeeping with authorized personnel. Staff personnel and patients expecting a long period of hospitalization should deposit their money in a bank account and should keep other valuables in a LOCKED locker. Inexpensive lockers are available at the Navy Exchange. Patients who are expecting a short stay at Oak Knoll should check the money and valuables in the Patient Affairs Office. Thefts on the base of valuables which have been properly safeguarded are reimbursable. Such thefts should immediately be reported to the Security Officer and claims should be prepared in the Legal Office.

The OAK LEAF

Vol. 31

Friday, 16 May 1969

No. 10



HM3 Diane Charlton, April's Sailor of the Month.

HM3 Diane Charlton April's Top Sailor

SAILOR OF THE MONTH for April was HM3 Diane Charlton, senior corps WAVE in Labor and Delivery. Charlton, the first WAVE selected as SAILOR OF THE MONTH at the hospital, was rated 4.0 in all factors considered by the Sailor of the Month Committee.

April's Sailor of the Month found her selection announcement to coincide with an unhappy occurrence. Appendicitis struck the day after she learned of the honor. But May brought her back on her feet and into the CO's office to receive her award, congratulations and a \$20 gift certificate at the Navy Exchange.

Charlton's technical competence, unfailing dependability, and excellent organizational ability were factors in her selection. "Her thoroughness in training new WAVES helps to maintain continuity in the department and contributes to its overall efficiency. Her personal appearance and fine military bearing as well as her outstanding performance of duty have earned her the high esteem of both patients and staff," according to the CO's Letter.

Petty Officer Charlton is from San Bernardino and lives in Oakland.

Former Corpsman, ENS Gilbert Snyder, Earns Highest Honors

ENS Gilbert C. Snyder, NC, USNR, of Erie, Pa., has just reported aboard after graduating from the Naval Schools Command Indoctrination Course with the highest combined military and academic average for his class.

Mr. Snyder, before attending Hamot Hospital School of Nursing in Erie, was a hospital corpsman at NH, Philadelphia.



Everyone's pitching in to help the Navy Relief Society. Adding their contributions to the \$4500 goal in the annual fund drive are, from left, HMCM Robert Scott, Miss Claire Martini, Joseph Sanchez, and HA Denise Buettner. Coins collected from the fountain in the lobby will be given to Navy Relief during the drive, which ends 6 June. Chief Scott and Miss Martini are accustomed to helping out each year. Chief Scott was here clear-back in '46 and Miss Martini has worked here since 1942. Mr. Sanchez, a laborer-cleaner, and Buettner, assigned to Pediatrics, both reported for duty here on 6 May, and are already eager to help the Navy take care of its own. Key men in each department are now accepting donations.



CAPT Phyllis Harrington, Chief of the Nursing Service, accepts Governor Ronald Reagan's proclamation of May 13 as Navy Nurse Corps Day in the State of California. CDR Gloria Stipe, Assistant Chief Nurse, looked on as Admiral Irons made the presentation. See story, Page 3.

Navy Nurses Cut Cake, Reminisce At 61st Anniversary Celebrations

The Navy Nurse Corps celebrated its 61st anniversary Tuesday with cake cuttings, reminiscences, and thoughts of the present and future.

Established by act of Congress in 1908, the corps was first thought of as far back as 1811 by Dr. William P. C. Barton, who later became the first Chief of the Bureau of Medicine and Surgery. He recommended that nurses be included among the officers of the hospitals to "attend with fidelity and care upon all the sick committed to their charge."

The first 20 nurses reported to the U.S. Naval Hospital in Washington, D.C., in August 1908, for orientation and duty.

Navy nurses today are a part of the naval medical team, providing professional nursing care at hospitals and dispensaries in the United States and overseas and aboard hospital ships USS REPOSE and USS SANCTUARY currently deployed off the coast of Vietnam.

They also contribute to the overall effectiveness of the team through research in nursing, and by teaching in the Hospital Corps Schools. Eight Navy nurses have received the Navy Commendation Medal for their services within sight and sound of war in Vietnam during the past year.

Less dramatic, but of no less importance, are the contributions of corps officers stationed in the United States. The rapid evacuation of combat casualties from Vietnam has resulted in an increased patient census requiring expert care to hasten rehabilitation.

Currently, 2,400 Navy nurses serve in the clinical areas of medicine, surgery, pediatrics, psychiatry and obstetrics. They are involved in the specialties of administration, supervision, education, research, anesthesia and operating room, and serve as consultants in nursing.

The corps, with Captain Veronica M. Bulshefski, NC, USN, former Oak Knoll Chief Nurse, at the helm, maintains a continuing program of inservice education, short courses and workshops for all Nurse Corps officers, and provides for advanced education at civilian universities for qualified applicants.

In war or peace, Navy nurses continue their mission of service to the entire Navy and Marine

For USO Queen

Hospital's Candidate Is HN Janet Noe

All hands are urged to attend the Armed Forces Ball Saturday and clap for HN Janet Noe, the hospital's candidate for Miss USO-Armed Forces 1969 elected here last week.

The dance will be held at the Veteran's Memorial Building, 200 Grand Ave., Oakland, from 1930 to 2330. There is no charge. An applause vote will determine the queen, after a short period of questioning. MC for the event will be KGO's Paul Ward.

The new queen will be presented at various events, escorted by Marines. The Kiwanis and Lions clubs will honor her at luncheons, and she will attend meetings of the Alameda County Board of Supervisors and the Oakland City Council. She will be presented at the California Garden and Home Show in the Coliseum.

The hospital's candidate works on 9E (Medical ICU), is 21 years old, and is a native of Oakland! She joined the Navy 8 August 1968 and reported here 20 March 1969.



Armed Forces Day

In observance of Armed Forces Day, the hospital will hold open house between the hours of 1400 and 1600 tomorrow.

Corps family, attending "with fidelity and care upon all the sick committed to their charge."

The Oak Leaf

Naval Hospital, Oakland, California

RADM E. P. Irons, MC, USN, Commanding Officer.
CAPT G. M. Ricketson, MC, USN, Executive Officer.
CDR R. V. L'Italien, MSC, USN, Administrative Officer.
Editorial Adviser: Dorothy Thompson.
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Vol. 31

Friday, 16 May 1969

No. 10

+ + CHAPLAIN'S CORNER + +

THE PLACE OF MEDICINE AND THE CHRISTIAN FAITH IN THE HEALING PROCESS

The salvation proclaimed by Jesus Christ involved the whole man—body, mind, spirit. He healed the sick when He found those whose faith gave Him opportunity to do so. While He did this, He showed no evidence that He was anything but sympathetic and cooperative with the healing profession of the day.

The Christian church has always been compassionate toward the sick and the suffering. To the church as a whole, disease has not been accepted fatalistically as the will of God; neither has suffering been taken as a necessary part of life. Moreover, it has been under the influence of Christian ideals that medicine has made its greatest progress.

Modern developments in psychology and psychiatry show the relevancy of a strong religious faith to healing. Many who have been expected to recover have died because they had no faith to support them, no hope to bolster them. Others, through faith and prayer and with a strong sense of mission, have lived long and usefully after having been given up on the basis of the most reliable prognostication. Worry over wrongdoing can make one ill; assurance of being forgiven can bring new energy and life.

The present concern, then, is the same as always—not medicine or faith, but medicine and faith.

LT H. L. MARTIN, CHC, USNR



'Project Value' trainees stop to look at the NPRL display while HM1 William Anders (right) tells them about some of the research programs conducted at the hospital. At the far left is Charles Simms, counselor from the Opportunities Industrialization Center. Trainees are, from left, Frances Garcia, Betty Jones, Evelyn Chavies, Sandra Monroe, Maricela Carrasca, and Nara Jackson.

"Project Value" Trainees On Board

The Department of Defense is providing approximately 375 jobs at Bay Area installations under

Well, Anderson Isn't Actually Anderson

Oops! The OAK LEAF made a mistake, right on page 1, last issue. The picture of HM2 Anderson receiving the Navy Achievement Medal was captioned with information about Gary L. Anderson, a PMT School student. But the pictured Anderson was actually HM2 Charles W. Anderson, Jr., who works in the Chest Clinic. Both Andersons received Navy Achievement Medals, Charles W. for outstanding performance while serving with the First Marine Division in Vietnam from 19 February 1968 to 12 February 1969, first as a Statistical Reporter and later as a corpsman with the Combined Action Platoon 2-8-4, Third Marine Amphibious Force.

"Project Value," a program designed to train unemployed young people to become a regular part of the Civil Service work force.

The hospital will be responsible for training and absorbing into its regular work force approximately ten trainees.

The first six are now undergoing job orientation at the Opportunities Industrialization Center (OIC) two days a week. Their on-the-job training at the hospital is in progress in the Patient Affairs Division and Nursing Service. They were aboard 16 April for a slide presentation giving background information about the hospital and a tour guided by HM1 William Anders.

Training periods will vary according to individual needs and abilities but will not exceed nine months. At the end of the training period trainees will be ready for entrance level positions as clerks, typists and nursing assistants.



John B. Engberg (left), California State Commander of AMVETS and Raymond Miller, State Adjutant, were on board 15 April to receive the 12ND Commandant's Certificate of Merit from Admiral Irons. Sign by Rear Admiral Leo B. McCuddin, the Certificate noted the great amount of planning and work each put into arranging "Operation Sleight of Hand," the AMVETS sponsored project which last Christmas brought relatives of four patients to the hospital.

Sergeant Rios Presented Bronze Star For Outstanding Service in Vietnam

SGT Vincent Rios, USMC, received the Bronze Star with Combat "V" for heroic achievement

while serving as a Platoon Sergeant with Company A, First Battalion, Fifth Marines, First Marine Division, Vietnam.



SGT Vincent Rios, USMC, receives the Bronze Star with Combat "V" from COL John V. Hanes, Commanding Officer, Marine Air Reserve Training Detachment, NAS, Alameda.

"On 28 September 1968, while conducting a search and destroy operation in Chau Phong in Quang Nam Province, Sergeant Rios' platoon was crossing a paddy toward a tree line when the Marine came under a heavy volume of small arms fire. When the platoon had driven the enemy back into a bunker complex and established a base of fire in front of the host positions, Sergeant Rios fearlessly exposed himself to the enemy fire as he led his squad in an assault. As his men advanced, he sustained several casualties from fire in separate locations. Although he was wounded, Sergeant Rios ignored his pain and continued to lead his men. When the numerically superior attacking units made his position untenable, Sergeant Rios supervised the expeditious evacuation of the wounded, then skillfully deployed his men to an alternate location, directing the accurate fire as they moved across the swept terrain."

According to the citation, "Sergeant Rios' courage, aggressive leadership and unwavering devotion to duty at great personal risk were instrumental in the subsequent seizure of the hostile emplacements and were in keeping with the highest traditions of the Marine Corps and of the Naval Service."

Rios had previously received the Bronze Star for heroic achievement in the action that resulted in the loss of his right arm and both legs.

HOSPITAL CORPS BALL—13 JUNE



Former Lieutenants Junior Grade Cheryl Miller (left), James Crum and Judith Monk, promoted 21 April to lieutenants, seem delighted as they discuss their new ranks before going to report their pay raises Disbursing.

Grateful Parents' Gift of \$20,000 Used To Establish UC Med School Loan Fund

In appreciation of the care of a patient on the Neurological Surgery Service, a new loan fund for medical students at the University of California Medical School has been established. An anonymous gift of \$20,000 was given by the patient's parents.

The fund is to be named the

Scuttlebutt

SIGHTS & SOUNDS: LTJG Nancy Humberstone peering anxiously into the deep water drain near the back of the building until finally, out came a long arm—in the hand a tiny kitten. Miss Humberstone took the small ball of fur. The arm was soon followed by its owner—LCDR Frederick Lewis, and together they calmed the dangerously curious and frightened feline and sent him on his way as they went theirs . . . Corpsmen, WAVES, Red Cross workers, civilian employees, patients, nurses and guests enjoying cake and punch to celebrate the 61st anniversary of the Navy Nurse Corps Tuesday . . . hands signing checks or delving into pockets and purses for a contribution to the Navy Relief Fund Drive . . . lovely flowers gracing the administrative wing—most of them grown by the green thumb of Gloria Rebolledo.

DID YOU KNOW that tomorrow is Armed Forces Day? That we will celebrate with an open house from 1400-1600? . . .

WEDDING BELLS WILL RING tomorrow for HM3 Richard Hoage, Radiology, and Miss Jill Epley of San Jose. Hoage is from Olympia, Wash. They will be married in the Chapel by Chaplain Meyer, and plan to live in Fremont. Another wedding is planned for the very next Saturday—CAPT Thomas J. Brownfield, a career Marine from 6E, and Orlando, Fla., will wed LTJG Margaret Tarter, a nurse on 6E, in the Chapel. Father Regan will preside.

LIFE BEGAN 2 May for Stephen Scott Goldbaum, 8 lb., 5 oz. son of LT Michael H. Goldbaum, Ophthalmology, and wife Brenda . . . 3 May for Michael William Moyes, 9 lb., 8 oz. son of LCDR James R. Moyes, Anesthesiology Resident, and wife Deanna Louise . . . 4 May for Clemente Muriel, Jr., 7 lb. son of HM3 Clemente-Muriel, laboratory student, and wife Paula . . . also 4 May for Wendy Lee Wright, 6 lb., 13 1/4 oz. daughter of HM3 Arvid David Wright, radiology student, and wife Karen Mae . . . 6 May for Paul Frederick Batcheller, 6 lb., 10 1/2 oz. son of LCDR John W. Batcheller, Orthopedic Resident, and wife Janice . . . 7 May for Britton Kennedy Davis, 6 lb., 5 oz. son of LT David D. Davis, Medical Intern, and wife Linda . . . 10 May for Janine Michelle Gibson, 6 lb., 2 oz. daughter of HM2 Dale C. Gibson, NP Service, and wife Lucinda . . . and 11 May for Eric Emerson Featherstone, 6 lb., 5 oz. son of HM2 Paul E. Featherstone, former Knoll corpsman, transferred in November to the 1st Marine Air Wing, Vietnam, and wife Laura.

Admiral Chester W. Nimitz Loan Fund and is to offer \$1,000 per year to medical students who have completed their military obligation to the United States or to those enrolled in one of the military programs for medical students.

The fund is to be administered by the Dean of the Medical School.



LTJG Dorothy Duckworth, NC, USNR, and her husband, LT D. J. Duckworth, MC, USN.

Merger of NC & MC Happy Fringe Benefit

Not only did the Navy pay for LTJG Dorothy Duckworth's last year of nurses training, but it also gave her the opportunity to meet her husband, LT D. J. Duckworth. Now they're both stationed at NH, Oakland, and living in San Francisco near Twin Peaks.

Dr. and Mrs. Duckworth met at NH, Charleston, the first assignment for both of them. They were married 4 July 1968.

Mrs. Duckworth earned her BS in Nursing at Boston College and went on active duty in August of 1966. She is from Long Island, N. Y. Her husband, from Toronto, Canada, earned his M.D. at the University of Toronto.

The Navy strives to keep married couples together, and after Dr. Duckworth came to Oakland in August, Mrs. Duckworth followed in November. However, it is sometimes difficult for them to coordinate their off-duty time. When they do, they enjoy traveling in California and seeing the sights of San Francisco.

"The Green Valley Restaurant in San Francisco is great—inexpensive Italian food, and the Alta Mira in Sausalito has good food and a fabulous view," says the JG in the family.

LT Duckworth is a first-year resident in NP Service, and LTJG Duckworth is assigned to 6E—Surgical ICU.

Another nurse who joined the Navy and met her doctor-husband is LT Sharon Kosch. She and LCDR William F. Kosch were married in 1967 at the end of his year of internship here.

The Governor's Proclamation

A special feature of the Nurse Corps Anniversary party Tuesday was the presentation of Governor Ronald Reagan's proclamation of 13 May as Navy Nurse Corps Day throughout the State of California. The proclamation states:

Whereas May 13, 1969, is the sixty-first anniversary of the establishment of the Navy Nurse Corps, and

Whereas Navy Nurses, in war and in peace, help to defend our nation's freedom by protecting the health of men of the armed forces and their dependents through nursing care, teaching, and nursing research; and

Whereas approximately 530 of the more than 2400 Navy Nurse Corps members serving throughout the world are on duty in naval hospitals and dispensaries in California, and hundreds of former Navy Nurses in civilian positions daily contribute to the health and welfare of the people of the Golden State,

Now Therefore, I, Ronald Reagan, Governor of California, do hereby proclaim 13 May, 1969, as Navy Nurse Corps Day.

The proclamation bears the seal of the State of California.

Admiral Irons presented the proclamation to Captain Harrington at the afternoon cake-cutting attended by military and civilian staff members, patients and their guests.

Five NC JGs Model Their Uniforms At Fashion Luncheon

The highlight of the Alameda County Nurses Association Luncheon and Fashion Show last Saturday was the modeling of Navy Nurse Corps uniforms by five pretty LTJGs from the hospital.

The fashion show, to benefit the Nurses Association Scholarship Fund, was held at Goodman's on Jack London Square. After modeling the first part of the show, the NH Oakland nurses came out to display all the uniforms now worn by Nurse Corps officers, in honor of their corps' 61st anniversary.

The five models were Mary Brown, Jacqueline Kessler, Sharon Mitchell, Patricia Payne, and Bonnie Scott.



The Laboratory Service has trained eight more corpsmen to be laboratory technicians. They were graduated 2 May and were sent to new duty stations throughout the nation. On hand to present certificates were, front row, from left, LCDR Philip Vogt, CDR Melvin Borowsky, Chief, Laboratory Service, and HM1 A. C. Short, instructor. Graduates are, middle row, from left, HN Thomas F. McLaren, HM3s Parley E. Savage, Michael D. Barrett, and Robert D. Wilson. Back row, from left, HNs Larry R. Callison, George P. Bond, Loren D. Mortensen, and James G. Allen.



Ensigns Steven and Donna Clapp are a first at NH, Oakland.

Two Ensigns Clapp Are Mr. and Mrs.

Celebrants at the Nurse Corps 61st Anniversary party included Ensigns Steven and Donna Clapp—first husband and wife Nurse Corps team to serve at the hospital and one of very few in the Navy.

The two met last 22 November, the day Mrs. Clapp reported from Navy Schools Command, Newport, R.I., and two months and two days later they were married in the hospital chapel. They work in different wings of the surgical floor.

From Pensacola, Fla., the green-eyed blonde Mrs. Clapp earned her RN from Mobile Infirmary, Mobile, Ala. Mr. Clapp is from Springfield, Ohio, and has his RN from Community Hospital of that city.

One of the benefits—and the hazards—of a Navy Nursing career will separate the couple in July, when the Navy sends Mr. Clapp to George Washington University, Washington, D. C., for special training as an anesthetist. But the separation probably will be brief, for Mrs. Clapp has requested transfer to NH, Bethesda, Md.

Mr. Clapp is one of eight male nurses among the 130 Nurse Corps officers serving at the hospital. The Corps was first opened to men in 1965.



White Hats Moving Up

Promotion Gallery



Receiving congratulations on their 16 April promotions to first class are, from left, HM1s Anthony B. Keen, Jack C. Gerrie, Arthur Cloutier, and William Clayton, SH1 Willie W. Fudge, HM1s Ray V. Fenton, Sherman L. Bonomelli, Ralph C. Childers, Carole C. Lord, Samuel A. Sowards, and Theodore Young. Seen at right, new ETR2 Clifford N. Harrison is the only man promoted to second class.



Many hospital staffers were happy to receive promotions to third class hospital corpsmen 16 April. New petty officers above, are, front row, from left, Michael D. Barrett, John G. Bendele, Lo Ann Breitbach, Carolyn R. Disparti, Terrance M. Carlson, Ronald Childers, and Billy J. Colbert. Middle row, from left, Charles C. Coltharp, Phil D. Crumpacker, Timothy J. Driscoll, Douglas W. Binder, George W. Fay, Clinton D. Gortney, Donald E. Guthrie, and William J. Huddleston. Back row, from left, Benjamin Inman, William Johnson, Leslie R. Jolley, David A. Klein, John F. Laughlin, and Thomas J. Lesnak.



Still more new petty officers third class, are, first row, from left, HM3s Hugh R. McLean, Clemente M. Muriel, Joseph G. Olander, John E. Peterson, Francis Salcido, and David C. Sherrill. Second row, from left, HM3s Harry L. Slajer, Charles E. Stewart, Edward J. Summers, Matt E. Tombre, Jerry W. Vance and Richard H. Vanligten. Third row, from left, HM3s Timothy J. White, Larry R. Williams, Robert D. Wilson, SK3 Lynn Hoagland, HM3s Stanley P. Snell and Parley E. Savage. Fourth row, from left, HM3s David K. Miller, Paul F. Delucchi, Jimmy D. Campbell, James T. Bailey, and Larry D. Andrews.

Hospital to Host Tennis Tournament

NH, Oakland will host this year's 12ND Women's Tennis Tournament on 11-12 June. All active duty officer and enlisted women personnel are eligible to compete. Prospective team members will be furnished tennis rackets and balls and will be given priority for using the base tennis courts for practice. For details of the tournament and equipment, contact Ron Brown, topside, Bldg. 38, Ext. 2350.

Clergy Conference On Alcohol Problems Slated for 22 May

The hospital chaplains will host a clergy conference on alcohol problems Thursday, 22 May, from 0900 to 1230 at the O' Club. Major emphasis will be on pastoral understanding of alcoholism and resources for assistance in alcohol problems.

The G. I. Bill helped educate 116 Congressmen.

Bernal, Zwirnbaum Ship Over for 4, 6

HM1s Eduardo Bernal and Jeffrey Zwirnbaum have reenlisted for four and six years respectively.

HM1 Eduardo V. Bernal, a lab technician, is originally from the Philippines but is an American citizen and plans to stay in the Bay Area. He joined the Navy in August 1953, was assigned here from February of 1955 to April 1967, and returned to the hospital in February. He lives in Alameda.



HM1 Jeffrey S. Zwirnbaum, from Bradford, Pa., is a PMT School student. He joined the Navy in June, 1963. He and his wife Dianna have one son, Mark.

Intramural Sports

By CT3 Bob Felling

Bowling is the only intramural competition now active at NH, Oakland. Standings of the Wednesday Night Men's Bowling League after 16 weeks reveal a tie for the top spot. Two weeks remain in league play.

	W	L
Hoods	41½	22½
CSR	41½	22½
PMT	33	31
Lab	32	32
Pharmacy	23½	40½
N. P.	22½	41½

Intramural softball games begin Monday, 19 May with seven teams entered for league play. In late July the top intramural team, augmented by the best players from the other league teams will play for NH, Oakland in the 12ND Softball Championship Tournament.

— Call 2350 —

Sports activities at NH, Oakland are coordinated by Athletic Director Ron Brown. For information concerning any hospital athletic program, contact him at his office, topside, Bldg. 38, Ext. 2350.

Sports Briefs

By CT3 Bob Felling

A meeting of all prospective skeet shooters is scheduled for 1230 on 26 May in the ENT Conference Room.

NH varsity golfers continue their links campaign, facing the Coast Guard team 13 May, and Oakland Naval Supply Center, 20 May. They brought their 12ND record to 1-3 with a win over Hunter's Point 22½-4½ on 29 April while losing to Mare Island on 6 May by a narrow 14½-12½ score.

Twelfth ND Straight Pool Championships were held 12-13 May at Mare Island. The Peterson Pool title is on the line 16 May. Results will appear in the next Oak Leaf.

Men's Tennis champions of the 12 ND will be decided in June and July. Read the Oak Leaf or see Ron Brown for details.

Track and field season action climaxes 22 May at the District Meet in Concord. Trackmen are urgently needed if NH Oakland is to field a team.

Five hospital bowlers rolled against five professionals at the Oak Knoll Bowling Lanes on 7 May and lost by only 29 pins. In the 880-851 contest, not one of the pros had a 200 game. However, the hospital's Adam DeMello marked 222 and Mike Saunders had 216. Chuck Cole, Al Garcia, and Joe Newman were the other NH team members.

Free golf instruction is available for women on active duty in the 12ND through 18 June at Alameda Municipal Golf Course.

—usn—

Buy Savings Bonds



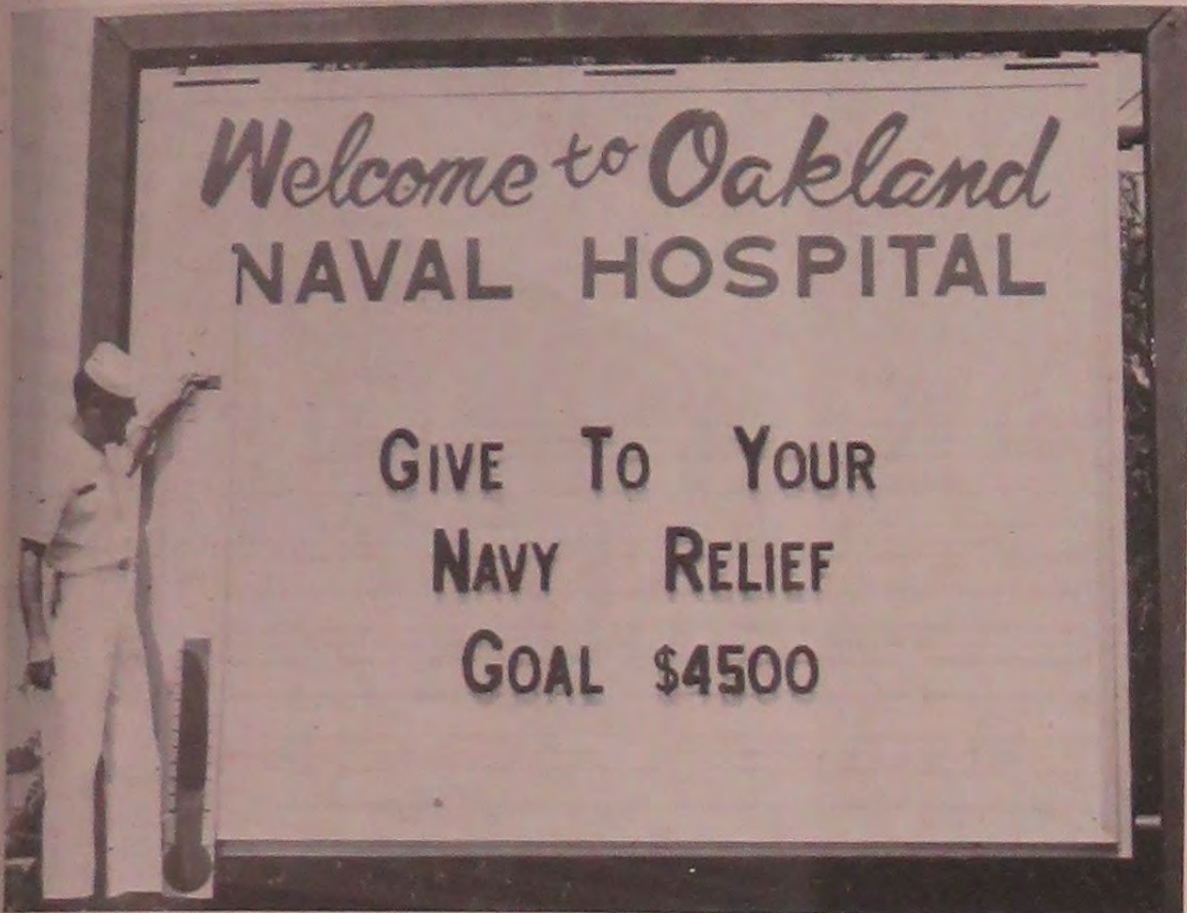
During their visit to the hospital bowling alley 7 May, these professional bowlers took time to help PFC Al Garcia (center) learn to "spot" his ball. The bowlers, members of the Professional Bowling Association, are Glenn Allison (left) and Ted Hoffman. The other professional bowler on board was Etta Nickel. With amateur bowlers from the area they visited with patients, bowled an exhibit match, and matched their skill with those of hospital patients and staff.

The OAK LEAF

Vol. 31, No. 11

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Thursday, 29 May 1969



SF1 Ronald Lacy of Special Services heats up the Navy Relief Thermometer. The Navy Relief Society campaign, launched 5 May, was nearing the half-way point when Lacy adjusted the thermometer this week. The goal is \$4500 and receipts as of Monday totaled \$2000. The drive ends 12 June, the 25th anniversary of the battle of Midway.

SFP3 Charles Turner Awarded Bronze Star

SFP3 Charles E. Turner, USN, received the Bronze Star with Combat "V" for service as pointman for Delta Platoon in the Rung Sat Special Zone and the Mekong River Delta in Vietnam from 28 February to 15 June 1968. He also received the Purple Heart for wounds incurred while on patrol in Nhe Be on 16 June 1968.

The citation for the Bronze Star stated, "Petty Officer Turner's professional ability and courage under fire contributed significantly to the success of his platoon's 60 combat missions, on which enemy contact was made 25 times. As pointman for the second fire team Turner was required to

(Continued on Page 4)

Emblem Choice Waits Decision of New CO

Judges in the contest for a hospital emblem have narrowed the competition to three entries, which have been set aside to await a final vote of the new CO.

Response to the contest was most gratifying in that 27 entries were submitted by 17 artists. Names of the competitors, who included officer, enlisted, and civilian staff, patients, and dependents will be published in the OAK LEAF when the winner has been named.

The President's Memorial Day Message

On Memorial Day, the American people unite to pay tribute to the many brave men and women who have given their lives in the service of their country. We pause to reflect upon the courage and sacrifice of those who responded when their nation called, who left home and family to take up arms on distant shores to ensure to posterity the blessings of peace and freedom. We render our thanks and express our gratitude, for we have not forgotten what they did or the price they paid.

On this Memorial Day, a great American force is in the field in Vietnam, and other American forces stand guard on the frontiers of freedom throughout the world. These young men and women are responding just as bravely today as their forefathers did on previous occasions when the call to duty came. Their sense of purpose, their personal courage, their professionalism, and their loyalty are an inspiration to all.

For the heroism and sacrifice displayed by the American fighting man, past and present, we are indeed filled with pride and gratitude.

Richard Nixon

Change of Command

Admiral Irons to Depart 12 June for Pensacola

RADM Edward P. Irons, who has served as Commanding Officer of the hospital since 20 October 1967, will relinquish command to CAPT George M. Ricketson, Executive Officer, at a ceremony scheduled for 1500 Thursday, 12 June.

Admiral Irons will report to the Naval Aerospace Medical Center, Pensacola, Fla., as commanding officer at the end of June. A flag officer will be named to succeed him here later in the summer.

Plans are under way for a colorful Change of Command ceremony to take place at the entrance of the main building. Civic and military dignitaries will attend, and all staff members, military and civilian, who can be spared from their duties are invited.

Following the ceremony a reception will be held at the Officers' Club for staff officers and invited guests. All other staff members are invited to a reception in the hospital's main dining room immediately following the program.

HM2 Peters May Sailor of Month

SAILOR OF THE MONTH for May is HM2 Kenneth L. Peters, Dermatology. He was presented the award and a gift certificate for \$20 from the Navy Exchange by Captain Ricketson.

According to the citation, Peters exhibited expert leadership ability during the move of the busy clinic, and has since supervised and assisted personally in the maintenance of the clinic spaces, both his own and an adjacent one. He has kept the Dermatology Clinic running smoothly, anticipating the needs of a clinic handling large numbers of patients. His excellent work, fine military bearing, and pleasant manner have earned him the respect and friendship of all his associates.

Peters has been in the Navy since 21 July 1960, and came to the hospital in January of 1968. He is married and has two children.



HM2 Kenneth L. Peters, May's Sailor of the Month.

HC Anniversary Ball Coming 13 June

Get ready for the Hospital Corps 71st Anniversary Ball, coming in just two weeks!! Friday, 13 June, at the Holiday House in Hayward, it will begin with cocktails at 1930. Dinner at 2000 will be followed by dancing and entertainment at 2100.

Dress for the event is semi-formal.

Tickets only \$1.00 per person—are available from HM1s Fred Matthews, Main Lab, Dan McGill, PMT School, and Ed Niec, NPRL; HM2s Freida Jennings, Physical Therapy, John Grillot, Pharmacy, and Tom Whyte, Mailroom; HM3s Pat Muse, Occupational Therapy, and Mike Pettingill, Mailroom, and DT3 Laura Painter, Dental Service.

The Harmonicats, and Herb Miller & His Orchestra.



Versatile Leroy Harold, seen here in three of his routines, will MC the 13 June Hospital Corps 71st Anniversary Ball. Other entertainers at the gala will be The Linebackers, Johnny Paloma &

The Oak Leaf

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No. 11

+ + CHAPLAIN'S CORNER + +

Here it is almost June again, and the Chapel calendar is filled with notations of weddings. The next few weeks as starry-eyed young couples approach the altar to take the vows making them husband and wife, we chaplains have a duty to help them build their marriages on firm foundations. I know this is our duty because every day men and women come to us with heart-breaking stories of marriages that are failing. Let me share some of these problems with you.

Money is sometimes a disturbing factor, occasionally because the wife is accustomed to a higher standard of living than the husband can provide. Sometimes trouble arises because the couple really believed that two can live as cheaply as one. The real difficulty, however, often lies in the lack of mutual confidence, mutual planning, and mutual sharing. Problems, financial or otherwise, must be discussed and solved together, since a marriage is a Divinely-blessed partnership.

Parents can be problems! It is significant that the Chinese character for trouble is composed of the characters representing two women under one roof. Well-intentioned parents have broken up more marriages than they realize, sometimes by inviting a couple to share the parental home, sometimes by insisting on doing the couple a favor by providing them with luxuries they could not otherwise afford. Real happiness is almost always fostered by the newlyweds' having a home of their own. Dignity and self-respect are more important than color TV sets, and the kitchen large enough for two women has never been built.

Religion, which more than other factors, should unite man and wife, often divides them. Constant bickering over different religious beliefs leads to bickering over other things. Men and women of widely different religious backgrounds should consider well that they have two strikes against them when they marry. This means that they both must work harder to make the marriage a success. Here too, mutual respect and understanding are clearly needed.

These factors, soberly considered, can insure that marriage will not degenerate into a boring, confining, distasteful relationship, but will be an experience of beauty, satisfaction, and success. If marriage partners would keep the stars in their eyes, they must also keep their feet on the ground.

CAPT H. E. AUSTIN, CHC, USN
Protestant Chaplain

Lovely Models Highlight O' Wives' May Fashion Show



Modeling a beautiful feather-trimmed coat, Mrs. Ed McKulzsky (left) charms the audience at the 12 May O' Wives' Fashion Show. Mrs. McKulzsky, a professional model, is a former baby-sitter for the Helmer Husebys. The other lovely ladies who modeled fashions from Kristine's in Castro Valley were officers' wives. They are, from left, front, Mmes. James F. Rosborough, Fred J. Stucker, William S. Joffe, and Galen H. Meyer. Back row, from left, Mmes. Donald W. Rohren, Gilbert A. LeBlanc, Robert B. Steiner, Mrs. McKulzsky, and Bruce L. Daniels. Mrs. Arthur H. Holmboe was the mistress of ceremonies and coordinator.



Ensigns Steven Day and Paula Alexander, youngest male and female nursing staffers at the Hospital were busy in the Main Dining Room 13 May cutting cake at the Nurse Corps' 61st Anniversary party. Here they serve CAPT Phyllis Harrington, Chief of Nursing Service. Civilian and military staff, patients and guests were present to celebrate the anniversary.



Six new Radiology technicians pose with their chief of service after graduation 16 May. In the front row are, from left, HM3 Richard C. Hoage, HM2 Woodie R. Thayer, and HM3 Richard L. Calderon. Behind them are, from left, HM1 Eddie B. Johnson, HM2s Kenneth Ong and Edward Silva.

More than 1,000 Civil War widows draw pensions.

Commander Boudreaux Heads for Portsmouth

On his departure to Naval Hospital, Portsmouth, Va., CDR Joseph C. Boudreaux, MSC, USN received a Letter of Commendation for his services as Chief of the Pharmacy Service from 6 June 1966 until 26 May 1969.

Commander Boudreaux's "excellent professional qualifications, coupled with outstanding leadership qualities and a genuine interest in the individual, kept the pharmacy running smoothly and efficiently despite an increased workload and the additional burdens imposed by the move into the new building. Twenty-four hour active coverage is one of a number of new pharmacy services established during his tour of duty," the citation stated.

"His innate friendliness and active interest in all phases of hospital and community life enhanced the hospital's reputation and enabled him to maintain exceptionally high morale among members of his staff."

Among many who will miss the commander are fellow fishermen with whom he spent many exciting Sundays.



Relaxing after passing their final exams and receiving certificates of completion of a course in "Personal Improvement" at Patricia Stevens Career College are seven of twelve WAVES who took the course. Standing at left is HN Jenny Roos. Seated from left, are DN Mary Parker, HN LoAnn Breitbach, HM2 Hilda Tapia, and HN Patricia Lopez. Standing at right are HM3 Pat Muse and HM2 Ernabeth Theodores. These WAVES received their certificates 19 May. Four others returned for their final "check-out" Monday. They are HM2 Vickie Barr, DT3s Laura Painter and Joanna Haring, and YNSN Lynn Wilcox.

Know Your Staff



Keeping busy in the newly located Civilian Personnel office on the third deck is Don Roberts, new Position Classification Specialist. When a need arises for a new employee, Mr. Roberts prepares a new job description and determines its grade. He also evaluates present job billets and determines if the grade need be changed. Right now he's reviewing all jobs, ensuring that they are described and evaluated properly.

The Mississippi-born staffer came from Long Beach to attend UC Berkeley, graduating with an AB in Economics in 1959, and settled in the Bay Area. Two years with State Farm Insurance, four years as an accident investigator for Southern Pacific, and two years as a revenue officer for the IRS preceded his introduction to Civil Service at NAS Alameda, where he spent two years as a Position Classification Specialist. He arrived here 13 April.

Don and his wife Miki, from San Jose, live in Alameda. A favorite pastime for him is playing half-court basketball at the YMCA.

Scuttlebutt

SIGHTS & SOUNDS: Mewling kittens on the doorstep of the WAVE barracks, found by HM2 Frieda Jennings, who took one home to her own Siamese kitten . . . Y Wait, entry on recent admission sheet . . . Distressed Dental Intern LT Alan Carr, viewing his Certificate of Internship—the only one lettered in black rather than blue, and the only one NOT signed by RADM E. C. Raffetto, Assistant Chief of BuMed for Dentistry . . . Navy Relief Cash boxes on shuttle busses—bright idea of Herman Williams of Transportation—with over \$25 collected! . . . Transportation personnel enjoying Beef Stroganoff dinner while contributing to Navy Relief—Gus Metelas of Transportation provided the food and cooked the meal, proceeds (\$16) going to Navy Relief. . . . DTCS Richard Langley making Bingo Night at the CPO Club profitable for Navy Relief—proceeds from sale of popcorn and donations added over \$30 to Navy Relief funds.

DID YOU KNOW that Pat Frary, wife of LCDR Lynn Frary, Urology Resident, met her husband while stationed as a Navy Nurse at NH, Oakland? . . .

That LT Linda Davis is a photographer, covering the WAVES' graduation at Patricia Stevens with excellent results? (as the photo above proves!).

LIFE BEGAN 12 May for Alicia Lomax, 9 lb., 10 oz. daughter of HN Richard Lomax, 8S, and wife Karen Anne . . . 15 May for Leslie Anne Jenkins, 7 lb., 13½ oz. daughter of EN1 Richard T. Jenkins, patient on 76B, and wife Patricia . . . 16 May for Michael Francis Silva, 8 lb., 6½ oz. son of HM2 Edward Silva, 16 May Radiology Technician's School graduate, and wife Marlene . . . and 20 May for Steven Jacob Schang, II, 6 lb., 12 oz. son of LT Steven J. Schang, Jr., Medical Intern, and wife Martha Frances.

Miss Armstrong at the Helm in ARC As Mrs. Conklin Retires to New Job

Mrs. Marian Conklin, Hospital Field Director for the past three years, retired 9 May after 26 years of widely varied service to Red Cross—but not for long. On 10 June, after an eight-day holiday in Hawaii, she will report to a new job as manager of the Berkeley City Club—a fine old Berkeley institution with 700 members and a staff of 30, a swimming pool, 39 resident rooms, ball rooms, and dining room. This despite her announced plans to travel, relax, and spend more time with her children and grandchildren.

Noteworthy among the achievements at Oak Knoll that earned Mrs. Conklin the CO's Letter of Appreciation, presented the day of her departure, was expansion of the volunteer program to provide much-needed assistance in nine different hospital clinics and the patient record office. Also expanded during her tour of duty were Red Cross education programs, which enabled a number of patients to qualify for high school diplomas during their hospital stay.



Miss Ruth Armstrong is the new Hospital Field Director for the American Red Cross.

Taking on the responsibility of supervising all Red Cross activities at the hospital is Miss Ruth Armstrong, new Red Cross Hospital Field Director. When she came on board 5 May, she entered a "not unfamiliar hallway," in Bldg. 38; for her very first assignment in hospital service for Red Cross was three months at NH, Oakland.

Born in Colorado, Miss Armstrong was raised in Burlingame and graduated from UC Berkeley. Before joining the Red Cross team, she worked in social welfare, her last position being at the UC Hospital Clinics in San Francisco.

Interest in overseas travel prompted Miss Armstrong to apply to Red Cross, but her first position was with a local chapter in San Francisco for five years. She then transferred to the National Division and became a case-worker with the hospital service.

Miss Armstrong's first overseas tour was in Japan and Korea from 1951 to 1953. She found Morocco a fascinating location during her second tour, part of which was spent in Germany. She has just returned from a tour in the Far East.

Red Cross tours are similar to military tours—most are for two years, but Vietnam is for one, with the option to extend to 18 months. Miss Armstrong spent 18 months in Cu Chi, 12th Evacuation Hospital, before going to Japan for 18 months and Okinawa for six.

Miss Armstrong has been in the administrative branch of ARC since 1953, but she still likes to work directly with patients whenever she can.

When asked what her favorite pastime is, she replied, "At the moment, unpacking!" She also enjoys photography, especially while traveling.

Memorial Day Services

Protestant Memorial Day services will be held tomorrow at 1100 in the Chapel of Hope. Catholic Memorial Mass will be said in the Chapel of Hope at 1200.

JANGO JINGLES

JANGO of the MONTH for April was Lynne Tiffany, who earned the same honor in February.

JANGOs held elections at their 24 May meeting, and the following girls are now in office: Judy Fluitt, President; Lynne Tiffany, Vice-President; Vicki Holm, Secretary; Linda Bookout, Treasurer; Laura Paquette, Publicity Chairman. Representatives for the new March JANGO class are Ellen Pascoe and Carla Mitchell.

Mrs. James Young will depart this summer with her husband for a new assignment at NH Chelsea, Mass., and will be replaced as Senior Jango Chairman by Mrs. Henry A. Sparks.

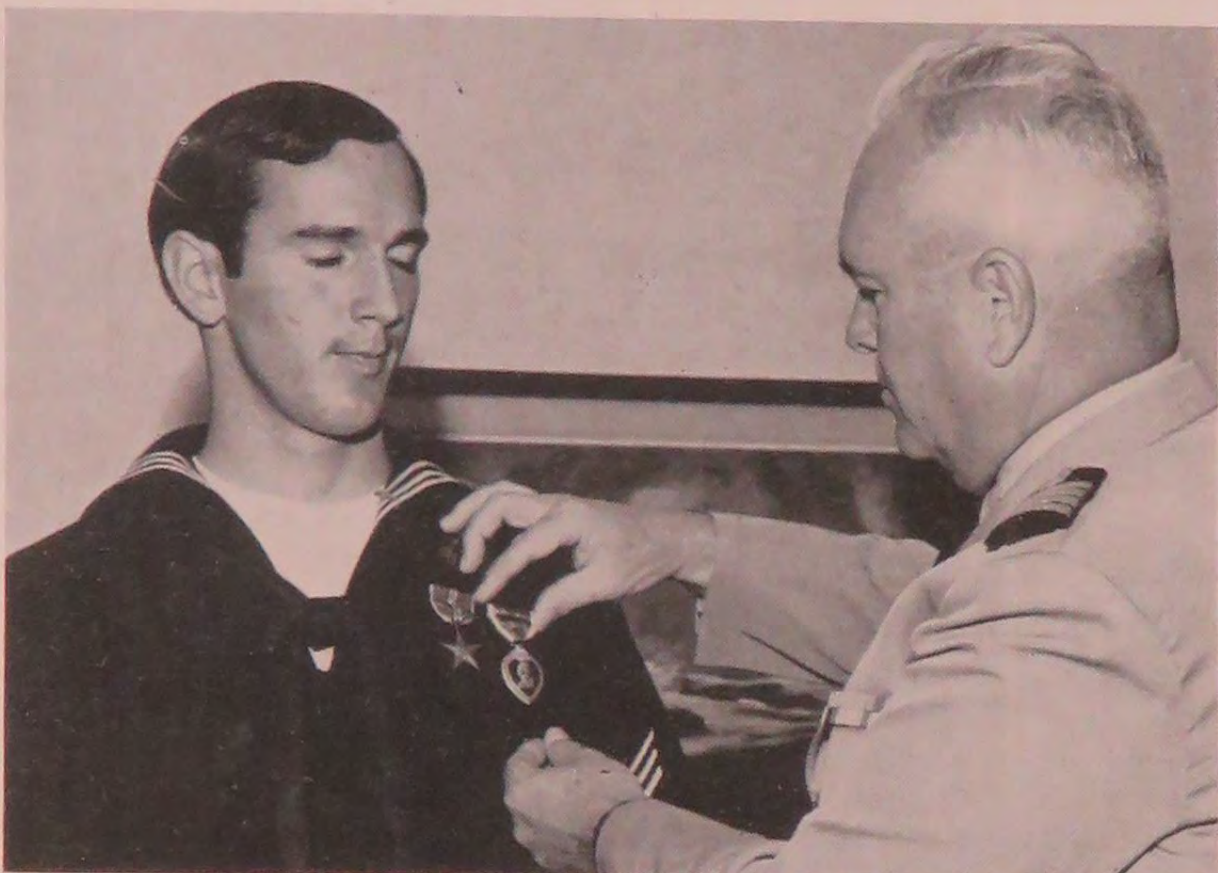


Odessa Rauls, wife of retired Navy Chief Nathan G. Rauls, helps CDR George Conkey cut this cake, which seems almost too beautiful to eat. Mrs. Rauls, a patient in the NP Outpatient Medication Clinic (of which Dr. Conkey is chief), baked and decorated the cake in appreciation of the help she has received from the clinic. Mrs. Rauls had nearly given up the hobby ("I'm just an amateur") but the cake, which she brought in last week, is proof that she's ready to start again. The wishing well cake, that proved to be as delicious as it was lovely, was enjoyed by patients and staff members of the clinic.

HOSPITAL CORPS BALL—13 JUNE!



Losing only to the Pathology team, the Administration volleyball team took second place in intramural play with an 8-2 record. Players are, front row, from left, LT Barry Richard, LTJG Whitney Thomas, LTJG Paul Bonarrigo, and LT Al Woods. In the back row, from left, are HM2 Greg Nichols, LTJG Terry Hoobler, LT Ken Kneebone, and LTJG Harry Mast.



SFP3 Charles E. Turner receives the Bronze Star with Combat "V" from Captain Ricketson, Executive Officer.

SFP3 Charles Turner Gets Bronze Star

(Continued from Page 1)

exert the utmost concentration and daring to lead his teammates through enemy territory without detection. His exemplary teamwork and sound judgment were repeatedly demonstrated in engagements in which no friendly casualties occurred while inflicting substantial losses on superior insurgent numbers. On 29 March 1968, having been taken under fire by an estimated two Viet Cong platoons, he immediately maneuvered to a flanking position only 25 meters from the enemy's automatic weapons. His surprising and accurate fire gave his pinned down

team the advantage of temporary fire superiority and permitted them to withdraw without casualty, and direct a light helo fire team attack. The results of the engagement totaled 27 Viet Cong killed in action and an unknown number of Viet Cong wounded. Petty Officer Turner's sound professional judgment, tactical knowledge and constant courage were in keeping with the highest traditions of the United States Naval Service."

Turner has recently been transferred to Treasure Island for six months' limited duty.



In the CO's office last week to receive Length of Service awards were these civilians. Seated, from left, are Mrs. Betty Winsby, 20 years in Patient Affairs Division here, Mrs. Willie Ford, 20 years—all at the hospital, but in Food Service, then Laundry, and currently in House-keeping, and Mrs. Zelma Sanders, 20 years in Food Service. Standing, from left, are Mr. Ray Merrill, 30 years of Federal service, 20 at Alameda, and the last ten here in the Fire Department, Mr. Henry Moser, 30 years, five at Mare Island, the rest here in the Carpenter's Shop; and Mr. Larry B. Osorio, whose 20 years' service has been at Pearl Harbor, Hunters' Point, Mare Island, and the last seven here in the Paint Shop.



With a 10-0 record, the Pathology volleyball team took the intramural championship for the third year in a row. Three of its members, LCDRs Joseph Gregonis, Lawrence Nelson, and Philip Vogt, have been on the team for all three years. Pictured with their trophies are, front, from left, Dr. Gregonis, Dr. Nelson, and Bill Peterson. Back row, from left, Dr. Vogt, CDR Norval Mortensen, and HM C. D. Ward. Other members of the team were CDR Arthur Holmbo and LCDR Daniel Kelly.

Sports Briefs

by CT3 Bob Felling

Women tennis players interested in playing for the station tennis team should contact Ron Brown immediately. All active duty officer and enlisted women personnel are eligible. NH, Oakland hosts this year's 12ND tournament on 11-12 June, and as yet no players have been recruited for the team.

Golf standings are on the upswing as varsity linksmen evened their 12ND record at 3-3 with two more wins. They swamped Coast Guard 25-2 on 13 May and then took Oakland Naval Supply Center, 20½-6½ on 20 May. Against NSC, Tom Carson shot a 77 round and Lynn Hoagland fired a 79. The team faced Naval Weapons Station, Concord, on 27 May and will meet Treasure Island on 3 June. Results will appear in the next Oak Leaf.

Umpires are needed for officiating intramural softball games. Experience is preferred but not necessary. Pay for umpiring is \$5 per game. Four league games are played each week.

The Men's Summer Bowling League for NH, Oakland staff members is now being formed. For information, inquire at the station bowling lanes, Ext. 2120.

Swimmers and divers are needed for the NH, Oakland team. Competition in three weekly meets will precede the District meet, 24-25 June.

At the 12ND Singles Pool Championships, held 12-13 May, Terry Hoobler advanced to the semi-finals match before being eliminated. He won three games in the process.

For information concerning any hospital athletic program, contact Ron Brown, topside, Bldg. 38, Ext. 2350.

FRA Ladies to Greet National President

Rachel Bullwinkel, National President of the Ladies Auxiliary, Fleet Reserve Association, will be honored at a Turkey Potluck Dinner, Wednesday, 4 June, at 1830.

The dinner, at the San Leandro Veterans' Memorial Bldg., 1105 Bancroft Ave., will be hostessed by Alameda, Hayward, and San

Intramural Sports

By CT3 Bob Felling

After 19 weeks of alternating as leader of the Wednesday Night Men's Bowling League, CSR and the Hoods faced each other the last night of league play to decide the championship. After being tied for first place two weeks ago the teams entered their last contest on 21 May with the Hoods in front with 44½ wins to CSR's 42½. The Hoods had to win two of the last four games against CSR to be sole champion. The drama began as CSR swept the first two games of the last match. Facing the sink or swim proposition, the Hoods promptly drowned CSR, hopes for first place by taking the final two games—and the league title.

Finishing with high game for the league was Mike Saunders of the Hoods with a 247. The Hoods Joe Newman maintained high average of 178. Willie Ward, CSR, finished with high handicap game of 250 and CSR's Alvin Hink marked high handicap series of 614.

Final league standings follow:

	W	L
Hoods	46½	25½
CSR	44½	27½
Lab	37	35
PMT	36	36
N. P.	27½	44½
Pharmacy	23½	48½

Intramural softball play began the week of 19 May and resulted in three lopsided contests. The first week's scores follow:

Dental/Surgery	1
Lab	1
Administration	2
Project 49	1
Radiology	1
Fiscal/Supply	1

Silver worth more than half a million dollars has been reclaimed by the Veterans Administration this past year from films, negatives, and photographic developing solutions.

Leandro units of the Ladies Auxiliary. Regular meetings for Branch and Unit #10 (San Leandro) will follow at 2000.

Hospital staffers are cordially invited to attend.

The OAK LEAF

Vol. 31, No. 12

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Thursday, 12 June 1969

CHANGE OF COMMAND

NAVAL HOSPITAL OAKLAND

12 June 1969

PROGRAM

MUSIC FOR ASSEMBLY Twelfth Naval District Band

HONORS

Ruffles and Flourishes
Admiral's March

INSPECTION OF HONOR GUARD

NATIONAL ANTHEM

INVOCATION CAPT Henry E. Austin, CHC, USN

REMARKS RADM Leo B. McCuddin, USN
Commandant, Twelfth Naval District

REMARKS RADM Edward P. Irons, MC, USN
Reading of Orders
Admiral Irons' Flag Hauled Down

READING OF ORDERS . . CAPT George M. Ricketson, MC, USN

BENEDICTION LCDR James P. Regan, CHC, USN

NAVY HYMN Twelfth Naval District Band



RADM E. P. Irons, MC, USN



CAPT G. M. Ricketson, MC, USN

Admiral Irons to Command Aerospace Center Captain Ricketson Takes the Hospital Helm

Command of the hospital changes today as RADM E. P. Irons relinquishes his duties to CAPT G. M. Ricketson and departs for a new assignment as Commanding Officer of the Naval Aerospace Medical Center, Pensacola.

Captain Ricketson, Executive Officer since February of this year, will be in command until later this summer, when a flag officer is named to succeed Admiral Irons.

The departing skipper, twelfth medical officer to command the hospital, reported in October 1967 in time to supervise completion of the new building and the gigantic task of moving from the "temporary" buildings that had served for 26 years.

In addition to administering this busy hospital, Admiral Irons has served as 12ND Medical Officer and Adviser for Medical Matters on the staff of ComWestSeaFron and has been active in community affairs. Prior to reporting to Oakland, he was Inspector General, Medical, for the Bureau of Medicine and Surgery. He is a graduate of the University of Illinois Col-

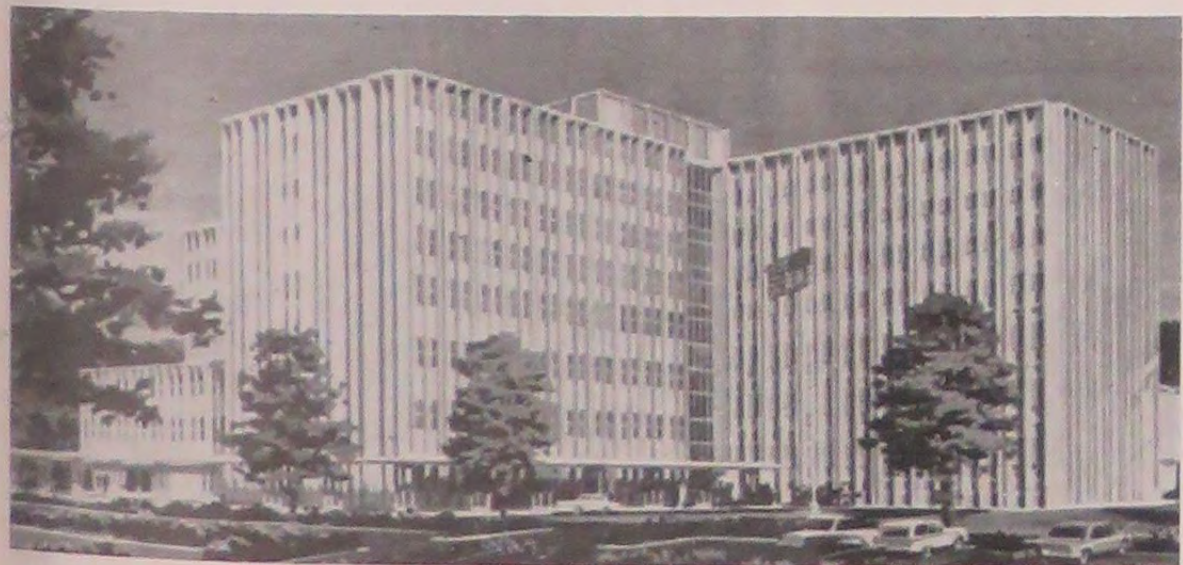
lege of Medicine, where he received his MD in 1939. He was commissioned in the Medical Corps the same year. Pensacola will be familiar ground to Doctor Irons since he trained as a flight surgeon there early in his career.

During the Admiral's tour of duty here, his wife Barbara has been active in Officers' Wives' Club activities and served regularly as a Red Cross volunteer. Sharing their hilltop quarters were sons Edward and Christopher and daughter Valerie.

Captain Ricketson brings to his interim post the benefits of a wide variety of assignments during 16 years of active duty. Emory University Medical School, Atlanta, Ga., is his alma mater. Orthopedic surgery is his specialty.

Like Admiral Irons, Captain Ricketson came to NH, Oakland, from Washington, D. C. He served there for two years as Director of the Manpower Requirements Division of BuMed.

Doctor Ricketson and his wife "Billie" make their home in Quarters E.



Top Medical Team Flies to Midway Island

Six hospital representatives flew to Midway Island last Thursday to be there in case of emergency during President Nixon's meeting with South Vietnamese President Thieu. They returned Tuesday night.

Three doctors—CAPT George

E. Cruft, Chief of Surgery, CDR Harold N. Dean, Chief of Anesthesia, and CDR Helmer W. S. Huseby, Chief of Orthopedics—and three operating room technicians—HM2 Barton B. Beecher and HM3s Vernon E. Goss and Edward J. Summers—comprised the party.

Corporal Shaw Earns Silver Star Medal

CPL James G. Shaw, of Santa Clara, has been awarded the Silver Star for "conspicuous gallantry and intrepidity in action" while serving with Battery D, Second Battalion, Twelfth Marines, 3rd

MarDiv, Vietnam.

Corporal Shaw was presented the award 27 May by COL Richard B. Newport, USMC, Deputy Director of the Twelfth Marine Corps District.

On 22 August 1968, (then) Lance Corporal Shaw was serving as Forward Observer during a search and destroy operation in

(Continued on Page 2)

The Oak Leaf

Naval Hospital, Oakland, California

RADM E. P. Irons, MC, USN, Commanding Officer.
CAPT G. M. Ricketson, MC, USN, Executive Officer.
CDR R. V. L'Italien, MSC, USN, Administrative Officer.
Editorial Adviser: Dorothy Thompson.
Writer-Photographer: Kathleen McIntosh

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives Armed Forces News Bureau material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

Vol. 31

Thursday, 12 June 1969

No. 12

+ + CHAPLAIN'S CORNER + +

WHY GIRAFFES CAN'T TALK

Pastor Ewald Bash, who serves on the staff of the Youth Department of the American Lutheran Church, wrote a mythical parable entitled "Why Giraffes Can't Talk."

In the myth he submits the idea that "once upon a time" giraffes could talk just like everyone else. Then one day, while washing themselves, they discovered their long graceful necks. One of them said, "You know, I think we must have about the longest necks in the world." As they looked about they discovered this was true, and they began to chant, "We have the longest necks, the longest necks, the longest necks in the world."

Well, one thing led to another and soon the giraffes had formed a club called "Giraffites." They held frequent events, meetings, and conventions devoted to the admiration and exaltation of their necks. At the same time, according to the myth, "Words" were more powerful and influential than they are today. Words then, as they are today, were divided into classes, the most exclusive, and hence most powerful, being the superlative adjectives.

Until the giraffes began getting out of hand in the use of superlatives as regarding their necks, this class of "Words" had a very leisurely life. It was obvious when the giraffes began holding regular meetings, both day and night, the superlative adjectives were bound to get upset. The inevitable finally happened. The superlative adjectives met, and decided to go on strike. They picked as their time of walkout the annual "Giraffite" Convention, as many of them had already been notified they were to be used in keynote addresses and in songs.

So, when the convention was about to open, and the keynote speaker arose to speak, a hush fell over the huge crowd of giraffites. The speaker began, "Gentlemen, since we have the long — — —" He wheezed, stopped, and could say no more. He blushed, pointed to his throat and sat down. After another speaker attempted to speak and the same thing happened, the chairman suggested they sing a song. When they got to the word "longest" they also stopped. No more words would come out.

And concludes Pastor Bash, that's the way it's been ever since. The giraffe is an animal unable to speak because he has a superlative stuck in his throat. (Jesus told His disciples a parable about the Pharisee and the Publican. The one had only superlatives to say about himself. The Publican could only hold his head and ask God for forgiveness. The latter returned to his home "somebody" in the eyes of God. The passage closes with these words of Jesus: "For everyone who sets himself up as somebody will become a nobody, and the man who makes himself a nobody will become somebody." Luke 18:14 Phillips)

(Why Giraffes Can't Talk is from "A Visit to Five Brothers and Other Double Exposures" by Ewald Bash, Concordia Press 1968).

LCDR ALVIN B. KOENEMAN, CHC, USNR
Protestant Chaplain



Navy Relief pins were awarded at the 14 May O'Wives luncheon. Mrs. Gale Ramirez and Mrs. Ethel Thompson (mother of Mrs. Helmer Huseby) who earned 600 and 1000 hours pins, headed the list as Mrs. E. P. Irons made the presentation. Others earned 100 hour pins. In the front row, from left, are Mrs. Irons, Mrs. Huseby, Mrs. Ramirez, and Mrs. Lee Allegretti. Behind them, from left, are Mrs. George Cruft, Mrs. I. J. Weber, Mrs. Philip Swartz, and Mrs. Henry Sparks (for her mother, Mrs. Ruth Brown). Those not pictured who also earned 100 hour pins are Mrs. Sheldon Fingerett, Mrs. Stewart Myster, Mrs. Lawrence Nelson, and Mrs. S. R. Peters.

Scuttlebutt

DEPENDENTS WHO'VE MADE GOOD DEPT: CDR Ronald Proulx's son David is one of the four best spellers out of 11,000 Oakland elementary school pupils who took part in the 16th annual contest sponsored by the Oakland Council of Dad's Clubs. He was one of two runners-up to the winner, who correctly spelled all but one of the 70 words challenging him. Not only that, David won first prize in the recent Oakland Science Fair for the best individual project at the sixth grade level. His project was to determine if colors affect peripheral vision. David, who was 12 last week, goes to Charles Howard School.

SIGHTS & SOUNDS: An unidentified WAVE, on the chubby side, chuckling as she opened the greeting card that declared her to be "worth her weight in gold." . . . Vivian Swoford back from another of her fabulous weekend trips—this one to San Juan, Puerto Rico. . . . Mrs. Sparks clearly seen on a telecast of Memorial Day ceremonies at the Presidio of San Francisco. Captain Sparks also went! . . . LTJG Chris McManus' smiling face on the sports pages of last Saturday's TRIBUNE, with Raider Kent McCloughan and president and mascot of the Raiders' Women's Booster Club. . . . Two pretty nurse corps ensigns (Paula Alexander and Melanie Hilliard) strapped in the cockpit of a VAQ-133 KA-3B and taking off from NAS Alameda for a local flight with pilot LT Darwin F. Afdahl. . . . Interns getting ready for that very special party! . . . Gardeners hard at work planting that beautiful garden by the flagpole—the roses are part of a group given to the hospital nearly a year ago by The Stocking Nursery of San Jose and cared for by Public Works. . . . Hospital staffers rushing across the construction area, tennis rackets, track batons in hand at lunch and after work. . . . LT Chris Warner and his wife Dorothy romping and barking through a boisterous "Anniversary Game" telecast.

LIFE BEGAN 28 May for Wendi Lee Reed, tiny 4 lb., 3 oz. daughter of HM2 John T. Reed, former NPRL tech now in Education & Training, and wife Deborah. . . . 29 May for Cynthia Renee Munden, 8 lb., 11½ oz. daughter of LCDR Frank Munden, Pediatrics Resident, and wife Arlene. . . . 1 June for Carl David White, 7 lb. son of HM1 William A. White, PMT School student, and wife Virginia. . . . and 4 June for Henry Leslie Parlette, IV, 7 lb., 11 oz. son of LT Harry Parlette, III, Medical Intern, and wife Diana.

DID YOU KNOW that a busload of patients will be treated to AC Transit's summer scenic tour Friday afternoon and given the keys to the city and other souvenirs when they stop at Jack London Square? . . . That Yosemite was never lovelier than right now? So say the Wolfes and Acords, who journeyed up to the park last weekend. . . . And did you know that when Dr. Wurzel reported to Oak Knoll for his internship 16 years ago, without a tie, the Exec lectured him right out of his office?



CPL James G. Shaw, USMC.

Silver Star Award

(Continued from Page 1)

Quang Tri Province, RVN, when the Marines came under intense hostile fire. . . . the initial contact with the enemy, his squad was cut off from the company and became engaged in a fierce small arms and hand grenade battle with an enemy battalion. When a hand grenade landed near several of his comrades, Lance Corporal Shaw unhesitatingly picked it up, and as he threw the grenade toward the enemy it exploded. Although he was seriously wounded when the grenade exploded, his prompt and courageous action prevented serious injury or possible death to his fellow Marines," his citation stated. . . . "When the Marines attempted to evacuate Lance Corporal Shaw on a stretcher, they encountered enemy resistance. In an effort to expedite the unit's movement from the hazardous area, Lance Corporal Shaw, completely disregarding the pain of his wounds, climbed off the stretcher and negotiated the difficult terrain on foot. His resolute determination and sincere concern for the safety of his fellow Marines inspired all who observed him and contributed to the high morale and esprit de corps of his unit," the citation further stated.

Shaw joined the Marine Corps 18 April, 1967, and has been a patient at the hospital since last October.



As former LTJG Barbara H. Kalcik, NC, USNR, signs the papers which promote her to lieutenant, former LTJG Ken Kneebone, MSC, USNR, of Pharmacy waits eagerly to put his signature to promotion papers. The two were in the CO's office 13 May to receive their promotions.

— USN —

Savings Bonds and Freedom Shares cannot be used as collateral because only the registered owner can redeem them—another safety feature of Bonds and Shares.

Restful Retirement For Chief Schroeder

HMC George Schroeder transferred to the Fleet Reserve 8 May and is busy "relaxing and fishing" now. Chief Schroeder, who was Senior Military Technician in the Laboratory, came here for his second tour 3 August 1965. He retired after nearly 20 years' Naval Service.

The Chief lives in Walnut Creek with his family, and is waiting to vacation until school is out in June.

Fire Chief Sez:

A major refinery recently advised all of its personnel that very few manufacturers are producing containers to take or transfer gasoline with safety and NOT to put gasoline in PLASTIC CANS.

Metal jerry cans were used extensively for carrying water, various liquids and gasoline by military personnel during the war. Now, colorful replicas of these popular cans are being made of plastic and unfortunately, many are being used for carrying gasoline.

The possible danger in using plastic jerry cans was revealed by technologists who said that at

Guidelines Told For Cartoon Contest

The Navy is offering awards to the top five Navy cartoonists to be selected in the 14th All-Navy Comic Cartoon Contest in July.

The contest is open to all Navy personnel on active duty and their dependents. The entries must have a Navy theme or background, be in good taste, and must be suitable for general use.

Awards will be furnished by the Chief of Naval Personnel to the winners' commanding officers for presentation.

Submit your entry to Chief of Naval Personnel (Pers-G11), Navy Department, Washington, D.C. 20370, as directed in BuPers Notice 1700 of 20 March 1969.

temperatures ranging from 140 to 150 degrees Fahrenheit, gasoline will chew up low-density plastic with ease, especially in thin sections.

Heat in the trunk of a car or in the covered bow of an outboard boat can easily reach those temperatures on a hot day. These are just two relative examples where explosions could occur or a fiery blaze start that could most certainly result in another tragedy.

"Don't take chances with plastic containers" — good advice from those who know—the refinery people.



On Father's Day 1968 the OAK LEAF featured staff fathers with large families. Conspicuously absent from the layout was Dr. J. F. Wurzel, whose eight were a record then and still are. So, today, the OAK LEAF salutes the well-known OB-GYN specialist twice—for being the father of a fine family and on his promotion to captain. Gathered around as he signed the promotion papers are, foreground, from left, James, Peggy, Paul, Peter, and Luke. In the background with their mother, "Teen," are Mark, John, Jr., and Matt.

Whole Wurzel Family Turns Out To See the Doctor Make Captain

When Dr. John F. Wurzel was promoted to captain's rank 2 June, his wife "Teen" and CAPT G. M. Ricketson, Acting CO, pinned on the four-stripe shoulder boards before an appreciative audience that included his eight children and an equal number of professional associates.

The 40-year-old captain from Fremont, Ohio, graduate of Xavier University, Cincinnati, and St. Louis University Medical School, St. Louis, (M.D. 1953), chose a Navy career in the hope of seeing the world. But except for a two-year tour with Mobile Construction Battalion #3 at Cubi Point, Subic Bay, P.I., following his internship at this hospital, his duty has all been in California — Mrs. Wurzel's native state.

The new captain does not think of any one of his assignments — OB-GYN residency and two years on the staff at NH, San Diego, three years at NH, Camp Pendleton, and nearly five at Oakland — as highlights in his career, but there was a turning point.

"It was Cubi. LCDR Roy Brown

— remember him? — and I had a neat little medical unit at MCB3. We had requested residency training and transfer to USN and were frustrated at the lack of response from Washington. One day RADM 'Bart' Hogan, the Surgeon General, came by on an inspection tour. He sat in our office with his feet on the desk and heard our problems. Within days we had the word we'd been looking for. Admiral Hogan's visit was very likely responsible for my being in the Navy today," said the genial doctor, who will relieve CAPT J. P. Semmens as Chief of the OB-GYN Service.

Captain Wurzel is fully qualified for his new assignment. He has been certified by the American Board of Obstetrics and Gynecologists and is a founding member of the Society of Gynecological Oncologists, formed in Key Biscayne, Fla., in January.

Dr. Wurzel's first view of California was in the summer of 1950 when he came west to work on his Xavier roommate's family ranch in Hemet. ("My family had a big powwow. 'Son, this may be the only chance you will ever have to see California.'") "Teen" was my roommate's "baby sister."

A chore system seems to make bringing up eight children a breeze for Dr. and Mrs. Wurzel, parents of John, Jr., 16, Mark, 15, Mathew, 14, Luke, 12, Paul, 11, Peter, 9, Peggy, 6, and James, 5. The older boys earned their \$400 tuition at Bishop Moreau High by working on a rockpile on a retirement ranch Lawrence Welk is building at Escondido, and the expense of college educations poses no problem so far. John and Mark, outstanding students, are already assured of four-year academic scholarships.

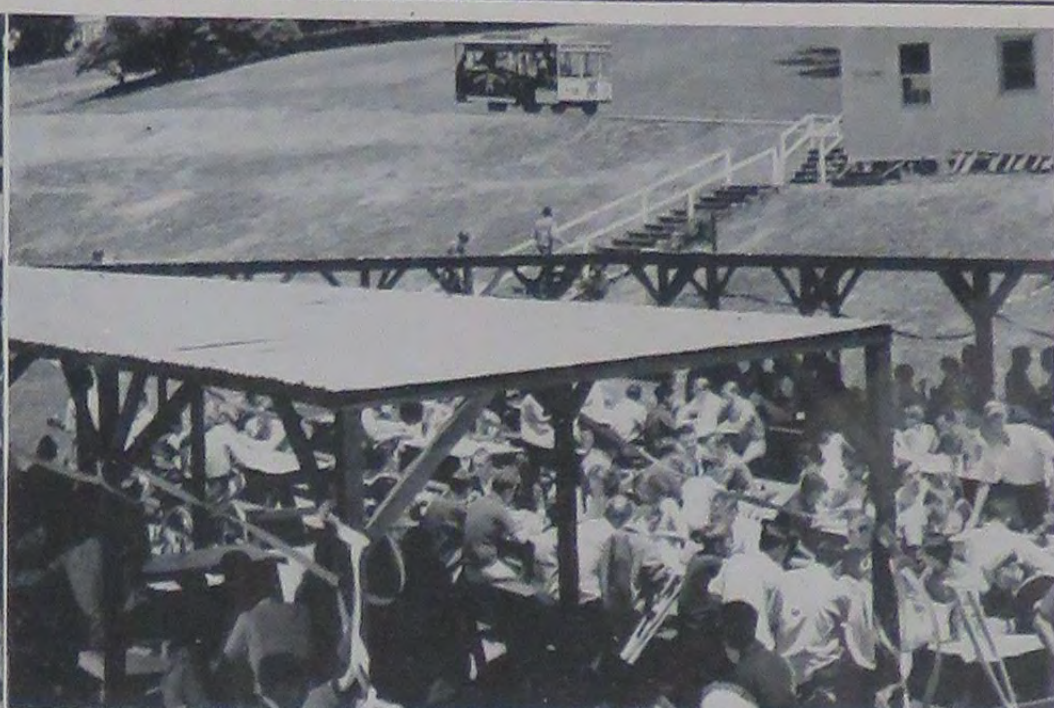
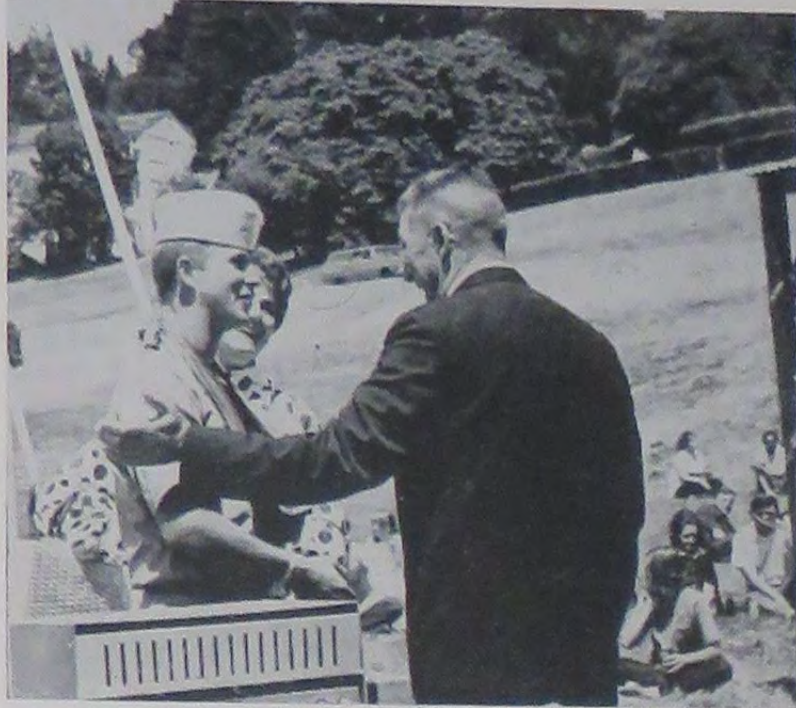
With children like these is it any wonder the parents can pursue hobbies like seeking out good restaurants in their current sports car — a BMW — belonging to a wine tasting group, and raising roses at their San Ramon home?



CDR Ronald L. Bouterie, MC, USN, was the speaker at the 29 May graduation of these seven new Operating Room technicians. Seated from left are CAPT George E. Cruft, Chief of Surgery, CDR Janet Redgate, Operating Room Supervisor, CAPT George M. Ricketson, Acting CO, Commander Bouterie, and LCDR Alvina Harrison, instructor. Students, standing, are, from left, HM3s Mark W. Martinson, (honor man), Douglas W. Binder, Carolyn R. Disparti, Charles D. Clark, HN Karen G. Seibert, HM3 G. William Fay, and HN William D. Stockton. At right is HM1 Charles Taylor, instructor.



NP Technician's School held graduation ceremonies 23 May. Seated from left are HM3 Terrance M. Carlson, honor man, LCDR Marie M. Gendron, nurse in charge of the school, Captain Ricketson, CDR Victor M. Holm, Chief of Neuropsychiatry, and HMC James Wildey, assistant instructor. Students, standing, from left, are HM3 David B. Spencer, HN John K. Steele, HM3s Charles E. Stewart, Kenneth L. Henderson, Dirk A. Elikor, Richard A. Strunk, Joseph G. Olander, and John E. Peterson, HNs Melvin E. Stevens and Frank L. McWilliams, HM3s George A. Clough, Charles C. Coltharp, and W. Lee Brady, Jr. HN John Steele delivered the student address.



Back in May when the weather was still beautiful employees of Ampex Corporation in Redwood City organized a food- and fun-filled picnic for patients at the hospital. It was an especially great day for PFC Carl Pearson, USMC, and his parents, Mr. and Mrs. Eldon Pearson, of Cambridge, Ida. The AMVETS, who have brought many parents to the hospital to visit on holidays, arranged a surprise visit of the Pearsons to Oakland to see their son receive the Purple Heart. The picture above was taken right after the young Marine turned to see his parents, and he looks understandably surprised and pleased. At right, picnickers enjoy the great steak dinner prepared by Ampex employees, while they listen to entertainment. Above them on the grass is the cable car built by members of the Redwood Caravan, Islam Temple (Shriners), which carried patients from Bldg. 500 to the picnic grounds. The Shriners were on hand to chauffeur their guests.

CDR Thomas Carson Sinks Hole-in-One!

CDR Thomas Carson, Dermatology, is in the spotlight as the hospital's own Arnold Palmer. While participating in a tournament at Willow Park Golf Course in Castro Valley, Doctor Carson sank a hole-in-one!

For making the shot, on 30 May, the third hole, Doctor Carson won a Bulova Accutron watch from the tournament.

He is also eligible for an award from BuPers.

Hospital Skeet Teams To Compete Saturday

NH Oakland will be represented by two teams in the 12ND Skeet Tournament. They will shoot at NAS Alameda Saturday at 0800.

The hospital's skeet shooters are CAPT George M. Ricketson, CDRs Douglas Enoch, Patrick Burkett, and Thomas Carson, LCDRs William Echols, Stephen Ferguson, Ronald Hillenbrand, Douglas McMullen, Norman Nickman, and Lawrence Richards, LT Alan Carr, and HM3 Jerry Waldrip. Each team has five members and one extra shooter.



CDR Victor Holm, representing the Officers' Tuesday Night Bowling League, gave a closing push to the Navy Relief Society Fund Drive last week by presenting this \$49.84 check to CDR A. N. King, chairman of the drive. Commander Holm was president of the bowling league. The Navy Relief Society is happy to receive contributions any time of the year.

Reminder

All Vietnam returnees are entitled to free postal service as long as they are hospitalized.



From the Judge Advocate

Two recent decisions of the U. S. Supreme Court affect the administration of military justice. The first struck down certain federal laws related to possession of marijuana and federal taxation. The second limited the jurisdiction of the military to try offenses which are strictly civilian in nature. The significance of these decisions should not be over-estimated. In the first instance, the decision did not affect most existing federal, state and military laws prohibiting the importation, possession and use of marijuana. Those activities remain illegal and subject to prosecution. In the second case, the Supreme Court held that the military does not have jurisdiction to try crimes by servicemen which are not service-connected. The decision appears to be limited to crimes committed by servicemen in the United States off the military base, on off duty hours, not involving a military victim, where the man's ability to perform his military duties is not affected, and where the offense is in no other way service connected. Even where the military has no jurisdiction, the man remains subject to prosecution by civilian authorities and can be tried for unauthorized absence for periods away from duty while serving a sentence in a civilian jail. Persons convicted of a felony by civilian authorities are also subject to a subsequent undesirable discharge. Both decisions seek to broaden and secure individual rights. However, neither decision is intended to relieve servicemen or civilians of individual responsibility and the price for failing to exercise that responsibility remains high.

Sports Briefs

12ND Men's Senior Tennis Tournament, for men over 40, will be held at NAS Alameda on 17-18-19 June, at 0930.

12ND Men's Open Tennis Tournament will be held at NAS Alameda, at 0930, 7-11 July.

12ND Women's Golf Tournament will be held 14-15 July, at NAS Moffett Field, at 1300.

12ND Men's Golf Tournament will be at 0800 on 21-22 July and 28-29 July at NAS Moffett Field.

Two meets are coming up in Men's Swimming and Diving Competition—a trial meet at Mare Island 18 June at 0930, and a championship meet at Treasure Island 24-25 June at 2000. Some of the events are: freestyle, 100 meters; individual relay (medley), 400 meters; breast stroke, 200 meters; 4-man freestyle, 400 meters; backstroke, 200 meters; butterfly, 200 meters; freestyle, 1500 meters; and diving.

Call 2350, Ron Brown, Athletic Director, for further information about any sports activities.

Intramural Sports

Bowling

On the first night of summer bowling for the Men's Wednesday Night League, Dick Williams had the high average of 180; high series was 537, rolled by George Martindale, and high game by Joe Newman, who scored a 224 game.

Results of the first night are:

	W	L
Countdowns	4	0
PMT Students	3	1
PMT Staff	3	1
Hoods	1	3
Aches & Pains	1	3
Pharmacy	0	4

Last Wednesday women from the Alameda County Women's Bowling Association were on board to bowl with patients. So successful was the event, they plan to return each month.

Softball

Standings of the intramural softball league are:

	W	L
Administration	3	0
Surgery/Dental	2	1
Medicine	2	1
Laboratory	2	1
Project 49	1	2
X-Ray	1	2
Fiscal/Supply	0	3

Next week's games, held at 1700 on the station softball field, will be: Mon., 16 June—Lab vs. Project 49, Tues., 17 June—Admin vs. X-ray, Wed., 18 June—Medicine vs. Lab and Thurs., 19 June—Project 49 vs. Surgery/Dental.

HM1 Roger LaBonte Reenlists for Four

HM1 Roger S. LaBonte, laboratory technician, shipped over for four years 20 May.



LaBonte joined the Navy in December 1958, and has been at the hospital since August of 1966.

LaBonte, who is originally from Manchaug, Mass., lives in Pleasanton with his wife Mary and their two children.



In the CO's office recently to receive awards were these five patients, with the young son of IC1 William E. Lilley as audience. Lilley received a Meritorious Unit Commendation, and the others received the Purple Heart. In the front, from left, are young Lilley, EM2 Jerre D. Tarpening, and HM3 Gary P. Herbold. Behind them, from left, are IC1 Lilley, Admiral Irons, HM3 Alonzo P. Cole, and SM1 William I. Schwartz. Two others who received the Purple Heart at their bedsides were SFC Raymond L. Murphy and SF1 Marcus McMillian, who were injured in the same action in Vietnam.

The OAK LEAF



Vol. 31, No. 13

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 27 June 1969

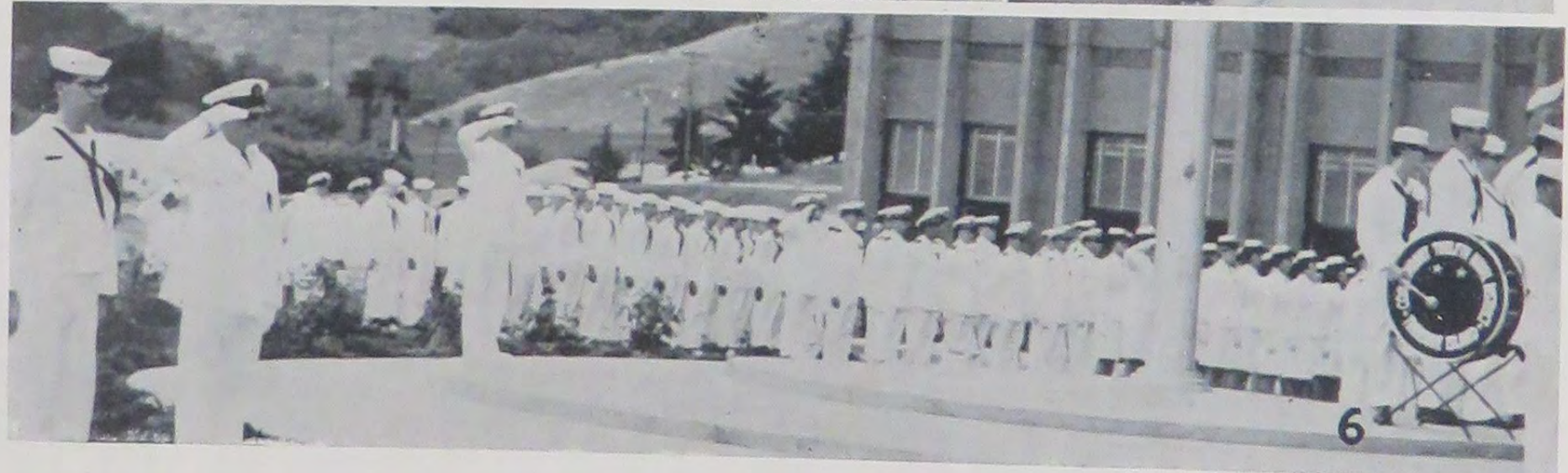
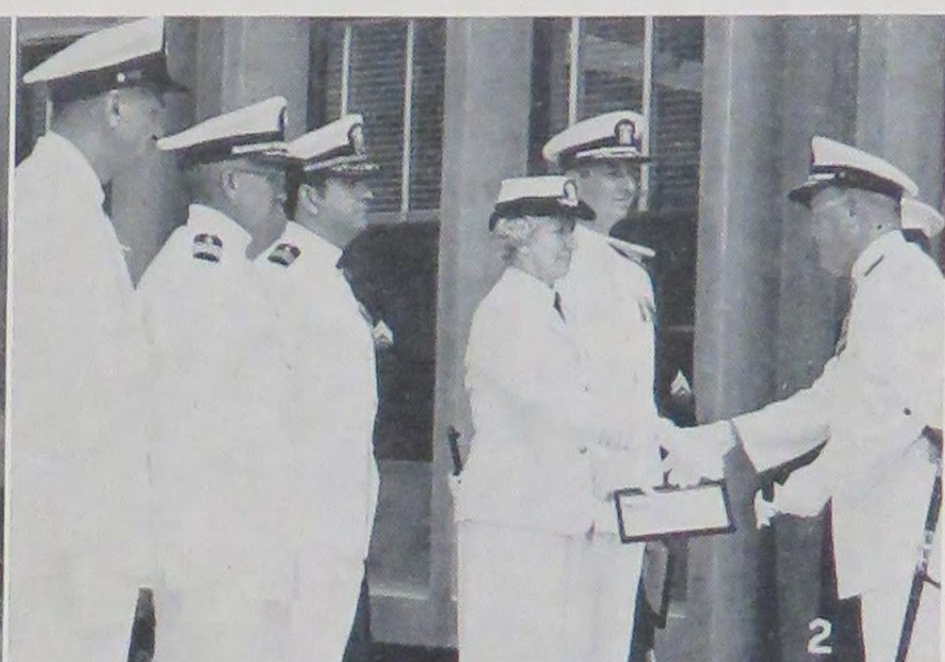
Graduation Today

Interns to Hear Dr. Bruyn of UC

Graduating today at 1400 are twenty-two interns. Five dental interns and seventeen medical interns will receive certificates in ceremonies in the Clinical Assembly.

Dr. Henry B. Bruyn, Associate Professor of Medicine and Pediatrics, University of California San Francisco Medical Center, and Director, Student Health Service, Cowell Memorial Hospital, will be the guest speaker. Responses will be made by LT Steven J. Schang, MC, USNR, for the medical, and LT Alan R. Carr, DC, USN, for the dental interns.

Friends and families of the interns and all interested staff members are invited.



Command Changes

YN3 Robert Read June's Top Sailor

Sailor of the Month for June is YN3 Robert Read, Jr., of the Legal Office.

Assigned to the Injury and Death Report Section of the Legal Office, Read quickly learned the job previously handled by two persons, instituted an efficient system, and has kept it running smoothly. When placed in charge of a more involved and difficult job, he learned it so rapidly that in a matter of weeks he was as thoroughly conversant with the work as the man who had held the job before him for over a year, and he was able to brief the Legal Officer on any pending cases.

Read has approached every assignment enthusiastically and can be depended upon to complete his

(Continued on Page 3)



YN3 ROBERT READ, JR.
Sailor of the Month

Only the sky lacked luster when the command of this naval hospital changed 12 June as RADM E. P. Irons turned over his duties to CAPT G. M. Ricketson and departed for Pensacola to assume command of the Naval Aerospace Medical Center. Both officers were resplendent in full dress whites as they took their places with RADM Leo B. McCuddin, 12ND Commandant, on the bunting-draped platform before a large audience of military and civilian dignitaries, staff members, and friends of the hospital. In Photo (1) Admiral Irons pauses to inspect the Marine Honor Guard from Treasure Island. Following is his aide, LTJG Christopher McManus. In his farewell the Admiral acknowledged the help received during his 18-month tour of duty—from organizations and individuals throughout the community, from all segments of the staff, military and civilian, and from his family. He gave special commendations (Photo 2) for outstanding service to HMCM R. L. Scott, Master Chief Petty Officer of the Command/Senior Enlisted Adviser; CDR Walter A. Andersen, Chief, Fiscal and Supply; CDR Ronald L. Bouterie, surgeon and teacher; CAPT Phyllis Harrington, Chief, Nursing Service; and CAPT Henry A. Sparks, Chief of Medicine and Chairman, Medical Intern Training Committee. After the "I relieve you, sir" and a simple statement that all orders put into effect by his predecessor will remain in effect, Captain Ricketson, (3) who reported in February as Executive Officer, L'Italien, Administrative Officer, who presided at the ceremony, hauled down Admiral Irons' flag. Photo (5) caught Captain Ricketson smiling as he left the stage, followed by Admiral McCuddin, who paid a warm part of the military formation, which, with Captain Sparks as battalion commander, was an impressive sight. The 12ND Color Guard and Band added color to the occasion.

CAPT Henry A. Austin gave the invocation, LCDR James P. Regan the benediction.

The Oak Leaf

Naval Hospital, Oakland, California

CAPT G. M. Ricketson, MC, USN, Commanding Officer.
CDR R. V. L'Italien, MSC, USN, Administrative Officer.
Editorial Adviser: Dorothy Thompson.
Writer-Photographer: Kathleen McIntosh

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives Armed Forces News Bureau material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

Vol. 31

Friday, 27 June 1969

No. 13

+ + CHAPLAIN'S CORNER + +

For a good many centuries Christian thought and national thought were happily wedded together. The most unworldly follower of Christ is a lover of his country. But periodically the question is put to Christians, whether their religion or their allegiance to their country holds the first place. Skeptics seem to think that in the minds of the perfect Christian there is such a dualism, when in fact it is nowhere to be found. It would be just as absurd to ask any citizen what holds the first place in his mind, personal honesty, or loyalty to his country. He would be puzzled no doubt by such a division of his duties; for his honesty and loyalty are inseparable things. But, on reflection, he might realize that loyalty to the state is contained in a personal honesty, as a smaller thing may be contained in a bigger thing. Personal honesty is something more universal, as all men may possess personal honesty, whilst loyalty to a definite community of men and interests is only possible if such a community exists.

After all, it is at least theoretically possible for men to live without such sharply defined communities, while honesty is at the base of all human life that is superior to animal instincts. Personal honesty can never be truly in opposition to any legitimate loyalty, as no worthy cause can be served by anything that is dishonest. Therefore it is as idle as it is irritating to ask a man such questions. Enough for him to know that patriotism is a virtue, though it be not the whole of righteousness....

LCDR JAMES P. REGAN, CHC, USN
Catholic Chaplain

NAMRU I, UC Study Meningitis

A joint effort between the U. S. Navy Biological Laboratory and the UC School of Public Health has begun for the study of meningitis.

A repository for cultures and sera taken from patients with meningitis has been set up at the Naval Medical Research Unit No. 1 at Berkeley, where specimens will be identified and typed. Listings of the specimens will then be distributed to Navy medical activities and other interested investigators.

The repository will also produce and type anti-sera for Bu-Med labs, preventive medicine units, and contractors.

The program is sponsored by the Bureau of Medicine and Surgery.

One of the biggest blocks to research in meningitis in the past

Six States Offer Bonus to War Vets

Six states are currently offering tax-free cash bonuses for wartime service. Education and Training has the DOD Fact Sheet #55, with eligibility details and where to apply.

Maximum bonuses for the six states offering them are: Massachusetts (\$300), Delaware (\$300), Connecticut (\$300), Illinois (\$100), Louisiana (\$250), and Pennsylvania (\$750).

Massachusetts also offers \$300 bonuses for WWII and Korean service.

has been the lack of suitable isolates from healthy carriers and patients with the disease. Information acquired at the Naval repository is expected to aid researchers in future studies of meningitis epidemiology, pathogenicity, immunity, serology, and genetics.



New officers of the O' Wives' Club were installed at the club's 11 June meeting, when they said good-bye to Mrs. E. P. Irons and Mrs. James F. Rosborough, outgoing president. From right to left new officers are Mmes. Victor M. Holm, President; James W. Hayes, Vice-president; Robert E. Mastin, Corresponding Secretary; Charles N. Reed, Recording Secretary; and Thomas E. Carson, Treasurer.

BOOK NOOK

Non-Fiction

Firebelle Lillie, the Life and Times of Lillie Coit of San Francisco by Helen Holdridge

Coit Tower, San Francisco's famous landmark, is named after Lillie Coit, a lady who is supposed to have done nothing more than chase fire engines. Helen Holdridge, best-selling author of books about San Francisco, dispels this myth in her latest, **Firebelle Lillie**. It is the biography of Lillie Coit and how she established herself as one of San Francisco's better-known eccentrics.

Contact on Gorky Street by Greville Wynne

Oleg Penkovsky, Russian Army colonel, highly placed in Russian Military Intelligence, collected over three years a vast file of secret information. Greville Wynne was the British secret agent chosen to bring these secrets to the free world and eventually to rescue Penkovsky before he was caught. The book relates Wynne's contacts with Penkovsky and many others in Russia.

Fiction

The Corner Back by Tex Maule
Sandy Crichton, corner back for the Los Angeles Rams, must combat a mysterious menace to not only himself, but all football.

Carravaggio by Robert Payne
A story of a 16th century Italian genius with a knack for creating enemies.

The Deserted House by Lydia Chukovskaya

Writing in Stalinist Russia in the late thirties when discovery could have meant death, Lydia Chukovskaya kept her manuscript hidden because she could not bring herself to destroy it. **The Deserted House** is the story of Olga Lepatova Petrovna, a widow who loves two things, her job as head of a typing pool in a state publishing house in Leningrad, and her son Kolya, an engineering student. The story is of her son's arrest and Olga's involvement with it.

All available at Crew's Library.



From the Judge Advocate

Persons who are discharged from the service often find themselves without sufficient proof of identification, particularly if they do not possess a driver's license. Many states provide identification cards obtainable from local police departments or other public agencies. In California, identification cards will be issued upon request to persons without driver's licenses by the Department of Motor Vehicles. In addition, most states will issue a wallet size birth certificate. Addresses through which one may obtain birth certificates in different states can be obtained in the Legal Office.

—usn—

For faster mail service, include the ZIP code on all mail.

Know Your Staff



"I need it yesterday, Mac." That's a common plea to Mr. Kenneth McClay, civilian supervisor of the materials division of Supply Branch. His department receives, checks, logs in, stores, and issues all supplies—medical, maintenance, and food—which enter the hospital. Everything coming through the loading dock is checked to ensure (first, that it's ours) proper quantity and condition, stored correctly in one of the hospital's many storage units, and then routed to the correct ward, division or clinic. Mr. McClay and his assistants also handle all items shipped out of the hospital. Only non-appropriated funds' purchases are out of their realm.

"We're always busy," comments the genial foreman. Many daily runs are made for special purchases.

After three years in the Army Mr. McClay began a 19-year career with Owl Drug Company. He started with the Navy in 1950 at NSC, Oakland, Medical Depot. In 1954 when the Medical Depot was taken over by the Army, he transferred to the Medical Depot at Alameda. He came to Oak Knoll in 1955, and has been in the same position since then.

Born in Nebraska, Mr. McClay spent his early years in Kansas, moving to California at 11. His wife Frances, a native Californian he met while working for Owl Drug, formerly worked at the county Court House, but now is "just a housewife."

The McClays enjoy gardening and short trips to the scenic near-by country.

Little League Seeks Volunteer Umpires

Y'root! Little League umpires are wanted, on a volunteer basis. Patients or staff are welcome. Those interested should contact Mr. John Romo, 638-3250.

HMC Charles Haggerty Signs for Three More

HMC Charles W. Haggerty re-enlisted for the last time recently. After this three year hitch is over, Chief Haggerty will have served the Navy thirty years. The chief, who works in Education & Training, reported here February 8 of this year.



CO Expresses Thanks For Navy Relief Support

I wish to extend the command's thanks to all hospital personnel for the tremendous support given the recent Navy Relief Society Fund Drive. The total contribution of \$4,044.59 is a 42 per cent increase over the amount donated last year and is the largest contribution made in recent years, if not in hospital history.

A special thanks and "Well Done" to CDR A. N. King, Chairman, and his keymen, without whose efforts the Fund Drive could not have succeeded. Once again we at NH Oakland have proved that the Navy takes care of its own.

CAPT G. M. Ricketson, MC, USN

Commendation Medal For LCPL George

LCPL Vernon L. George, USMC, of Haw Creek, Okla., was presented the Navy Commendation Medal with Combat "V" by CAPT R. K. Petersen, Marine Liaison Officer, recently for his service as a Radio Operator with the 1st Battalion, 11th Marines, 1st MarDiv in Vietnam from 22 June to 27 October 1968.

"Originally assigned to HQ Battery, he distinguished himself by his exceptional initiative and resourcefulness and was reassigned to the Forward Observer Team with Company F, 2nd Battalion, 1st Marines, where he expeditiously accomplished all assigned tasks and consistently provided his unit with outstanding support. . . . He mastered forward observer techniques in order to enhance his efficiency and combat effectiveness," the citation accompanying the medal stated.

George has been a patient since 10 November, and is now assigned to 61A.



The morning before the Change of Command ceremony, Admiral Irons presented Ben Nelson, Deputy to the Chief, Maintenance Division, a Letter of Commendation for his work in insuring the "successful preparation of plans and specifications along with the subsequent award and obligation of money for needed contract work." Through his willingness to work long hours above and beyond the call of duty, Mr. Nelson accomplished many crucial tasks in a very short time.



The faces of these six doctors reflect happiness at their recent promotions to commander. They are, from left, Patrick R. Burkett, USN, ENT Resident; Thomas E. Carson, USN, Chief of Dermatology; Robert N. Conrad, USN, Surgical Resident; Dwight V. Galloway, USNR, Plastic Surgery; Frederick D. Lewis, USN, Chief of Physical Medicine; and Richard F. Schillaci, USN, Medicine.

Seventeen Doctors Promoted to LCDR

Seventeen Medical Corps officers have been promoted to lieutenant commanders in the past few weeks. Two have also just become Board Certified Radiologists. They are LCDRs Benjamin V. Hole and Frederick D. Hirsch, USNR.

Other new lieutenant commanders are: William H. Campbell, Ophthalmology Resident; James M. McClurkan, Pediatrics Resident; and James D. Roberts, Surgical Resident, all USN.

Reserve officers accepting promotions were: Robert C. Arnold, Medical Resident; Robert J. Capone and David E. Dine, Medical Service; James G. Dowd, Surgical Resident; Thomas M. Fay, Ophthalmology; Duke D. Fisher, NP Service; Michael H. Goldbaum, Ophthalmology Resident; Robert A. Gryboski, Outpatient Service; Neil R. Hoffman, Medical Service; Kurt H. Rotermund and John T. Schaaf, Outpatient Service; and Arthur K. Strasburger, Orthopedic Resident.

Admiral Irons Earns Top AMVET Honor

Before his departure Admiral Irons received the Distinguished Service Award of the AMVETS National Department "for service to the organization and the community it serves."

The presentation was made by California State Commander John B. Engberg and State Adjutant Ray Miller.



Proud and interested onlookers to Dr. James W. Hayes' 2 June promotion to captain were his wife "Ginny" and his three children. Here the children get a close-up of their father's insignia as Mrs. Hayes pins his collar device in place. From left are Michael, 3, Cindy, 8, and Debbie, 6.

Dr. Hayes of Pediatrics Promoted To Captain as Proud Family Watches

Dr. James W. Hayes accepted promotion to captain 2 June, and his whole family was on hand to watch the ceremonies. Mrs. Hayes helped CAPT G. M. Ricketson pin on the doctor's new four-stripe shoulder boards.

Captain Hayes, who had his intern and resident training at Johns Hopkins University, was commissioned in the Navy Medical Corps in August 1955. His first assignments were the Naval Dispensary, Camp Lejeune, N.C., and NH Memphis. From 1964 to the fall of 1965,

he was under a Navy-sponsored fellowship in pediatric hematology at the Children's Medical Center, Oakland. He reported here 9 August 1965.

Doctor Hayes is certified by the American Board of Pediatrics and is a Fellow of the American Academy of Pediatrics.

Mrs. Hayes, who is known as "Ginny," is the newly-elected vice-president of the Officers' Wives Club.

Sailor of the Month

(Continued from Page 1)

work ahead of schedule with little or no supervision, and without error.

The friendly, 23-year-old yeoman, rated a 4.0 in all factors, has made an inestimable contribution to the morale of all who work with him. In nominating him for Sailor of the Month the Staff Judge Advocate stated "YN3 Read would be a credit to any organization and is a particular credit to the Navy. He is nominated in the firm conviction that he is one of the finest sailors this command has been fortunate enough to have aboard."

Read, from Fort Worth, Tex., is a graduate of Abilene Christian College in that state, with a B.S. in education. He joined the Navy in February of '68 and came to Oakland from boot camp and yeoman's school in San Diego 21 June 1968.

'Hopes for America' Freedoms Foundation 1969 Contest Subject

A letter of 500 words or less could win you \$1,000.

That's the top prize in the annual Freedoms Foundation Letter Contest which this year is on the subject: "My hopes for America's Future."

There will also be 100 other money awards for active duty personnel. Reservists have a chance at an identical number of awards.

Last year over 1,200 active duty Sea Service personnel entered the contest with 23 taking cash honors. Another 80 won George Washington honor medals or honor certificates.

- Rules are simple:
1. Letters must not exceed 500 words.
 2. Print or type full name, rank, service number, full military address, service or reserve component, and full home address.
 3. Entries should be addressed to Freedoms Foundation, Valley Forge, Penn., 19481.
 4. They must be postmarked by November 1, 1969.
- Notification of winners will be made in February 1970.

—usn—

A Series E Savings Bond purchased for \$18.75 in May 1941 is today worth more than \$42 and is continuing to earn interest at a higher rate than before.



Preventive Medicine Technician School graduated Class 50 13 June. Graduates are, front row, from left: HMCs T. J. Long, R. W. Schlack, Le Bang, V. W. Mercon, and A. L. Clarke. Second row, from left: HM2s D. D. Meyers, Jr., D. J. Kehoe, H. E. Morong, HM1 E. E. Zimmerman, and HM2 P. Mattox. Third row, from left: HM1s E. J. Griffith, K. L. Smith, A. S. Cloutier, HM2 T. F. Mangan, and HM2 C. M. Pitcher. Fourth row, from left: HM2 H. K. Hanson, HM1s G. H. Barber, and R. L. Lawrence, HM2 G. L. Anderson, HM1 J. M. Hubbard, USCG, and HM2 W. L. Cucksee. Fifth row, from left: HM1s J. A. Schwab, R. S. Gladstone, G. C. Edder, L. C. Havrilla, USCG, E. L. Hart, and W. E. O'Connor.

Haggerty & Buettner Cut Cake at 71st

Nearly 250 enlisted staff and their guests enjoyed the highly successful Hospital Corps' Ball 13 June, marking the 71st anniversary of the Corps' establishment 17 June.

Captain G. M. Ricketson and Commander R. V. L'Italien were on hand to congratulate the Corps, and the evening was highlighted by a cake-cutting. HMC James Haggerty and HA Denise Buettner wielded the knife.

Enthusiastic comments about the ball praised the orchestra as "one of the best we've ever heard."

Sports Briefs

12ND Men's Open Tennis Tournament will be held at NAS Alameda, at 0930, 7-11 July.

12ND Women's Golf Tournament will be held 14-15 July, at NAS Moffett Field, at 1300.

12ND Men's Golf Tournament will be at 0800 on 21-22 July and 28-29 July at NAS Moffett Field.

Sports activities at the hospital are open to all active duty military personnel stationed here. Anyone interested in an event should call Ron Brown, Athletic Director, at 2350.



Scuttlebutt

DO YOU KNOW that Tuesday is the hospital's 27th birthday? That's right. The commissioning took place at 1100 1 July 1942 on a knoll where Building 101 now stands.

SIGHTS & SOUNDS: At the Change of Command—Little Michael Hayes didn't see much of the ceremony—he spent the whole time straddling his chair backwards watching his father, CAPT James Hayes, a company commander for assembled troops (We know who his CO is!) . . . Nine stories of faces at windows watching the impressive event . . . Western Union blooper received by Admiral Irons before the program—"On this suspicious occasion, . . ." . . . New interns getting acquainted with the hospital . . . Fascinating little warnings about the Intern Party Friday . . . Flashy pink Kaiser trucks pouring cement for curbs—just old grey cement, tho. . . . Red Cross Volunteers brightening passageways with their crisp pinafores, friendly smiles.

WITNESSES TO HISTORY: Captain and Mrs. Ricketson, their house guest, and CDR R. V. L'Italien were on hand to greet APOLLO 10 astronauts at the Oakland International Airport.

LIFE BEGAN 7 June for Christine Marie Chase, daughter of HM2 Charles Chase, CIC, and wife Marilyn . . . and 11 June for Wade Patrick Cutter, son of HM3 David M. Cutter, former PT Tech on leave en route to NSA DaNang, and wife Donna.

TWINS! That was the word when a jubilant Oaknollumnus — Grandfather Carl Stevenson, telephoned the OAK LEAF at the crack of dawn 14 June. The former OL photographer's daughter Vicki, born at Oak Knoll during one of Steve's several tours of duty here, had just given birth to Thomas Leon (4 lbs. 15½ oz.) and Tamara Lynne (5 lbs. 3 oz.). The babies' father, PN2 Gary L. Steed, is stationed at NAS, Alameda.

\$50 to Andrew Hines For Safety Idea

A safety suggestion brought fifty dollars to happy Andrew Hines, laborer-cleaner in Operating Services Division. Mr. Hines noted that the areas where he mopped floors were potentially dangerous and suggested that portable rope barriers be purchased to keep passers-by away from slippery floors. Rather than barriers, "Wet Floor" signs have been initiated.



Attention Shutterbugs

Those entering the 13th Interservice Photography Contest, should send photos to Chief of Naval Personnel (PERS G-11), Department of the Navy, Washington, D.C. 20370.

Deadline for receipt at the Bureau is October 15. The Bureau will go through entries before turning them over to the Air Force which is hosting this year's contest.



A haircut is a distressing experience, and worthy of a few tears, Stephen Barron, son of Army Capt. Nicholas Barron. Unshaken by tearful pleas, Navy Exchange barber Ike Nadjaro continues to clip. Stephen's mother, Linda, tries to calm the boy to no avail.

Intramural Sports

Bowling

Standings in the Men's Wednesday Night Bowling League have turned upside-down since last reported! The Countdowns, after excellent first night, were in lead. In only two weeks they have dropped to last place. But with weeks remaining, anything can happen. Standings as of the 13 follow:

	W
PMT Staff	11
Hoods	6
Pharmacy	6
Aches & Pains	5
PMT Students	4
Countdowns	4

Softball

The first round of intramural softball play was decided in a duel Monday between two beaten teams—Administration and Dental/Surgery. Dental/Surgery edged out Admin in a 16-13 victory. Final standings of the first round of play follow:

	W
Dental/Surgery	6
Administration	5
Laboratory	4
Project 49	2
Medicine	2
X-ray	1
Fiscal & Supply	0

The next two weeks' schedule for competition is:

Mon., 30 June—Admin vs. X-ray
Tues., 1 July—Surgery/Dent vs. Project 49
Wed., 2 July—Lab vs. Admin
Thurs., 3 July—X-ray vs. Surg/Dent
Mon., 7 July—Surgery/Dental vs. Lab
Tues., 8 July—X-ray vs. Project 45
Thurs., 10 July—Admin vs. Surg/Dent

Skeet Shoot

Results of the 14 June 12 Gauge Skeet Shoot at NAS Alameda and NAS Alameda bringing up the rear with a total of 219 out of 250. M. Island was first with 240, followed by Treasure Island (238), Alameda (236), and NSC Oakland (231).

IDAHO Reunion

All Navymen who served aboard the battleship IDAHO (BB-42) are invited to the 50th anniversary reunion at the Downtowners Motel in Boise, Idaho, from August 22-24. Idaho will be the first state to take an active part in a ship reunion. Contact: USS IDAHO 42) Association, P. O. Box 11, San Diego, Calif. 92111.

Captain Smoker Reports Aboard As Chief of the Nursing Service

Nurse Corps officers have said "Welcome Aboard" to the new Chief of Nursing Service CAPT Sue E. Smoker, NC, USN. Captain Smoker reported aboard 23 June to replace retiring CAPT Phyllis Harrington.

The new Chief Nurse, who likes to refer to herself as "the only smoker in the Navy" ("Yep, still am," she chuckled as she verified it in the most recent Naval Register), was greeted at a tea in her honor 26 June.

Miss Smoker is thoroughly acquainted with new hospitals. She was on hand at the birth of NH Long Beach, where she was Chief Nurse just before coming to Oakland. "With no previously existing buildings, we moved the hospital off a ship. It was quite a challenge." That hospital celebrated its second birthday in February.

Captain Smoker, from Lewis-town, Pa., received her nurse's training at Philadelphia Osteopathic Hospital and Boston University. She joined the Navy Nurse Corps Reserve in January of 1942.

From March to June of 1943, Miss Smoker walked the knolls of Oakland Naval Hospital. She worked in Medicine in the 60 series of buildings, and opened the 100 series. She lived in the now extinct nurses' quarters. "Only three out of 220 nurses had cars in those days," recalls the captain. But they saw to it that we other nurses made it each Sunday to the dances at the Leamington Hotel." (Yes, it's still there.)

Miss Smoker was out of the Navy for six years teaching and supervising in the Philadelphia Osteopathic Hospital. When she returned to active duty in 1951 at NH Philadelphia, she served with Captain Harrington. When Admiral Irons was CO at NH Memphis (1963-65), Miss Smoker was Chief Nurse. Other assignments have taken her to Naples, Taipei, Corpus Christi, Bethesda, San Diego, and Long Beach, and aboard the USS HAVEN.

The witty new Chief Nurse is already settled in San Leandro—so



CAPT Sue E. Smoker, NC, USN

settled, in fact, that she treated several friends to a gourmet dinner recently—a favorite hobby for her. She enjoys travel, and has already visited Lake Tahoe, the first of many sights she hopes to see during her tour here.

Retiring Chief Nurse Honored for Service

When CAPT Phyllis Harrington, NC, USNR, retired last Monday, she needed help to carry off the many awards she received in appreciation of her service to the Navy Nurse Corps.

Captain Ricketson presented the retiring chief nurse an impressive Certificate of Merit from the Surgeon General of the Navy, RADM George M. Davis, and a Letter of Appreciation from the Director of the Nurse Corps, CAPT Veronica M. Bulshefski. She was also given a plaque from the hospital staff and a gold charm bracelet with her name, years of service, and the Nurse Corps insignia, from the nursing staff. (The bracelet was given at an earlier party in her honor.)

Miss Harrington left for her family's summer home at Sea Isle City, N.J. In the fall she plans to return to her hometown of Philadelphia.



Among those on hand to wish CAPT Phyllis Harrington well as she retired 30 June were, front, from left, CDR Harriet A. Simmons, Captain Ricketson (displaying the Surgeon General's Certificate of Merit), and CAPT Sue Smoker, new chief nurse. Behind, from left, are CDRs Gloria Stipe, Gladys Madsen, and Helen Furmanchik.

The OAK LEAF

Vol. 31

Friday, 11 July 1969

No. 14

HMCM Scott and HM2 Peters Earn Command's Highest Honors

Two enlisted staff members have earned top honors for service to the command. Their contributions were recognized at ceremonies held this week in the CO's office.

They are HMCM Robert L. Scott and HM2 Kenneth L. Peters.

Chief Scott, Master Chief Petty Officer of the Command/Senior Enlisted Adviser, Assistant to the Administrative Officer, and mess treasurer of the CPO Club received the first Semi-Annual Leadership Award for "outstanding service to the hospital and the personnel of the command."

Chief Scott is well-known throughout the command, his present duties in some way touching almost every department. He received a letter from the CO, a sizable Navy Exchange merchandise order, and the honor of having his name the first to be engraved on a permanent plaque that hangs in the Main Lobby.

HM2 Peters was named Sailor of the Year—another first at the hospital. His outstanding work in the Dermatology Clinic, which earned him Sailor of the Month for May, edged out that of other contenders for the honor. He too will receive a letter from the CO, a merchandise order, and the honor of heading the list of staffers whose names will be engraved on a new Sailor of the Year plaque on display near the OOD's desk.

Chief Scott reported here for his fourth tour of duty in May 1968. HM2 Peters reported aboard in January 1968.



HMCM Robert L. Scott, USN



HM2 Kenneth L. Peters, Sailor of the Year

Computer Operations Course to be Offered Here Through E and T's Project Transition

Soon available at Oak Knoll will be a training course in computer operations and programming, data processing, and related subjects. Offered by Automation Training Universal of Denver, it is available free to all Marine and Navy patients.

The program, initiated to train paraplegics and amputees, is funded through the Department of Defense. It will be offered on base, with plenty of equipment for "hands-on" practice. Daytime courses will be open to patients only, through Project Transition, but evening courses are planned which will be open to all military personnel eligible for the G. I. Bill. ATU is an approved school, and G.

I. Benefits may be used to pay for it.

The course is coordinated by the hospital's Project Transition officer, HMC Carl Fausett, and the project officer at Treasure Island Marine Barracks. It has proven to be highly successful in other military installations. A busy schedule is maintained at Camp Pendleton and Fitzsimmons General Hospital.

The first 12-week session, for approximately fifteen students, will begin around 21 July.

"The computer field is a dynamic, growing industry, and all interested are urged to contact me for further information at EXT 2237 or 2238, Building 105," emphasized Chief Fausett.

The Oak Leaf

Naval Hospital, Oakland, California

CAPT G. M. Ricketson, MC, USN, Commanding Officer.
CDR R. V. L'Italien, MSC, USN, Administrative Officer.
Editorial Adviser: Dorothy Thompson.
Writer-Photographer: Kathleen McIntosh

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.



THE GRADUATING INTERNS, CLASS OF 1969, are, from left, front row: LTs Hernandez, Dorman, Brewer, Dublin, Murphy, and Stevens; second row: LTs Blank (DC), Haley, Grzenda, Douglas, Parlette, Schang; third row: LTs Ellsworth, Newton, Burns, Campbell; top row: LTs Armoskus (DC), Hedge, Carr (DC), Davis, and Bacon (DC). Not present for the picture, LT Russell (DC).



Captain Ricketson gives LT Harry L. Parlette, III, a warm handshake along with his diploma.



From the Judge Advocate

Members of the Armed Forces should be aware of the laws relating to driver's licenses in the states in which they are stationed. In California a non-resident over the age of 21 who possesses a valid driver's license from his state of residence may drive without obtaining a California driver's license so long as his home state license remains valid. This does not apply to a non-resident who possesses a driver's license from another state which is not his state of residence. Thus a resident of New York who has a New York driver's license may drive in California. However, a resident of New York who does not have a New York license but does have a Texas license must obtain a California license in order to drive in California. This applies to all non-residents, whether or not they are members of the Armed Forces. There are special rules in California applicable to drivers under the age of 21 and drivers who engage in non-military employment in this state. These rules will be discussed in the next issue.

Twenty-two Interns Graduate 27 June; Ordered to Duties Afloat and Ashore

Seventeen medical and five dental interns were honored at graduation exercises in the Clinical Assembly 27 June.

Dr. Henry B. Bruyn, Associate Professor of Medicine and Pediatrics,

University of California Medical Center and Director of Student Health Service at UC, Berkeley, spoke of the explosive change in the physician's role in the past 20 years.

LTs Steven J. Schang, Jr., MC, USNR, and Alan R. Carr, DC, USN, spoke of the rigors and challenges of the past year and expressed satisfaction with what they learned.

"We will leave NH, Oakland, for duties over the entire world, and I am confident the quality of this internship will be reflected in our practice of medicine for the rest of our careers," Dr. Schang told an attentive audience.

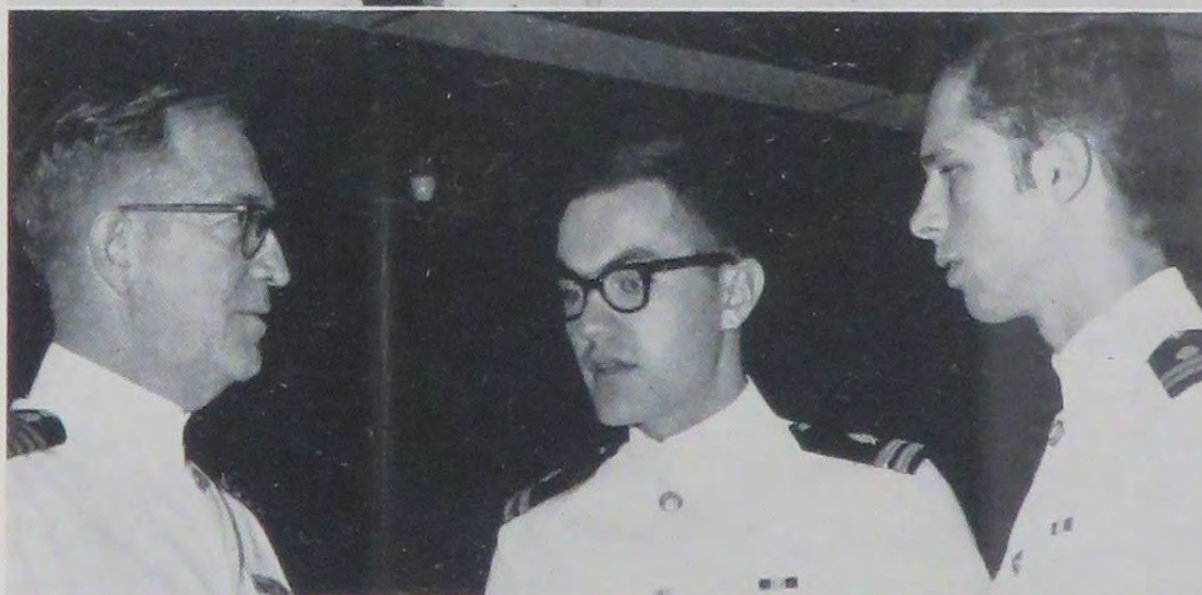
The interns and their families' diplomas, programs, and cameras in hand, were honored at a reception in the officers' dining room following the ceremony.

The dental interns have departed for duty at sea or overseas—LT John J. Armoskus to USS BENNINGTON (CVS-20); LT William H. Bacon to USS ISLE ROYAL (AD-29); LT Lawrence W. Blank, Naval Station, Subic Bay, P. I.; LT Alan R. Carr to USS PIEDMONT; LT John T. Russell to USS BEXAR (LPA-237) and ultimately to USS DUBUQUE (LPD-8).

Two of the medical interns will remain at Oak Knoll, LT Robert F. Brewer for residency training in surgery, LT Donald S. Douglas for a pathology residency. LT Robert M. Ellsworth goes to Bethesda for residency in radiology, LT Stephen A. Grzenda for a residency in internal medicine. LT Schang will have residency training in internal medicine at NH, Philadelphia, where LT Dennis E. Newton will specialize in dermatology.

Ordered to the Naval Aerospace Medical Center, Pensacola, in September are LTs Arthur B. Dublin, John M. Haley, Gary L. Hedge, Jack P. Murphy, and Larry P. Stevens.

General duty orders will take LTs Corder C. Campbell to USS MARKAB, David D. Davis to USS YOSEMITE (AD-19); Kenneth R. Dorman to USS MARS (AFS-1); Alfred J. Hernandez to Naval Support Activity, Danang, and LT Harry L. Parlette to USS DIXIE (AD-14). LT Robert H. Burns is currently on the sicklist.



AT THE RECEPTION in the officers' dining room CAPT H. A. Sparks, Chairman of the Medical Intern Training Committee, looks as happy as a grad as he congratulates LTs Jack Murphy and John Haley, while in the lower photo CAPT R. A. Middleton, Chairman of Dental Intern Training, and LTs John T. Russell and Lawrence W. Blank seem to take a more serious view of this milestone in the young officers' careers.



LT and Mrs. Arthur B. Dublin had been married only 13 days when he completed his internship, and in this picture taken at the reception, it shows! At right above, LT and Mrs. Steven Schang, Jr., with 5-week-old Steven, youngest person attending the graduation, and 7-year-old Jennifer, wide-eyed here after a refreshing nap through her father's speech.

Sunday Services

Catholic

0830 Clinical Assembly*
1215 Main Chapel

Protestant

0930 Chapel of Hope*
1030 Main Chapel

Latter Day Saints

1300 Chapel of Hope

*Broadcast on Channel 6
(Closed circuit)

Scuttlebutt

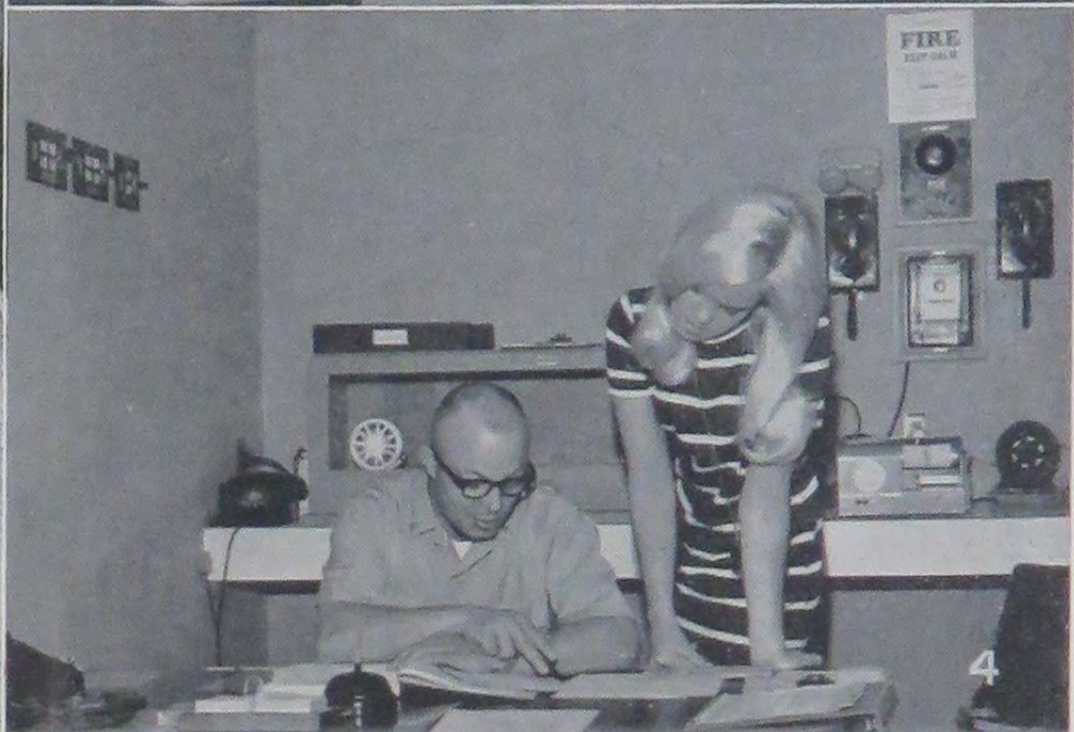
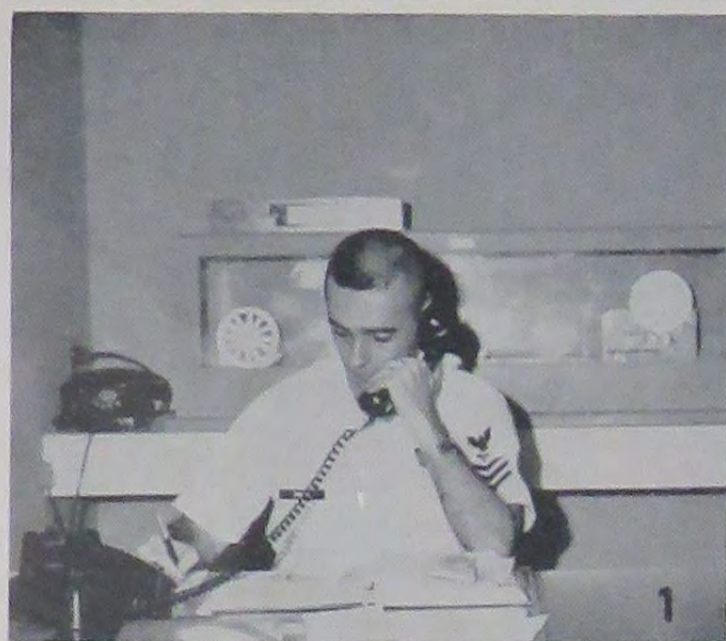
SIGHTS & SOUNDS: Captain Ricketson happily displaying the note he received from WAVES in barracks in Bldg. 69, thanking him profusely for letting them stay there rather than move to 66—"It's the nicest thing that's happened to me since I've come to Oakland." . . . A familiar, friendly face back at the Knoll—that of Woody Robarge, former Classification Specialist, who's come back from Washington, D.C. and is now a Management Analyst for Fiscal & Supply, and happy to be back from "that crowded, busy city." . . . An excited Mrs. Mae Alvarez, Admissions Office, getting ready for a 20 July trip to Hawaii. She'll be there two weeks visiting with her son, SP4 Terry A. Mushavitch, stationed at Long Binh and on R & R. . . . "Calamity Fran"—don't go near Frances Painter (Legal Office) if you have a Coke and want to drink it rather than wear it. HM3 John Silvernail will verify that! . . . On the questionnaire filled out by one young indoctrinee: Children—5/9.

DID YOU KNOW that LT Linda Davis, OT, who'll soon be returning to civilian life, has received an award from the University of Michigan's Institute of Gerontology for full tuition and living expenses at the University's School of Public Health? . . . That HM3 Carol Damon and HN Norine Britton were pleasant usherettes for the intern graduation? . . . That the lovely arrangement of chrysanthemums at the Nurse Corps tea honoring new chief nurse Captain Smoker was created by ENS Steven Day, NC?—"It was no problem—I used to drive truck for a florist." . . . That the fascinating, certainly unique, collage for that tea was the work of SN Dwight F. Duback? . . . That 30 July is the 27th anniversary of the WAVES?

WEDDING BELLS WILL RING next Saturday in Castro Valley for Elizabeth King, daughter of CDR and Mrs. A. N. King, and Dennis McDuffie, of Nacogdoches, Tex. A reception in the O' Club will follow. The couple will go to Nacogdoches, where Dennis, who plans to be a lawyer, will continue his college studies.

Another couple heading south is IM2 Dave Rupp and Miss Dawn Roll, who were married 2 July in Oakland. Rupp returned to civilian life Monday and after a visit in L.A., he and his bride will go to New Mexico.

LIFE BEGAN 23 June for John Charles Beebe, 6 lb., 12 oz. son of LCDR David B. Beebe, Medical Resident, and wife Susan. . . . 28 June for Michael Robert Hoffman, 7 lb., 3 oz. son of LCDR Neil R. Hoffman, Medicine, and wife Diane Bonnie. . . . 30 June for Carolyn Lee McMullen, 6 lb., 6 oz. daughter of LCDR Douglas B. McMullen, Anesthesiology, and wife Judith. . . . and 2 July for Rachel Elizabeth Dine, 7 lb., 11 oz. daughter of LCDR David E. Dine, Medicine, and wife Constance. Well done, Medicine!!



The OOD's Desk staff marvels at the calm, efficient manner of HM1 Jerry Fischer (1) who has a smile at the ready no matter how many problems arise. Here he answers a phone inquiry while recording events in the Chief's Log. Keeping this log accurate and up-to-date is one of his many duties. Behind him is the fire register for Bldg. 500—it records all alarms on tape. The Administrative Watch Officer must also maintain an accurate log. Here LT Leonard J. Julius, MSC (2) records an admission of special interest. Phone inquiries often lead Mrs. Opal Milton (3) to the rotary files listing all staff members or to the IBM roster of patients. During lunch, the Chief of the Day takes over for HM1 Fischer. HMC Thurber Tinkham (4) gets a little help from Miss Sally Lind in deciphering an admission slip. On the left wall are nitrous oxide, liquid oxygen, and vacuum alarms. The phone on the left is the fire phone, that on the right Code 4 (Emergency) phone. The lower alarm box gives notice of fires on station. The machine on the shelf is the Western Union Telefax for receiving and transmitting telegrams.

Emergencies Are Routine for the Busy Staff Of OOD's Desk, Hub of Hospital Activity

What might be called the nerve center of the hospital is the Officer of the Day's Desk, in the main lobby on the second deck. Nearly everyone who enters the hospital comes in contact with the personnel of this desk.

A combination information desk and trouble center, the "desk" is always ready to handle emergencies. In the area are the fire alarm phone, the elevator alarm, bank alarm, nitrous oxide and liquid oxygen alarms (nitrous oxide and liquid oxygen are piped to various patient care areas and operating rooms rather than being lugged in awkward containers), and Code 4 phone. Telegrams are also received there. Radios for the fire house, Security, and the Alameda County Medical Radio unit (for ambulances) are located at the desk. In any emergency, staff of the OOD's Desk are first to know and immediately notify the CO, XO, AO, and concerned departments. All ambulance runs are coordinated through the OOD's Desk.

The staff also greet visitors to staff and patients and help newcomers get their bearings. Everyone reporting in or out and patients going on convalescent leave must clear through the desk per-

sonnel, because it is their responsibility to locate patients or staff at any time.

During the day, each department handles its own affairs, but at night the burden of responsibility for hospital activities goes to the OOD's Desk staff. Therefore, instead of rotating the watch staff of enlisted men, a certain group of men has been trained in the desk's functions and they serve all their duty nights at the desk.



Sally Lind was happy to entertain this unexpected guest, Diane Brewer, daughter of CAPT and Mrs. Gerard Brewer of Letterman.

The watch staff of the OOD's Desk consists of a Medical Officer of the Day, an Administrative Watch Officer, a Chief of the Day, an Assistant Chief of the Day and an Ambulance Driver. They have duty from 1600-0800, and are on call during the day of their duty.

The Medical Officer of the Day (MOOD) is a supervisor for the entire hospital while he is on duty. Medical Corps Lieutenant Commanders and above serve this duty. He advises and consults on pending problems, and coordinates hospital activity and services after regular working hours. He has final authority in problems of admissions, clinical matters, discharges, etc. He is responsible to the Command Duty Officer, Senior Officer of the Watch, available by telephone.

The Administrative Watch Officer (MSC, lieutenants and below) relieves the medical duty officers by assuming all administrative duties. He also inspects various areas, maintains custody of keys, monies and valuables, collects money for hospitalization, investigates complaints, and performs other administrative functions. Each morning after his duty, he reports to the

(Continued on Page 4)

Know Your Staff



One of the better known men about the hospital is LT Allen D. Woods, MSC, USN. For a year he was a drifter—from department to division—but now he's settled in Outpatient Service as a regular staff member, taking over as Administrative Assistant to the Chief of Service for LTJG Rex Ishmael, who left for the USS CORAL SEA (CVA-43) in June.

During the past year, Mr. Woods was an administrative resident, to complete requirements for his master's at George Washington University. He submitted his thesis this year, and on 8 June received an MBA degree in Health Care Administration.

The out-going lieutenant, from Saline, Mich.—so named because of the many salt deposits in the area—joined the Navy in 1954 as a hospital corpsman. After training at Great Lakes his first duty was in Key West, Fla., where he met his future wife, Thomasinia. He was commissioned in the Medical Service Corps in 1963, and reported to NH Philadelphia.

The biggest news about Mr. Woods is his family—eight children, from a boy, Allen, Jr., 12, to a baby girl, Traci, born last October. "Not really big—we still all eat together." Each child's name has five letters—a quirk of Mrs. Woods. Between Allen and Tracie are Kevin, Lavon, Sheri, Barry, Kelly and Terri.

The Woods live in Hayward. The three oldest boys are acolytes for the Episcopalian services here.

In whatever spare time he has, the busy lieutenant is active in sports here at the hospital, and keeps in shape practicing with his children. Although he appears the outdoor type, when he was inquiring last week about Special Services rental equipment for a Fourth of July camping jaunt, "rough-n-ready" Mr. Woods asked, "Do you have any stuff to sprinkle around so snakes don't crawl in your trailer? or bears?"

Sixteen Make Corporal

Last week sixteen Marine patients were promoted to corporal. Promoted were Donald J. Betzler, Michael W. Carter, Patrick J. Finnegan, Alfredo A. Garcia, Harold C. Gwynne, III, David A. Hansen, David A. Headley, Bruce W. Henley, James E. Jeffery, Dick R. Kirksey, John E. Mankowski, Joseph J. McLaughlin, Joe L. Rapier, Jr., Chauncey D. Robinson, Gary A. Twardy, and Robert L. Williams.

Intramural Sports

Bowling

Standings as of the fifth week of the Men's Wednesday Night Bowling League are:

	W	L
PMT Staff	14	6
The Hoods	13	7
Countdowns	9	11
Pharmacy	9	11
PMT Students	8	12
Aches & Pains	7	13

Softball

Intramural Softball play is in its second round. Standings so far are:

	W	L
Lab	2	0
Project 49	2	0
Surg/Dent	1	1
X-ray	1	3
Admin	0	2

The schedule for the next two weeks of play, with games at 1700 at the softball diamond is:

15 July	Project 49 vs. Laboratory
17 July	Surgery/Dental vs. Project 49
21 July	Administration vs. X-ray
22 July	Surg/Dent vs. Project 49
23 July	Lab vs. Admin
24 July	X-ray vs. Surg/Dent

12ND Golf Tournament

Twelve golfers will represent the hospital in the 12ND Golf Tournament 21-22 July at Moffett Field. The best from this tourney will compete the following week, 28-29 July.

Knollites planning to compete are CDRs Robert Middlekauff and Thomas Carson, LCDRs Larry Nelson, and Joe Gregonis, LTs Jack Murphy and Danny Groves, LTJG Bob Black, ENS Michael Ware, HMCN James Bull, EM1 Thomas Taylor, HM2 Wayne Mathias, and SK3 Lynn Hoagland.

Bustling OOD's Desk

(Continued from Page 3)
Administrative Officer, XO, and CO at 0800 with the Log of events of the preceding day. He also is responsible for the inspection and security of the compound after regular working hours. He inspects the night crew at muster, releases all dispatches, and supervises the duty personnel. The journal he keeps includes data concerning everything that happened during his duty.

The Chief of the Day maintains an accurate Chief's Log. From this log the AWO takes much information for his Log. The Chief of the Day handles all alarms, ambulance runs, trouble calls, death notices, and generally assists the AWO.

During the days, HM1 Jerry Fischer takes on all these responsibilities, with the help of two civilian women—Mrs. Opal Milton and Miss Sally Lind. The women handle information, patient and staff locator service, phone calls, and assist HM1 Fischer as necessary. They receive inquiries concerning whereabouts, condition, previous duty stations, and other miscellaneous information about patients or staff.

Some interesting calls come to the desk each day—"I know he's in a hospital somewhere in the Bay Area—don't you have a directory of all patients in the area?" When a department or patient care area has an insolvable problem, they give it to the OOD's Desk. The staff learns patience and tact. And they often solve those insolvable problems.



In the first round of intramural softball competition, the Dental/Surgery team led with a 6-0 record. In the second round, they're in third place. Above photo was taken in a tie-breaking game against Administration 23 June, in the first round. As pitcher HM1 Larry Webb of Dental lets loose, left fielder LT Alan Carr, Dental, is alert for the hit. The foot belongs to HM2 Bob Morgan of Surgery.

What's Special at Special Services

FREE Roller Derby Tickets for all Oakland and San Francisco games will be available from Special Services (Bldg. 38, topside) each Thursday preceding the game. Tickets are for staff and patients.

DISCOUNT tickets, Santa Cruz Beachcombers Club cards are available. The cards are free to active duty military personnel, and save about 30% on rides at the Santa Cruz beach and boardwalk.

DISCOUNT tickets for Disneyland are available to all Vietnam veterans. These special Viet Nam Exchange Cards sell for \$1.00 each and are exchangeable at Disney-

land for an \$11.50 book of tickets. For further details on any of these specials, call Special Services at EXT 2477.

Coming events in the Clinical Assembly, Sundays at 1330:

13 July—The Linebackers Trio—anyone who went to the HC Ball will assure you that they are a fine, entertaining group.

20 July—The Country Moderns, Country & Western Band currently appearing at the Gaylon's Restaurant and Nite Club in San Pablo.

27 July—Paul Gross and The Cavalry, Country & Western music.

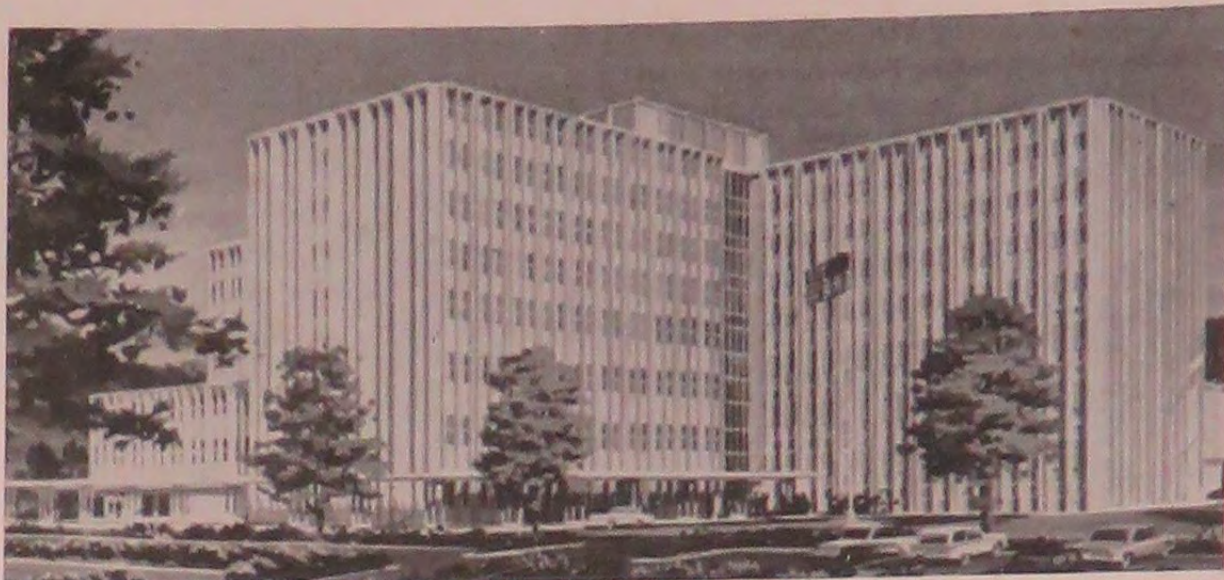


While HM1 William Anders spent 26 weeks training these two new Urology technicians, he didn't realize he was preparing a new staff for NH Pensacola, Fla. HM3s Chris L. Anthon, left, and Richard D. McComb will report to that hospital's urology laboratory shortly. In the fall they will be joined by LCDR Richard L. Tenney, right, Urology Resident, who will be chief of their department. NH Oakland will then have staffed their entire urology laboratory. Doctor Tenney was happy to present the men their graduation certificates 27 June.



Nine Marine patients were promoted to sergeant last week. Six were on hand for this photo. In the front row, from left, are Charles E. Linker, Alfonso L. Galindo, and Floyd D. Hill. Back, from left, Julian B. Miranda, Mark A. Connolly, and Francis M. Cabral, Jr. Not pictured are John E. Gore, Johnny B. Hilton, and Joseph H. Rollins, Jr.

The OAK LEAF



Vcl. 31, No. 15

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 25 July 1969



CAPT George M. Ricketson, Commanding Officer, presents a Letter of Commendation to LT Linda J. Davis, MSC, on her return to civilian life 14 July.

Doctor Young Off For NH, Chelsea

Upon his departure for a new assignment as Chief of Medicine at Naval Hospital, Chelsea, Mass., CDR James M. Young, MC, USN, received Letters of Appreciation from the Commanding Officer and the 12ND Commandant, RADM Leo B. McCuddin.

The letter from Captain Ricketson thanked Doctor Young for his service as an Internist, and as Assistant Chief of Medicine, Head of Medical Sick Officers' Quarters, and Director, Clinical Clerk program. He was praised for his interest in the graduate education program, and for his personal dedication, organizational ability, and technical skill.

The letter from the Commandant praised the doctor for service provided military members of the 12ND and their dependents, and for his efforts in the District's Medical Reserve Program.

Mrs. Young served as JANGO Chairman during the doctor's tour of duty.

Dr. Pascoe & Staff Earn Intern Plaque

CAPT D. J. Pascoe and members of his Pediatric Service staff received the Intern Plaque awarded by the Class of 1969.

The plaque and the attendant honor go each year to the service whose teaching program the intern class judges best. The plaque, with the new winner's name added, was presented at the interns' party 28 June.

LT Davis Commended On Departure For Civilian Life

LT Linda Davis returned to civilian life 14 July, and many MSC officers were on hand to wish her well.

Captain Ricketson presented Miss Davis a Letter of Commendation for her outstanding contribution to patient care as an Occupational Therapist in the Physical Medicine Service and for her willing acceptance of many collateral duties.

Her work as WAVE Representative resulted in special benefits for Corps WAVES and enhanced their morale and efficiency, the letter stated.

Miss Davis will attend the University of Michigan for advanced study of Occupational Therapy.

At Last — the Happy Sight of Oil & Asphalt

Only the successful flight of Apollo 11 has caused as much joy at the Knoll as has the pouring of the long-awaited oil and asphalt.

Completion of the parking lots, delayed by winter rains and spring complications is in sight, says Public Works. Hopefully by mid-week the paving will be finished, and striping of 650 individual spaces will follow. Soil will be placed in the planting "islands" ready for trees and shrubbery, which will be planted by Huber, Hunt, and Nichols, contractors, and Public Works.

Watch for word from Security about who will park where.

Frank Quezada Named Counselor For Equal Employment Program

The Department of the Navy goal is a fully integrated work force, that is, utilization of minorities at all activities, in all organizational segments, in all occupations, and at all levels. Every level of management, including every supervisory level, is expected to take positive action toward achievement of this goal.

As part of the first phase to insure the continuance of an aggressive and imaginative Equal Employment Opportunity program, Captain Ricketson has appointed Mr. Woodrow Robarge as the Equal Employment Opportunity Coordinator and Mr. Frank Quezada as an Equal Employment Opportunity Counselor. Mr. Robarge as coordinator is responsible for spearheading the hospital EEO program.

Under the new procedures established by 1 July amendments to civil service and naval instructions, any employee charging a discrimination because of race, color, religion, sex, or national origin must arrange a meeting through his supervisor with the EEO Counselor prior to filing a formal complaint.

Mr. Quezada, as EEO Counselor, will try, through investigation and consultation with all persons involved, to informally resolve matters which might otherwise be-



Mr. Frank Quezada, recently appointed Equal Employment Opportunity Counselor.

come formalized discrimination complaints. Experience has shown that a majority of discrimination complaints are due to misunderstandings or lack of information. Under this new system the employee may raise questions, discuss it in the open and get answers. Supervisors may call Mr. Quezada at Ext. 2235.

To prepare him for his new position, Mr. Quezada recently completed a course in equal employment counseling at the Regional Office of Civilian Manpower Management in San Francisco.

HM3 Hempenius, Personnel, Earns Sailor of Month Honors for July

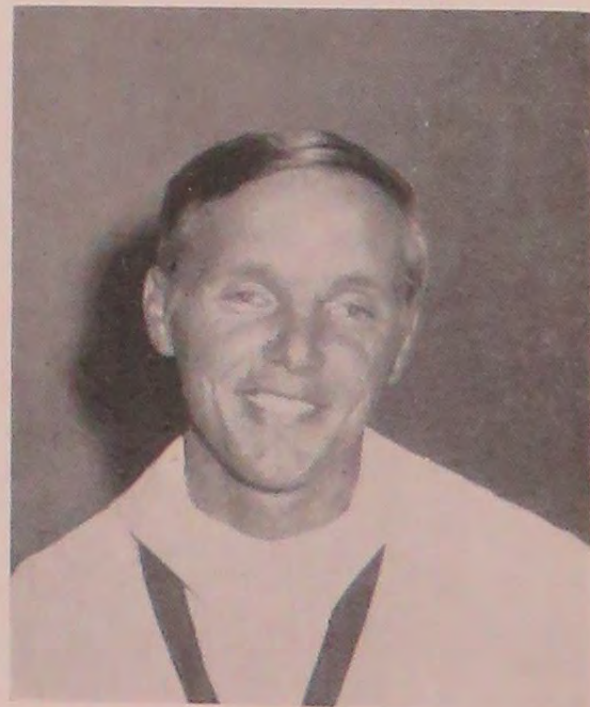
Sailor of the Month for July is HM3 David A. Hempenius, of Officer Personnel.

Hempenius was highly recommended by his superiors, who think "this 3rd Class Petty Officer is one in a thousand." With a minimum of training and virtually without supervision, Hempenius accomplished all tasks assigned to him, no matter how complex.

During the recent period of indoctrination of approximately 70 medical officers, Hempenius spent many long hours, working each night well after midnight, completing the entire receipt and transfer procedures. He dealt tactfully and effectively with officers, helping to solve their individual problems, including transportation of families and shipment of household effects and autos.

Because of his unceasing work and friendly, cheerful manner, his nomination stated, "Hempenius has been the subject of many favorable comments by persons involved with the indoctrination."

Petty Officer Hempenius is from



HM3 David A. Hempenius

Indianapolis. He attended Hope College in Holland, Mich., for three years before joining the Navy in October 1965. Boot camp and corps school were in San Diego. Hempenius served aboard the USS REPOSE for a year and a half. He arrived in Oakland 28 June 1968.

The Oak Leaf

Naval Hospital, Oakland, California

CAPT G. M. Ricketson, MC, USN, Commanding Officer.
CDR R. V. L'Italien, MSC, USN, Administrative Officer.
Editorial Adviser: Dorothy Thompson.
Writer-Photographer: Kathleen McIntosh

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+ + CHAPLAIN'S CORNER + +

WHAT IS ENVY?

The definition of envy can be very simply stated. Envy is sadness over the good fortune of others, coupled with the desire or attempt to lessen or destroy the excellence or success which others enjoy.

There is no difficulty about understanding the meaning of this definition, but it is not so easy to understand and control the workings of envy or jealousy.

It is quite common to hear the expression: "Why, of course, I am not jealous of Pat or Patricia, but—!!!" Very often such a denial is rather good evidence that envy has already managed to get in a good bite.

To understand envy, with a view to control and overcome it successfully, it is good to look at some of its effects. In this presentation we offer only three of the more prominent manifestations of the effects of envy.

1. Envy manifests itself most frequently in detraction, calumny, gossip and every form of unkind conversation.

Behind many of the rash judgments and critical statements made about others is this subconscious thought: "John is much more respected and popular than I am. He gets much more attention and many more honors than are given to me. So I've just got to get him down from his pedestal and let people know he's no better than I am. Maybe that will make others give me some of the attention that I deserve."

Thus the simple definition of envy is fully realized: it is sadness over the good fortune of others, coupled with the desire or attempt to lessen or destroy the excellence or success which others enjoy.

The envious person seldom attains what he aims at in this way; in the long run talebearing and gossip lessen the esteem of others for the gossipier.

2. Envy shows itself also in the refusal to co-operate with others with whom one is associated, when those others have been granted more authority, honor and esteem.

An office worker may say: "Frances did not deserve to be promoted to the position ahead of her. And after all I did for her to help her get started here!" The player on an athletic team who envies the manager or another player, the member of a business firm who thinks he should have a higher position in management, the worker for a parish bazaar or member of a parish society who wants first place or nothing—all can ruin work that otherwise would be well done.

Persons infected by envy are inclined to criticize and condemn all proposals and plans; they create cliques and divisions; they destroy confidence in actual and able leaders.

3. Envy manifests itself in some instances by a combination of ungrounded suspicions, unreasonable anger and pouting resentment against others.

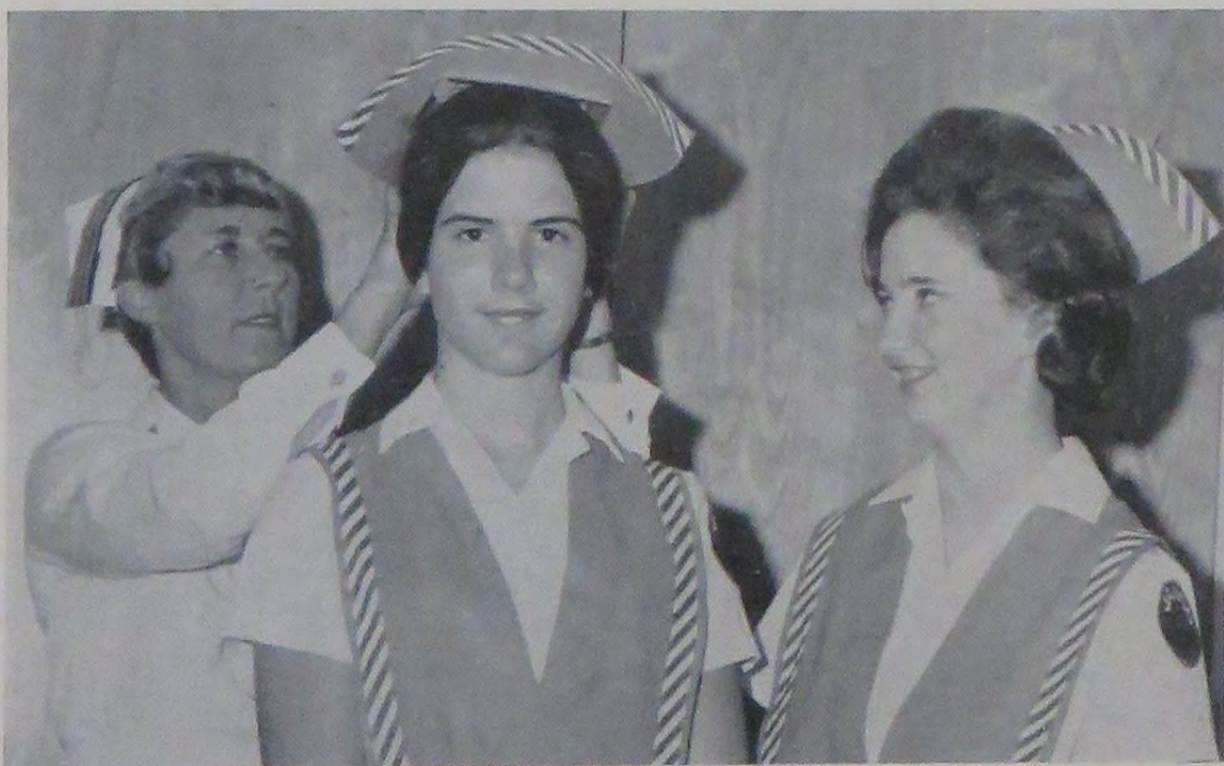
The husband who is jealous of those who show innocent attentions to his wife (or vice versa), the friend who feels that his friend should have no friends but himself, are deplorable victims of envy and they make pitiful victims out of those whom they profess to love. Accusations fly thick and fast; violent anger breaks out at the most unpredictable times, and the pouting continues sometimes for days, over fancied slights and wrongs.

Envy can be checked by a combination of humility and charity.

Humility must reveal, to the person inclined to envy, that he is not so great as he thinks he is, and that his judgments about others are not to be trusted so blindly.

Charity must make him willing to be patient with others even in their actual wrongs, and to work with others for a worthwhile end in obscure roles, and above all, to win the love of others by service and kindness rather than by demanding it in loud talk about laws and principles.

LT COLIN E. SUPPLE, CHC, USN
Catholic Chaplain



As CDR Gloria Stipe pins on a new JANGO cap for Deborah Wilson, newly-capped Linda McKelvy admires it. The two JANGOs were capped following 24 hours of classroom instruction and 74 hours of supervised volunteer service throughout the hospital. They were made full-fledged JANGOs early because Deborah is moving to Newport News, Va., where her father will be stationed with the USS ENTERPRISE, and Linda will be 21 before the September capping ceremonies, when other JANGOs training throughout the summer will be capped. The ceremony took place in Captain Ricketson's office with Mrs. H. A. Sparks, JANGO Adviser, assisting.



The second group of 'Project Value' trainees arrived recently for training in Patient Affairs Division and Nursing Service jobs. When they arrived HM2 Dave Stephenson (left) gave them a short tour of the hospital. With him, from left, William Philyaw, Gloria Parke, Erdell Hallman; back, from left, Barbara Ball and Sharon Benne. After training period they will be ready for entrance level positions in Civil Service.

Know Your Staff



It's impossible for SGT Gary Blankenship, USMC, to breathe without assistance, but he finds it easy to smile when pretty LTJG Nancy Humberstone, MSC, USNR, comes for a pulmonary physiotherapy session. Here she smiles encouragement before checking his lung sounds.

Miss Humberstone, staff physical therapist, completed her PT training at Boston University as a Navy ensign. She interned during the summer she graduated, 1968, at Holy Ghost Rehabilitation Center, Cambridge, Mass., VA Hospital, West Roxbury, and Robert Breck Brigham Hospital, Boston. NH Oakland is her first duty station after indoctrination at Newport.

Raised in Medford, Mass., Lieutenant Humberstone now calls South Yarmouth ("Yaamuth") her home. Her 19-year-old sister attends Boston University.

Part of each of the busy physical therapist's day is spent working with patients in patient care areas, and the rest on the Service. In addition to her duties as physical therapist, she is WAVES Barracks Officer.

While off duty, Miss Humberstone writes letters to her fiancé, an Army 1st Lieutenant in Vietnam. She also likes to knit and ice-skate.

Radiology Receives A 'Well-Done'

Many a patient writes a "well done" to a doctor, but seldom does one say so much so well as this one. It is published with the permission of the writer so that all may share the inspiration it contains. Miss Good is secretary to the Commanding General of Vandenberg Air Force Base.

10 July 1968

Dear Dr. Wilken, Dr. Robl, Lee, and all—

I suppose the anniversary of my first cobalt treatment at your wonderful facility is as good a time as any to report in to you on the past year's accomplishments.

As you probably suspected, I didn't get to loaf very long after I came back to Vandenberg—worked half days for two weeks; stretched it out to 5 and a half hours a day, but usually got caught in the middle of something, and first thing we knew I was back on full-plus days. Am also happy to report that I have not been necessary to use up any Sick Leave since that time—except for an hour or so here and there for Doctor's appointments and Lab work of course. My one-year bone survey and blood tests are well within normal ranges, and we're very pleased about this. I feel great—my friends all tell me that I look great—so I guess I really am!

Betty Stewart came back with glowing reports about USNH-Oakland, as I did, and we compare notes frequently. She is doing very well also, and anxious to get back to her teaching. We—along with several others here in the area—have volunteered for the "Reach to Recovery" program of the American Cancer Society, and are quite anxious to get started. Dr. Helft thinks I'm already in it, I guess, as he calls me occasionally for the "woman-to-woman" talks with other patients. It helps me as much as it does them—perhaps more.

My thanks to all of you again—even now, I can't really express my appreciation for all the wonderful things you have done for me—and for just being so nice while I was there. We haven't been up that way, but I promise to come by to see you whenever we are.

Sincerely,

Evanelle R. Good

Scuttlebutt

SIGHTS & SOUNDS: The lovely stamps commemorating Prince Charles' Investiture in Caernarvon, Wales, displayed by Mrs. Mary Takai, secretary in NPRL, whose daughter Sandy was there. Even the postal mark was specially designed for the event. During her 3-months' tour of Europe, Sandy spent a very crowded night in Caernarvon, but "it was worth it." . . . Captain Sparks tooling around the grounds in a fire engine red dune buggy! He and his son Nelson, 16, built it with advice from CDR Vernon Goller, who can be seen in his metallic blue "buggy." First, get an old Volkswagen. . . . Mrs. June Bliss, Central Appointment Desk, planning an early August wedding in Danville to Mr. Roy Sergeant. They met accidentally, though her daughter was instrumental in arranging the meeting. They'll live in Oakland. Coincidentally, Heddy Goddard, who also works in Outpatient Affairs, remembers Mr. Sergeant as her very nice landlord in Alameda several years ago.

IS IT TRUE that Mr. Smedberg is an XHN as his license plate denotes? . . . That LCDR William Harrison (Medical Resident) speaks Swahili? . . . and what is Captain Gale Clark's relation to the SDS? (also announced by his license plate)—our plate-watcher is HMCS Szyszkiewicz.

DID YOU KNOW that Janice Juarez, Fiscal & Supply, has won a full tuition and living expense scholarship to Mills College this fall? and that she's recently become engaged to Gus Duffield, Air Force electrical technician awaiting Korean duty? . . . That Grace Dyer was married 13 July to Ed Beasley, an Oakland representative of the Baker's Union? . . . That OOD's Desk Sally Lind's father, Edward Lind, has just had his second novel published? Hogan's Mountain, it's based in part on his experiences when the Lind family lived in Thailand for five years. He now lives in Philadelphia. . . . That Evan Wolfe, psychologist, has been promoted to Lieutenant Colonel in the Air Force Reserve? . . . HMCM James Bull re-enlisted Saturday for three years—his last shipping over!

LIFE BEGAN 3 July for Doreen Carole Joyce, 8 lb., 6 oz. daughter of HN Gary W. Joyce, PT, and wife Patricia. . . 4 July for Devin Wade Crockett, 8 lb., 13 oz., son of HA Russell R. Crockett, 8S, and wife Wanda. . . 6 July for Timothy Patrick Welch, 9 lb., 5 oz. son of ENS Richard R. Welch, Patient Affairs, and wife Carol Ann. . . 7 July for Tamara Elizabeth York, 8 lb., 7 oz. daughter of SGT William York, USMC, patient from 76B now on leave, and wife Rae Marie. . . and 15 July for John Michael McKenney, 8 lb., 2½ oz. son of LCDR Martin E. McKenney, Radiology, and wife Edwina.

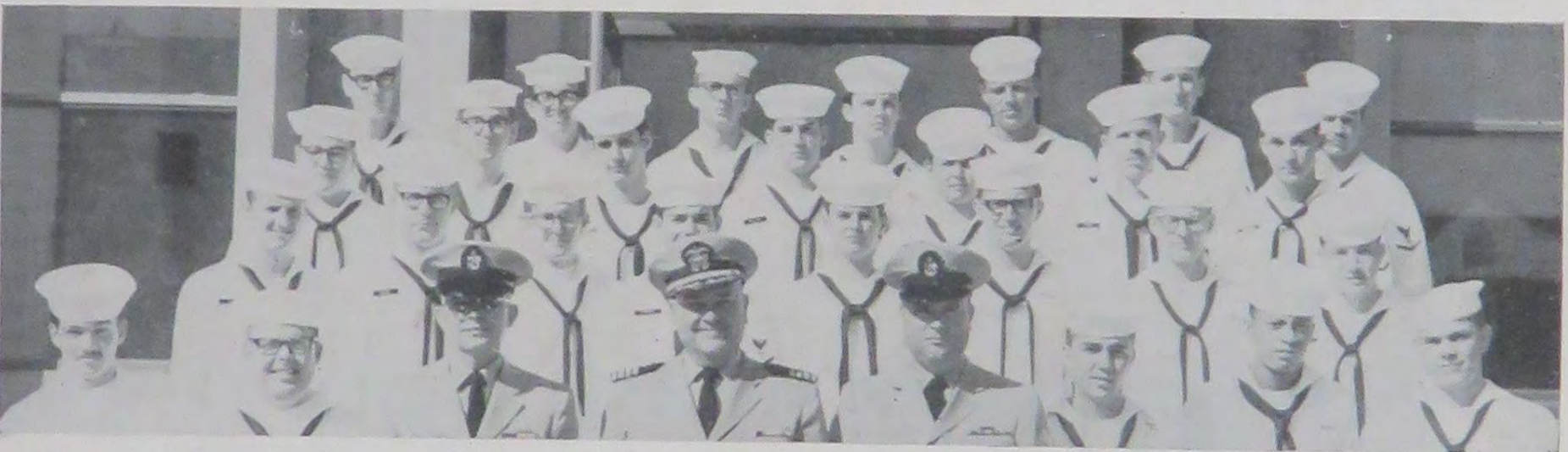
AND OFF THE GROUNDS **LIFE BEGAN** 11 July for Deanna Kay Meadows, 6 lb. 6 oz. daughter of HM3 Doug Meadows, CO's driver, and wife Linda, who by the way, is a former Corps WAVE. They met while both were working in — the Nursery, at NH San Diego!



Off to "see the world"—through a microscope—are these new laboratory technicians, who received their certificates 3 July. With them are their instructors and Chief of Service. Front row, from left, HM1 A. C. Short, LCDR Philip Vogt, HM2 Toni A. Scott, HM3 Clemente M. Muriel, and CDR Melvin Borowsky. In the second row, from left, are HM3s Matt E. Tombre and Donald E. Guthrie, and HNs James A. Snelling and Roman Martinez, Jr., and HMC James Duranceau.



Ready for new assignments in operating rooms throughout the nation are 11 July graduates of the Operating Room Technicians' course, who posed with their instructors and special guests after presentation of their certificates. In the front row, from left, are CAPT George E. Cruft, Chief of Surgery, Captain Ricketson, CAPT Sue Smoker, Chief Nurse, and LCDR William D. Roche, who delivered the graduation address. Second row, from left, HM3s David A. Klein, Richard H. Van Ligten, Douglas C. Borden, and Phillip D. Crumpacker, and HM1 Charles Taylor, instructor. Back row, from left, LCDR Alvina M. Harrison, instructor, and HM3s Reginaldo L. Cauilan, Dean F. Blietz, Timothy J. Driscoll, Steven D. Taylor, and Robert L. Bach.



Congratulations are in order for these new HMCs and HM3s, pictured with Captain Ricketson after promotion. First row, from left, HM3s James E. Kersey, Michael D. Judd, HMC William T. Ratcliffe, Captain Ricketson, HMC Roger S. LaBonte, HM3s John J. Bradbury, Samuel S. Herford, Jr., and Ronald R. Mangels. Second row, from left, HM3s Jay P. Flynn, Doyle R. Dalke, Jack S. Phillips, Michael R. Townsend, Francis V. Manning, Martin Gruher, Stephen P. Craig, and Kenneth R. Fugate. Third row, from left, HM3s Wilbur R. Young, Gerald E. Hunt, Richard Lomax, Joseph E. Williams, Thurman L. Robbins, James A. Shaw, and Steven M. Chatelain. Fourth row, from left, HM3s Terrill F. Deland, Bruce C. Ross, Keith G. Vandepol, George F. Reeher, Jackson R. Christman, Gerald L. Keown, and John P. Costello. Not pictured is HM3 John J. Nalencz.

Guest Bowlers

Members of the Alameda County Women's Bowling Association are on board each Friday at 1300 to bowl with interested patients. Bowling is free at this time, and all patient bowlers are urged to participate.

WAVES' Birthday Plans

Hospital WAVES are getting ready for the 27th anniversary of their establishment 30 July with plans for a swimming party here on base and exciting news of a cruise on the USS CORAL SEA for District WAVES which four Knoll WAVES will enjoy.

The four lucky young ladies selected to go on the 2 August cruise are HM2 Ernabeth Theodores, HNs Sue Williamson and Jacqueline Winder, and HA Jessie Brown.

HMC Robert Ellis Piped Ashore 15 July

Saluting his fellow chiefs as he transfers to the Fleet Reserve, HMC Robert Ellis was piped ashore in ceremonies 15 July.



work in the Bay area.

Chief Ellis started his third tour here in January of 1968. He worked in Neuropsychiatry. The chief served the Navy for 23½ years.

Chief Ellis owns a home in San Lorenzo and plans to live and

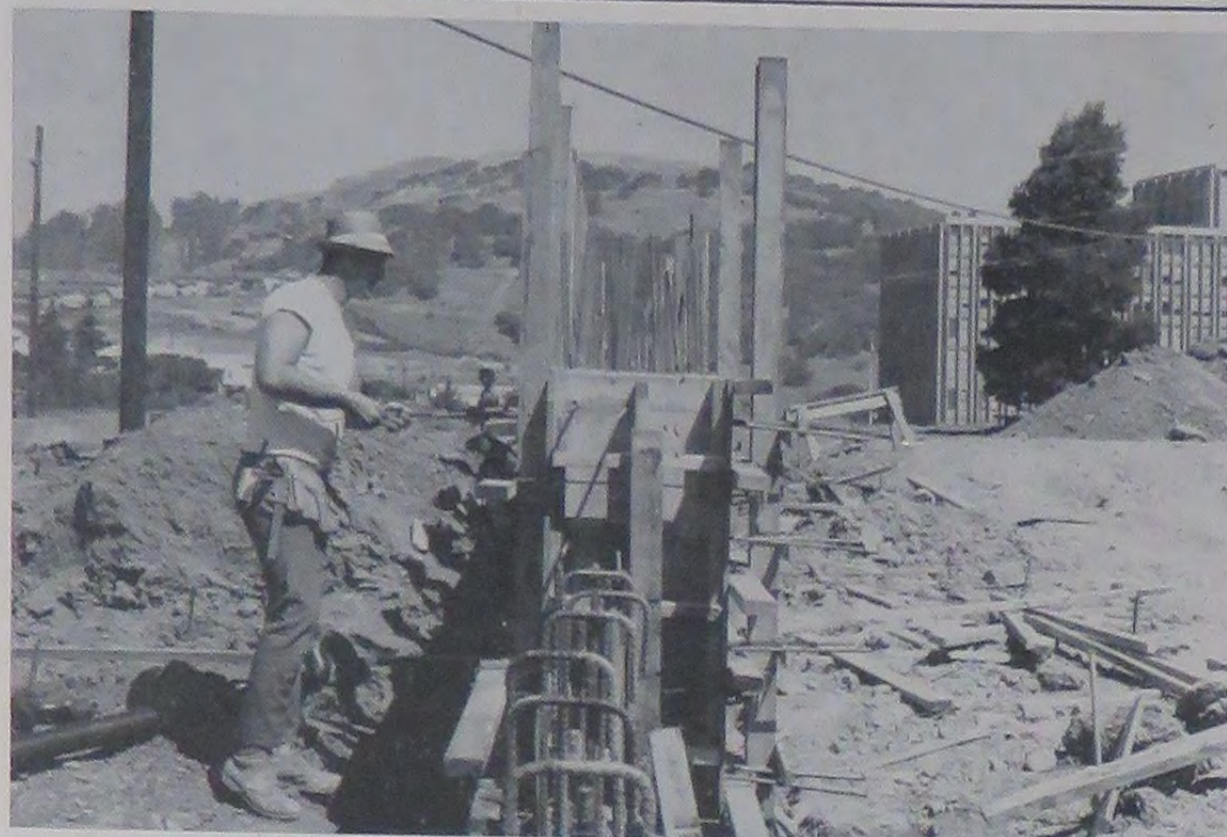
Six Civilians Honored For Years of Service

Length of Service awards have been presented to six civilian employees recently. Together, they have served the Federal Government 120 years!

Joseph P. Concannon, Head Social Worker in the Neuropsychiatry Service, who came here in 1951, received a certificate and pin for 30 years' service.

Twenty years' service certificates and pins went to Mrs. Ruth L. Mecchi, Fiscal & Supply, who came here in '54, and to Percy Reed, Food Service, here since 1960.

Receiving ten-year certificates were Mrs. Mae Alvarez, Admissions Room, Mrs. Gladys Mitchell, Appointment Clerk in Outpatient Service, and John G. Miller, Archives.



From this, the first wall in the new enlisted barracks being built on the site of the old barracks, will grow a new structure ready next spring to house 416 enlisted personnel. It will include a separate wing of 15 rooms (four to a room) for WAVES, with their own lounge, galley, and laundry. Each wing will include a laundry, and every room is planned for four occupants. This "baby picture" shows one of the workmen for Robert L. Wilson Inc., Oakland contractors.

Project 'Dial-A-Steno' to Launch Disabled Vets in Business World

Ribbon-cutting ceremonies for Project "Dial-A-Steno" were held 15 July in Castro Valley. CAPT. George M. Ricketson was on hand to cut the ribbon, and CDR Donald W. Rohren, Director of NPRL, Gerald Porter, Research Engineer in NPRL, and seven amputee patients were other honored guests.

The project, sponsored by Job Development Community Services, Inc., will provide an opportunity for 95% disabled veterans to be self-employed and competing in free enterprise. After an initial training period, the men will be able to participate in the business world as self-employed businessmen.

The pilot program, to begin soon

at Business Services International in Castro Valley, will train approximately six interested veterans in a complete office services program including typing, the use of secretarial, telephone message recording and duplicating equipment, phone sales and solicitations, accounting, statistical compilations and office management.

When the basic training period is completed, franchises will be sold or leased in any of the major business communities throughout the United States.

Charles Asbelle, the hospital's Rehabilitation Specialist, assisted in the organization of this program.

Feeling Philately Lately? See ARC

Do you collect first day covers? how about U.S. commemoratives? or plate blocks? In case this sounds like a code of some kind it all relates to stamp collecting and has a definite meaning for philatelists. The Red Cross has a large variety of both foreign and United States stamps which are available free to both patients and hospital staff on a self-selection basis.

A recent generous donation of 1500 United States stamps, some dating back to 1860 and several quite rare and valuable, was made by Mr. Ernest Anders of San Francisco. Mrs. H. H. Hyde of Oakland, who is also a Red Cross volunteer driver, has made several large contributions of U.S. stamps in the past. Other donors, both individuals and groups, have added to the Red Cross collection, which now includes a very comprehensive U.S. assortment and a wide variety of foreign stamps ranging from A to T (Argentina to Thailand) with many countries represented in between.

Bed patients or those restricted to their wards can arrange to have boxes of stamps checked out to them by asking any Red Cross worker or volunteer. Others may ask about the stamps any time at the Red Cross recreation building

(71-A). It is open from 1000-1700 Wednesdays and Fridays; 1000-2100 Mondays, Tuesdays, and Thursdays; and 1300-1700 on Sundays.



From the Judge Advocate

In the last issue we discussed the California law relating to driver's licenses for non-residents over the age of 21. Non-resident servicemen who are under the age of 21 are required to obtain a California driver's license within 60 days after entering the state in order to drive in California. This is true regardless of whether or not he possesses a valid license from his home state.

A non-resident who engages in civilian employment in California is required to obtain a California driver's license within 10 days after accepting civilian employment even if he possesses a valid license from his home state. This should be noted by servicemen who engage in civilian employment on their off-duty hours or whose wives work in California.

SPORTS BRIEFS

Skeet Team Places Fourth

The hospital skeet team placed fourth of five teams in their latest competition at Treasure Island 12 July. Treasure Island took first with 482, while the hospital team scored 467.

Captain Ricketson won combined classes AA, A, and B with a score of 97. LCDR Norman Nickman, team captain, won class E with 91.

The team's next competition will be at Alameda 9 August. Anyone interested may still join. Doctor Nickman (Ext. 2065) or CDR Thomas Carson (Ext. 2408) has further information.

Varsity Bowling Try-Outs

Try-outs for the varsity (12ND competition) bowling team will begin soon. Interested bowlers may sign up at the Bowling Alley. All male military staff are eligible.

Bowling Standings

Seventh week standings of the Men's Wednesday Night Bowling League are:

	W	L
PMT Staff	19½	8½
The Hoods	15	13
PMT Students	15	13
Countdowns	13½	14½
Pharmacy	13	15
Aches & Pains	8	20

Fast Relief

For Flabby Folk

... You say your muscles have gotten flabby since you were assigned that desk job? Maybe you've gotten broad in the beam and generally gone to the dogs. Fear not, help is on the way.

A new pamphlet, called "Shape Up," is now available which should help you regain your former, fantastic physique.

The publication outlines nine basic exercises you can do at your desk in only 54 seconds. You can strengthen your muscles to a degree previously achieved only through a more concentrated program of weight lifting or other very strenuous activity.

—usn—

When crossing railroad tracks—train your mind to mind the train.



The Nurse Corps and the Medical Service Corps each gained a new commander when Marie M. T. Gendron, left, and Gale Ramirez were promoted recently. Miss Gendron is an instructor in the NP Technician School, and Commander Ramirez is Chief of Patient Affairs.

In addition to new commanders Gendron and Ramirez, several other staff officers are receiving congratulations on their recent promotions.

Moving up to lieutenant commander are doctors Paul E. Schroder, ENT Resident, Richard E. Reitz, CIC, and James W. Winebright, Medicine.

Putting on lieutenant's shoulder boards were two MSC officers, Jaime R. Carlo, Blood Bank, and Harold J. Mast, Patient Affairs.

Corpsman, WAVE Reenlist 3 July

Two hospital staff members reenlisted 3 July. HM3 Claudia Ellquist, EKG technician, was in the CO's office that morning to sign up for two more years, and that afternoon in Supply, LT Leonard J. Julius swore in HM2 Wayne A. Forgie, Medical Repair, for six years.

Forgie reenlisted under the "Star" program (Selective Training and Retention) whereby he will soon go to Fitzsimmons General Hospital in Denver for medical repair school.

Forgie is originally from Moline, Ill. He and his wife Janice live in Oakland. He has been in the Navy since December of 1965, and came here in November, '67.

Miss Ellquist, from Bakersfield, Calif., joined the Navy 4 November, 1966, and reported here in July of '67. Her EKG training was at Great Lakes.



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Oakland, California 94627

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(Fold in half and then in thirds and staple.)

The OAK LEAF

Vol. 31, No. 16

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 8 August 1969



Lieutenants, Medical Corps:



FRANK BISHOP Miami DuWAYNE BOBERT Washington RICHARD BULTMAN Michigan DANIEL DANTINI Miami IGOR DROBOCKY Kentucky



TOM ELO Kentucky THOMAS FARRELL Tulane HENRY FISK Vermont FRANCIS FUSELIER Georgetown DAVID GALLAGHER Georgetown



JEROME GOLDSCHMIDT St. Louis DANNY GROVES Louisville "J" KIRKPATRICK Baylor RAYMOND MADDOCKS Vermont FREDERICK MARSH Kansas



CHARLES MORRIS Louisville LAWRENCE PETTA Texas JESSE SANDERSON North Carolina DOUGLAS STETSON Michigan FRANCIS VALCOUR Georgetown

Lieutenants, Dental Corps:



Picture
Not
Available

CURTIS CARLSON Illinois THOMAS CONLON Washington DAVID MATHEWS UCLA RICHARD STAUFFACHER Marquette KEITH THORNTON Baylor

Meet the Class of '70

Twenty Medical, Five Dental Interns Getting Accustomed to Hospital Life

Twenty medical and five dental interns have already completed more than a month of the year they will spend at the hospital.

Only one of the interns, Lieutenant Mathews, attended school in California, and most of the others

studied east of the Mississippi. Sixteen of the new interns are married, nine single. The bachelors are Lieutenants Bobert, Dantini, Groves, Kirkpatrick, Marsh, Morris, Petta, Stetson, and Stauffacher.

Change of Command

Admiral Mahin to Take Helm 26 August; Captain Ricketson to Resume XO's Post

RADM H. Paul Mahin will take command of the hospital 26 August, relieving CAPT G. M. Ricketson, who moved up from his post as Executive Officer 12 June, when RADM E. P. Irons departed for the Naval Aerospace Medical Center, Pensacola, Fla.

With Admiral Mahin at the helm, Captain Ricketson will resume the duties of Executive Officer.

The new skipper, whose specialty is surgery, will report from Naval Hospital, Philadelphia, where he has been CO for the past year and a half. His promotion to flag rank was effective 1 August.

The Change of Command ceremony is scheduled for 1500 at the main entrance of the hospital. The Twelfth Naval District band will play, and companies of military personnel will lend color to the occasion.

All hands—military and civilian—who can be spared from their duties are urged to attend.

Following the ceremony a reception for staff officers and invited guests will be held at the Officers' Club. All other staff members are invited to a reception in the main dining room immediately after the ceremony.

Clinical Clerks See 'Real' Navy Aboard Carrier CORAL SEA

Twenty Clinical Clerks who enjoyed a three-day cruise aboard the USS CORAL SEA (CVA-43) are still talking about their first view of the "real" Navy.

The Clerks (Ensign 1915 Program medical students on 60 days temporary duty here) boarded the carrier 28 July with CDRs Arthur Holmboe and Howard Shute, director and assistant director of the Clinical Clerkship program. They toured the various departments of the ship and viewed air maneuvers of various fleet aircraft, becoming gradually acquainted with carrier operations.

Highlight of the cruise (besides the "good chow" and the exceptional friendliness of the ship's crew) was the catapult shot from the ship's flight deck and flight back to Alameda.

Clerks attending the cruise were LTJGs Daniel A. Clay, William A. Coger, Martin R. Eichelberger, Joseph W. Huston, Henry C. Mallard, David S. Richmond, Daniel C. Sullivan, Stanley I. Thompson, James R. Warsh, John W. Young, Timothy C. Calvin, and Louis W. Schmohl, and Ensigns Martin S. Barber, John D. Matthew, Edward W. Millunchick, Michael J. Moran, Jerome R. Mueller, Gary D. Polynard, Richard P. Porreco, and Lowery L. Thompson.

HM3 Griffith Earns \$100 For Suggesting 'Patient of the Month'

HM3 William A. Griffith, former assistant to the Patient Care Coordinator, has been presented a check for \$100 for his beneficial suggestion to select a Patient of the Month from outstandingly cooperative and helpful patients of the command. Griffith left recently for Treasure Island to await discharge.

While assigned to the Patient Care Coordinator's office, Griffith noticed that certain patients were exceptionally cooperative, reliable, and helpful in the tasks they were assigned. He felt they should be commended.

The idea has already been implemented and a Patient of the Month will soon be selected.

A Patient of the Month will be chosen each month from nominations received from Chiefs of Services and Divisions. Patients will be selected on the basis of their contribution to the accomplishment of the command's mission.

The selection committee will be chaired by the Chief of Nursing Service, and nominations should be submitted to her.

The patient selected will receive a Letter of Commendation from the Commanding Officer, and his picture will appear in the OAK LEAF.



The Oak Leaf

Naval Hospital, Oakland, California

CAPT G. M. Ricketson, MC, USN, Commanding Officer.
CDR R. V. L'Italien, MSC, USN, Administrative Officer.
Editorial Adviser: Dorothy Thompson.
Writer-Photographer: Kathleen McIntosh

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+ + CHAPLAIN'S CORNER + +

The greatest question with which man has to deal is his proper approach to God. There are different and widely variant approaches. On one extreme are those who feel that God is real but too remote for man to approach at all, and too great and transcendent to be concerned with man's problems and needs.

There are others who speak of the nearness of God in terms of being so close already that there is no need to approach Him; viz., Tennyson in his "The Higher Pantheism": "closer . . . than breathing, and nearer than hands and feet."

Between these extremes there lies a more realistic approach, an approach that is at the same time subjective and objective. God is seen as the "Wholly Other," separating him from man in man's finiteness. God is omnipresent, omnipotent, omniscient—i.e., everpresent, all-powerful, and all-knowing. In His attributes, He is eternal; He is righteousness, truth, and love. In His activity, He is creator, sustainer, and redeemer of man.

How best can we approach Him? The classic answer of the Scriptures is the one in the Old Testament given by Micah the eighth century before Christ:

"With what shall I come before the Lord,
and bow myself before God on high?
Shall I come before Him with burnt offerings . . . ?

He hath showed thee, O man, what is good;
and what does the Lord require of you
but to do justice, and to love kindness,
and to walk humbly with your God? (Micah 6:6a, 8, RSV)

An interesting paraphrase is given by Moffatt in his translation: "To be just and kind and live in quiet fellowship with your God."

H. L. MARTIN, LT, CHC, USNR

Five Staff Officers Accept Promotion

Three doctors accepted promotion to lieutenant commander 29 July. Robert D. Ansel and Daniel K. Lee of Neurology, and David M. McTaggart of Pathology, were in the CO's office to receive promotions and congratulations. All are USNR.

Promoted 1 August to lieutenant junior grade were Richard R. Welch, MSC, USNR, Operating Services, and Sharlene M. Koch, NC, USNR, Medical ICU.

Dependent Flag, Lapel Button Authorized

A service flag and lapel button denoting active duty in the U. S. Armed Forces have been authorized by Congress for display by members of a serviceman's immediate family.

The flag, one foot wide by 1.9 feet long, has a white rectangular field bordered by red. A blue star for each family service member is affixed to the white field.

The service lapel button consists of a blue star on a white rectangle within a red border.

For additional information see your personnel officer.

Q. When and with what battle did the Indian Wars of the United States end?

A. They ended with an Army victory at Wounded Knee Creek, S.D., on December 29, 1890. Eighteen Medals of Honor were won in this battle alone.

Scuttlebutt

SIGHTS & SOUNDS: A familiar face in the passageways? It's not LT Frank Ennix, former Legal Officer here, but his brother LT Coyness Ennix, new medical officer on Outpatient Service. . . . Personnel personnel at a farewell party for Mrs. Marjorie Woods, leaving last Thursday for a position with the Berkeley Police. . . . CDR Ralph McLaughlin, Thoracic Surgeon, checking out 31 July with a confusing nametag — "Short" — his corpsmen in the Chest Clinic had it made because Doctor McLaughlin was short (soon out)! Doctor Short-McLaughlin returned to civilian life to practice in Fullerton with Dr. Don Edwards, a former Thoracic Surgeon here. . . . Admin. staff gazing out windows wishing it were they slushing around in that newly poured cement. . . . Seeing, out those windows, not one, but TWO cars drive merrily and unwarily along and right over the end barrier into — — — Drive carefully!

DID YOU KNOW that August is National Sandwich Month? . . . that Captain Gale Clark's son will be captain of the track team at the Naval Academy next year? . . . that one of the best ways the OAK LEAF gets scuttlebutt is from you? . . . that the reason Mrs. Nancy Clarke, Dental, has been limping recently is that she has an infected toe on her right, we believe, foot? This happens, incidentally, 3 or 4 times a year.

OAKNOLLUMNI: "Seaman Recruit to Captain"—headline of National Naval Med Center NEWS (Bethesda), where our former AO, Albert J. Schwab, accepted promotion to captain. Mrs. Schwab and their two daughters were on hand for the ceremony. Ronald Aldrich, former Assistant to the Administrative Officer and Admiral's Aide, dropped by to see old friends Wednesday. Out of the Navy now, he'll be Assistant Administrator at St. Mary's Hospital in San Francisco, and he and his wife and baby daughter will live in Corte Madera.

LIFE BEGAN 30 July for Robert Vincent Carson, 8 lb., 11 oz. son of CDR Thomas E. Carson, Dermatology, and wife Shirley. . . . 31 July for Michael Perry Waldrip, 7 lb., 13 oz. son of HM3 Jerry Waldrip, EENT, and wife Sheryl. . . . 31 July for Kenneth Alan Bulman, 7 lb., 13 oz. son of HM1 Richard Bulman, NPRL, and wife Judith. . . . 1 August for Charles Arthur Bell, Jr., 8 lb., 8 oz. son of HM3 Charles Bell, Patient Affairs, and wife Pamela. . . . 1 August for Cyril Frederic Kormos, 7 lb., 12½ oz. son of CDR Harry Kormos, NP Service. . . . 3 August for Eric Keith Van De Pol, 7 lb., 8½ oz. son of HM3 Keith Van De Pol, 74B, and wife Helen. . . . and 3 August for Shaun Christaan Baland, 7 lb., 13 oz. son of HM3 Dale Baland, EKG, and wife Sharon.

—usn—

Q. What are the latest trends in ship-fired guided missiles?

A. The Navy has just replaced the Terrier and Tartar missiles with a newly developed Standard missile, and work is underway on the ASMS (Advanced Surface Missile System) for the new D-X&G destroyers of the 1970's.

Know Your Staff



This pleasant, busy young lady can often be seen in the passageways running errands and "getting exercise," but her home port is the Periodic Physical Desk in Patient Affairs. Miss Lynn Kerr doesn't give physicals, but she does arrange them.

When a patient is retired and his disability isn't stable enough to give him a definite disability percentage (which the Physical Evaluation Board determines), he is put on a temporary disability list. Every 18 months he is called back for a physical so a doctor can evaluate his condition and determine whether he will remain on the temporary disability list, be considered cured, or given a permanent disability percentage rating.

Miss Kerr makes appointments from orders and medical records, and sees to admission to the hospital if the patient is to be an inpatient. She receives the reports from the doctors, and types and organizes them (which is in itself an experience!), and sends them to the Physical Review Council in Washington, D.C., or to the PEB here.

Here since 10 June 1968, Miss Kerr recently returned from her first vacation—a camping trip to Vancouver, Canada. She and her sister and cousin rented a tent-trailer and drove up via inland routes, and returned through Washington, hopping a ferry from Keystone, Washington to Townsend, thus saving many driving miles.

Miss Kerr was one of the first to sport a good tan this spring, for she spent many weekends basking in the Santa Cruz sun. That, in fact, is her favorite outdoor activity.

Miss Kerr is a native of Oakland and graduated with an A.A. in Medical Assistance from Peralta Junior College in 1965. Prior to coming to the hospital, she worked for a doctor in San Leandro.

—usn—

Q. What branch of the service has the air defense responsibility of Puerto Rico?

A. The Air National Guard carries the full responsibility for the air defense. Their protective shield spans across the southern tier of the United States.



Mr. Peter J. Mendonca, Construction Representative in the Resident Officer in Charge of Construction's office was the happy recipient 31 July of a Superior Accomplishment Award from the Commanding Officer, Western Division, Naval Facilities Engineering Command, San Bruno.

Here LCDR William R. McCorkle, ROICC, gives Mr. Mendonca the commending letter and personal congratulations.

Mr. Mendonca is the inspector for small contracts, and has done exemplary work in inspection.

Sunday Services

Catholic
0830 Clinical Assembly*
1215 Main Chapel

Protestant
0930 Chapel of Hope*
1030 Main Chapel

Latter Day Saints
1300 Chapel of Hope
*Broadcast on Channel 6
(Closed circuit)

Changes in Uniform Code of Military Justice, Effective 1 August, Discussed

By LT B. Richard, JAGC, USNR

On 24 October 1968 the Military Justice Act of 1968 became law. Effective 1 August 1969, the law significantly increases the rights of the individual under the Uniform Code of Military Justice. This article will discuss some of the major changes in the Code.

The new law insures an accused's right to lawyer counsel to a far greater degree than the old law. The accused has always been entitled to a lawyer in a general court-martial. However, he was not guaranteed lawyer counsel before a special court-martial unless the trial counsel was a lawyer. The new law provides that an accused is entitled to be represented by a lawyer before a special court-martial unless a lawyer cannot be obtained because of physical conditions or military exigencies. The Manual for Courts-Martial, 1969 (Rev) clearly provides that:

"Physical conditions or military exigencies . . . may exist under rare circumstances, such as on an isolated ship on the high seas or in an inaccessible area, provided compelling reasons exist why trial must be held at that time and in that place. Mere inconvenience does not constitute a physical condition or military exigency"

Salary Increase Earned By Seven Civilians

Seven civilians are deciding how to spend quality salary increases they earned for outstanding performance in the past year. Four were in the CO's office last week to receive his congratulations: Mrs. Helen S. Vogel, Maintenance, Mrs. Carol S. Shore, Nursing Service, Miss Lynn Kerr, Patient Affairs, and Mr. Corbit A. Ray, NPRL.

Those unable to go to the CO's office were Mrs. Leola M. Kraker, Maintenance, Mrs. Joyce Bradley, Outpatient Service, and Miss Helen Cupper, Neuropsychiatry.

and does not excuse a failure to extend to an accused the right to qualified counsel."

When a command believes there is a sufficient physical condition or military exigency to warrant proceeding without lawyer defense counsel, the officer who convenes the court-martial is required to make a written statement in which he must:

"set forth in detail not only the reasons why qualified defense counsel could not be obtained, but also why the trial had to be held at that time and at that place. . . ."

In short, the accused is now guaranteed the representation of a lawyer in all but the rarest cases. In addition, in those cases in which the accused does not have lawyer

(Continued on Page 4)

Opening Soon!

Package Liquor Store To Serve All Military

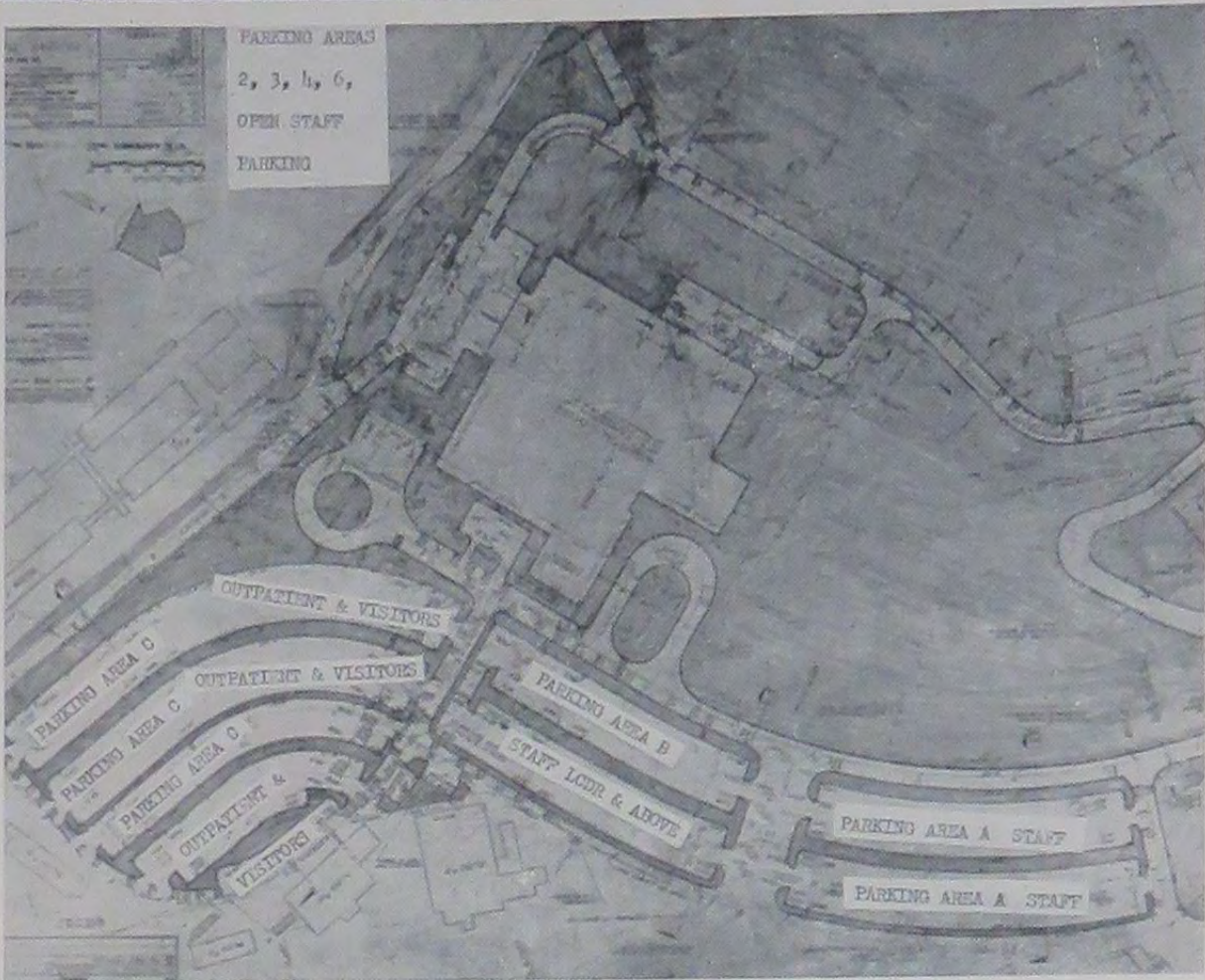
Watch for the grand opening of the newly decorated, completely stocked and re-organized package liquor store sometime soon!

The new package store will serve officers, chief petty officers, and all other enlisted men, eliminating the old system of two package stores and expanding open hours—from 1000-1800 Monday through Friday and from 1000-1400 on Saturday.

The package store will be in old Bldg. 136, opposite the swimming pool.

Workmen have been busy installing several roomy reefers, lovely wall-paneling, and a quiet, comfy carpet to make shopping pleasant. O' Club manager Darel Ingram insures that it will be something special, with a complete stock of beverages—beer, wines, soft drinks, liqueurs and liquors.

Mr. Bill Onyett will manage the new package store.



Here is a diagram of the new parking lots, designating parking assignments. In area A, junior staff officers and all enlisted and civilian personnel may park on a first come, first served basis. Area B is reserved for staff officers, lieutenant commander and above, on a first come, first served basis. A number of spaces will be reserved for captains. Area C is reserved for outpatients and visitors. Areas 2, 3, 4, and 6, (above Bldg. 500) formerly reserved for staff officers, are now open parking.

Where To Park In Those Beautiful New Lots, To Be Landscaped Soon

Paving and striping has been completed on 448 new parking spaces adjacent to Bldg. 500, and cars have been in and out of them (by various routes) for more than a week now. The diagram above designates who may park where.

Expected shortly to augment present parking are 70-80 more parking spaces near the post office.

Because during landscaping operations it will be necessary to

close off some parking areas for a short time, bus service will continue until landscaping is completed.

Gendreau Circle north will be redesignated as a two way street with no parking on either side, but the remainder of the circle will remain a one-way street.

The command requests the cooperation of all staff personnel in observing parking regulations. Security will strictly enforce traffic regulations.

MSC Celebrates 22nd Birthday at 12ND Fete

Medical Service Corps officers of the hospital celebrated their 22nd anniversary at a party for district MSC officers in the Fleet Admiral Nimitz Club on Treasure Island last Saturday. Monday (4 August) was the anniversary of their establishment.

When the Medical Service Corps was established in 1947, legislation provided for these sections to be it: Supply and Administration, Medical Allied Sciences, Optometry, Pharmacy. Today the Corps comprises the following sections: Supply and Administration, Optometry, Podiatry, Medical Specialist (Dietitian, PT, and OT), and 24 Medical Allied Sciences.

WHAT'S SPECIAL AT SPECIAL SERVICES

Coming events in the Clinical Assembly, Sundays at 1330:

10 August—The Three Gents, Country and Western music.

17 August—The T. C. Soul Brothers, a nine-piece band, Rock-Jazz, and Soul.

24 August—The Na Hawaii "O" Kaleponi, Hawaiian dances and music.

Tonight at 1930 "The Menesce Brothers," a pantomime and clown team, will perform in the 5W day-room.

WAVES Swim to Mark 27th Anniversary

More than 6,000 Navy WAVES celebrated their 27th anniversary on 30 July. Here in Oakland, the hospital's 52 WAVES were honored at a birthday party last Saturday at the base swimming pool. HM3 Pat Muse coordinated the party.

President Franklin D. Roosevelt signed the legislation which authorized the enlistment and commissioning of women in the Naval Reserve on 30 July 1942.

The acronym "WAVES" stands for Women Accepted for Volunteer Emergency Service. 100,000 WAVES served at 900 shore stations during WWII.

On the occasion of their 27th anniversary the 12ND Commandant sent the following message to district WAVES:

On 30 July 1969 the WAVES will have completed 27 years of dedicated naval service. The contribution of the WAVES to the mission of the United States Navy has earned them not only recognition and appreciation but has reaffirmed the wisdom of making women an integral part of the Navy.

I wish to take this opportunity to salute all women officers and enlisted women in the district on the occasion of the WAVES' 27th anniversary.

RADM L. B. McCUDDIN



This youthful inspection party apparently approved of the toys brought to their patient care area by members of the Officers' Wives' Club. Proceeds from the club's May flea market went to purchase the toys, over \$100 worth. Helping James Pesicka (left) and Hans Brassinga (both Army dependents) test some of the new additions to the playroom is Mrs. H. L. Martin, chairman of the toy-purchasing, delivering, and assembling committee. She was assisted by Mesdames F. A. Mun-den, J. E. Six, and V. M. Holm (president).

Know Your Staff



Although very few can pronounce his name, almost everyone is familiar with the face of HMCS Walter Szyszkiewicz, Assistant Food Service Officer, the man responsible for the maintenance of a pleasant atmosphere and the enforcing of uniform regulations in the main dining room, and it is he who greets almost everyone at the door. Chief "Ski," as most know him, also helps plan special events such as receptions and assists in the administrative work of the big division (120 civilian and 9 military personnel).

Senior Chief Szyszkiewicz (schis-keh-vitch) arrived for his first tour in Food Service last August. "It's a continuing education, particularly in diplomacy," he comments wryly.

This is truly a sea-going sailor—he came here from independent duty (no doctor aboard ship) on the USS COLLETT (DD-730) out of Japan, and lists the O'BANNON (DD-450), THOMAS JEFFERSON, TICONDEROGA (CVA-14), BLAIR (DER-147), WALTON (DE-361), and LOFBERG (DDO-759), as other ships he's sailed with.

Chief "Ski" is originally from Elizabeth, N. J. He and his wife (the former Mary Ann Schneider, a Corps WAVE here) have five children — Laura, 12, Mark, 11, Therese and Thomas 8, and Matthew, 18 months. They live in Newark and have spent the last year painting and "fixing up" their new home.

While some of the chief's off-duty hours are spent taking courses at Ohlone College in Fremont, he also enjoys camping with his family and building plastic models and painting them with delicate and intricate designs.

Notice to All Marine Patients

All Marine patients who have been in the hospital for sixty days or longer and have not received all the baggage or personal effects left in Vietnam or stored in Okinawa should report that fact to the Marine Liaison Office on the first deck of Bldg. 500 between 1330 and 1530. Those unable to leave their wards should have the ward clerk call the office (2437) and someone will come to see you.

Military Justice Act

(Continued from Page 3)

counsel, the court cannot adjudge a bad conduct discharge.

The Military Justice Act of 1968 establishes a new position of Military Judge. A military judge is a lawyer certified by the Judge Advocate General of his armed force to act as a military judge. The new law requires a military judge on all special courts-martial empowered to adjudge a bad conduct discharge unless a military judge is unobtainable due to physical conditions or military exigencies. A military judge is required for all general courts-martial without exception.

The summary court-martial is a one officer court at which the accused is not represented by counsel. There is no provision in the Code for a military judge at a summary court-martial. Although the summary court is far more limited than a special or general court-martial in the punishments it can adjudge, it is also quite limited as to the rights and privileges available to the accused. Prior to 1 August, if the accused refused to accept Commanding Officer's Mast he could be required to accept a summary court-martial. The new law provides that an accused can never be required to accept a summary court-martial. If his case is referred to a summary court, he is entitled to demand a special court-martial with the attendant safeguards.

The new law includes several provisions designed to insure that the accused will receive an impartial hearing. Prior to trial the accused is entitled to question members of the court. If the questions disclose information which indicates that a member may not be able to make an impartial decision, the accused can challenge the member for cause. If his challenge is upheld, the member is removed from the court. Prior to 1 August, all such challenges at special court-martial were decided by the other members of the court. Under the new law, the challenges are decided by the military judge if there is one in the case. His decision cannot be overruled by the court. The accused is also entitled to challenge the military judge for cause, and such a challenge will be ruled upon by the court. If the accused does not want to have his case heard by a court in any event, and if a military judge has been detailed for the case, the accused, with the approval of the military judge, can waive the court and have his case heard by the military judge alone. This is particularly significant since the military judge detailed for a particular case will frequently be from a command other than the command which convened the court-martial. Finally, if the accused can demonstrate that at the place the trial is pending, there is "so great a general atmosphere of prejudice against him that he cannot obtain a fair and impartial trial in that place," he is entitled to be tried at some other place. The determination of whether or not the accused can obtain a fair trial is also made by the military judge when there is one in the case.

The new law includes an addi-

SPORTS BRIEFS

Bowling

Standings in the Men's Wednesday Night Bowling League:

	W	L
The Hoods	23	13
PMT Staff	21 1/2	14 1/2
Pharmacy	20	16
The Countdowns	17 1/2	18 1/2
PMT Students	16	20
The Aches & Pains	10	26

HMC Richards Hinds, former Radiology instructor now retired, bowled a 280 game in league play. His series score was 683.

Intramural Softball

As Intramural Softball competition comes to a close, Laboratory and Surgery-Dental are tied for first place with 3-1 records. Following them are Project 49 with 3-2, Administration (1-3), and X-ray (1-4).

Scheduled for the next two weeks are the following games: (at 1700)

- Mon., 11 August—X-ray vs. Dent/Surg
- Tues., 12 August—Lab vs. Admin
- Mon., 18 August—Admin vs. Dent/Surg
- Tues., 19 August—Admin vs. Lab
- Thurs., 21 August—Proj 49 vs. Lab

12ND Sports Activities

In the 12ND Tennis Tournament 7-11 July at NAS Alameda, the Oak Knoll team tied for first place in B Command Competition.

In the Golf Tournament, no one from this command placed. However, in regular varsity competition, the hospital team missed first place by 1/2 point, to Naval Weapons Station, Concord.

At the Mare Island 12ND Softball Tournament, the station team fared poorly, losing two games in a row.

More men are needed for the varsity bowling team, which will compete in a 12ND traveling league. See Joe Newman at the bowling alley for more information.

tional measure intended to insure the impartiality of the court and the unfettered freedom of counsel to conduct his client's defense. The Code has always provided that no authority convening a court-martial nor any other commanding officer may censure, reprimand, or admonish a member of the court or counsel with respect to the findings or sentence or the conduct of the proceedings. The law has also prohibited any attempt by a command to coerce or improperly influence the court or counsel. The new law adds that, in the preparation of an effectiveness, fitness, or efficiency report or any similar report or document on a member of the armed forces, no person subject to the Code may, "(1) consider or evaluate the performance of duty of any such member as a member of a court-martial, or (2) give a less favorable rating or evaluation of any member of the armed forces because of the zeal with which such member, as counsel, represented any accused before a court-martial."

Under the old law, sentences to confinement were effective immediately unless suspended. The re-

Cool Off



Follow me! This unidentified young swimmer seems to have a great idea. In this hot weather, it seems fun and refreshing to be "in the swim." There's a fabulous pool on base, free to all military personnel and their guests, so get out down. Hours are 1130-1300 M-F for military staff only; 1300-1600 M-F for all military personnel, dependents, and their guests; 1130-1700 weekends and holidays for all military personnel, dependents, and their guests.

sult was that a case could be reversed on appeal after the accused had already completed his confinement. The new law provides that the service of a sentence may be deferred pending appeal.

The Military Justice Act of 1968 adds a number of far reaching safeguards to the protection of the fundamental rights of the individual serviceman. It represents a significant step in the evolution of a system of military justice that is firm, yet fair and impartial.

Send Your Copy of THE OAK LEAF HOME!

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From Naval Hospital Oakland, California 94627

To (Fold in half and then in thirds and staple.)

The OAK LEAF



Vol. 31, No. 17

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 22 August 1969



August Honors To HN Ciambetti

Sailor of the Month for August is HN James Ciambetti, senior corpsman on 9W, Medicine. Ciambetti received the recommendation of 19 staff members—fellow corpsmen, ward clerks, ward nurses, doctors, and the Chief of Medicine.

According to the barrage of nominations he received, Ciambetti performs his duties on the very active patient care unit in an outstanding manner, completing each task efficiently and promptly.

He was highly praised for his friendly, able supervision of junior corpsmen and patients, and his enthusiasm toward his job. New corpsmen admired his leadership and teaching ability and doctors and nurses lauded his reliability and knowledge of his field. He has real pride in the patient care unit and a deep concern for each patient's well-being, often arriving early and leaving late in order to keep the ward running smoothly.

Ciambetti's many fine qualities have earned him the respect and friendship of all his associates, thus enhancing the morale and rapport of his patient care area, according to the CO's letter.

Ciambetti is from Stockton, Calif., and lives in Oakland. Boot camp and Corps school were in San Diego.

Coming 1 September: Watsonville Band

The well-known Watsonville Band will play for patients and staff the afternoon of 1 September, beginning at 1500. This will be the 60-piece marching band's third annual Labor Day appearance here en route home from the State Fair in Sacramento.

Command To Change Tuesday

Military and civilian dignitaries, former and present staff members and their families will assemble at the main entrance Tuesday afternoon at 1500 to witness the ceremony as RADM H. Paul Mahin, MC, USN, becomes the fourteenth commanding officer in this hospital's 27-year history.

Martial music, including the appropriate ruffles and flourishes, will be provided by the Twelfth Naval District Band. Companies of staff personnel in full dress whites will lend color to the occasion.

The ceremony will be brief, climaxed by the exchange of salutes and the new skipper's "I relieve you, Sir," to CAPT George M. Ricketson, MC, USN, who at this time will resume his duties as executive officer.

Since Admiral Mahin's promotion to flag rank was effective 1 August, the day he relinquished command of Naval Hospital, Philadelphia, his two-star flag will be broken for the first time over Naval Hospital, Oakland.

A reception at the Officers' Club for staff officers and invited guests and another in the main dining room for all other staff members will be held immediately after the ceremony.

All hands, civilian and military, who can be spared from their duties are urged to attend the ceremony and reception.



Hospital's new CO has acquired more gold since this picture was taken.

Introducing Admiral Mahin

RADM H. Paul Mahin, who reports to Oakland from Naval Hospital Philadelphia, just 26 days after being promoted to flag rank, is a native of South Dakota. He is a graduate of the University of Iowa and of University of Louisville School of Medicine, where he earned his MD in 1942.

Doctor Mahin completed his internship at Naval Hospital, Great Lakes, Ill., and from 1943 to 1945 had sea duty in the Pacific.

Released to inactive duty as the war ended, he had residency training in both pathology and surgery at the Veterans Administration Hospital in Louisville. From 1947 to 1951, he also assisted and was an instructor in surgery at the University of Louisville School of Medicine.

Upon his return to active duty in 1951, Doctor
(Continued on Page 2)

Miss Cupper Named Special Adviser in Action Program for Women

Miss Helen Cupper has been appointed Special Adviser to the Commanding Officer in the Navy's Action Program for Women.

In this collateral duty she will work to increase community understanding of women's role in the hospital organization and to interest women in seeking employment here. She will work with Civilian Personnel in a program to assure greater opportunities for women in professional and administrative positions.

The program will seek to integrate women into occupations now

restricted to men and to place a higher percentage of women in top level positions. In general, the program is to prevent discrimination against women.

"I am sincerely interested in this program and will give it my best," said Miss Cupper.

A member of the Neuropsychiatry Service staff since November 1951, she is among the few civilian women employed in professional positions in the hospital. She has both her AB and MA degrees from the University of Minneapolis,

with a major in psychiatric social work. She is a member of the National Association of Social Workers and the International Council of Social Welfare. Miss Cupper has attended sessions of the latter in Helsinki, Finland, and Athens, Greece, and hopes to go to the Philippines for the Council's next meeting.

In her new duty, Miss Cupper will serve as an ex-officio member of the hospital's Equal Employment Committee under the administrative direction of EEO Coordinator Woodrow Robarge.

The Oak Leaf

Naval Hospital, Oakland, California

CAPT G. M. Ricketson, MC, USN, Commanding Officer.
CDR R. V. L'Italien, MSC, USN, Administrative Officer.
Editorial Adviser: Dorothy Thompson.
Writer-Photographer: Kathleen McIntosh

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

I HOPE, I HOPE, I HOPE!

"I hope, I hope, I hope" . . . Words of an old time comedian whose radio routines brought smiles and laughter to hundreds of thousands of people.

Though tacked onto the end of his routine, the words are of profound importance. Perhaps this is why many remember that part of his routine.

Hope is a very common part of the human experience, and shares a prominent part in the shaping and organization of our life's patterns.

The Bible speaks about hope as the assurance of God's love and presence in the lives of people. A thing to be grasped as a substance of faith. Hope is frequently embraced in an ideal that is not readily attained but constantly strived for; the hope of world peace, for instance. When our hopes are not fulfilled, it can lead to frustration, even despair. Perhaps it is well during these times to remember the biblical proverb "Hope deferred (unrealized) makes the heart sick, but a desire fulfilled is a tree of life."

Hope unrealized is better than hope destroyed. Few problems are more difficult to cope with than those brought on by a loss of hope. There are few conditions that will bring on the decline of personal self-worth and a breakdown of life's patterns faster than the loss of hope or a "What's the use" feeling.

When we begin to feel this way it's perhaps time to re-evaluate our hopes. Perhaps our cherished hope is unreasonable. Perhaps it is impossible; perhaps it is an inappropriate hope; perhaps it is destructive either inwardly or outwardly in relation to others.

True hope requires patience and faith. When the Bible says "Faith is the assurance of things hoped for," this is not the same as saying "Faith is the realization of things hoped for."

Hope is the faith that there are good possibilities in life that are not yet realized. Hope is confidence that the creative God is always at work to bring good possibilities to fruition. Hope is the assurance that God has a goal and a full, complete life for all men as they seek his will and share his love in this life.

LCDR A. B. KOENEMAN, CHC, USNR
Protestant Chaplain

Admiral Mahin

(Continued from Page 1)

Mahin's first assignment brought him to NH, Oakland. Subsequent tours of duty took him to NH, Guantanamo Bay, Cuba, as Chief of Surgery, and to the Surgical Staff at Great Lakes. From 1955 to 1956 he studied at the Graduate School of Medicine at the University of Pennsylvania.

From 1956 to 1958, Admiral Mahin was Head of General Surgery at NH, St. Albans. At Philadelphia from then until 1965 he was Head of Dependents Surgery, Assistant Chief of Surgery, and Chief of Surgery.

After a tour of duty as Executive Officer at San Diego, Oakland's new skipper served as Staff Medical Officer, Naval Support Activity, DaNang, and Senior Medical Officer, NSA Station Hospital, DaNang.

He has been in command of Naval Hospital, Philadelphia, for the past year and a half.

The Admiral is certified by the American Board of Surgery and is a Fellow of the American College of Surgeons.

He is married to the former Carrie Gaddis. They have two sons, Patrick, a student at Cornell College, Mt. Vernon, Iowa, and Michael, who attends Oberlin College, Oberlin, Ohio.



Meet LT David Mathews, DC. Dr. Mathews' photo was missing in the layout of new interns in the last issue.



HM3 Robert Fagliano has completed his training and is off to Camp Lejeune, N.C. to be a Urology technician. Here he receives his certificate of course completion from CDR G. A. LeBlanc, while instructor HM1 William Anders looks on. Mrs. Fagliano, a former Navy nurse here, was also on hand for the graduation 15 August.

Staff Doctors Host Neonatology Seminar

The Bay Area Neonatologist Group, composed of pediatricians concerned with the operation of intensive care nursery programs in the Bay Area, met 6 August in the Officers' Club for a seminar on hematological problems. They were greeted by CDR Vernon L. Goller and LCDR William L. Gill, staff pediatricians, who are members of the neonatologist group.

CAPT J. W. Hayes, Chief of Pediatrics and staff pediatric hematologist, presented a review of the Congenital Hemolytic Anemias, and Dr. Marguerite Markarian of Mt. Zion Hospital in San Francisco told of her experience at Colorado General Hospital with infants with Disseminated Intravascular Coagulation.

Among the twenty-four attending the seminar were Dr. Phillip Sunshine of Stanford University, Dr. William Tooley of the University of California, and COL James Stewart, USA, of Letterman General Hospital.

Organ Concert Sunday To Benefit Chapel

Proceeds of a Benefit Organ Show to be held 24 August in Walnut Creek will go toward the purchase of an organ for use in the hospital chapel.

The show is sponsored jointly by the Pacific Council for Organ Clubs and the Oakland Council of Navy League. It will be held at the Saranap Inn, 1300 Boulevard Way, Walnut Creek. Tickets at \$2.00 each are available through representatives of the League and the Council, and from the Chaplains' office here. They may also be purchased at the door.

The show will be preceded by a no-host cocktail hour at 1400. The concert will begin at 1500.

Miss Lee Lees and Mr. Bud Iverson will be the featured artists at the concert. Both are widely known for their arrangements of popular organ favorites and for the charm and wit of their presentation.

Know Your Staff



From a small town near Philadelphia where William Penn used to hunt hawks comes a man who's served the Navy in two roles—as an aviator and as a Medical Corps officer.

CDR Frank J. Schmetz, MC, USN, whose hometown is Pennsylvania, was commissioned as a Naval Aviator in 1944. After the war Doctor Schmetz earned his B.S. at the University of Pennsylvania and his M.D. at the U of Vermont, and spent some time as a chemical researcher. In 1957, he rejoined the Navy as a medical intern at NH Camp Pendleton.

Doctor Schmetz had his residency training at NH Philadelphia. He is a board certified Ophthalmologist and member of the American Board of Ophthalmology and Otolaryngology. He became Chief of Ophthalmology in April upon CDR James F. Rosborough's departure for NH Bethesda.

Outstanding among the commander's tours was one as a flight surgeon at Kenitra, Morocco, when he was able to see Morocco and the Mediterranean countries. Just before his arrival, the Arabs had determined to rid themselves of all vestiges of French domination, and changed the name of the city to Kenitra from Port Lyautey. They added more confusion by changing all French street names to Arab.

Doctor Schmetz and his wife Marjorie have four children, all active in competitive swimming (and rather successful!). They are Judy, 13, Karl, 12, Mark, 10, and Patricia, 8. The Schmetz's live in Castro Valley.

"I imagine I could fix just about anything if I set my mind to it," says this friendly ophthalmologist who enjoys repairing and making any number of household items in his spare time. He is also a photographer, and has even taken some "rather good" under water shots.

Mrs. Schmetz ("she's a fabulous girl") keeps as busy as her husband. Among her other activities, Mrs. Schmetz is a JANGO adviser, and a member of the board for the children's swim team.

Editor's Note: Doctors are busy people. Could that be why they haven't been interviewed for "Know Your Staff," as other hospital personnel have been? It certainly isn't because they're shy or uninteresting. Quite the contrary. Whatever the reason for this long neglect, the OAK LEAF begins with this issue to make amends.

Scuttlebutt

SIGHTS & SOUNDS: LT Susanne Russell, NC, just returned from Memphis, where she competed in the Women's All-Navy Golf Tournament—the first from the hospital to go to All-Navy! . . . Another golfer, CDR Thomas Carson, slightly chagrined about his score, but with pleasant memories nonetheless of his participation in the Celebrity Golf Match 10 August. His partner was Del Courtney, well-known orchestra leader and husband of singer Connie Haines. . . The great chase—last Monday, staff glancing out their windows saw a large buck bounding up the road behind Bldg. 500 with three dogs barking at his heels. . . If they kept looking, they soon saw three dogs racing down the road with a rather angry buck at their nervous heels! . . . Former Dental tech Laura Painter here to visit. She's working as a trainee to the Assistant Buyer at the City of Paris in S.F. and having a ball! . . . **Quote of the Week:** "My definition of 'kids' is anyone under 35"—Chief Scott.

DID YOU KNOW that today marks the 57th anniversary of the establishment of the Dental Corps? . . . that Deborah Scott, ward clerk, is leaving to return to school?—she'll attend Providence School of Nursing in Oakland. . . that Oakknollumna CDR Margaret Donoghue, NC, now at NH Camp Pendleton, placed second in that All-Navy Women's Division Golf Tournament?

WEDDING BELLS ARE RINGING today for LT Lowell H. Kallen, pediatric resident, who is in New York City to claim Miss Erica Elisabeth Jost as his bride. The bride is a graduate of Mt. Holyoke, and the bridegroom earned his MD and served his internship in pediatrics at Johns Hopkins. Doctor Kallen reported here 1 July. They will live in San Leandro. . . The bells will ring in Oakland tomorrow when HM2 Bob Morgan, OR Tech, takes Miss Lindsey Smith, ward clerk on 8S, as his bride. Father Supple will preside at ceremonies in the Main Chapel. Miss Smith came here from Salt Lake City two months ago. Morgan is from Scottsdale, Ariz.

LIFE BEGAN 5 August for Mark Wendell Haugh, 5 lb., 11 oz. son of LCDR Michael J. Haugh, former staff Neurologist, and wife Gretchen. Doctor Haugh returned to civilian life in Tulsa, Okla. . . 8 August for Paul Alan Mastin, 8 lb., 5½ oz. son of LCDR Robert Mastin, OB-GYN resident, and wife Linda. . . and 16 August for Scott Armstrong Roberts, 6 lb., 10½ oz. son of LCDR James D. Roberts, surgical resident, and wife Deanna. . . And over at Kaiser Hospital, twins were born 14 August to Jackie Rambeau, that friendly cashier in the Collection Agent's office. A boy, 6 lb., 4 oz., and a 5 lb., 13 oz. girl. Their proud grandmother is Lura Humble, who works in CIC.

—usn—

The Navy was the first to use the moon as a communications relay station. Ten hours of teletype were moon-beamed from shore-to-ship during one "moonday" in 1962.



These photos are views of the new PMT School quarters in Bldg. 101, with (1) Commander King, Chief of the Preventive Medicine Service and the Head of the PMT Course. In (2) Senior Chief Daharsh teaches Epidemiology in one of the school's two classrooms, which have a total capacity for 50 students. The Preventive Medicine Technical Library and Conference Room (3) is a new addition to the school. Here LTJG Carneal and Chief Lesage assist students in a research assignment. The Hospital Sanitation Office and Laboratory is the hub of the Environmental Bacteriological Survey support of the Infection Control Program. (4) HM1 McGill, the Preventive Medicine Technician assigned to the hospital, completes bacteriology tests of samples obtained from the hospital. Bacteriology, Parasitology, and Helminthology are taught in the Laboratory Classroom (5). Thirty stations allow each student his own work space, storage and microscope. Chief Vass assists students in a Laboratory microscope assignment.

(Photo by HM3 J. M. Tinker)

PMT Course "At Home" in New Quarters

The "shake-down" has been completed by the Staff of the Preventive Medicine Service and the Preventive Medicine Technician School topside of Bldg. 101. What used to be the command administrative area has been converted into a modern training facility—offices once occupied by the CO, XO, AO, Chiefs of Medicine, Surgery, and Nursing and their staffs are now classrooms, instructors' offices and other school spaces.

The Preventive Medicine Technician Course was established in November 1950 as the Environmental Sanitation Technician Course to fill a long-recognized need, emphasized during WWII and the Korean War, for a Navy technician in the preventive medicine field. On the school's thirteenth anniversary, 1 November 1963, the name of the course was changed to its present one to better portray the capabilities and functions of course graduates.

The curriculum of 880 hours of instruction during a 22 week period includes:

Sanitation of Water, Food, Meat, and Dairy; Field Sanitation, Hospital Sanitation, Habitability, and Sewage & Refuse Disposal.

Epidemiology (study of epidemics), Mathematics and Statistics.

Medical Entomology (study of insects), Vector and Pest Control, and Shipboard Rodent Control.

Industrial Hygiene and Safety.

Bacteriology, Parasitology and Helminthology (study of parasitic worms).

Medical Aspects of NBC (Nuclear, Biological & Chemical) Warfare.

Navy Administrative Procedures and Report Writing.

Communication Skills, Instructor Training and Leadership.

Graduates are certified as Navy Preventive Technicians, Navy Vector Control Specialists, and US Public Health Service

Quarantine Rodent Inspectors. They are well-qualified as technical assistants to Medical Department officers in all phases of preventive medicine. PMTs serve in ships and on shore stations throughout the world. In civilian life they are in demand as Public Health Sanitarians and other related Specialists.

Over 1100 students have been graduated from this school since its establishment. At present, four classes of about twenty-five students each are trained annually. Graduates have included officers and enlisted men of the U. S. Navy, Coast Guard, and Air Force, Republic of China Navy and Marine Corps, Republic of Korea Navy; Royal Thai Navy, Pakistan and Vietnam Navies.

CDR Arthur N. King, MSC, USN serves as Chief of the Preventive Medicine Service and as Head of the Preventive Medicine Technician Course. His Administrative Assistant is CMSW-4 John V. Reische. LTJG W. P. Thomas, MSC, serves as the Training Officer and is assisted by HMCS V. L. Daharsh, HMCs R. G. Brown, A. B. Caisse, T. C. Lesage, J. S. Slack and J. R. Vass, and HM1 M. R. Harper. LTJG D. M. Carneal, MSC, HM1 D. C. McGill and HM2 G. L. Musselman support the Hospital

Sanitation and Infection Control programs of the hospital. Mrs. Dorothy Hyman, who has been working as secretary of the school since 1950, is the secretary for both the Preventive Medicine Service and the PMT School.

Chief Atwood Earns 'Home-of-Month' Award

HMC R. D. Atwood of the Blood Bank, has been presented one of three "Home of the Month" awards for enlisted multiple units for July at NAS Alameda.

He and his wife received a Letter of Appreciation from CAPT J. L. Holbrook, CO of Alameda, thanking them for their extra effort in making their home and surrounding grounds an asset to the neighborhood and an example for others. The "Home of the Month" marker will remain at their quarters for approximately 30 days.



PMT Course students relax and enjoy a coffeebreak between classes in the comfortably furnished student lounge.

Know Your Staff



When Mrs. Grace Dyer Beasley moved from the Pharmacy to Neurosurgery last March, her boss CAPT Gale Clark noted that she'd moved "eight floors closer to Heaven." Heaven or whatever, it is "a busy, interesting place to work," says the cheerful, petite Mrs. Beasley.

Mrs. Beasley, the former Mrs. Dyer, was married 13 July to Ed Beasley, a business representative for the Baker's Union. She's been at the hospital for over 13 years, starting in Patient Affairs in the chair next to Sylvia Kaiser, across from Claire Martini.

As secretary for Neurosurgery doctors and the clinic, Mrs. Beasley handles calls and appointments, greets patients coming for clinic, and keeps records of all patients. The walk back and forth to Captain Clark's office at the end of the hall "doesn't make you lose a bit of weight—just works up an appetite."

Mrs. Beasley has three children—a married daughter Deborah, 16-year-old David, and 18-year-old Diane, who eloped 3 August with HM3 Mike Lacy of Pharmacy! She also has a cat named Dum-Dum.

Mr. and Mrs. Beasley enjoy camping and bowling. Their favorite activity is touring California and they take off in their car nearly every weekend for a flying visit to "someplace in this wonderful state." Camping trips with the teenagers are always exciting—They draw more young people, and "Before I know it, I'm feeding fifteen people lunch and supper." But to good-natured, charming Mrs. Beasley, it's all part of the fun.

Intramural Softball Competition Ending

This week ended intramural softball competition, with a championship game between winners of the first and second half coming sometime next week. Results as of Tuesday showed Laboratory leading with a 5-2 record, and one game to play. Surgery/Dental finished with 5-3. Project 49 has a 4-3 record, Admin 3-4, X-Ray completed the season with a 2-6 record.

SPORTS BRIEFS

The fall sports season will see the beginning of 7-man flag football at Naval Hospital Oakland. Popularity of this type of football is on the rise on Naval installations throughout the country, and it is a tough, exciting game. "It certainly isn't for kids. Don't knock it 'til you've tried it," emphasized Athletic Director Ron Brown.

The league is tentatively scheduled to begin the week of 22 September. There will be a mandatory meeting for all team captains and as many players as possible 3 September in the gym, Bldg. 38, at 1200.

The football field is getting a face-lifting and should be ready for practice by press time, with boundaries laid out for regulation flag football.

Entry blanks may be obtained from the Athletic Director or Special Services, topside Bldg. 38. They will also be sent to all departments. Deadline for entries is the 1200 meeting 3 September. Competition is open to all active duty military personnel attached to the hospital.

Bowling Standings

Here are the standings in the Men's Wednesday Night Bowling League:

The Hoods	30	14
PMT Staff	26½	17½
Pharmacy	25	19
PMT Students	21	23
The Countdowns	18½	25½
The Aches & Pains	11	23

—USN—

Officers' League Forming

The Tuesday Night Officers' Bowling League is now forming. All interested officers may contact the appropriate staff corps member listed below:

Medical Corps		Ext
CDR Carson	Derm Clinic	2408
LCDR Gregonis	Pathology	2241
Dental Corps		
CAPT Middleton	Dental Clinic	2255
Medical Service Corps		
CDR King	Prev Medicine	2071
Nurse Corps		
CDR Nagy	Nursing Service	2007
CDR Simmons	Nursing Service	3936

All other staff officers are invited to join the League. Those interested may call Commander King, Ext. 2071.



Staff of Personnel threw a unique farewell party for HM2 Robert Rickards, who returned to civilian life last week. Here he and his wife Jean display the gifts they received in a surprise baby shower for a soon-to-be-a-daddy Rickards.

Popular Raider-Forty Niner Game To Be on Channel 6 Next Sunday

For the third consecutive year patients and staff at the hospital will be able to see live TV coverage of the Oakland Raider-San

Francisco Forty Niner professional football game. Personnel at Letterman General Hospital will also see this exclusive coverage for military personnel.

Providing the telecast will be members of the broadcast industry of the Bay Area, who, on their own time without pay, will be manning the cameras and microphones from the Oakland Coliseum next Sunday, 31 August.

Through the cooperation of the telephone company, who will provide the transmission facilities, television and radio stations in San Francisco and Hollywood, over 90 people will be involved. Calling the game play-by-play will be Bud Foster, while Linda Richard acts as commentator.

The telecast will begin at 1225 Labor Day Sunday, with a pre-game show of highlights of each team's past season. Live pick-up begins with the kickoff at 1300. It will be broadcast on Channel 6 here at the hospital.

In addition to the live telecast to the two hospitals, this year's game is also being video-taped for release to military installations around the world through the Armed Forces Television Service. Three of the hospital's patients, SGT Eddy Jones, USMC, CPL Dan Kroy, USMC, and FN Mike Duport, USN, were interviewed recently by Miss Richard and Dick Fernandez of Channel 4, for inclusion with these overseas broadcasts.

Chiefs Godfrey, Golden Piped Ashore

Two of what may soon seem an exodus of chief hospital corpsmen transferred to the Fleet Reserve recently.

HMCS Richard S. Godfrey was piped ashore 12 August with many of his associates from Out-patient Service on hand to watch. The chief joined the Navy 23 January 1948, and came here in August of 1968. He and his wife and three sons live in Union City. He plans to attend college full time while working in a new program

through the San Lorenzo school district training retarded youths basic hospital procedures for future employment.

Two days later, HMC Francis Golden, former Entertainment Coordinator in Special Services, retired. Chief Golden received a Letter of Appreciation for his extra effort in that position, which he was the first to hold. The chief had been in the Navy 21 years and three months. He and his big family are traveling to Orlando, Fla. (via

Buffalo, N.Y. for a visit with relatives). In Orlando, the chief will attend school and then begin work with the Public Relations department of Disney productions as they open an Eastern branch of the Magic Kingdom.



From the Judge Advocate

Medical Officers frequently inquire about the law related to their recall to active duty. Federal law provides that the President can order to active duty for up to two (2) years, with or without his consent, any member of a reserve component who is in the Medical or Dental Corps, who is below the age of 35 and who has not performed at least one (1) year of active duty other than for training. This means that a Medical or Dental officer who has served one year of active duty other than for training is not subject to recall except in a national emergency or by an act of Congress.

12ND Bowling

A meeting will be held 25 August at 1200 in the Bowling Alley for all interested in bowling on the 12ND Bowling League team.

Women's Bowling

Any woman interested in participating in a Tuesday morning bowling league, should contact Joe Newman at the Bowling Alley, Ext. 2120.

Reenlistments

While chiefs retired, HM1s shipped over. HM1 Manuel (Mike)



R. Villaroman, reenlisted 7 August for four years. Villaroman, a Medical Photographer, left Monday for NH Camp Pendleton, with his wife and three children. He has been in the Navy for 16 years. This

was his third tour at NH Oakland.

HM1 Herman M. Dennis, PMT School student, was shipped over by CDR A. N. King 8 August. Dennis joined the Navy 11 September 1959. He and his wife Sylvia have 1 child and expect another in three months.

Dennis, originally from Cincinnati, reenlisted for four years. He came to the hospital 5 March.

The OAK LEAF

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Vol. 31

Friday, 5 September 1969

No. 18

New CO's Message On Equal Employment

As the incoming Commanding Officer, I consider it extremely important to affirm my complete and wholehearted support of the national policy of nondiscrimination in Government employment and of the Equal Opportunity Program as established at Naval Hospital, Oakland.

It is my intent to encourage and promote equal opportunity for all qualified applicants and employees at this hospital. A new and positive Affirmative Action Plan has been developed and will be published. I endorse its basic principle that personnel decisions shall be based on merit and ability. Individual personal prejudices and preferences based on race, color, religion, sex, or national origin will not be allowed to affect the employment, training, or promotion of anyone at this activity. No one need be reminded that adherence to and support of the principles of equal opportunity is a condition of his or her continued employment.

Our EEO Affirmative Action Plan is designed to ensure equal and fair consideration for employment and career development. While it is not designed to give preference to any individual or group of applicants over others, it does require more than the mere elimination of discrimination.

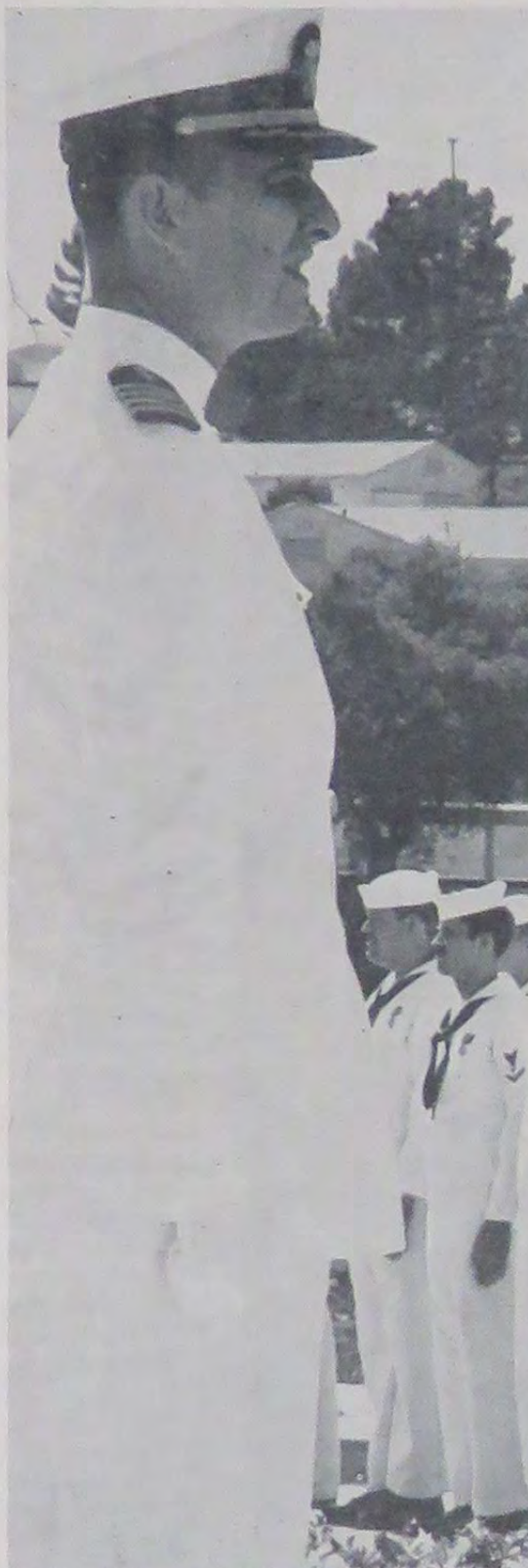
I call upon each of you to join me in working to achieve the goals and objectives I have outlined here. This is not something that can be commanded to happen. Each of us must do his part to promote success in this effort.

H. P. MAHIN

Rear Admiral, MC, USN



LTJG Richard W. Barr, USNR



Distinguished Flying Cross To LTJG Barr

LTJG Richard W. Barr, USNR, a former patient on 7S now subsisting at home, has been presented the Distinguished Flying Cross for service with Helicopter Attack (Light) Squadron THREE (RVN).

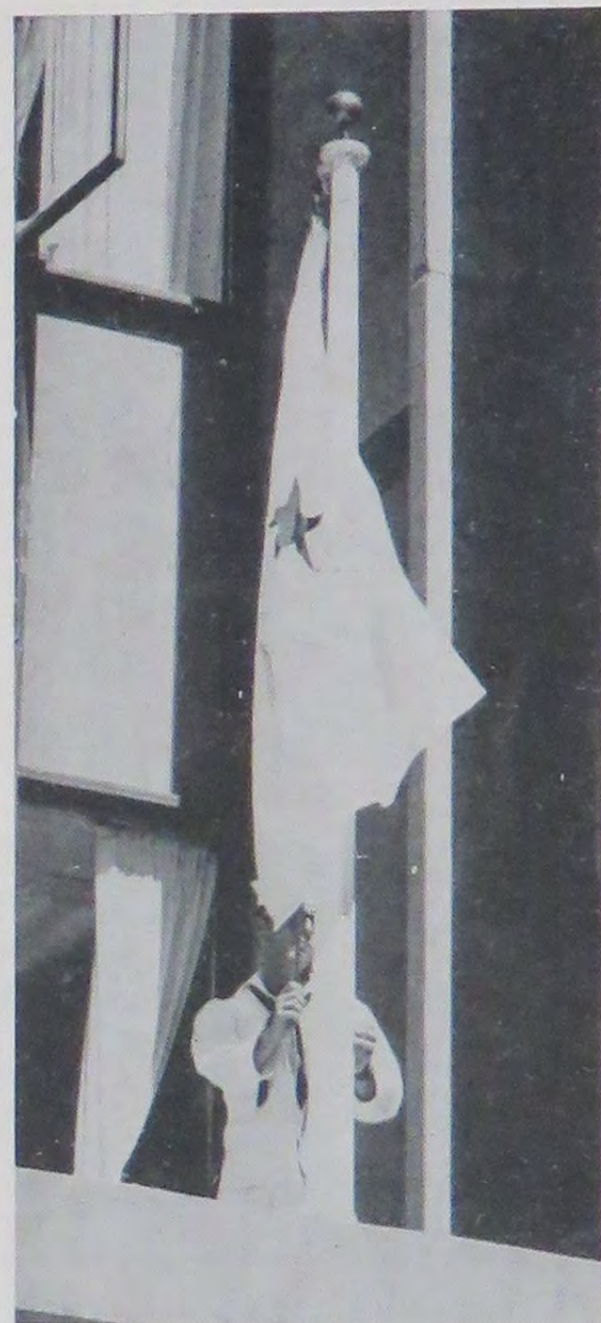
Lieutenant Barr was serving as co-pilot in the lead aircraft of a light fire team on 14 September 1968, which went to the support of U.S. Naval forces in the Mekong River in Vinh Long Province. Upon arrival at the scene, the fire team immediately came under intense enemy fire, but Lieutenant Barr "directed his heavy and accurate flex gunfire on the enemy while coordinating and directing the fire of the door gunners. As the fire team was preparing to return to base to rearm, an urgent call was received for a MEDEVAC

(Continued on Page 2)



On Tuesday, 26 August, in brief but impressive ceremonies in front of Bldg. 500, RADM H. P. Mahin relieved CAPT G. M. Ricketson as Commanding Officer of NH Oakland. In the photo at left, CAPT H. A. Sparks, Battalion Commander, gives orders to the military formation. Above, incoming and outgoing COs salute after Admiral Mahin's reading of his orders, ending with "I relieve you, Sir." Below, right, HM3 Richard Hess, on orders from CDR R. V. L'Italien, Administrative Officer, who presided at the ceremony, breaks Rear Admiral Mahin's flag. The 12ND Color Guard and Band assisted at the ceremony. LCDR M. W. McCoy gave the invocation and LCDR James P. Regan the benediction.

COMMAND CHANGES



Fire Crew Earns Award for Hospital

The Fire Department was commended recently for its participation in the 1968 National Fire Protection Association Fire Prevention Contest. NH Oakland rated Honorable Mention in the Navy Group of the contest.

A letter from the Chief of Naval Material complimenting the excellent support that military and civilian personnel of the hospital are giving the Navy's fire prevention program accompanied the award.

O' Wives To Greet Newcomers Wednesday

The Officers' Wives' Club will hold a Welcome Aboard Brunch 10 September in the O' Club. Free Champagne Punch will be served from 1030, with the brunch beginning at 1130.

Cost of the brunch is \$2.00, but all newcomers will be guests of the O' Wives' Club. Mrs. G. M. Ricketson is Chairman of the event, and wives of the Chiefs of Services are hostesses.

Intensive Care Nursery Now In Full Operation

The Intensive Care Nursery Unit located on the eighth deck in the nursery complex is now in full operation. During the week of 4 August three tiny premature infants, all under three pounds birth weight, were given breathing assistance with mechanical ventilators. Two were controlled with Bennett Respirators and the third with a Mark-8 Bird Respirator specially equipped to handle infants. This is the largest number of infants requiring assisted ventilation at one time in the history of the hospital.

Baby girl Jenson, whose birth weight was 2 lbs. 7 oz., required assisted ventilation because of immature lungs and Hyaline Membrane Disease. Baby girl Brooks (2 lbs. 13 oz.) required ventilatory aid following major abdominal surgery to relieve a bowel obstruction due to a volvulus or bowel twisting. Baby girl McCauley (2 lbs. 10 oz.) required ventilation because of apneic episodes (cessation of breathing).

Ventilation of these small infants (Continued on Page 3)

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer
CAPT. G. M. Ricketson, MC, USN, Executive Officer
CDR R. V. L'Italien, MSC, USN, Administrative Officer
Editorial Adviser: Dorothy Thompson
Writer-Photographer: Kathleen McIntosh

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

Dr. Paul Lournier writes in his book, *The Meaning of Persons*, the following: "It is true that the most contrary feelings can live side by side in our hearts; hope and despair, joy and sorrow, anxiety and trust."

I am reminded of a pious woman who had movingly laid bare to me the doubts that beset her. She had previously been to see her pastor, but he had cut the interview short, exclaiming: "Doubts—a good Christian like you? Nonsense."

Somehow we have a common assumption that because one is Christian life becomes perfect, that despair, sorrow and anxiety all disappear, that doubts no longer exist. This is not true! The way that we deal with these things is different, but troubles still come.

Christ encountered a man who said, "Lord, I believe, help Thou my unbelief!" This is the tension that we find in our lives—both sides of the coin are with us, but we learn to live more fully because we know that God accepts us with both our strength and weaknesses.

LCDR M. W. McCOY, CHC, USNR
Protestant Chaplain

LTJG Barr Honored

(Continued from Page 1)
helicopter to evacuate a critically wounded man...

"Lieutenant Barr directed fire and assisted the plane commander in his approach to the wounded man, and after the successful pick-up of the man, directed suppress-

ing fire from his aircraft as the fire team rushed the man to medical attention and subsequently returned to enemy action."

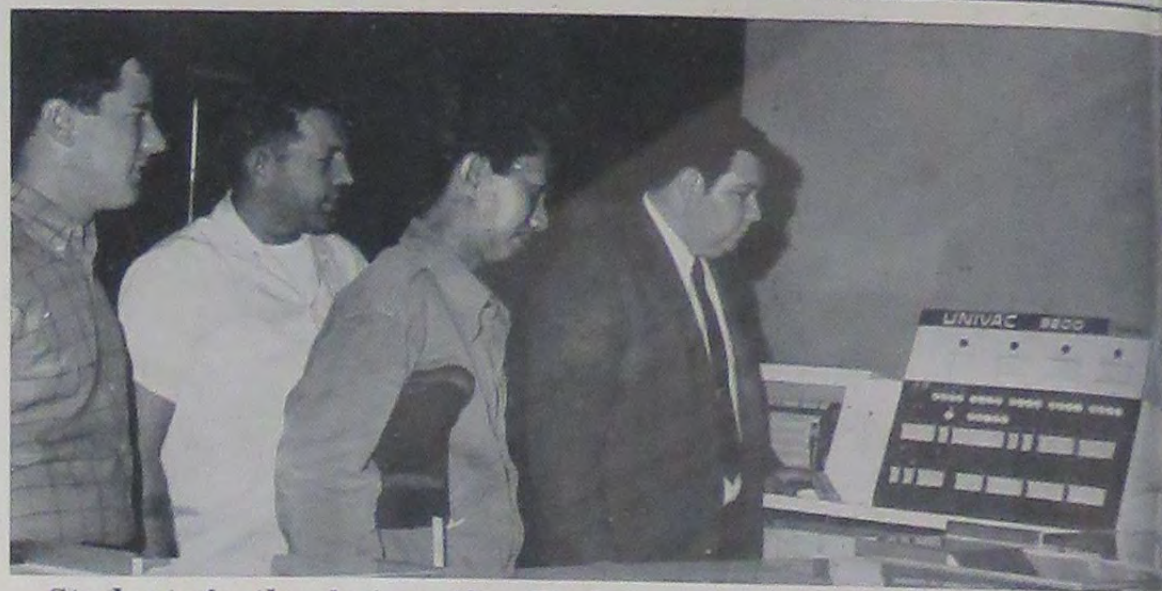
Lieutenant (j.g.) Barr has also received the Bronze Star in lieu of the first award and the Gold Star in lieu of the second award of the Air Medal.



These civilians were in the CO's office recently to receive congratulations and awards: Miss Marjorie Leer, CO's Secretary, Quality Salary Increase, Mrs. Dorothy Hyman, PMT Secretary, cash award for outstanding performance rating, Gene R. Helmuth, Orthopedics, cash award, Mrs. Sylvia Kaiser and Mrs. Anna Mae Taylor, Meritorious Civilian Service Awards.



More civilians who received awards are: Seated from left, Joyce Bradley, Outpatient Service, quality salary increase, Dorothy Wong, Supply, 20 years' service award, and Ernest DeBose, cash award. Standing, from left, Nina Senter, Food Service, and Rutha Jones, Food Service, cash awards, Don Rose, Maintenance, ten years' service award, Kathleen Wade, Nursing Service, cash award, and Helen Cupper, NP Service, quality salary increase.



Students in the Automation Training Universal computer operations course get a look at the machine they'll soon learn to operate. The UNIVAC 9200 Data Processing System is just one of many machines available to students of the course. Students are from left, BM3 Joseph A. Ashworth, CT1 Lloyd D. Rodgers, and SD2 Felipe T. Cariscal. A. Doherty, Head Instructor, shows them some of the machine's functions.

First Computer Operations Class Gives Busy Students 'Hands-On' Practice

The first class in computer operations and programming is in progress. Students are at work learning data processing, computer wiring and related subjects, and spending plenty of time practicing on the variety of equipment. The course is run by Automation Training Universal of Denver, and is available free to all Marine and Navy patients.

Daytime classes are open to patients only, through Project Transition. The first 15 registered may start immediately, with classes forming periodically when groups of 15 sign up.

All military personnel eligible for the G.I. Bill may register for evening classes, which may be paid for with G.I. Benefits.

Whether patient or staff, desire is the only prerequisite to taking the course. No diploma or previous training is necessary.

Anyone interested should contact HMC Carl Fausett, Project Transition Officer, at Ext. 2237 or 2238.

REENLISTMENTS

HM2 Robert P. Owen, who works in Patient Affairs, reenlisted 15 August for six years, under the STAR program. Owen will be given training as a Medical Administrative Technician. Owen, originally from Sulphur, Okla., joined the Navy in October, 1965. He came



to Oakland in April. Owen and his wife Deanna have one son, Robert John, 11 months.

Shipping over for two years 21 August was HM1 Robert E. Danz, Radiology instructor. Danz, from Portland, Oregon, joined the Navy in 1954. He reported here in March, 1968. He and his wife Marcine have a 10-year-old daughter, Terrie.

—USN—

1st man to 2nd man:

"My uncle's great-aunt was born in Memphis; her gardener has decided to go back to school in Tampa, but has two Pekingese, who are both 18 years old. Their first owner was a Bengal Lancer, whose favorite fruit was mangoes. Thusly, if I want to know how many canaries your sister has, what time will it have to be in East Oshkosh?"

2nd man to 1st man:

"Oh that's easy — ASK THE OOD'S OFFICE."



Donna Cruzan (left), XO's Secretary, and Dorothy Thompson, Public Affairs, earned cash awards.



Civilian employees from the Maintenance Division who received awards are: front, from left, Ralph Dilbeck, cash award, Leola Kraker, quality salary increase, Albert Lee, Jr., and Emil Himango, cash awards. Behind them is Ben Nelson, cash award.



Although he received no fees, the Fire Department's new trainee Lee Oldenburg agreed to model the newest addition to fire fighting attire. It's a special helmet, designed especially for use in rescue operations in helicopter crashes.

Even Fire Fighters' Fashions Are Changing

The Fire Department has a new addition to their uniforms. It's a combination crash/rescue, fire fighting helmet, and part of the equipment they'll use for helicopter landings. The impact-absorbing helmet is made of laminated fibreglass with an aluminized heat-reflective plastic coating. The face shield protects the eyes and face from flying objects and water and is fog-proof, and can be used with a gas mask. That strange looking rear shield gives way under a severe blow and can be removed if a smaller helmet is desired.



From the Judge Advocate

The Secretary of Defense has issued a general order prohibiting military personnel from entering rental agreements with housing facilities engaged in discriminatory practices. A list of those facilities that have been found to be engaged in such discriminatory practices is distributed periodically by the Twelfth Naval District. A number of apartment houses in the immediate vicinity of the Naval Hospital are on the sanction list. In addition, a new apartment house on Rilea Way has recently been added to the list and several other establishments in the area are under investigation. Naval personnel are expected to check the list prior to entering rental agreements and those who enter such agreements with establishments on the list are in violation of the general order and subject to prosecution under the Uniform Code of Military Justice. The list of sanctioned apartment houses in the area of the hospital is available in the Legal Office and the Housing Referral Office.

Rules Set for 1970 Naval Institute Maritime Photography Contest; Winners to Get \$100

A prize of \$100 each will go to ten winners of the 1970 Naval and Maritime Photography Contest, and winning photographs will be published in the May 1970 issue of the U. S. Naval Institute Proceedings.

Anyone may submit as many photos as he desires. Each must have a naval or maritime subject, and must have been taken in calendar year 1969. Entries may be black and white prints, color prints or color transparencies. The minimum print size is 5" x 7", the minimum transparency size 35 mm. (No glass mounted transparencies.)

Captions and photographer's name and address must be printed or typed on a separate sheet of paper and attached to the back of

each print, or printed on the transparency mount. No staples should be used.

Entries must arrive at the Naval Institute by 31 December 1969. Photos not awarded prizes may be purchased by the U.S. Naval Institute, Annapolis, MD 21407, by 31 December. Those not purchased will be returned to the entrants.

Mrs. Haines Retires

Mrs. Minnie Haines retired 8 August and took a lot of memories with her. She worked at the hospital for nearly 18 years, and during that time her son was Food Service Officer here ("But I was at the Nurses quarters then.")

Looking forward to her retirement, Mrs. Haines said that she could "gad around a little more." She lives in Oakland.



GMG3 Tharon (Terry) W. Leckbee, patient on 7N from Salinas, has received a Gold Star in lieu of his second Bronze Star, for service as an M-60 gunner with River Division 554 in Vietnam.

On 23 June, Leckbee's boat, escorting a column of other boats on the upper Saigon River, was attacked by heavy automatic weapons and rocket fire. Leckbee responded immediately and continued fire until his boat sustained a direct rocket hit. Even though seriously wounded, he gave immediate aid to other members of his crew until further aid arrived.

Intensive Care Nursery Unit Has Its Busiest Week

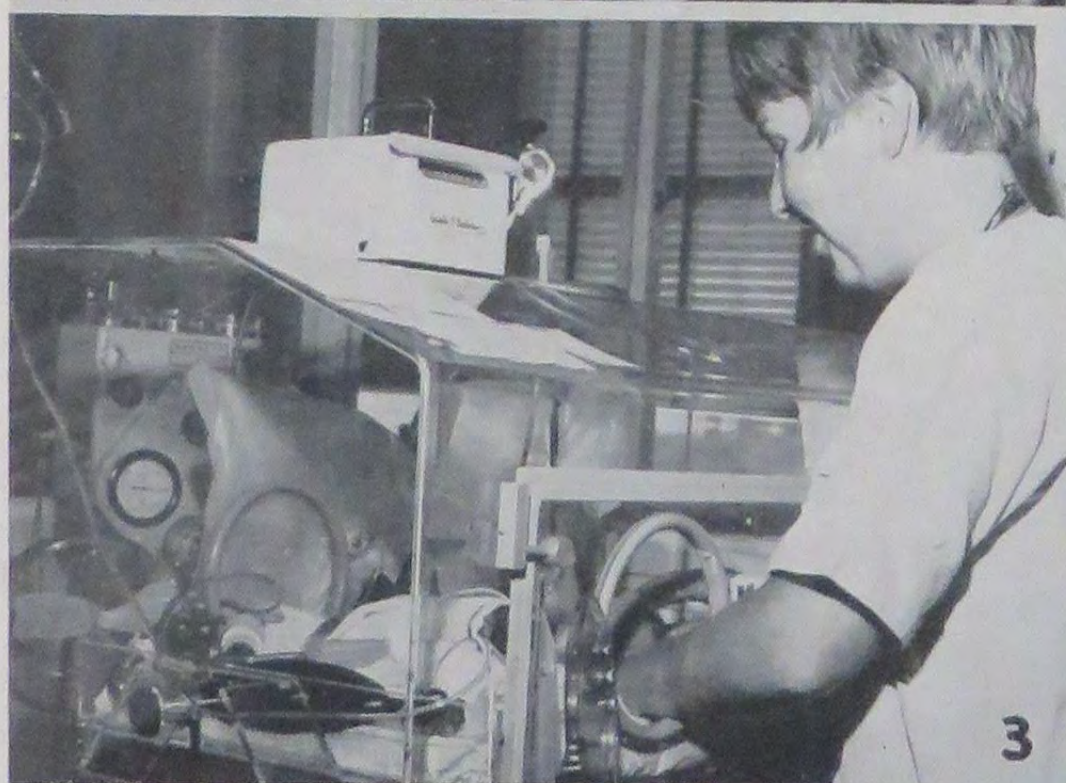
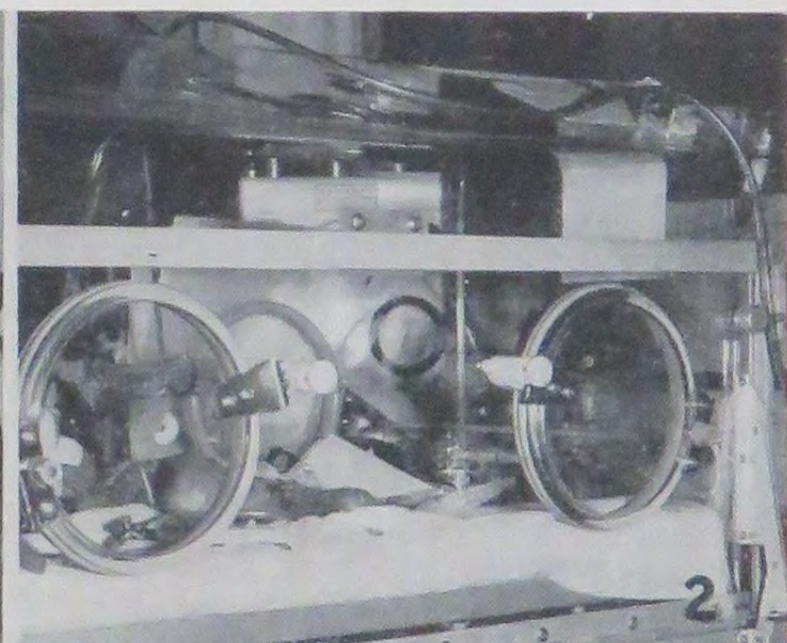
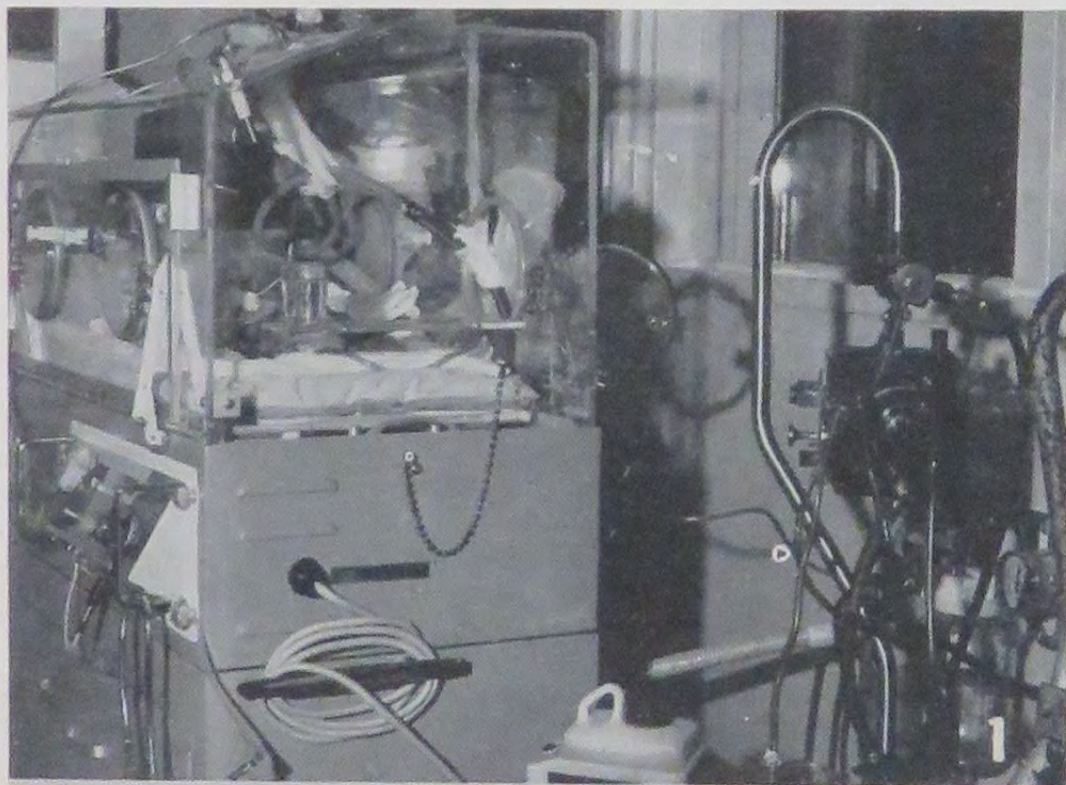
(Continued from page 1)
fants requires a closely coordinated team approach between the pediatrics staff medical officer, the intensive care nursery nursing staff (who are truly nursing specialists), inhalation therapists who keep the machines and tubing clean and functioning properly, and the laboratory and blood bank, who play a vital role in the monitoring of the blood gases and chemistries and the replacement of needed blood for these infants. The total blood volume of each of the infants is only 90 cc.

Much specialized equipment is

now in use in the Intensive Care Nursery including oxygen monitoring equipment, vital signs monitors which check on pulse, respiration and temperatures, oscilloscopes to monitor EKG patterns, Grass polygraph to record arterial blood pressure, bililights with blue fluorescent lights to help decrease jaundice, and radiant heating elements over servo-controlled procedure tables to keep infants warm while procedures are being performed. Delivery is expected in October of a Radiometer Astrup machine for inside the nursery itself to monitor

even more closely the blood gases.

The hospital's dependent surgery department under CDR J. A. Langevin, has been called upon to perform some very delicate surgery upon these premature infants. One was given a gastrostomy for feeding and another required major abdominal surgery for a volvulus (twisted bowel). That baby weighed 2 lbs. 4 oz. at the time of surgery, and no record can be found of any infant smaller than that having major surgery here. She is certainly the smallest since the move into the new hospital.



In photo (1) Baby Girl Brooks is on a Mark-8 Bird Respirator following surgery. In (2) an Air Shield's Isolette provides a balanced environment for this infant. In (3) LT Carol J. Templeton, former Intensive Care Nursery Nurse now returned to civilian life, administers to one tiny charge. In (4) is the third tiny baby, on a Bennett Respirator which maintains ventilation while a Harvard Pump gives fluids.

Scuttlebutt

LIFE BEGAN 18 August for Gregg Allan Calhoun, 7 lb., 11 oz. son of CS3 Richard Calhoun, patient on 62A and wife Kathleen . . . 24 August for David Andrew Waslicki, 7 lb., 6 oz. son of HM1 George M. Waslicki, PMT student and wife Margaret . . . and 30 August for Shari Ann Gray, 9 lb., 11 oz. daughter of HM2 Jimmy D. Gray, Radiology, and wife Linda.

WEDDING BELLS RANG 25 August for HM2 Vickie Barr, PT, and Michael Gingrich, a Business Administration student at the U of Arkansas. They met when he was a patient here about a year ago. HM3 David Sherrill, PT, and his wife Susan (formerly of Civilian Personnel) were attendants.



The Package Liquor Store opened 18 August. CAPT G. M. Ricketson cut the ribbon while Bill Onyett, manager, waited to greet him as his first customer. The store is open to all military personnel and their dependents, over 21.

SPORTS BRIEFS

Intramural Softball

Champions of the intramural softball tournament are the Administration team. The Surgery/Dental team won the first round of play, and in the second round, Surgery/Dental, Laboratory, and Administration were in a 3-way tie. Admin beat out both teams in the tie-breaking games, earning the second round title. In the play-off game Tuesday, Admin trounced Surg/Dent 10-2, taking first place.

Trophies are to be presented to the first and second place teams next Wednesday.

Skeet Competition

In skeet competition 9 August at NAS Alameda, CAPT G. M. Ricketson, XO, scored 49 out of 50 shots in two rounds capturing the runner-up position.

The next meet is scheduled for 13 September at Treasure Island. Anyone interested in joining the hospital team may call LCDR Norman Nickman, ENT, at Ext. 2065.

LTJG Hoobler To Shoot Pool For Twelfth ND

The hospital has another staffer to compete in an all-Navy sporting event. LTJG Terry Hoobler, MSC, Physical Therapist, will be in Seattle 15 September to compete in the West Coast All-Navy Pool Tournament.

Mr. Hoobler placed fourth in the 12ND Pool Tournament last April. Don't wait to congratulate him on his return, though, for right after the competition in Seattle, Mr. Hoobler will report to NH Annapolis.

Cross-Country

All active duty military personnel interested in competing in the first 12ND Cross-Country track meet 12 September (site unannounced) should contact Athletic Director Ron Brown, Ext. 2350, for further information.

—usn—

The Navy designed the circuits for the world's first radio-controlled plane in 1923 and for the first target drone in 1937.



Two new chiefs pose here after their promotion 18 August. Receiving congratulations were SFC Ronald T. Lacy, left, and HMC Thomas R. Bodkin. Chief Lacy works in Special Services, and Chief Bodkin is a PMT School student.

Know Your Staff



This corpsman's face may not be too well-known, but his works are. HM2 Wayne Tanous is the new detail corpsman for the command, and assistant to the Nursing Detail Officer for enlisted personnel, replacing HM2 Robert Rickards. Tanous assigns jobs and duty nights to all staff corpsmen and WAVES, both those assigned ward duty and those at other posts. "I'm not really too popular," says the friendly, blue-eyed corpsman. "People get their assignments from posted lists, and they only come to me when they're angry." Tanous has only one plea—"It's not my fault."

Wayne attended Dickinson College in North Dakota for 2½ years, then Glendale College in Glendale, Calif., where his parents moved. From there he went to Black Hills State College in S.D. and from there into the Navy (September '66). He came to Oakland in March of 1967 and worked in Special Services and Physical Therapy for a short time before beginning NE Technician's School. After graduation, Tanous worked on wards and as senior corpsman on 5N.

Tanous's wife, Karen, is from North Dakota also. They have an 18-month-old son, Al. Karen is a teacher, currently substituting in the Oakland School District.

The Tanouses like California and enjoy touring the Bay Area and the wine country. "We haven't seen nearly as much as we'd like to," Wayne enjoys outdoor activities such as hunting, fishing and camping and Karen is eager to try. When Wayne gets out of the Navy, in a little less than a year, he'll return to college.



These second class petty officers moved up 18 August. They are, front, from left, Ronald D. Klein, Richard A. Strunk, and Julio R. Aguilar. Behind them, from left, are William M. Sorrels and David R. Davidson. Not present is William G. Coombs.



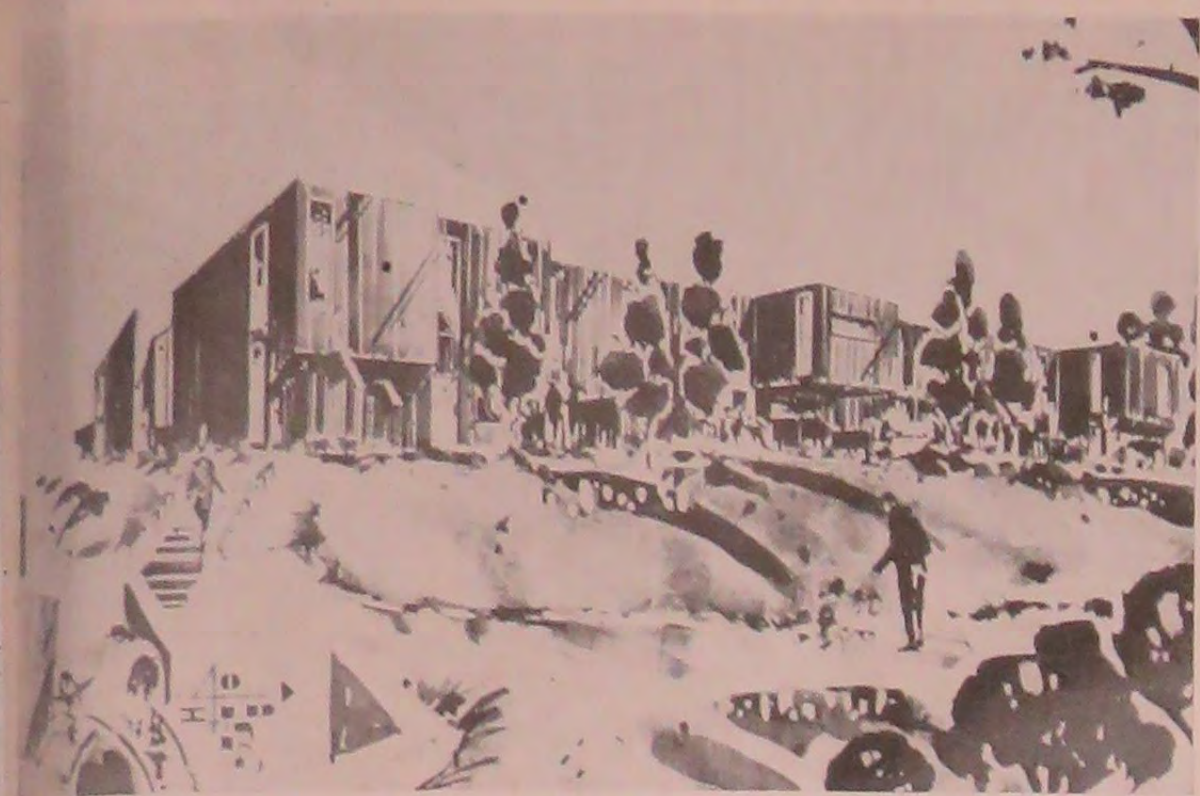
New HM3s, promoted 18 August, are, front row, from left, Charles B. Lee, Thomas R. Treon, Patricia J. Lopez, Kenneth C. May, and Gary T. Robb. Middle row, from left, Robert A. Harding, Gilbert C. Lujan, Robert A. Chambers, and James E. Garmon. Back, from left, Steven N. Keele, Stanley L. Griffin, Russell L. Wilson, and Walter A. Rey. Not pictured are new HM3s Robert I. Bell, Robert T. Breiling, Richard J. Bromert, Wilford Broussard, Larry E. Guisinger, Gary B. Holcombe, Warren L. Jackson, Robert C. Jennings, Van C. Johnson, Michael J. Range, Patrick L. Taylor, and James V. Youngquist.



Off to their new duty stations are these recent graduates of the Clinical Laboratory Technician's course, pictured with their instructors and Chief of Service. Seated, from left, are LCDR Philip Vogt, HM1 A. C. Short, HMC James Duranceau, and CDR Melvin Borowsky, Chief, Laboratory Service. Standing, front row from left, are HM3 Billy J. Colbert, HNs Phillip J. Beaudet, Jerome L. Classen, Richard L. Danielson, and Stephen P. Craig. Second row from left, HNs John J. Nalencz, and Mark S. Houston, HA Daniel J. Magee, and HM3 Paul F. Delucchi.

The OAK LEAF

NAVAL HOSPITAL, OAKLAND, CALIFORNIA
Vol. 31 Friday, 19 September 1969 No. 19



New housing for enlisted men's families will look like this. Designed by Henry Chang, Jr., AIA, for Trans-Bay Engineers & Builders, Inc., the townhouses will have three and four bedrooms. Units will be integrated with the rolling, tree-studded site.

Ground Broken for 36 Units Of Housing for EM Families

Ground was broken 10 September for 36 family housing units for enlisted personnel.

The project will be built at a cost of \$647,300 at the northwest corner of the hospital compound overlooking Mountain Boulevard. The units will be integrated with the rolling, tree-studded site, with a shaded network of interior walks, an attractively landscaped recreation area, and individual fenced patios for each unit.

The three and four-bedroom townhouse apartments will have efficient kitchens, roomy breakfast nooks, and separate dining areas. Each living unit will have a half bath downstairs and either two full or one and a half baths upstairs.

Construction of the townhouses will begin immediately, and completion is expected in approximately nine months.

The project is the first venture into a new and unique approach to construction of military housing—the "Turn-Key" concept. Heretofore the Navy has provided architectural and engineering plans for building projects, advertised for bids, and awarded the contract to the lowest bidder. In the Turn-Key concept, all work is done by one contractor, the builder providing a complete design and construction package.

The new concept is being pioneered here by the Trans-Bay Engineers and Builders, Inc., a combined group of Oakland minority contractors. The firm is an outgrowth of a minority contractor's association in Oakland—the General and Specialty Contractor Association, Inc., which provides its members with capital and management skill.

Trans-Bay was one of six firms submitting proposals for the design and construction of the family units. Each proposal included a preliminary site plan, utility system layout plan, floor plans, exterior elevations, outline specifications, and a fixed cost. Trans-Bay was selected after a detailed quality and cost evaluation of each proposal by the Navy.

Henry Chang, Jr., architect, submitted the award-winning design, and Kenneth H. Johnson, landscape architect, provided the landscape plan.

Inspection service will be provided by the architectural and

(Continued on Page 3)



Mrs. Ramona King, of Dental Service, has been appointed to assist Frank Quezada in his duties as Equal Employment Opportunity Counselor. Mrs. King is also ready to discuss any discrimination complaint. Supervisors may call her at Ext. 2255 to arrange a meeting.

Combined Federal Campaign Kick-Off Thursday; All Hands Help Urged

The annual Combined Federal Campaign will get underway here officially on Thursday, 25 September, and will continue through 31 October, with LT H. L. Martin, CHC, USNR, serving as chairman. Assisting him are CAPT George Cruft, MC; LCDR Julia Pickering, NC; LTJG N. M. Sessions; HMCN J. W. Bull; HMCM R. L. Scott, Miss Ruth Armstrong, Red Cross, and Mrs. Lee Frier, civilian representative.

The organization will include a coordinator from each service or division, with keymen for each 15 persons.

The goal for the Combined Campaign, conducted in military establishments throughout Alameda, Contra Costa, Marin, San Francisco, and San Mateo Counties, is \$1,000,000, an increase of 12 percent over last year. Funds raised will support United Crusade Agencies, the National Health Agencies and the International Service Agencies approved by the U. S. Civil Service Commission as beneficiaries.

Serving as chairman of the Navy

(Continued on Page 3)

ACCMA To Hear Captain Fitchett

CAPT Vernon H. Fitchett will speak on "Management of Mass Casualties—Based on Vietnam Experiences" when the Alameda-Contra Costa Medical Association holds its annual dinner meeting here Monday evening, 29 September. Captain Fitchett reported for duty in the Surgical Service in July from U.S. Naval Support Activity, DaNang.

The program, scheduled for 1830, will be followed by cocktails and a prime rib dinner to be served at 2000. All staff medical officers are urged to attend.

Retirement & UC Post For Captain Pascoe

Already at work for the University of California at San Francisco General Hospital as Director of Ambulatory Services and Assistant Professor of Pediatrics is CAPT Delmer J. Pascoe, who retired 1 September.

The well-known, well-liked Chief of Pediatrics was commended by the Commanding Officer for his outstanding contributions to patient care and his service in the many collateral duties he willingly accepted. Referring to his unsurpassed teaching ability, the CO's letter pointed out the fact that during four of his nine years here he and his service received the

(Continued on Page 2)



HN Lloyd J. Dempsey,
Sailor of the Month

HN Dempsey Is Sailor of Month

SAILOR OF THE MONTH for September is HN Lloyd J. Dempsey, who works in Surgical Intensive Care (6E).

In his duties on this patient care unit, Dempsey has acted efficiently and calmly in all situations. His dependability and accuracy in recording data on the patients in his care has been of great help to the doctors and nurses.

According to his recommendation, Dempsey's excellent knowledge of nursing principles and sincere concern for his patients make him a valuable asset to the command. His quiet, friendly manner and continual good humor are reassuring to patients. His military appearance is always exemplary.

Dempsey, from Tucson, Ariz., joined the Navy 12 August 1968, and went to Boot Camp and Corps School in San Diego. He came to Oakland in March of this year. At the end of the month he will begin N. P. Technician's School.



The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer
CAPT. G. M. Ricketson, MC, USN, Executive Officer
CDR R. V. L'Italien, MSC, USN, Administrative Officer
Editorial Adviser: Dorothy Thompson
Writer-Photographer: Kathleen McIntosh

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

WATCH YOUR GRIP

"Watch the grip" is one of the basic warnings of life. Bowlers, golfers, ballplayers, racing drivers, and others all tend to consider the grip they use as one of the prime factors of success. In bowling, the grip determines the characteristic of the ball, strike, split or gutter. In golf, the grip is all important as it often determines good putts, slices, hooks, poor games, and battered tempers. The grip or hold seems so unimportant, yet the success of the game is dependent in no small way on the type of grip used.

Life is like that also! We drive out of bounds, we gutter our ball, all because we fail to take a firm and secure grip before we step up to the front. We fail to take a full grip upon our resources, our talents, our emotions, and our desires. We all want to reach our goals, yet we fail to consider the cost and we fail to get the proper grip.

If you are failing to score in life's game, examine your grip. See what you are gripped to. Take a firm grip on the hand of God—It is the only sure grip in the game of life. Why not reaffirm that grip on the hand of God this Sunday in the Church of your choice!

CAPT H. E. AUSTIN, Senior Chaplain



When Captain Pascoe retired 1 September, members of his family and a large contingent of fellow-staff members were on hand to wish him well. With him as he admires the plaque presented him by the hospital staff are, from left, Kathleen, Mrs. Pascoe, Janice, and David. Daughter Ellen missed the ceremony. All three girls served as JANGOs, and Mrs. Pascoe twice served as JANGO chairman during the doctor's tour of duty here.

New JANGO Class To Begin 1 November

A new class of JANGOs will be trained beginning Saturday, 1 November, and continuing through the first four Saturdays of November for a total of 24 hours.

A JANGO must be from 14 to 21 and must be the daughter of an active or retired commissioned or warrant officer of the Armed Forces.

Eligible applicants may call 639-2196 or write to Chief of the Nursing Service. Application forms must be returned to the Chief Nurse by Friday, October 17.

Retiring Chief of Peds Honored at Dinner

(Continued from Page 1)

intern award for the best teaching program. The commendation also noted that Doctor Pascoe's frequent talks to student and parent-teacher groups has enhanced the hospital's reputation in the civilian community.

At a dinner in his honor 16 August, Captain Pascoe received a Book of Letters—a compilation of personal messages from each resident and staff pediatrician who served with him, with a photograph of each.

DIVINE SERVICES

CATHOLIC

SUNDAY MASS

0830 Clinical Assembly (Third Floor) 1215 (Main Chapel)

DAILY MASS

Monday—Saturday 1200 Chapel of Hope
Confessions before all Masses.

PROTESTANT

SUNDAY WORSHIP

0930 Chapel of Hope
1030 Main Chapel

Holy Communion, First Sunday of month

DAILY DEVOTIONS

1100 Chapel of Hope
(Episcopal Holy Communion on Tuesdays)



Newly capped JANGOs with their instructor and chairman are, front, from left, Laura Burghardt, Ellen Pascoe, Cheryl L'Italien, and LT Beverly C. Hendler, instructor. Top, from left, Linda McKelvy (capped earlier this summer), Mrs. Henry A. Sparks, JANGO Chairman, Barbara Dittmyer, and Lisa Oller. Not pictured is Carla Mitchell.

Lynne Tiffany Earns Top Honors In JANGO Capping & Awards Ceremony

At the annual JANGO Capping and Awards Ceremony 4 September, six teen-aged volunteers were capped in recognition of their completion of 100 hours' training and volunteer service. Capping them was LT Beverly C. Hendler, NC, USNR, their instructor in 24 hours of classroom training.

Pins and chevrons were presented to other JANGOs for hours of service, and three special awards were given. CDR G. A. LeBlanc, MC, USN, Chief of Urology, delivered an amusing and stimulating talk on bridging the generation gap. CAPT G. M. Ricketson, Executive Officer, presented certificates to newly-capped JANGOs.

Honored as JANGO of the Year was Lynne Tiffany, Vice-President of JANGO, who has been a JANGO for three years. She was presented the award by CAPT Sue Smoker, NC, USN, Chief Nurse.

Miss Tiffany was also honored by the Navy League, whose representative CAPT Howard Strawman gave her an engraved telephone directory for her outstanding service to the Navy. She earned a 1000 hour gold star pin, the second JANGO to serve that many hours.



Cheryl L'Italien

Mrs. H. A. Sparks, JANGO Chairman, presented the Red Rose Award to the outstanding JANGO of the new class. Chosen for this honor was Cheryl L'Italien, who earned her 150 hour pin and 200 and 300 hour chevrons this summer.

Earning 500 hour chevrons were Linda Bookout, Judy Fluitt (President of JANGO), Randi McKelvy, and Laura Paquette. Three hundred hour chevrons went to Miss Bookout, Ellen Pascoe, and Theresa Zimmerman. Mary Boyd, Linda McKelvy, Miss Pascoe and Wanita Shannon earned 200 hour chevrons. Receiving their 150 hour pins were Kathy DeFelice, Marilyn Mayers, Misses McKelvy, Pascoe, and Shannon, and Barbara Weaver.



CAPT Howard Strawman presents a telephone directory engraved with her name on behalf of the Oakland Council of Navy League to Lynne Tiffany.

U.S. Savings Bonds and Freedom Shares are "indestructible." Every Bond and Share is registered in the name of the owner, microfilm copies of that registration are kept on file, and any Bond or Share lost, stolen, mutilated, or destroyed will be replaced by the Treasury.



From the Judge Advocate

The California Legislature has recently passed a law designed to discourage frivolous malpractice suits against physicians, surgeons, dentists, registered nurses, optometrists, pharmacists, registered physical therapists, licensed psychologists, clinical laboratory bioanalysts or technologists and other medical or medically related fields licensed in California. Section 405.8 of the California Code of Civil Procedure provides that when a malpractice suit is filed against a member of one of the listed fields, the defendant may move the court for an order requiring the plaintiff to post a bond in the amount of \$500.00. The motion must be supported by an affidavit showing that the claim is frivolous. If the motion is granted and the action is subsequently dismissed or judgment is awarded to the defendant, the security deposit will be applied against the defendant's court costs.



Wielding the shovel at ground-breaking ceremonies for the new housing were Eldridge Johns, Manager, Trans-Bay Engineers & Builders, Inc., and RADM H. P. Mahin, Commanding Officer. Interested onlookers, from left, were Henry Chang, Jr., Architect; Ray Dones, President, General and Specialty Contractors Association, Inc.; LCDR G. W. Tinker, CEC, Resident Officer in Charge of Construction; and CAPT C. J. Merdinger, Commanding Officer, Western Division, Naval Facilities Engineering Command.

Payroll Deductions The Easy Way to Give

(Continued from Page 1)

Division of the Campaign is RADM Leo B. McCuddin, the Commandant; with CAPT L. B. Corness, USN, District Inspector General, Twelfth Naval District, as coordinator. In recent years the Navy has collected over half the total contribution.

Emphasis is being placed on every-member contribution, both military and civilian. Contributing through payroll deductions has become increasingly popular with the Navy in recent years, with 31% of all Navy contributions being made in this manner last year.

The plan within the local command, as announced by Admiral Mahin, is as follows: Each chief of service or division will appoint a coordinator to assume full charge of the Combined Federal Campaign within his service or division and submit his name to the chairman no later than 22 September. Coordinators will meet for organization and receipt of campaign materials at 1000 Thursday, 25 September, in the Clinical Assembly. They will appoint keymen for every fifteen persons or less within the area of their responsibility and collect contributions from them weekly, turning such collections over to the committee.

While no specific hospital goal has been suggested at this writing, it is hoped that the record of last year (\$8258.49) will be exceeded by at least the 12 percent increased overall goal.

New Concept In Construction

(Continued from Page 1)

engineering firm of Dennis and Cochrane following guidelines of the Federal Housing Authority Minimum Property Standards.

CAPT C. J. Merdinger, CO of the Western Division, Naval Facilities Engineering Command, San Bruno, signed the contract with Trans-Bay earlier this year, making WESTDIV the first Department of Defense negotiator to enter into a Turn-Key contract.

"The whole world will be watching this project," Captain Merdinger told officials of the contracting firm as Eldridge Johns, manager, assisted Rear Admiral H. P. Mahin, commanding officer, in turning the first spadeful of earth.



Graduation ceremonies were held 5 September for Operating Room Technicians. Congratulating them were, front row left, LCDR Alvina M. Harrison, instructor, CAPT Sue Smoker, Chief Nurse, CAPT George E. Cruft, Chief of Surgery, Admiral Mahin, LCDR George R. Looney, speaker, and CDR Janet Redgate. Students are, from left, HM3s John Bendele, William Huddleston, Frank Salcido, Timothy White, and Kenneth Fugate, HN David Odams, HM3 Steven Chatelain, HN Robert Majors, and instructor HM1 Charles Taylor.

Scuttlebutt

SIGHTS & SOUNDS: Commander Furmanchik's striking interior decorating in the Nursing Detail Office. . . . Doctor Vogt recounting the tale of his almost 7-year-old son phoning at 0745 (interrupting a conference) to ask if he could set up his racing car tracks—Mother had refused, but what about the chain of command? He got the number from the watch list! . . . Those everpresent discussions about baseball.

DID YOU KNOW that September is National Pancake Month? . . . that 21-27 September is National Tie Week? (ATTENTION Captain Clark and Joe Concannon) . . . that Chief Slack, who just retired, wears size 10 shoes? So does Chief LeSage.

ALUMNI NOTES: CAPT Arthur J. Draper, Jr., former Chief of Medicine, has relieved CAPT C. K. Holloway, Jr., former Chief of Surgery as CO of the Naval Hospital aboard USS REPOSE. Their familiar faces appeared in *THE NEEDLE*, a sharp little paper published aboard the hospital ship. And Captain Holloway is now CO of NH Long Beach.

LIFE BEGAN 7 September for Melanie Marietta Catingub, 6 lb., 15 oz. daughter of HM2 Edgar P. Catingub, Inhalation Therapy, and wife Felisa.

Two More Chiefs Piped Ashore

Two more chiefs have transferred to the Fleet Reserve. On 22 August HMCs Robert Thompson and Daniel MacCaine, Jr. were piped ashore.

Chief Thompson, who worked in the Eye Clinic, had served the Navy for 21 years. He and his family own a home in San Jose, where he'll work for Franklin Optical Company as a dispensing optician. It's also rumored that he hopes to find more time for those Giant baseball games.

Chief MacCaine retired after 20 years in the Navy. He had been assigned to Radiology since his arrival here in November of '67. After a vacation to visit relatives in North Carolina, Chief MacCaine and his family will move to Eureka, Calif., where he'll be Assistant Chief Radiology Technician at St. Joseph's Hospital.



Kathy McIntosh of the OAK LEAF and HM3 John Tinker of Medical Photo Arts have photographed literally hundreds of patients and staff members, but this week it was their turn as they announced they'll be married 4 October at Kathy's home in Granada Hills, Calif. Blonde, blue-eyed Kathy, alumna of the College of Idaho, joined the OAK LEAF as a writer last October, with the understanding that she would be trained in photography. "John was my sternest teacher," says Kathy.

The popular pair had planned a December wedding, but when he received orders to NH, Bremerton, they set the date ahead, and Kathy will accompany him.

John, from Wilmington, Delaware, served at NH, Portsmouth, NH, Camp Lejeune, with the Marines in Vietnam and Okinawa before coming to Oakland. He attended Salem College in West Virginia before entering the service and will continue his education when discharged next April. He expects to make photography his career.

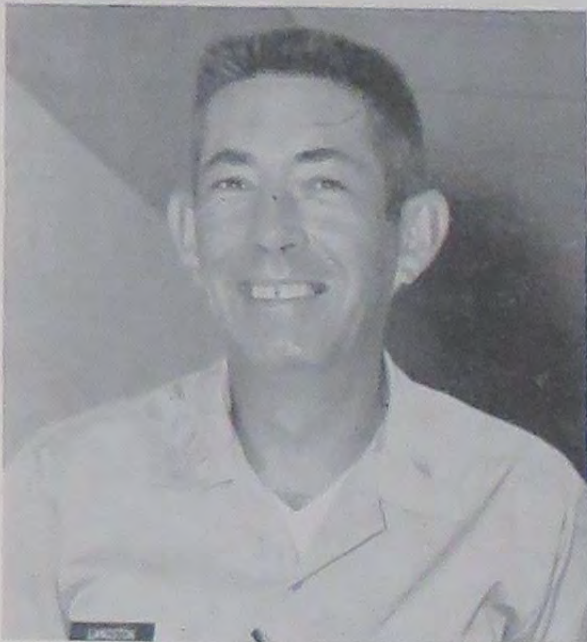
REENLISTMENT

HM2 Gilbert Gonzales reenlisted 28 August for two years under the Variable Reenlistment Bonus program, netting about \$3000! He is a lab technician, at the hospital since 15 September 1968.

Gonzales, from Tucson, Ariz., has been in the Navy for three years, nine months. He and his wife Colleen have one son.



Know Your Staff



LT Ollen Langston, MSC, USN, has spent nine of 21 years of naval service at NH Oakland. Since arriving for his fourth tour in August '65, he has been Assistant Chief of Personnel, Chief of Personnel, Administrative Assistant to Chief of Outpatient Department, Chief of Operating Services, Chief of Security, and is now Chief of Personnel. Working in other divisions has helped him to appreciate the problems of others and has been exciting and interesting, even if hectic. "Part of it I wouldn't want to do over again—and that's the move in."

A native Californian, born in Riverside and raised in Banning, friendly, lanky Mr. Langston joined the Navy after a year at Redlands University and went to Boot Camp and Corps School in San Diego. His first duty was at Mare Island Naval Hospital. He came here when it was reduced to dispensary status in 1950. "I was an HM3, worked on an Orthopedics ward on the very spot where this building now stands." He returned for Orthopedic Appliance Technician School shortly after a tour with the 1st MarDiv in Korea, left in 1954 for tours at MCAS El Toro, Korea, the USS PIERRE, and Tripler General Hospital in Hawaii. On 1 January 1961, Mr. Langston was commissioned an ensign in the Medical Service Corps and returned to NPRL as supervisor. Two years on the CORAL SEA (CVA-43) preceded his present tour.

Lieutenant Langston, his wife Jerry, and their three children—Bruce, 17, Lisa, 15, and Paul, 12—live in Danville. They have a horse, "Colorado" (a Thoroughbred jumper), two dogs, four cats, one hamster, and "various and sundry snakes and birds." Paul is a real animal lover—"One time he came in with a gopher in hand."

Mrs. Langston works for the Bank of California in Walnut Creek.

Much of the busy lieutenant's spare time is spent fixing up the old farmhouse they bought last year. He also enjoys camping with his family and reading. Actually, "I spend all my extra time (when there is any) keeping track of the rest of the family."

—usn—

If the earth were perfectly smooth and round, the oceans would cover it to a depth of 12,000 feet.

—usn—

Biologists estimate there are 25,000 species of fish.

SPORTS BRIEFS

Flag Football

Flag football will be the center of sports action beginning the week of 22 September.

Anyone interested in officiating for the games should contact Athletic Director Ron Brown at Ext. 2350. Officials earn \$5.00 per game.

Bowling Champions

Champions of the Men's Wednesday Night Bowling League are the Hoods, the Special Services team. Close behind were Pharmacy, PMT Staff, and the Countdowns.

A winter league is now forming. The first night of bowling will be 8 October.

12ND Bowling

The hospital's team has been selected for Twelfth Naval District competition. However, men with average scores of 170 or above may still challenge these bowlers and join the team, whose first competition will be 6 October.

Members of the team are CAPT Richard Barrick, LT Robert Nagy, HMC Charles Hanna, HM1s Bill Connors and Gil Hilderbrand, BT1 Joe Newman, EM1 Tom Taylor, and SH3 Chuck Cole.

Sailing, Anyone?

The Treasure Island Sailing Club will hold its annual fall picnic on Angel Island, 5 October. Interested members and prospective new members may call LCDR William Fors, Cardiology, Ext. 2143, for further information.

HMC Slack Retires

"Good-looking John Slack," HMC, transferred to the fleet reserve 2 September after 25 years and nine months of service to the Navy. Chief Slack, who worked in the PMT School, graduated as an HM1 with Class 17 of what was then the Environmental Sanitation Technician School here.

The chief, his wife and two children moved to their home in Sausalito, Calif., where his employment plans are indefinite. On his departure, he was busily planning a fishing expedition to Mexico.



Champions of the Intramural Softball Competition are the Administration team. Admiral Mahin presented the trophies (No, he isn't a player). In the front row, from left, are LTs Barry Richard and Leonard Julius, LTJGs Robert Black and Paul Bonarrigó, and HM3 Dave Sherrill. Behind them are Admiral Mahin, ENS Michael Ware, HM3s Vernon Capistran, Greg Ford and Jim Mader, and LT Terry Hoobler. Not pictured are LTs James Hennig, Ken Kneebone, Harold Mast and Al Woods.

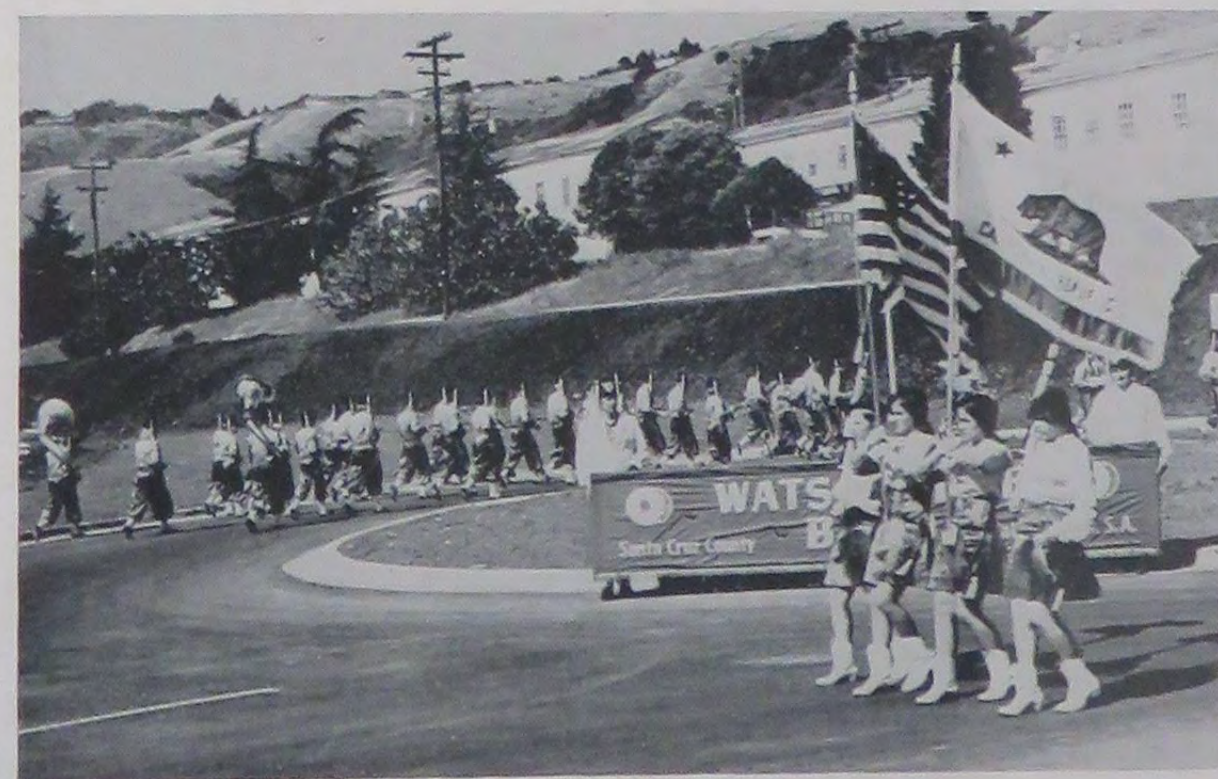


In second place in the Intramural Softball competition were the Dental/Surgery players. With Admiral Mahin, front row from left, are, HM2 Jerry Hess, DNs Greg Shields and Dave Johnson. In the back row from left, LT Dwane Johnston, DM1 Willie Ward, HM2 Larry Sanich, and DT1 Larry Webb. Not pictured is LT Dave Mathews.



Class 51 of the Preventive Medicine Technician Course graduated 12 September. Graduates are, front row from left, HMC William T. Ratcliffe, HM1s Dell W. Kriewall, Gerald H. Valenta, William J. Fenton, and Smith W. Byrum, and HMC Thomas R. Bodkin. Second row from left, HM1 Nguyen Hoang Son (RVN), HM1s Herman M. Dennis, Roy A. Jenks, and William A. White, HM2 Harold E. Wiperman, and HM1 William C. Fletcher. Back row from left, HM1s J. P. Daniels, Jr., Sherman L. Bonomelli, Jeffrey S. Zwirnbaum, George M. Waslicki, Ralph C. Childers, and William Elizondo. Honor man was HM1 Dennis.

Watsonville Band Plays



The well-known Watsonville Band was on board Labor Day entertaining patients and staff. The band marched and played from Gendreau Circle to Bldg. 500, with a short stop at 61A. Listeners streamed out of the hospital building and leaned out windows to get a glimpse of the colorfully dressed group and the five pretty majorettes. Two smaller groups, a Dixieland combo and a German band, went to several patient care areas and met up with a fellow musician. Left, the band marches into place in the emergency turn-around. Right, ETRSN Art Hotchkiss meets two of the majorettes, who introduced him and his trumpet to the combos. They invited Art to join them in a few songs, which he did, happily and quite successfully! The halls were alive with the sound of music.

The OAK LEAF

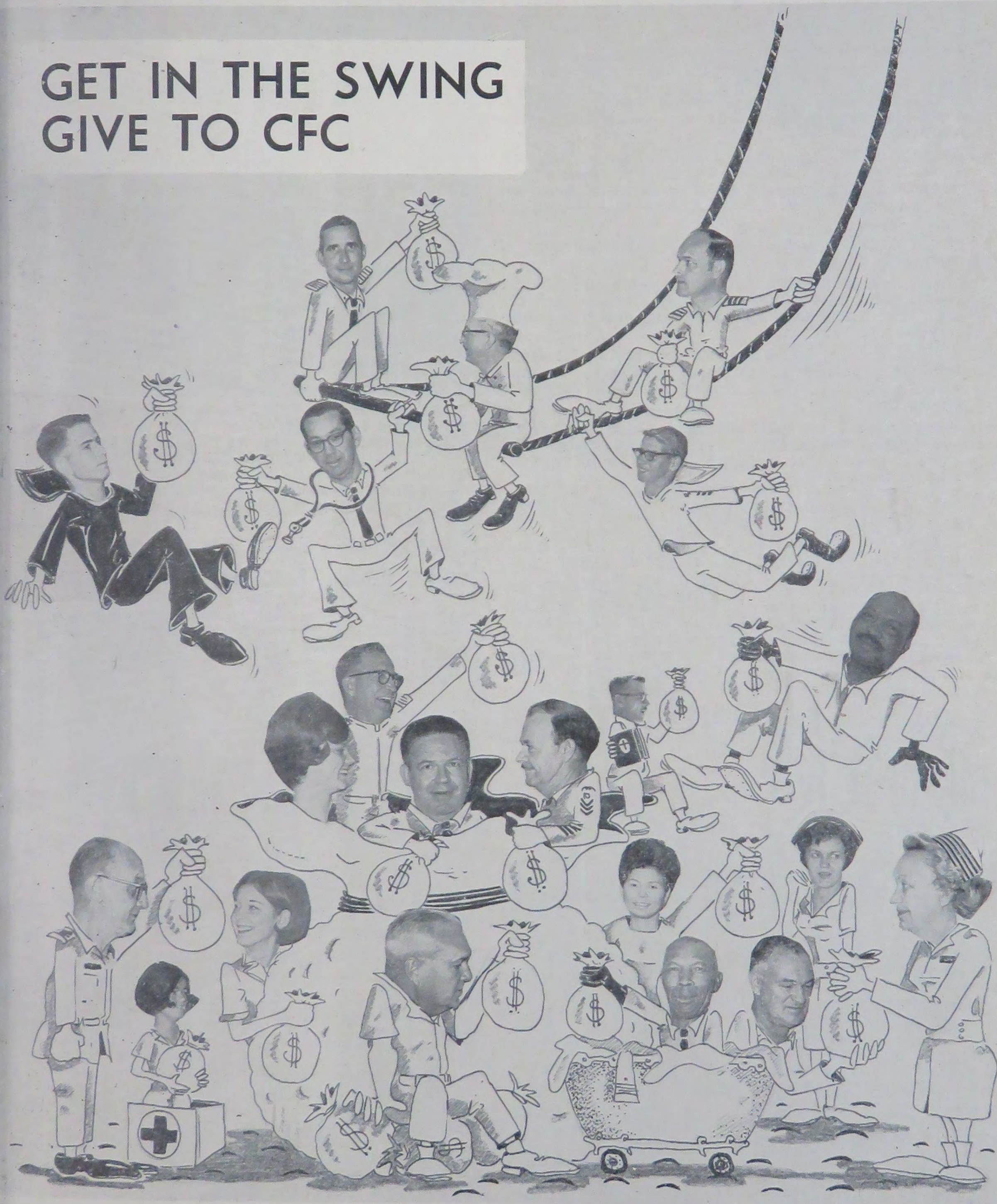


Vol. 31, No. 20

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 3 October 1969

GET IN THE SWING GIVE TO CFC



The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer
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Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

THINK CLEARLY

Through the medium of modern day communication the ether is vibrant with multitudinous phantasms coming by way of TV, radio and the press. These seek to bring man from a glimmer of ignorance to a glow of knowledge. Never before has the power of subject and predicate been more lavishly used. Man's power of reasoning has the option of good or ill . . .

Slovenly thinking is not new. Socrates protested against it. Francis Bacon in his *Novum Organum*, written in 1620, said: "The idols and false notions which are now in possession of human understanding, and have taken deep root therein . . . beset men's minds, that truth can hardly find entrance . . ."

He advises his readers to fortify themselves against the assault of faulty reasoning.

It is difficult to think straight and almost impossible to be objective. The human mind is relative and defective at best . . . also people justify their acts by false logic because they **do** what they want to do and **believe** what they want to believe.

Bacon calls attention to dogmas in some philosophies. In that respect they are no different from certain theologies. John Wesley in a letter once wrote: "Passion and prejudice govern the world . . . only under the name of reason."

We are prejudiced in our behalf and fear to uncover some of our innermost thoughts, and so long as sloppy thinking and half-baked cliches are able to convince our auditors, there can be little progress for the human race . . .

LCDR JAMES K. P. REGAN, CHC, USN
Catholic Chaplain

Two More DC Officers Earn Certification

Congratulations are in order for two staff dentists—CAPT Irving J. Weber, Jr., and CDR Gordon E. King. Both have been certified by the American Board of Prosthodontics.



REQUEST GRANTED: When Diane Marie Lore, clerk-typist in the Orthopedic Service, resigned 12 September to join the WAVES, she shyly made a last request—to meet the Admiral. Petite, brown-eyed Diane, a graduate of San Lorenzo High, attended Chabot College for three quarters before joining the hospital staff seven months ago. Her application for the WAVES is in, and she hopes eventually to become a Navy Nurse. Her proud father, Isadore Lore, works in Transportation.

O' Wives to Hear How to be Creative

"The Creative Wife" is the subject on which Miss Joyce Erickson, home economist from the Overseas Service Corporation, will speak to the Officers' Wives' Club Wednesday, 8 October.

Wives of Officers in the Medical Service and CIC will be hostesses. Deadline for reservations is noon Monday.

Captain Cruft Taking Cocktail Reservations

CAPT George E. Cruft, Chief of Surgery, is taking reservations (\$2 per person) for a no-host Navy cocktail party planned for 1900 Wednesday, 8 October, in connection with the Annual Clinical Congress of the American College of Surgeons 6-10 October. The party will be held at the Marines' Memorial Club, San Francisco.

VADM Carl Broaddus, Early CO, Dies

The 1 October issue of NAVY TIMES reports the death of VADM Carl A. Broaddus, MC, USN, Ret., on 1 July at his home in Newtown, Va.

Admiral Broaddus was Commanding Officer here from 17 February 1947 until 26 March 1949.



Representatives from VFW Posts 1010, 1919, and 1919 Auxiliary were on board 6 September delivering three wheel chairs. They were purchased with funds earned in the Memorial Day Buddy Poppy sales. Trying out one of the new chairs is LCPL Humberto Medrano. With him are from left, Bob Carter, Chaplain for Post 1010 (Emeryville), Admiral Mahin, James McGuire, Hospital Chairman for Post 1919, and LaVerne David, Chaplain of Post 1919.

Only Housekeeper Leader on Staff, Helen Benoit Learned Skills Here

In line with the Navy's Action Program for Women, this hospital is using the skills of women employees. An example is Helen Benoit, only Housekeeper Leader in the hospital's custodial force. The vivacious Miss Benoit (pronounced Ben-wah) can often be seen in her crisp blue uniform as she takes care of the myriad details involved in her job.

Miss Benoit has a total of 24 years in Civil Service. She first worked at Mare Island, then transferred here in 1950, serving first as a maid in the Nurses' Quarters and later as a cleaner-laborer on the wards. She credits an evening school course in Civil Service Job Preparation with helping her pass the examination at this hospital. She was promoted to her present post 2 January of this year and is the only female supervisor in the entire Housekeeping Service of 67 employees.

Miss Benoit supervises all patient care areas from the Sixth Floor up and has 20 personnel working under her during the week. On Saturdays the custodial staff of the entire building is her responsibility.

"I especially enjoy working in the maternity area. It's a happy ward and the patients and staff are unusually friendly," said Miss Benoit. In her work as supervisor, she finds it especially challenging to get the cooperation of staff in ad-



Helen Benoit

justing to necessary changes in work routines.

In addition to her major duties, Miss Benoit serves as a member of the hospital Incentive Awards and Promotions committee.

Off duty Miss Benoit, who grew up and graduated from high school in Bay St. Louis, one of the Mississippi towns recently devastated by hurricane "Camille," is an avid follower of the Raiders and the Oakland A's. She bowls, swims, sews, and entertains numerous nieces and nephews, and she's considering another night class that might make further job advancement possible.

Know Your Staff

Explorer, Mountain Climber, Surgeon, All That & Much More is CAPT McLean

By Kathy McIntosh

From dog driver to Chief of Plastic Surgery came CAPT Donald H. McLean, MC, USN, with an array of exciting experiences between.

Born in Buffalo, N.Y., Doctor McLean graduated from Columbia University and earned his M.D. in 1946 at New York Medical College.

He joined the American Geographical Society's Antarctic Research Expedition that year as a surgeon, biologist and dog driver. He and 20 other men sailed down at six knots, froze their ships in the ice, and returned about a year and a half later after exploring territory never before visited by man.

From 1949 to 1951, while in Greenland as GMO at a small naval station, the doctor climbed mountains, explored, and was adviser to an expedition to the ice-cap with French explorer Paul Emile Victor.

In 1952, the doctor took "La Haute Route" across the Alps on skis. Later that year he joined two Danes in a rowing trip in the Royal Danish Rowing Shell along the Norwegian North Sea coast. Taking time in Copenhagen to marry a Paris-born, Boston-bred, concert dancer, Mignonette de Vigny, Doctor McLean and his new wife hiked across the mountain route to Sweden. They wound up their honeymoon in Chamonix, France, where Doctor McLean attended the French Alpine School for Guides.

In 1953, the McLeans moved to Fairbanks, Alaska, where the doctor was in private practice for two years as a general practitioner. Many of his patients were Eskimos—"One of my favorites was Mr. Northern Lights. Another was Abraham Lincoln, whose daughter became the first Eskimo nurse in Alaska."

In 1954, Doctor McLean led an expedition on Mount McKinley. The entire party of five made the first ascent of the North Peak (19,450 ft.) via the "Cook Route" (North-west Buttress), without oxygen tanks. It was previously attempted in 1910 by Dr. Frederick Cook, whose party was turned back



CAPT D. H. McLean, MC, USN

at 10,000 ft. Beginning on snowshoes, Doctor McLean's party received its last airdrop of supplies at 8,000 ft. on 1 May. They continued from there and made camp at 19,000 ft.—at that time the highest camp ever on the North American continent. They reached the summit the next day, but were forced to remain in the high camp for five days more until a storm 2,000 ft. below them cleared. "Five men lived in one pyramidal tent six feet square at the bottom and six high at the center pole." They rappelled (a vertical descent using ropes) down.

South from Alaska to New York City, the doctor took his general surgical residency from 1954 to '58. Back on active duty in the Navy in 1957, he spent four years as a general surgeon at NH Newport, R.I. In 1959, he was a crewman on the "Worry" in the Annapolis to Newport race. In 1963, he was a medical adviser with the Naval Mission to Haiti.

The captain took his Plastic Surgery Residency at NH Bethesda and Georgetown University. After two years on staff at Bethesda, he became Head of the Plastic Surgery Branch here in 1967.

The McLeans have three sons—Tor, 14, Hunt, 12, and Craig, 10. Also a Weimeraner, Hansel, and plenty of white rats.

Hunt raises the rats for Doctor McLean's research project in microvascular surgery. He and a civilian plastic surgeon, Dr. Harry Buncke of San Mateo, amputate a rat's leg and sew it back on under a microscope. So far, most legs have survived with sensation, but without coordinated muscle activity.

Another project is a study of the use of silver nitrate in cream form on burn patients. It is generally used in liquid form.

Certified by the American Board of General Surgery, Doctor McLean is currently a candidate member of the American Board of Plastic and Reconstructive Surgery.

He delivered a paper on burn therapy with CDR Ronald Bouterie at Walter Reed Hospital in March, and later this month will be part of a micro-surgery panel at the Pan-Asiatic Surgical Conference in Hawaii.

CFC Launched All Hands Help Asked by CO

The Combined Federal Campaign got underway officially last Thursday in the Clinical Assembly. Speaking to the Committee and to 30 coordinators of the services and divisions, Admiral Mahin stressed the need for every member contribution and emphasized the importance of the causes represented. After a brief film stressing the various needs, Chairman H. L. Martin and the Committee distributed materials and gave instructions to the coordinators.

Each coordinator is to choose one keyman (or keywoman) for every fifteen or fewer persons in his service or division. The keymen will see to it that every person connected with the hospital, both military and civilian, has an opportunity to give between now and the 31 October deadline. Keymen will report to the coordinators, who in turn will report to the chairman at the Chaplain's Office, third deck, Building 500 each Thursday.

Navy Relief Course To Be Given Here

A course in Navy Relief interviewing will soon be offered here if as many as ten officers' wives are interested.

Miss Francina Stonesifer will fly out from Washington D.C. to provide the instruction. Classes will meet at the O' Club from 0900 to 1430 on 30 and 31 October and 6, 7, 13 and 14 November. The same course will be available at NAS, Alameda, for those who find that location more convenient.

Also new on the Navy Relief scene is that wives of chiefs E7, 8, and 9 are now eligible to serve as Navy Relief receptionists.

Call Mrs. William Kammerer at 569-3320 for information on either of these programs.



SGT Francis Cabral, USMC

Sergeant Cabral Is Named First Patient of Month

The first PATIENT OF THE MONTH, for September, is SGT Francis M. Cabral, USMC.

While in patient status on Ward 76B, Cabral organized a pickup and delivery service for the Central Sterile Supply Room to the Orthopedic Wards. The procedure proved so effective that the same service was adapted and extended to all patient care areas in Building 500. His suggestion made the pickup and delivery of sterile supply carts efficient and reduced loss of suture sets, syringes, and other items from unattended carts. Also his instruction of ward personnel in proper use of the cart-lift equipment, has decreased the need for repair and maintenance.

Cabral has received a Letter of Commendation from the Commanding Officer for his service to the hospital.

Cabral, a Vietnam casualty here since 19 July 1968, is from San Francisco. He plans to attend San Francisco City College when released from the hospital to study either criminology or photography.

Meet the New Chiefs



Newest chiefs aboard are, from left, HMC Jerry Fischer of the OOD's Office, DTC Edward J. Marsden of Dental Service, and HMC Robert Rocca of Laboratory Service. All three were promoted and duly initiated by fellow chiefs on 16 September.

Page One Art By PFC Warne

PFC Gene Warne, USMC, of Oakland and 76B came along just as THE OAK LEAF was searching for something special to boost the Combined Federal Campaign. PFC Warne responded with the clever cartoon on Page 1. Warne studied art at Berkeley High and Merritt College and plans to attend the California School of Arts and Crafts when discharged from the hospital.

Incidentally, except for Admiral Mahin, those whose faces appear have not endorsed the campaign, but we hope they will and that everyone will soon get in the CFC swing.

Weaver Stars for X-Ray in Opening Game of 7-Man Flag Football Season

By Ron Brown

The 1969 seven-man flag football league got underway 22 September with X-Ray winning over NP, 19-0.

Fans saw Weaver of X-Ray connect on a 40-yard aerial shot to Ferguson on the opening play of the game. Weaver threw to Duval for the extra point and later in the first half ran for 20 yards and pay dirt.

In the closing moments of the game, Weaver scampered around end for four yards and another score. NP was unable to sustain a drive long enough to score.

NPRL Squeaks by Security

With the all important P.A.T. playing a big factor in this game, NPRL served notice that they are going to be tough right down to the wire. Team captain Paul Bonarrigo scored the single touchdown for the winner on a 22-yard jaunt around left end.

Bonarrigo also connected, on a pass to Clark for the game-deciding point.

In other games last week, Special Services defeated a determined lab team by a score of 32-18.

Alley of Special Services scored two TDs on a 24-yard pass from Parker and a 22-yard pass interception.

Big play of the day was a 62-yard pass and run play from Parker to Welch. Welch also scored on a razzle dazzle pass and lateral play from Parker to Dunlap, with Dunlap lateraling to Welch for a total of 38 yards.

Parker scored on a 1-yard quarterback sneak to round out Special Services scoring. Lab scored its touchdown on a two-yard run by Mathews and two passes of 15 and 21 yards by Mathews.

NP Avenges Opening Loss

After losing their opener to X-Ray by a score of 19 to 0, NP came back with a smashing 42 to 6 victory over Project 49.

Standouts in the one-sided game for NP were Noonan, Papella, Oliveras, Keen, Conner, Orr, and Coltharp.

X-Ray Makes It 2 In a Row

X-Ray looms as one of the teams to beat in this league as they downed their second opponent, Security, 12 to 7. This was anybody's ball game until the last second. Weaver again excelled as he used the outdated sleeper play on the opening play of the game, with a 45-yard pass to Ferguson. The P.A.T. was no good.

Weaver later connected on a three-yard screen pass to Campbell, with the P.A.T. again going for naught. Hughes of Security connected on an aerial shot to Graves for their lone score. Machso scored the P.A.T. on a short pass from Hughes.

Standings as of 30 September

Team	Wins	Losses	Pct.
X-Ray	2	0	1.000
Dental	1	0	1.000
Special Services	1	0	1.000
PT-NPRL	1	0	1.000
NP	1	1	.500
Lab	0	1	.000
Project 49	0	1	.000
Security	0	2	.000

—usn—

The Navy has measured the life of a pimeson (a nuclear particle). It lives two-ten thousandths of a million millionth of a second. The Navy can measure anything on the face of the earth—and a lot of things that aren't.

Two Heads May be Better

Did you know that many beneficial suggestion awards have been shared by two or more people? They do not have to be the project of just one person's thinking. They may be the result of group ingenuity.

Military Pay Schedule

Date	No. Days Pay
15 October	14
29 October	14
12 November	13
26 November	14
10 December	14
24 December	14
31 December	6*

* Amount paid 31 December 1969 will be paid in full for all Navy personnel in accordance with Navy and Marine Corps Military Pay Procedures Manual, Paragraph 90503.

Sixty-five Volunteers Give 2500 Hours Summer Service

Sixty-five "Volunteers" from Alameda, Berkeley, Oakland, and West Contra Costa Red Cross Chapters gave over 2500 hours of service to the hospital during their summer vacations. This is the largest number of young volunteers to serve here under this program.

They assisted the staffs of Pediatrics, OT, PT, Laboratory, Chart Room and Crew's Library and worked with Red Cross staffers in Recreation and Personal Service.

The teen-agers were honored at a tea in the Red Cross Recreation Lounge 28 August, their last working day. Mrs. Helen Bickley, recreation supervisor, greeted the young people, and CAPT Sue Smoker, Chief Nurse, thanked them for their contribution to patient care.

Three boys — Thomas Coyle, Russell Lee, and Robert Simpson — served as volunteers this summer—a record number.

Volunteers from Alameda Chapter were Sherrie Archibald, Thekla Astrup, Beverly Basilicato, Nancy Bockman, Pam Bowden, Kathy Cervelli, Kathy Crooker, Andrea Elderts, Beth Gard, Rita Garza, Kathy Legino, Barbara Lenehan, Lisa Littlejohn, Karen Nicola, Evelyn Santiago, and Nancy Zucconi.

Coming from the Berkeley Chapter were Nancy and Pat Agnew, Anita Biasotti, Cheryl Hudson, Florence and Rosemary Inserto,



If the above picture has caught your eye sufficiently for you to want to read this, you have the call of the sea in your veins. Sailing, a challenging recreational activity, is now available to all active duty and retired personnel and their dependents through the Treasure Island Naval Sailing Club. For further information on sailing lessons, recreational sailing, racing, and club social activities, contact Dr. Bill Fors at 639-2143. (Picture compliments of Larry Duncan)

Scuttlebutt

WHEN FRIENDS SAID "SMOOTH SAILING" to LT Sharon Walcutt, NC, as she checked out Monday morning, they meant it, for after a cross-country trip with stops at Los Angeles, Disneyland, Tijuana, Denver, New York, and her parents' home in Lima, O., she will return to her San Francisco apartment to prepare for her first cruise as a nurse with American President Lines. Sharon Gallant, another former NH Oakland Navy nurse is already smoothly sailing with APL, Miss Walcutt reports.

FYI: Those daring young men dangling from scaffolds last week were sealing and making adjustments on double-hung sashes on all nine floors of the building, says Public Works.

SIGHTS & SOUNDS: The lawn coming up like green velvet over the landscape. . . . A cairn at the curl above the emergency turn-around not saying whom its guiding where. . . . Glamorous Sally Lind of the OOD's office heading for Honolulu to seek fun and fortune. . . . Mrs. Warner, ward clerk, running across the parking lot—as gracefully as a woman can. . . . Mr. Julius after asking some simple question: "I am curious (purple)". . . . HMI Dean Olson of Operating Services heading for Healds' College, San Francisco, to become a programmer. . . . Anna Mae Taylor preparing to celebrate another wedding anniversary—her 27th—at Reno tomorrow. . . . Mullie Jack and Maxine Hutchins touring CIC, where both used to work, Mullie as publications editor, Maxine as chief biochemist.



At the Volunteer Appreciation Tea, Red Cross recreation worker Joan Gibbons chats with Volunteers Linda Loy, from Oakland Chapter, and Russell Lee from Berkeley. This is Linda's third summer as a Volunteer.

Russell Lee, Janice Lopez, Marva Reed, Marianne Salas, and Rob Simpson.

Oakland Chapter Volunteers were Cindy Addis, Marilyn Axup, Sherry Carabello, Janet Caruso, Sally Cook, Thomas Coyle, Marva Culbreth, Carol Denego, Marilyn Duke, Paula Fernandes, Julie Gray, Sheila Gulley, Leslie Heskin, Elizabeth Hicks, Shelly Hillman, Leilani Ho, Pam Kalish, Marilyn Kayatani, Patti Knoblich, Gloria and Linda Loy, Marilyn Michaelson, Lynn Morten, Linda Per-

scheid, Margaret Peterson, Carolyn Reed, Melanie Roberts, Sandra Roque, Cheryl Rose, Laura Schalla, Shirley Slosser, Ruth Ann Sutter, and Deana Young.

Teenage volunteers from West Contra Costa Chapter were Jan Bettencourt, Della Farrell, Donna Gonsalves, Debbie Hays, and Julia Robinson.

Three girls spent their third consecutive summer working at the hospital this year — Debbie Hays, Patti Knoblich, and Linda Loy.

The OAK LEAF



Vol. 31, No. 21

NAVAL HOSPITAL, OAKLAND, CALIFORNIA

Friday, 17 October 1969



QMC Donald J. Love was among the 17 amputees who bagged deer last weekend on the fourth annual deer hunt hosted by veterans organizations and citizens of Humboldt County.

17 Amputees Bring Back 22 Bucks From Annual Humboldt Hunt

Seventeen NH Oakland nimrods bagged 22 bucks last weekend in Humboldt County, where they were guests at the fourth annual deer hunt coordinated by Humboldt County Veterans Service Officer Erv Renner.

Flown to McKinleyville Airport from NAS, Alameda, Friday morning, the hunters lunched on sea food at Lazios and, with hunting dogs, jeeps, guns, and licenses provided by the hosts, were soon en route to the Roy Fulton Ranch, where the hunting was good. Good for almost everyone.

EN2 Dan Alverson was awarded the trophy for biggest buck; LCPL William Bean got the smallest buck. Then there was MMC Lawrence Druce. Chief Druce saw 15 bucks, shot at five, the last of which was broadside only a few yards away, but when he squeezed the trigger, the chamber was empty. And LCPL Jimmie Gilliam didn't see a single buck.

Others enjoying the hunt, steak barbecue, and breakfast at the Fulton Ranch, the banquet at Eureka Inn, where 200 turned out to honor them, a gin fizz breakfast at the Veterans Memorial Building, and trap shoot at the airport, were CPLs Douglas Pierce, Floyd E. Knapp, Robert G. Wade; LCPLs Michael McCann, Jerry Johs, William C. Beck, Alman Bocock, Richard Thomas, William A. Ashbrook, Leon B. Sengstock, SGT Richard

T. Hudson, SGT Denham Johnson, and QMC Donald J. Love.

Attendants were LCDR Lynn R. Frary, HMC Charles D. Hanna, and SGT Corbit A. Ray, USMC, Ret.

Coming 25 October

Venison Feast For All Hands

The hunt is over, but the venison is still to be devoured by the hunters and their guests at a big all-hands barbecue to take place at the hospital picnic area Saturday, 25 October, from 1100 to 1600.

The Humboldt County folk who hosted the hunt have been invited to attend, as have Jim Lange, Cottonseed Clark, members of the

(Continued on page 2)

Navy to Be Honored Week of 24 October

"He's a man, doing a man's job, for God and Country. Be proud of him." This is the tribute to Navy-men being carried to the American public by Navy League in connection with Navy Day, 27 October. The day will be celebrated from October 24 through October 31.

Navy Day this year commemorates the 194th birthday of the Navy. The date, was originally selected because it marks the day in 1775 when the Continental Congress received a bill providing for the creation and establishment of a fleet to protect the lives and property of a young and struggling nation. Additionally, it's the birthday of President Theodore Roosevelt, who is recognized as the father of the modern Navy.

Reservations a Must For Children's Party

The staff children's Christmas party is scheduled for 1330 Saturday, 13 December, and already Special Services is gift shopping and lining up cyclists, clowns, and canines—everything to delight the hearts of children 12 and under.

Reservation forms will be available 20 October at Special Services. They **MUST** be completed and exchanged for party tickets not later than 14 November so that SANTA will be sure to have a gift in his pack for YOUR child.

CDRs Anderson, Langevin Honored by ACS

CDR Jack A. Langevin of the Surgical Service and CDR Martin G. Andersen of Neurosurgery were among 28 Navy surgeons inducted as Fellows of the American Col-

Food Service Stars

CFC Nets \$3,160 In First Weeks

The Combined Federal Campaign is now in full swing. With the completion of the second week on 10 October, 27 of the 34 reporting units had turned in partial reports. Thus far, 294 gifts have been received, totaling \$3,160. Giving has averaged \$10 per person.

The highest per capita gifts so far have been from the office of the Commanding Officer, the Red Cross, and the Chaplain's Division.

According to Chairman Martin, the most outstanding job thus far by any of the services or larger divisions has been done by Food Service. Coordinator Szyzkiewicz reports that all keymen have turned in substantial reports to him. At the close of the last report period, Food Service was responsible for 50 gifts, totaling \$749.35. Many of those in Food Service are giving through the payroll deduction plan.

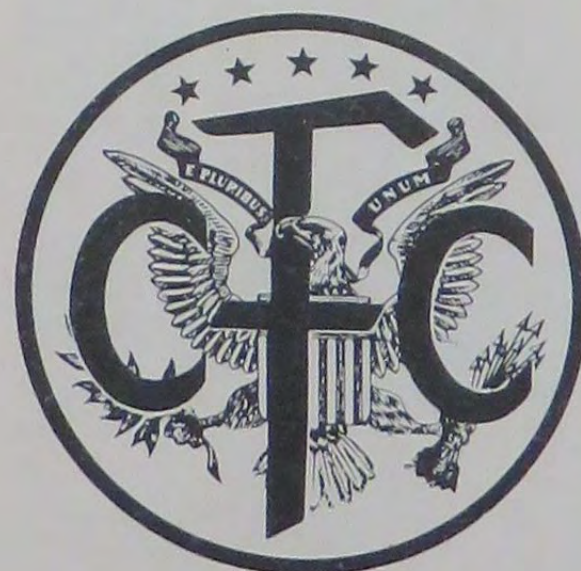
Although none of the services and divisions has completed its work as yet, it is already apparent that several will come close to the goal of every member participation by the close of the campaign on 31 October.

lege of Surgeons in ceremonies held during the organization's 5-day clinical congress in San Francisco's Civic Auditorium during the past week.

Why Do We Give to CFC? Hundreds of Good Reasons

Why give to CFC? Because it supports the United Bay Area Crusade, which includes nearly two hundred agencies that make the community a better place to live and work, a happier, healthier place for the young, the old, the ill, and the underprivileged. It includes organizations that help the serviceman and his family, such as Red Cross and USO.

It supports chapters of 13 national health agencies such as the American Cancer Society, National Kidney Foundation, National Society for Crippled Children and



Adults, and the American Heart Association.

The Combined Federal Campaign also supports four organizations dedicated to relieving human misery abroad — Project Hope, CARE, American-Korean Foundation, and Planned Parenthood — World Population.

Each donor has the privilege of designating which of the many beneficiaries he wishes to receive his contribution.

Be ready when your keyman calls.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer
CAPT. G. M. Ricketson, MC, USN, Executive Officer
CDR R. V. L'Italien, MSC, USN, Administrative Officer
Editor: Dorothy Thompson
Photography: Medical Photo Lab

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+ + CHAPLAIN'S CORNER + +

YOUR UNIFORM

Anyone in the service can readily tell you about Benedict Arnold. We all know that he began his career in the Revolutionary War as a thorough-going patriot. He did well, and praise was heaped upon him. He was praised by General Washington personally. But as fortune would have it, five officers of lower rank were promoted over him. He became discontented and was not even mollified when he received command of the fortress at West Point. He made arrangements with a Major Andre to betray the fortress to the enemy without firing a shot. As we all remember, Major Andre was caught, the plot discovered. Benedict Arnold took refuge in England. There he lived a lonely life, despised by those whom he had betrayed and not trusted by those to whom he had betrayed them. He died a lonesome man. Strangely enough he had always kept his American uniform with him. When he felt he was dying he put it on. Among his last words were, "Let me die in this old uniform in which I fought my battles. May God forgive me for putting on any other." Sad words of a sad man.

St. Paul in his Epistle to the Ephesians (6:13-17) tells us to put on the uniform of Christ. "Therefore take up the armor of God, that you may be able to resist in the evil day, and stand in all things perfect. Stand therefore having your loins girded with truth, and having put on the breastplate of justice, and having your feet shod with the readiness of the gospel of peace, in all things taking up the shield of faith, with which you may be able to quench all the fiery darts of the wicked one. And take unto you the helmet of salvation and the sword of the spirit, that is, the word of God." That is the uniform of Jesus Christ, the uniform of a Christian. You can tell what army a soldier belongs to by his uniform. When you accepted Christ, you put on His uniform.

Any act which shows that you love yourself more than Christ shows that you are a traitor to His cause. Even among the first twelve there was a traitor. None of us wants to disgrace our uniform, wants to be a traitor. Everyone despises a traitor—those whom he betrays and those to whom he goes. Wear your uniform with pride. Make up your mind that you will never set it aside for any other livery. Make up your mind that you will not be like Benedict Arnold, saying "Let me die in this old uniform in which I fought my battles. May God forgive me for putting on any other."

LT EDWIN V. BOHULA, CHC, USN
Catholic Chaplain

Death Claims Mr. Swofford

Deepest sympathy is extended to Vivian Swofford, whose husband, LCDR W. S. Swofford, MSC, USN, Ret., died here 5 October. Mr. Swofford was well-known at the hospital, having served

three tours of duty here. He was Food Service Officer when the hospital was commissioned in 1942 and later served as Chief of the Personnel Division. Mrs. Swofford is secretary to the Chief, Medical Service and the Graduate Training Program.



At the Officers' Wives' Club Welcome Aboard Brunch 10 September, the many activities available to wives were displayed in attractive booths. Signing up for a course in flower arranging is Mrs. R. P. Buedingen, a new member whose husband is a Urology Resident. Looking on are Mrs. G. M. Ricketson, chairman of the brunch, and Mrs. V. M. Holm, president of the O' Wives Club.



CAPT G. M. Ricketson, XO, presents Miss Marie Tully of ARC a commendation—from Letterman Army Hospital.

New ARC Recreation Supervisor Commended for Service to Army

It isn't every day that the Navy presents an Army citation to a Red Cross worker, but that's what happened shortly after Miss Marie Tully reported here from Letterman General Hospital to relieve Mrs. Helen Bickley as she departed for a new job at Hayward Red Cross Chapter.

Miss Tully's citation "for exceptionally meritorious service to Letterman from January 1967 to September 1969" was presented by CAPT G. M. Ricketson, Executive Officer. It was signed by MAJGEN F. J. Hughes, Jr., Commanding General of Letterman.

"She worked tirelessly to provide the most complete coverage and the highest quality recreation program this hospital has enjoyed for many years," the general's letter said of Miss Tully. The letter also praised Miss Tully's evenness

of temperament, mature judgment, unfailing spirit of cooperation with all levels of the hospital staff, and her zealous pursuit of the goal of enriching the patient's idle hours."

Miss Tully has devoted 21 years to Red Cross. Just before her tour at Letterman she served for three and a half years in Germany, first as Field Director at Army Headquarters in Heidelberg and later at Bitburg Air Force Base. She had duty here at NH Oakland briefly in 1957 and again from 1957 to 1961.

Miss Tully, originally from Dubuque, Iowa, now makes her home in Danville. She has her AB in music from the University of Iowa and her MA in Fine Arts from Northwestern University, Evanston, Ill., and did additional graduate work in psychiatric recreation before joining Red Cross.

Danger May Lurk in a Dark Halloween Mask—A Few Safety Hints for Ghosts and Goblins

As Halloween approaches, the familiar phrase, "Trick or Treat," will be chanted by children's voices across the nation.

Darkness hides danger—particularly with the Halloween masks and dark-colored costumes frequently worn by the small fry goblins. Why not change to makeup instead of masks this year? It will be fun for the youngsters to apply, under proper supervision, and they will be seen more readily by drivers.

Of course small children should not be on the streets alone after dark.

When costumes and masks are worn parents should:

Be sure the costume has a lot of white or light color on it—or use some reflectorized material to assure better visibility.

Be sure masks have nostril holes adequate for comfortable breathing.

Children who normally wear glasses would be wise not to wear masks—makeup is particularly good for them.

Some additional precautions to follow for a fire-safe Halloween are:

Avoid wigs and masks with fibrous hair. Be sure children understand they must stay away from open flames—especially when wearing flimsy, flowing costumes.

Never let children carry a pumpkin lighted by a candle.

Have a responsible person with the youngsters all the time.

Motorists should remember when driving in residential areas to be particularly alert for children crossing the streets and darting out between parked cars. You are the adult—it is up to you to watch out for them!

Barbecue

(Continued from page 1)
Oakland A's, other celebrities, and plenty of hostesses.

The Ampex Military Acknowledgement Committee is organizing the gala event, which will have a country and western atmosphere.

The Mayors of Redwood City, Hayward, and San Leandro, and Johnny White, owner of Horns of the Hunter will serve as chefs at the barbecue. Food Service will cook the beans and hot dogs and brew the coffee.

HMC Charles D. Hanna of Special Services is coordinating all arrangements for the big event.

Know Your.Staff



The new admiral's new aide is becoming accustomed to his aiguillettes and new duties. Before being assigned as Admiral's Aide and Assistant to the AO, ENS Michael Ware, MSC, USNR, was the hospital's first administrative intern, rotating through Patient Affairs, Outpatient Service, Personnel, and Fiscal and Supply—learning how they operate.

Now his duties are different, but he's still learning. He accompanies Admiral Mahin on social and military calls, assists him at award presentations, guides VIPs on tours of the hospital, and helps the AO with administrative matters.

Ensign Ware entered OCS 23 November 1968, was commissioned 11 April of this year, and arrived here 5 May. But his association with the Navy began way back on 13 September 1945, when he was born at NH, Mare Island. His father was on duty at the Navy Amputee Center there, and when it moved to Oakland in 1950, the Wares, including 5-year-old Michael, came along.

Father and son ("I was raised all over") have traveled far since those days. CAPT Robert Ware, MSC, is now serving as Medical AO on the staff of the Chief of Naval Air Training, Pensacola, and Executive Assistant to Admiral Irons, CO of the Naval Aerospace Center.

The friendly young officer in 1968 earned his AB in psychology at San Diego State, and it was there he met his wife Linda. She is now working at the Oakland Office of Blue Cross.

Ensign Ware's major hobby is golf. He's given Linda clubs, "but I haven't the patience to take her out on the course yet." He was on the station golf team and a member of the winning intramural softball team.

The Wares enjoy taking off on weekends. During a recent visit of his brother from San Diego, they saw Sausalito Friday night, Lake Tahoe Saturday, and Monterey Sunday! And he made it to work on Monday!

1,000,000th Meal In New Hospital

Food Service reports that on 11 September the 1,000,000th meal was served in the new building. "But," said HMCS Ski Szyzskiewicz, Assistant Food Service Officer, "we were so busy with our usual chores that we failed to take note of who ate it!"

Scuttlebutt

BACK FROM A ROUND-THE-WORLD honeymoon are LCDR Thomas J. McGeoy and his bride, the former Miss Kumiko Arimoto. Their trip included visits to London, Paris, Rome, Athens, Crete, Beirut, Hongkong, and Tokyo. Until the two exchanged marriage vows in San Francisco 3 September, Kumiko was a Pan American stewardess; "so naturally we flew Pan Am." The new Mrs. McGeoy lived in Hiroshima, Japan, until her parents brought her to this country at age 14. Doctor McGeoy, of Urology Service, was originally from Baltimore, Md.

THE WHIRLWIND ROMANCE of Mrs. Katherine Larabee and Fred Taylor culminated in marriage Tuesday night when the couple exchanged vows in the hospital chapel, with Chaplain Austin officiating. LTJG Richard R. Welch and his wife Carol attended the couple, and the bride's daughters Kim and Heidi, were members of the wedding party. The new Mrs. Taylor is a medical coding clerk, Mr. Taylor, a retired HMC, House-keeping Officer. They'll live in the Forest Park section of Oakland.

AND IN THE CHAPEL at 1830 today, two young enlisteds — HA Christine Martin of 8E and HN Barry Bryson of EKG will say "I Do." Christine is from Baldwin, Kan.; Barry from Hollyridge, N. C. Bryson has been here one year, Christine, two weeks!

BREATHE DEEPLY: Next week is National Cleaner Air Week.

SIGHTS & SOUNDS: LCDR Richard P. Buedingen tooling along in his elegant Bentley. . . . CDR Helen Furmanchik departing for Roosevelt Roads, Puerto Rico, there to serve as senior nurse at the Naval Station. . . . Handsome HMCS Conger carrying the gold mace at the head of the procession at the convocation of the Clinical Congress of the American College of Surgeons at SF's Civic Auditorium last Thursday night. . . . Frances Painter of Legal & Keith Smith of Education & Training a newsome twosome. . . . ENS Christine Campbell, NC, moving up to JG. . . . CDR Robl pointing out that radiologists don't use stethoscopes.

HOSPITALUMNI NOTE: RADM J. Q. Owsley (CO 22 March 1955-1 July 1958) with Mrs. Owsley, up from La Jolla, and Dr. J. Q., Jr., now a plastic surgeon on the staff at U. C. Medical Center, were here last week to see old friends and new facilities.

LIFE BEGAN 19 September for John Herman Cooper, III, 4 lb. 14 oz. son of DT1 John H. Cooper of Dental Service (67A) and wife Julia Ann. . . . 24 September for Stephanie Lynn Range, 7 lb. 5 oz. daughter of HM3 Michael J. Range of 6 NE. . . . 3 October for Susan Eileen Myster, 6 lb. 2 oz. daughter of LT Stuart H. Myster of Pathology and wife Eileen. . . . 2 October for Brian Keith Woods, 7 lb. 13 oz. son of LT Allen O. Woods of Outpatient Service and wife Thomasina. . . . 5 October for Thomas Patrick Malone, II, 5 lb. 12½ oz. son of LT Patrick T. Malone of NP Service and wife Elaine. . . . And 8 October for April Anne Fisher, 7 lb. 4 oz. daughter of HM3 Earl T. Fisher of OR and wife Toni.



NEPH Week Brings Mr. Ray's (Dis)Ability into Focus

"I had always wanted to be a state trooper, had been accepted for the South Carolina Highway Patrol, and was rarin' to go," said Corbit Ray, when he recovered from the surprise of being interviewed in connection with National Employ the Physically Handicapped Week.

The Korean War intervened, and instead Mr. Ray teaches arm and leg amputees how to use their new prostheses. He's an expert with upper extremity amputees, for he lost his good right arm above the elbow as a result of combat wounds. He's equally good at gait training, and in the photo above he gently assists as MMC Lawrence Druce takes his first steps without the walking bars.

"I always feel a strong personal satisfaction in helping patients get back on their 'own two feet'," said the boyish hazel-eyed, well-tanned instructor, who joined the staff as a civilian following his retirement from the Marine Corps in 1951. And with a chuckle he agreed that he's probably a lot safer here—maybe he'd not even be alive if his dream of being a state trooper had come true.

Mr. Ray is involved in driver training for handicapped patients. He hunts, fishes, bowls, shoots skeet, and has a happy home in Castro Valley with his wife Betty, daughter Susan, 17, and son Thomas, 15.

And he's proof positive that employing the handicapped is good business.



SWORN IN on 12 September for another hitch in the USN were HM2 Russell T. Lazott of Urology, HM1 Kathryn M. Landers, MAA of the WAVE Quarters; and HMC Clifford C. Sallee of the Laboratory. HM2 Lazott shipped over for another six years under the STAR program. HM1 Landers and HMC Sallee each reenlisted for three.

Dental, PT/NPRL Tied at Top Of Seven-Man Football Series

By Ron Brown

In Monday's seven-man football game, Dental's combination of Conlon to Mathews proved more than Special Services could contend with, as the pair combined for four touchdown pass-and-run plays of 33, 50, and two 25-yard plays. Conlon passed to Shields for two PAT and to Boldrini for one, to pile up a score of 27 to Special Services' 0. The win gives Dental a share of the tie for first with PT/NPRL and sets up a showdown game between these two teams for Monday at 1700. The winner of this game will take over undisputed possession of first place.

The League Standings as of 14 October follow:

Team	Won	Loss
Dental	3	0
PT/NPRL	3	0
Special Services	3	1
X-ray	2	1
NP	1	3
Lab	0	1
Proj 49	0	3
Security	0	3

Other games of the past fortnight went like this:

PT/NPRL Drubs NP

PT/NPRL made it two in a row 1 October as they battered NP 32-12. Ed Niec opened scoring on a 10-yard aerial shot from Paul Bonarrigo. Niec also caught the pass for the PAT. Later in the same period Bonarrigo threw a 50-yard pass to Niec for the second score. The try for point failed.

Bonarrigo had himself a good day as he took the ball on the 40 and knifed his way down the field through several possible de-flaggers and worked his way to pay dirt for the third TD for PT/NPRL. In the second half, Bonarrigo connected with Lewis for two passes and two touchdowns on shots of 50 and 40 yards. Both tries for the extra point failed. This rounded out PT/NPRL's scoring.

Baker of NP, displaying a good passing attack, threw touchdown passes of 10 yards each to Coltharp and Hall. No PAT on either TD.

PT/NPRL Cools Off X-Ray

After leading at half-time by a score of 13 to 0, PT/NPRL under the steady guidance of Paul Bonarrigo went on to score 20 points in the 2nd half and wrap up a 33 to 6 victory over unbeaten X-Ray.

Ed Niec opened the scoring on a 15-yard pass from Bonarrigo.

Late in the first half Bonarrigo scampered into pay dirt from the 5-yard line. Niec had connected on a pass from Bonarrigo after the first touchdown to account for the 13 points.

In the second half, Sherrill caught a diagonal pass from Bonarrigo just outside the 5-yard line. Bonarrigo scored the conversion on a run around end.

Using his blockers to perfection, Bonarrigo threaded his way down the side-lines for 35 yards and pay dirt midway in the second half, Niec again scoring the PAT to make the score 27 to 6. Late in the second half, Bonarrigo again threw an aerial shot to Lewis on a criss cross play good for 40 yards and their 33rd point. The conversion failed.

X-ray scored its single touchdown on a 30-yard pass from Weaver to Brock. Weaver's pass for the PAT was overthrown. Final score PT/NPRL 33, X-ray 6.

Dental Clobbers Proj 49

Dental dealt winless Project 49 the runaway score of the season 7 October as they capitalized on many Project 49 errors to go on to a 76-6 whitewash.

One play the fans will not forget, nor will Larry Webb of Dental, was the opening play of the game, when Lewis of Proj 49 connected on 60-yard pass and ran the play to Amos for their only score. This gave the 49ers a short-lived lead. But from then on, it was Dental all the way with Tom Conlan connecting on five touchdown passes of 25, 11, 11, 40, and 35 yards to Shields,

Mathews, Boldrini, Mathews, and Shields.

"Rambling" Dave Mathews, displaying great speed with timely broken-field running, scored two extra TDs on a 40-yard pass interception and a 35-yard punt return. Greg Shields of Dental had one of his best days, highlighted by a 60-yard kickoff return on the opening kickoff of the second half. Others scoring for Dental were Borden, 2 touchdowns, and Darby.

Special Service Noses Out NP

Special Services was hot on the tail of unbeaten Dental and PT/NPRL as they made it two in a row over NP on 8 October by a score of 26 to 18.

This was a "rock and sock" game from the opening kick-off, with many penalties assessed against both teams throughout the game.

NP opened the scoring late in the first half on a 25-yard pass from Baker to Heiser. Special Services got into the scoring column in the closing seconds of the first half on a 20-yard pass from Parker to Welch. Parker also connected on a pass to team captain Nat Sessions for the PAT.

Half-time score was 7 to 6 in favor of Special Services.

NP scored 2 touchdowns in the 2nd half on a 3-yard scamper by Baker, and later on a 35-yard pass and run play to Coltharp to end NP's scoring.

White of Special Services scored the second touchdown for his team on a 50-yard kick-off return. Special Services scored two more touchdowns on a "razzle dazzle" pass and lateral play from Parker to Dunlap to White; good for 45 yards and pay dirt. The final score came on a 7-yard pass from Parker to Sessions.

Special Serv Dumps Proj 49

Special Services on 9 October came back in the second half to score 37 points coupled with 6 in the first half to knock off a winless Project 49 by a score of 43 to 0.

Ball control was the strategy of the 49ers as Special Services only had their hands on the ball three times in the first half, this being the reason they could score only 6 points.

But strategy failed in the second half as the 49ers gave way to Special Services powerhouse as they scored their 37 points on passes from Parker to Welch, Dunlap and White. Welch scored again on a 38-yard aerial shot from Dunlap.

Silvera got into the scoring column on a pass interception and running from the 15-yard line into the end zone for the score.

Badminton, Anyone?

Men and women badminton players are wanted to represent the command in 12ND tournaments to be held at Moffett Field in mid-November.

The 12ND Men's tournament is scheduled for 12-14 November and the women's for 18-19 November, beginning at 1900. Each command may enter four singles and two doubles teams.

The tournaments are open to all active duty military personnel, officer or enlisted. Deadline for entries is 10 November. Contact Ron Brown, Director of Athletics, at Ext. 2350 for entry information.



NEW RATES for these staffers were effective 16 September; so belated congratulations to HM2 James R. Tisue, YN2 Robert L. Read, Jr., HM2s Gary W. Joyce, John P. Fenalson, and Richard J. Hess, and SD1 Armando P. David.



ALSO MOVING UP a rung on the ladder of success are HM3s Susanne G. Behrer, Randy V. Brogdon, Gregory Shields, Larry R. McCarthy, Jeffrey E. Crow, Sam H. Hughes, and Herbert Hollinshead.



Another Class of NP Technicians was graduated 19 September. Members are, from left, HN William Ortiz, HM3 Van Johnson, HN Robert Knight, HM3s William Shryer, Richard Lomax, Erdmann Holston, Thurman Robbins; HN Ronald Fox, and HM3s Clinton Gortney and David K. Miller. HM3 Gortney was the honorman. Seated are LCDR Kenneth D. Rashid, Clinical Director of the NP Tech School; CDR Victor M. Holm, Chief of the Neuropsychiatry Service; and CDR Marie T. Gendron, Nurse in Charge of the school.



HM2s William J. Clothier and Ronald A. Friend, flanked by their instructors, posed for this picture as they completed their Orthopedic Appliance Technician's training 19 September and prepared to depart for NH, Philadelphia. With them, from left, are Harry Hughes, CDR Donald W. Rohren, NPRL Director; and Donald Strand.



ANOTHER LAB TECH CLASS was graduated 26 September, its members heading for new duties from coast to coast. From left, the grads are HM3 Jesus Clarin, who was ordered to Naval Station, Long Beach; Honor Man HN Craig G. Price, now at AFEES Fort Jackson, S. C.; HN Timothy D. Jung, NH, Pensacola; and HM3 Wilbur R. Young. AFEES, Pittsburgh, Pa. In the back row are LCDRs Daniel J. Kelly and Joseph G. Gregonis of the Laboratory Service and HMC James Duranceau and HM1 A. C. Short, instructors.

The OAK LEAF

NAVAL HOSPITAL, OAKLAND, CALIFORNIA
Vol. 31, No. 22 Friday, 31 October 1969

\$6,744.80

Week to Go For CFC

With one more week to go, total contributions to the Combined Federal Campaign last Friday stood at \$6,774.30. This represented a total of 793 gifts, of which 48 were fair share gifts. Of those who gave, 548 gave cash and checks in the amount of \$2,971.30; and 245 gave through the payroll withholding plan in the amount of \$3,802.

Last year the total number of donors was 1,170, with gifts totaling \$8,258.49. This means that to equal the record of last year the last report period should bring in 377 contributions totaling as much as \$1,484.19. While advised that most military units in the Bay Area are reporting less than last year (presumably due to personnel reductions), Chairman H. L. Martin has expressed the determination that if at all possible the report from the Oakland Naval Hospital will show a substantial gain.

At press time, chiefs of services and divisions were being telephoned, along with coordinators, and being urged to make the final report week the greatest ever, and to come as close as possible to every-member contribution.

CDRs Dean, LeBlanc Selected for Captain

Two staff doctors have been selected for promotion to captain's rank, according to a recent ALNAV. They are CDRs Harold N. Dean, Chief of Anesthesiology; and Gilbert A. LeBlanc, Chief of Urology.

Selected for Commander were Joseph G. Gregonis of Laboratory, Thomas J. McGeoy of NP, Ronald E. Hillenbrand, DC, and Billy D. Roberts, MSC.



CAPT Rita Lenihan, Director of WAVES and Assistant Chief of Naval Personnel for Women, will be aboard the afternoon of 6 November for a tour of the hospital and a visit with Hospital Corps WAVES.

Captain Lenihan, appointed to her present post in September 1966, is in charge of more than 8,300 women in the Navy. On a five-day tour of Bay Area naval installations she will meet with some 400 WAVES, including the 60 currently on duty here.

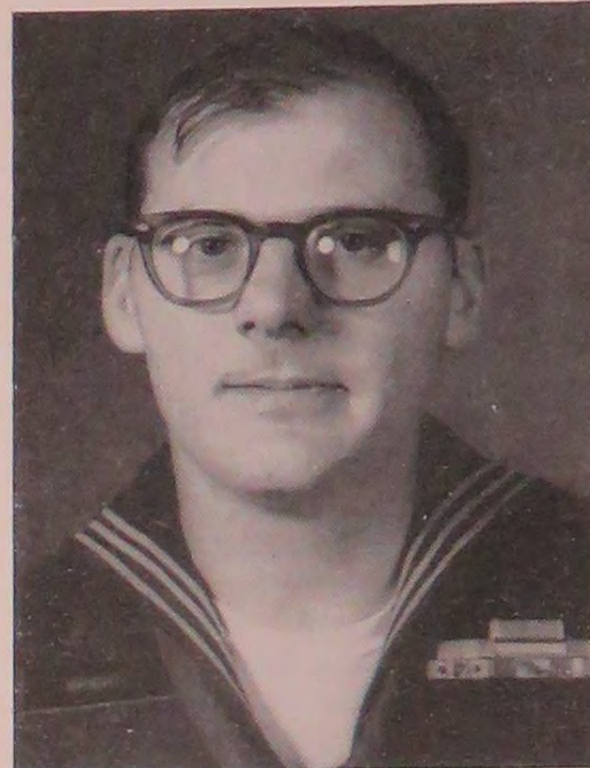
SECDEF Sends Veterans Day Greetings

On this 11 November, all citizens of our Nation will have the opportunity to honor the veterans of our Armed Forces. This is indeed an appropriate time for prayerful reflection on the contribution which they have made to our security throughout our history.

America must never forget the legions of brave men and women who have served in our Armed Forces to guarantee our freedom. Their sacrifice stands as an eternal monument to the valor and dedication they have displayed in time of crisis and conflict. Selflessly they have fought against aggression to ensure our survival.

This heritage of devoted service brilliantly illustrates the importance of the role which you fulfill today as members of our Armed Forces. Our Nation relies upon each of you to maintain the strength of our defense posture to protect our freedom.

Melvin R. Laird
Secretary of Defense



HM2 Edwin D. Wright

HM2 Wright Is Sailor of Month

HM2 Edwin D. Wright, named Sailor of the Month for October, will receive a letter from the CO and the customary cash award at personnel inspection today.

The award recognizes Wright's outstanding performance of duty in Education and Training, where, without previous experience, he took over the administrative aspects of the division, displaying mature judgment, tact, and human understanding. By giving many hours of his own time he has kept up with the voluminous paper work of the division. Particularly noteworthy is the fact that there have been no discrepancies on worksheets submitted from this hospital to the Great Lakes Examining Center on the last three Navy-wide examinations for advancement.

Wright, whose home is Shenandoah, Iowa, has been in the Navy three years and seven months. After boot camp and corps school at Great Lakes, he spent a year in Vietnam with the Third Marine Division before joining the staff of this hospital.



Admiral Mahin presents CAPT Vernon H. Fitchett of the Surgical Service the Legion of Merit for Vietnam Service. Looking on is the captain's wife Kathryn.

Captain Fitchett's Vietnam Service Earns Him The Legion of Merit

CAPT Vernon H. Fitchett, who reported 23 July as Assistant Chief of Surgery, has received the Legion of Merit with Combat "V" for outstanding service to the Station Hospital, U. S. Naval Support Activity, DaNang, from June 1968 to June 1969.

Captain Fitchett was responsible for the training and accomplishments of Surgical Service medical officers, nurses, and operating room technicians during a period when the hospital admitted approximately 22,000 patients, of which more than a third were combat casualties. He supervised more than 7,000 operative procedures and personally cared for hundreds of the more severely wounded. He operated the hospital's triage system, whereby casualties were rapidly evaluated and treated. The citation praises Doctor Fitchett's "skill, patience, organizational ability, calm judgment during times of crisis, and superb leadership in the day-to-day handling of casualties despite frequent savage enemy and rocket and mortar attacks on the hospital."

This was the captain's second tour of duty in DaNang. He was there from 1964 to 1965 as a commissioned officer of the U. S. Public Health Service on loan to AID. On that tour his wife Kathryn, a former Navy nurse, accompanied him but was among the American dependents evacuated in February 1965.

The 42-year-old captain from Storm Lake, Iowa, has a total of 14 years of active duty in the Navy. He began his career as a PhM2 in Manila in 1945 but a year later returned to civilian life to resume his education. He earned his MD from the University of Iowa in 1953 and interned at NH Bremerton. Subsequent assignments took him to sea aboard the USNS GEN M. M. PATRICK and USS LITTLE ROCK, to NH St. Albans for three tours of duty, and to Camp Pendleton. At St. Albans, he had his surgical residency under Admiral Mahin. There also he met Mrs. Fitchett.

Dr. Fitchett is certified by the American Board of Surgery and is a Fellow of the American College of Surgeons.

For the convenience of patrons, the Navy Exchange Store will be open Saturdays from 0900 to 1500 from now until Christmas.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer
CAPT. G. M. Ricketson, MC, USN, Executive Officer
CDR R. V. L'Italien, MSC, USN, Administrative Officer
Editor: Dorothy Thompson
Photography: Medical Photo Lab

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

AN APPEAL TO NONCONFORMITY

A few weeks ago there was brought to my attention the newspaper account of a hippie wedding. The uniqueness of the event has called forth a feature article, with several photographs depicting the unusual manner in which some had dared to defy convention of longstanding.

The hippies represent a voice on the American scene, a voice that is crying out against the creeping conformity of which we all are becoming a part. Nations are becoming more and more alike in clothing styles, in food preferences, and in designs for architecture. Communism has as its aim the losing of the individual in the masses. And democracy, if safeguards are not put up, tends to produce the mass mind, the bandwagon mentality. Education looks to the norm and gives chief emphasis to the development of the average student. Society in general encourages conformity by building up the pressure of opinion and by creating the desire for security.

It is interesting to note, however, that even the way-out people, including the hippies, while crying out against conformity, are creating standards of their own and encouraging those about them to get with it, man, get with it!

While this is true, those with courageous nonconformity of the right type have been the real makers of history. The inventions of Thomas A. Edison, the discoveries of Columbus, the studies of Louis Pasteur, and the thinking of Aristotle, were all done while men mocked. The writings of Dickens and Thoreau cried out against the established thinking of the day.

At Aberdeen University there is an inscription: "THEY SAY. WHAT DO THEY SAY? LET THEM SAY."

Remember that Jesus Christ was crucified for one reason: He was a nonconformist. He dared to swim upstream while others were drifting downstream. He dared to be a thermostat rather than a thermometer. A thermometer merely registers the temperature; a thermostat controls it.

The Gospel calls for Christian nonconformity: "Be not conformed to this world: (Romans 12:2). The basis for Christian nonconformity Paul set forth for the Romans: They have embraced the doctrines of Christianity; they must now proceed to the practice of Christianity. This includes a willingness to be different from people in general. As Karl Barth warned the Christians in Hungary, true Christianity always moves "against the stream."

Christian nonconformity demands sacrifice. In Old Testament times men brought their offerings in the form of animals, which they slew; but Christ brought about a new order of sacrifice. No longer do we slay the beast as symbolic of the giving of life and as an expression of dedication to God; rather do we give ourselves as living sacrifices. It is easy to die for God and for truth. It is harder to live for Him.

But being a nonconformist in this sense is supremely worthwhile.

LT H. LAWRENCE MARTIN, CHC, USNR

Charcoal Briquets Should Stay Outside

Do-it-yourself barbecue chefs should do their barbecuing out in the open. Otherwise, warns the National Safety Council, what starts out as a festive meal may end in tragedy.

Many persons regard charcoal briquets as perfectly harmless to use indoors, never dreaming that large quantities of carbon monoxide

can accumulate. The Council points out that you need plenty of air to get rid of the poisonous gases from burning charcoal. As with coal, the combustion process generates the odorless but deadly carbon monoxide gas that must have room to escape. Poisonings and even asphyxiations have been reported when briquets were burned indoors.

Don't use briquets in a garage or basement or any other enclosed area such as a porch, tent, cabin or car.

The same caution applies to Japanese-type hibachis, sometimes used on dining room tables. Symptoms of poisoning from using hibachis in tightly closed houses have been reported.

If you absolutely must use a hibachi indoors, place it near an open window or door as a sensible precaution against accumulation of carbon monoxide.



From the Judge Advocate

A recently passed California Statute provides that a minor's driver's license may be suspended for one year when he has been found guilty of unlawful possession of marijuana or other drugs.



The sink in the CSR of 6W is a perfect place for a bubble bath for 2½-year-old Dale Bowman, whose father James oversees the daily dunking.

For 2½-Year-Old Dale - Mother's Room, Father's Care and Daily Bubble Bath

There's a young fellow here who gets a bubble bath every day and shares a room with a female patient on 6W.

The handsome, brown-eyed bubble-bather is 2½-year-old Dale Scott Bowman. His "roommate" of course is his mother Yoshiko. They are the dependents of PC2 James E. Bowman of 76B.

Mother, father, and son were injured last April when their car was hit by a logging truck near Garberville as they drove north from Long Beach (home port of Bowman's ship, the USS REEVES) to his home in Kirkland, Wash. Dale was rushed to Eureka for special treatment. His parents spent ten days in a civilian hospital before their condition permitted transfer here 25 April.

The serviceman's injuries — a head cut, six broken ribs, and a leg injury are nearly healed, but months of treatment lie ahead for his wife and son. Each suffered serious internal injuries. Each has undergone surgery three times. Dale is paralyzed from the waist down.

"PT. Go to PT," Dale chirps happily as his father gently lifts him out of the sink full of bubbles (supplied by the staff), towels, and dresses him and carries him to Physical Therapy for his daily exercise and massage.

As the family's treatment continues, the father provides the majority of his son's nursing care and entertainment, which includes frequent rides in a junior size wheelchair. The arrangement pleases all concerned.

Bowman, a career Navy postal clerk with corpsman capabilities, is an Eskimo, born in Nome, Alaska. He was raised by a foster mother in Kirkland. He met his attractive, soft-spoken Yoshiko during a tour of duty in Yokosuka, Japan.

—usn—

Viet-Nam veterans who did not complete high school have an opportunity veterans of other wars did not, in that the VA will pay them a monthly amount while they earn their high school diploma. This does not reduce entitlement for higher educational or training benefits.



CONGRATULATIONS ARE IN ORDER for, left to right, Maud Hudson, Judy Wright, and Mable Moore of Nursing Service, who are among ten staffers who recently received quality salary increases in recognition of outstanding performance of duty. Helen Zlibin, right, secretary to the Chief of the Surgical Service, received a quality salary increase, but this photo was taken as she and Gene Helmuth of NPRL received their 20-year awards. Other outstanding civilian staffers who earned quality salary increases are Roselle Dougherty, Administrative Office; Harold Hitz, Fiscal & Supply; Cloteal Johnson and Ruth Works, Nursing Service; Katherine Levy, Ophthalmology; and Crystal Webster, Laboratory.

Supervising Clinical Social Worker Joe Concannon Retires Today on 30

Joe Concannon, Supervising Clinical Social Worker in the NP Service for 18 years, retires today after more than 30 years' Federal Service. Joe's life, beginning in Berkeley in 1911, has been as colorful as his favorite kelly green bow tie. In his youth he did everything from wrapping bread for Langendorf to laboring in cement and steel on the Grand Coulee.

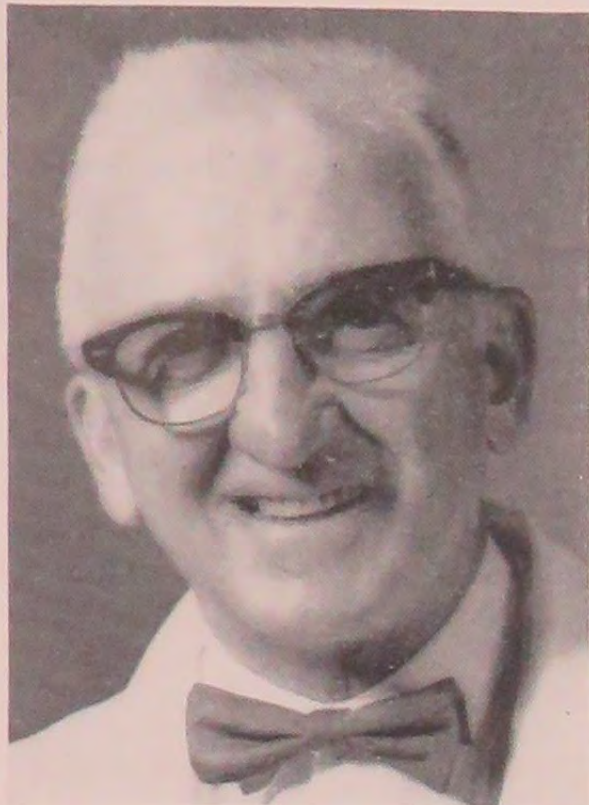
He received his BS Degree at St. Louis University in 1937. While earning his MA at Catholic University, Washington, D.C., (1940), he was a social work interne with the Department of Justice Bureau of Prisons at the National Training School for Boys. He was a parole officer for that agency for a year before he enlisted in the Navy in December 1941.

Joe soon found his niche as an NP Tech and during a tour at NTC, Norfolk, worked under Dr. John McMullin, who later became Chief of Neuropsychiatry here. It was he who persuaded Joe to leave the VA to set up this hospital's first psychiatric social service department. Now retired and practicing in Riverside, Dr. McMullin is still trying to employ Joe.

HM2 Concannon became LT Concannon during his active duty years, specializing in fire control and electronics. He was CO of an anti-aircraft training and maintenance unit in the British Solomons, and believe it or not, military governor of the area, with 2,500 troops and 5,000 natives to keep peace between!

Detached from active duty, Mr. Concannon did his yearly training until he retired from the reserves as a lieutenant commander in 1965.

Mr. Concannon's contributions to this hospital are well known. They will be recognized in a Letter of Appreciation to be presented to him today and in tributes to be paid to him at a department party at the Officers' Club tomorrow



A good Joe

night, when his wife Bernardine, a practicing psychiatric social worker, will share the limelight.

For the past three years Joe has been a consultant for BuPers, Department of Corrections in Washington, D.C., and in this capacity has set up and conducted training courses for Navy and Marine brig personnel throughout the world.

"I'm going to do nothing for at least a few months," said the modest retiree before leaking the news that he has a mid-November date in Washington where he will meet with the committee on arrangements for the American Group Psychotherapy Association's con-

OB-GYN Staff On Program At Seminar

NH Oakland was well represented at the 18th Annual Armed Forces Seminar on Obstetrics and Gynecology, which convened Monday at the Hilton Inn in El Paso, Tex.

CAPT John F. Wurzel, Chief of OB-GYN, presided over the morning sessions Wednesday; and yesterday LCDRs James P. Edwards and R. E. Mastin and Captain Wurzel gave a presentation on "Septic Abortion."

A professional paper on "Evaluation and Management of Massive Fetal-Maternal Bleeding in an Rh Negative Mother Delivering an Rh Positive Infant" by LCDR Richard H. Fair and Doctor Wurzel was scheduled for presentation today.

Captain Wurzel is vice-chairman of the Navy Section of the Armed Forces District of the American College of Obstetricians and Gynecologists.

Military Newspapers Read by 7 Million

Military newspapers (including THE OAK LEAF) have a weekly-monthly readership of approximately 7 million servicemen and women and their families. Service newspapers range from daily, weekly, and monthly mimeograph sheets to tabloid and full-sized eight-column offset and letterpress productions.

ference to be held in New Orleans in January. Joe is chairman of the committee.



Professional sailor.

"Seabee" Stanion Patient of Month

CM2 Charles R. Stanion, a New Yorker who has served 19 years and 6 months with the "Seabees" in the South Pacific, Mediterranean, and Kenitra, as well as at U. S. bases, has been named Patient of the Month for October.

Despite medical problems that have necessitated his hospitalization since 17 March, the veteran construction mechanic has made an outstanding contribution to the Medical Service.

During the course of the day and evening Stanion runs errands to departments throughout the hospital. On his own initiative he takes specimens to the laboratory, collects completed reports from the lab and distributes them to the proper wards. In addition to his ward activities, he stands his regular watches at the Navy Exchange and hospital lobby.

"An outstanding example of a courteous and helpful person," "a joy to have around," "a professional sailor," "one in a million," are a few of the phrases used by the patients and staff of 9 South, Medical ICU, CCU, and 9 West, who nominated Stanion for Patient of the Month honors. Furthermore, he is always in correct uniform, keeps his assigned space neat at all times (as he says, "awaiting inspection"), and is up before reveille every day.

Reenlistments

HM1 Charles Daniels, right, of the Biochemistry Laboratory has reenlisted for another four years. Daniels, whose home is in Seattle, has been in the Navy nine years and four months. He has been on duty here since 1965.

Also reenlisting recently were HM2 Russell Alameda of Patient Affairs and HM2 Barton B. Beecher of the Operating Room. Alameda signed on the dotted line for 6 years under the STAR program, Beecher signed for 4 years.



For All Separatees

Project Transition Tells YOU How and Where to Hunt Job

Project Transition is not for just a few. It is for everyone who is being separated from the service.

Project Transition counselors can explain the types of separations, VA benefits, disability pensions, how to find a job. Besides explaining rights and benefits and all that the separatee should know, Project Transition maintains lists of jobs in different states. It counsels people on how to look and where to look for a job. In many cases it works closely with private industry in setting up job training programs and placing people in jobs.

For example, within the past few weeks Project Transition, working closely with representatives of Chrysler Corporation, has placed separatees in the following positions:

Vallejo, Transmission Tech, \$6.15 per hour
Richmond, New & Used car detailer, \$2.71 per hour
Hayward, Auto mechanic, \$3.30 per hour
Menlo Park, New car checker, \$5.00 per hour
San Francisco, 3 Porters, \$4.00 per hour
San Francisco, Secretary, \$400.00 per month
Lafayette & Concord, 2 body and paint men, Up to \$10 per hour.
Also placed in the San Francisco area at union scale wages have been 1 auto mechanic, 1 apprentice

mechanic, 1 mechanic helper, several used car lot attendants, used car mechanics, used car renovators, body & paint shop helpers, painters, body & paint apprentices, parts counter men, car washers, janitors, and fleet maintenance men.

All of these people came to Proj-

ect Transition with minimum qualifications and a desire to work or be trained. In the group were several amputees and persons with other serious disabilities. The only cost to them was a few hours spent in counseling, filing applications, and being interviewed by the prospective employer.



Admiral Mahin and CDR A. N. King were among the many who wished Dorothy Hyman "Smooth Sailing" 10 October as she retired after 30 years' government service. Nineteen of those years she spent as secretary to the Chief of Preventive Medicine and PMT Course, from which she helped graduate more than a thousand students. Mrs. Hyman, with husband Harry, a retired Marine graphic artist, and part-time Civil Service worker at Cal State, departed soon after her retirement for a three-week visit with relatives in Israel. They planned to pick up a car in New York and drive back to the Bay Area via the southern route.



There was plenty of action when Dental knocked PT/NPRL from the ranks of the unbeaten in a game played 20 October. The score was 19-6.

Football

Dental Dumps PT/NPRL!

By RON BROWN

Dental knocked PT/NPRL from the unbeaten ranks in seven-man football 20 October, cranking out a decisive 19-6 win that gave them the lead and left them the only unbeaten team in the league. Team Captain Dave Mathews scored Dental's two touchdowns on a 5-yard scamper and a 40-yard pass-and-run play from Conlon. Boldrini opened the scoring early on a 15-yard pass from Conlon.

PT/NPRL got into the scoring column when Paul Bonarrigo dodged several would-be tacklers as he galloped 17 yards to pay dirt. Dental now sports a 4-0 record with only three more games to play.

Dental's remaining games are with Lab, NP, and X-ray. Two wins would assure them of at least a tie for the championship.

Other games of the past fortnight saw PT/NPRL on 16 October almost knocking Special Services out of the race for first with a 13-7 win. Special Services was unable to score in the first half as they trailed, 7-0. Dunlap opened the second half with a 5-yard jaunt around end to give them a momentary tie of 7-all as White caught the all-important PAT pass. The tie was shortlived, as Bonarrigo scampered for his second touchdown and the eventual win for PT/NPRL.

On 17 October after trailing the entire game, X-ray defeated Lab, scoring its winning touchdown with only three seconds left on the clock, as Weaver scampered around end untouched to make the score 14-12.

Last week Lab won its first game of the season by downing Project 49 by a score of 27-6. Special Services cranked out a 25-12 win over X-ray—a crippling blow to X-ray as it gave them two losses with only two games left to play.

Standings as of 25 October:

Team	Wins	Losses
1. Dental	4	0
2. PT/NPRL	4	1
3. Special Services	4	2
4. X-ray	3	2
5. Lab	1	2
6. Security	1	3
7. NP	1	4
8. Proj 49	0	4

Basketball Sign-Ups

Intramural Basketball will begin the first week of December, with games scheduled every Wednesday night. Ron Brown, athletic director, will soon be circulating the entry blanks. Watch for them, or call him at Ext. 2350.

Varsity Basketball

All personnel interested in trying out for Varsity Basketball are asked to attend an organization meeting in the gym Monday at 1630.

Scuttlebutt

OFF TO TOKYO is Mrs. Lee Frier, CivPers Assistant, who is a delegate to the 4-8 November World Congress of the Council for International Progress in Management (USA), Inc. "To promote exchange of information on the art and science of management in all fields of human activity, thereby improving the standard of living in all countries through a more efficient release and utilization of human and material resources" is the aim of the Congress, the program says. Lee will fly on to Australia for a week, with stops in Bangkok and Hong Kong.

ALSO FROM CIVPERS comes the news that Nicki Hills is departing 'to see how it feels to be retired'—and she looking like a teen-ager almost.

SIGHTS & SOUNDS: The deer slayers enjoying the memory of Saturday's great Bar-B-Q, to be reported here next issue. . . . PFC Carl Pearson speaking at the kick-off meeting of the Veteran Hospitals' Christmas Committee in downtown Oakland. . . . Charlie Asbelle wondering how he'll get the electric car he's building in his rumpus room OUT of the rumpus room. . . . Marines making plans for their 194th Birthday celebration. . . . Mrs. Hamilton, a kidney patient, thanking all who supported the Kidney Foundation by buying trick 'r treat candy from her.

DO YOU KNOW that 27 years ago last Thursday the first edition of the hospital paper, a mere acorn, rolled off the mimeograph machine, was named THE OAK LEAF a week later, and has been published regularly ever since?

LIFE BEGAN 16 October for Rodney Fitzgerald Taylor, 6 lb. 9 oz. son of HM1 Charles E. Taylor of OR and wife Janice. . . . 20 October for Kerry Dené, 7 lb. 14 oz. daughter of HM2 Lubbock M. Rice of the Chest Clinic and his wife Vickie. . . . 24 October for Tina Marie, a 7 lb. 5 oz. girl for HMC Robert G. Miller of Outpatient Service and his wife Consuelo. . . . 26 October for Billy Brooks Dawson, Jr., 6 lb. 7 oz. son of HM1 Dawson of NPRL and wife Ilene. . . . and on 27 October for Travis Michael Gonzalez, 5 lb. 9½ oz. son of HM2 Gilbert Gonzalez of the Laboratory and his wife Colleen.

HMC Vass Earns Home of Month Award

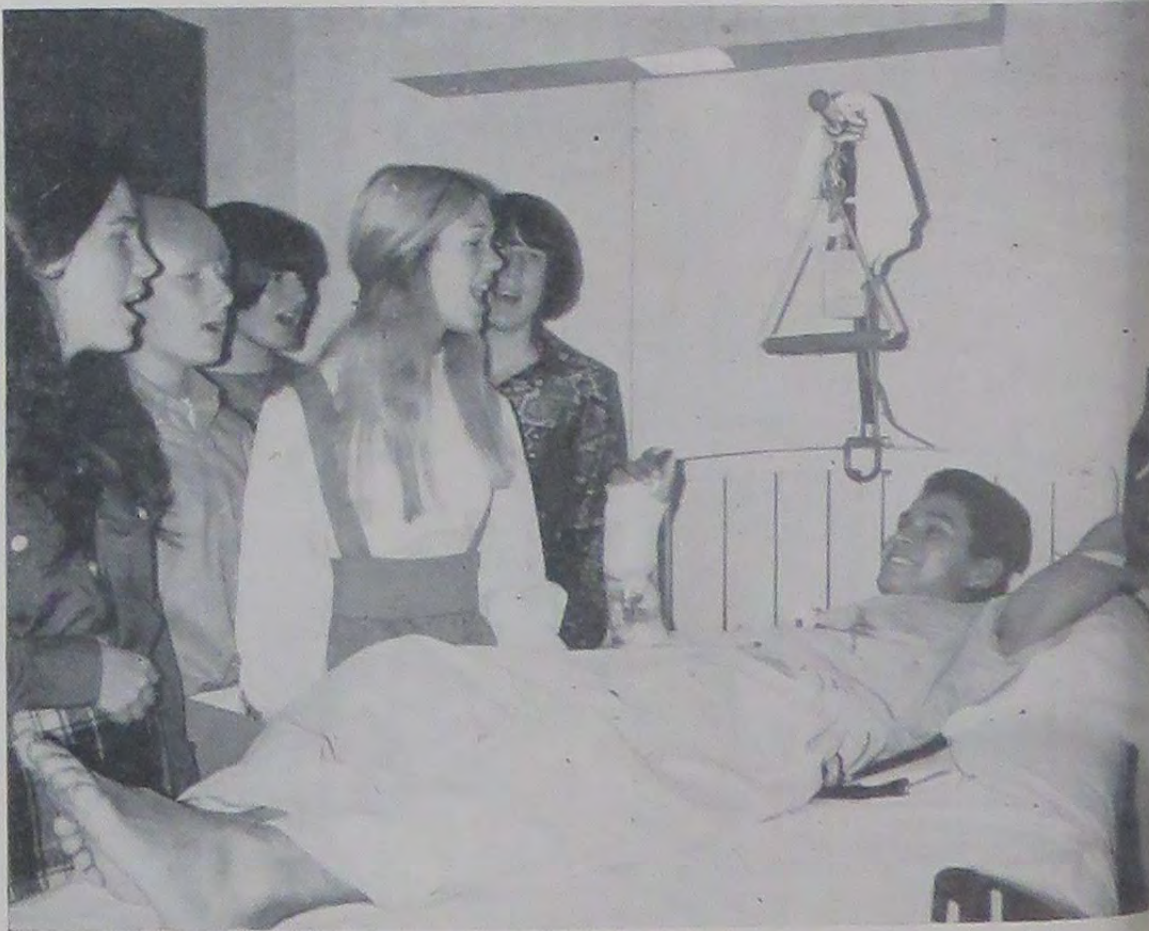
HMC J. R. Vass of the PMT School staff has received one of three "Home of the Month" awards for enlisted multiple housing units at NAS, Alameda.

Chief and Mrs. Vass received a letter of commendation from CAPT J. L. Holbrook, CO of the Air Station, and will have the "Home of the Month" award mark-

er at their quarters for 30 days. "The manner in which you have taken care of your responsibilities is an outstanding example for other occupants and is in compliance with the President's policy of making buildings and grounds of naval facilities more attractive and a more satisfying place to live," Captain Holbrook wrote.



When Mrs. Elizabeth Hall, Red Cross volunteer, retired after 15 years of faithful service, patients and staff of Wards 74 and 75 gathered 'round to say "Thank you and smooth sailing." They said it with a handsome plaque and a card signed by personnel of the unit, where she spent a day a week visiting and assisting with recreation activities. The presentation was made by LCDR Jack Six, CHC, USN, while SGT W. S. Tate, USMC, and others looked on.



WHO ENJOYED WHOM MORE was the question when Pi Chi Singers of Piedmont Community Church serenaded HM2 Frank Redondo of 7W last Sunday. The teenage singers made ward rounds after singing at the 0930 Worship Service. They are, from left, Lyn Hanson, Duncan McCollum, Kathi Baumgardner, Lynn Richell, and Wendy Wagster. The Pi Chis, of whom there are 30, have sung at the hospital frequently in recent months.

The OAK LEAF



Vol. 31, No. 23. NAVAL HOSPITAL, OAKLAND, CALIFORNIA Friday, 14 November 1969

Your Example a Source of Strength For All Americans—President Nixon

On the 194th Anniversary of the Founding of the U. S. Marine Corps, all Americans share in the pride of those who are so splendidly carrying forward the traditions of their predecessors and the defense of the freedom we cherish. As Commander-in-Chief, I personally admire and appreciate the selfless courage and sacrifice of our Marines on the battlefield of Vietnam, and I salute both the military skill and human compassion of your enduring contributions to the cause of the peace we so earnestly seek. As a former Navy officer, I have been associated with the men of the Marines, and I know that your performance has been in the finest spirit of America and that your bravery immeasurably strengthens our nation's seapower. I believe that all of our citizens are proud of the professional excellence the Marines have shown since Tun Tavern in 1775. Your unwavering devotion to duty through both adversity and victory has from generation to generation provided in deeds what your motto expresses in words: *Semper Fidelis*. Your example has been—and always will be—a source of strength for all your fellow Americans.

RICHARD NIXON, President of the United States



CAPT Henry E. Austin, Senior Chaplain, and Kenneth M. Skoonberg happily inspect the new Conn electric organ and accompanying instruction book. The thousand-dollar instrument is a gift of Oakland Council of Navy League and the Pacific Council of Organ Clubs, of which Mr. Skoonberg is a member.

Door Always Open to Office of HMCM Scott, Master Chief Petty Officer of the Command

Enlisted personnel are again reminded of their privilege to communicate with the Master Chief Petty Officer of the Command/Senior Enlisted Adviser, HMCM Robert L. Scott.

Master Chief Scott assists the Commanding Officer in all matters pertaining to enlisted personnel. He aids the CO and AO in continual review of Navy policies governing enlisted personnel and ensures that Navy policy regarding equal opportunity and treatment of military personnel and their families is being followed.

The friendly, knowledgeable HMCM has direct access to the CO and AO. His own door, Room 3-1-20, third deck, administrative complex, is always open to all enlisted personnel and their families. He also welcomes correspondence from enlisted staff and family members who may wish to make suggestions or recommendations or to request information.



HMCM Robert L. Scott, USN

Electric Organ for Clinical Assembly Gift of Navy League & Organ Clubs

When the Oakland Council of Navy League met at the Officers' Club for a Navy Day Dinner on 27 October, an important item on the agenda was the presentation to the hospital of a fine new electric organ.

The instrument, a joint gift of Navy League and the Pacific Council of Organ Clubs, was presented to Admiral Mahin by Mrs. Florence Lehtinen, council president. Funds for its purchase were raised through a Navy League sponsored benefit concert in Walnut Creek, where Bud Iverson and Lee Lees, professional organists from the musical organization provided the program.

The organ will be used for worship services and entertainment in the Clinical Assembly and eventually will be provided with wheels so that it can be used for special concerts in patient care areas.

To Aid Patient's Recovery is Aim of PCCT

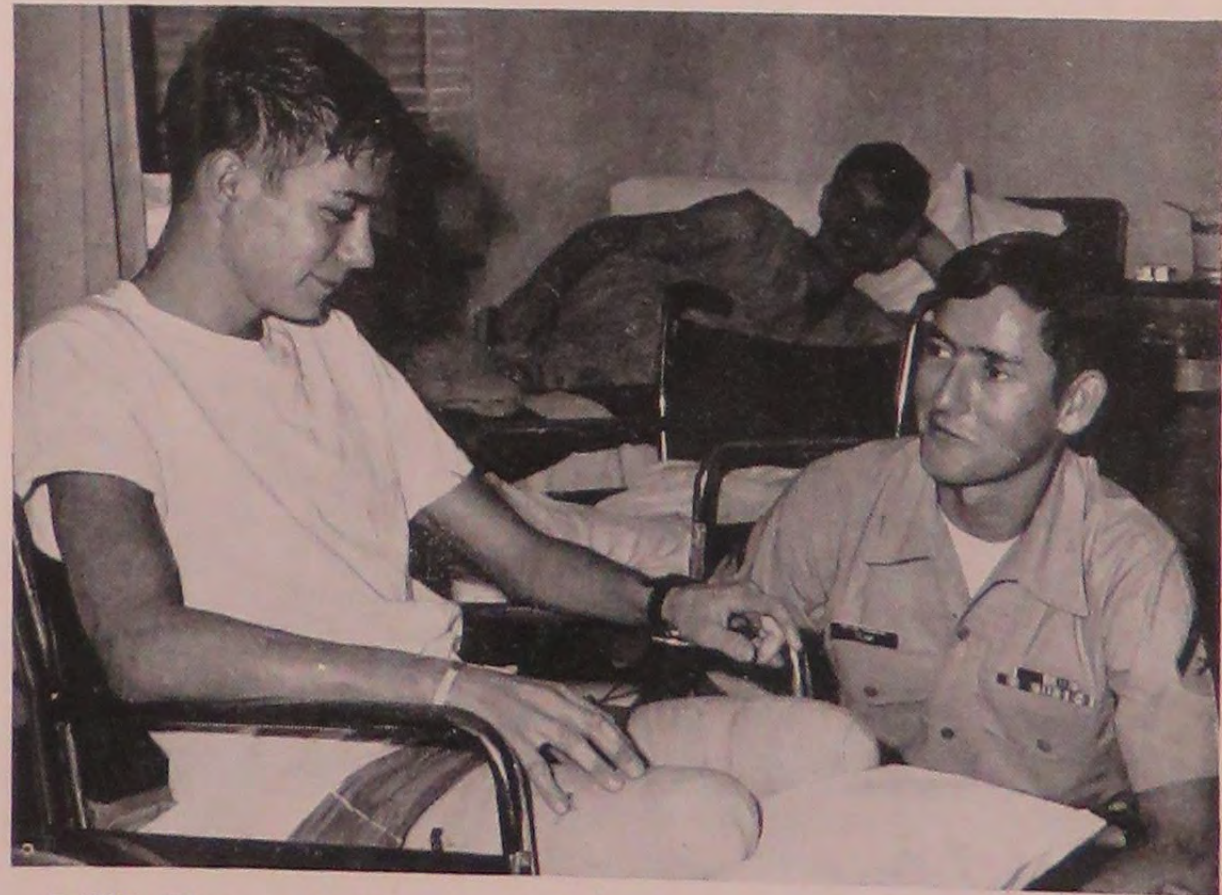
Unique among the service NH Oakland provides for its patients are those performed by the Patient Care Coordination Team.

Established in July 1968, PCCT has two major functions—to serve the patients and to assist free flow of communication between all departments and between patients and staff.

The team first served in the Orthopedic Service, where patients usually have the longest recovery period. Early this year PCCT extended its service to surgical patients.

The team's purpose, broadly stated, is to aid the patient's recovery. The coordinators help with little things to help him be happy so that he'll get well faster. They help the patient help himself. They lead him to those who can solve his problem—Red Cross, Chaplains, Marine Liaison, Medical Staff, Nursing Staff, Bagroom,

(Continued on Page 3)



LCPL Thomas J. Maxson, USMC, of the Patient Care Coordination Team, right, is a good listener, and LCPL Jerry Johns from Portland, Ore., obviously enjoys the opportunity to chat with him.

Navy Relief Located At Main Chapel

Need help for a family emergency? Navy Relief is here to help you. The office, staffed by volunteer interviewers, is currently located in the Main Chapel, just inside the gate.

Coming 5 December Bake and Craft Sale

Cakes, pies, breads, cookies, and many Christmas crafts and novelties will be on sale in the Navy Exchange Lobby 5 December from 0900 to 1500. The annual sale is sponsored by the Officers' Wives Club.

The Oak Leaf

Naval Hospital, Oakland, California

RADM H. P. Mahin, MC, USN, Commanding Officer
CAPT G. M. Ricketson, MC, USN, Executive Officer
CDR R. V. L'Italien, MSC, USN, Administrative Officer
Editor: Dorothy Thompson

Photography: HM1 R. C. Bishop, HM1 M. L. Clark, BM3 LeRo Woods

"The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.

"The Oak Leaf" receives American Forces Press Service material.

Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

GOD AND HUMAN SUFFERING

James D. Bryden offers four reasons for suffering in his work, **God and Human Suffering**.

Men suffer because of the uniform, impersonal operation of natural law. The law of gravity, for example, pulls down the gentle old lady to the icy pavement, the workman from the scaffold, the suicide from the top of the bridge, the fleeing bandit when he stumbles. In like fashion cold freezes, fire consumes, hurricanes destroy, the laws of chemistry and physics operate with impartial precision, leaving behind suffering and loss.

Men suffer because of human ignorance and the progressive nature of human life. Humans are born without knowledge or skill and have a long, tortuous way to become mature persons. Learning is painful but failure to learn more painful. Until man learned the skills of medicine and surgery, humans suffered and died from what we now consider simple ills.

Men suffer because of freedom of choice. We can choose what we will eat and drink, what we shall do, whom we shall marry. That some choices result in suffering is obvious; but less obvious are egotism, selfishness, self-pity, and poor self-imagery which are choices made up of piecemeal attitudes adopted and cultivated through the years.

Men suffer because of the interdependence of human life. Accidents, blunders, failures, and mistakes influence others and bring suffering. The whole world is bound together into families, communities, nations, and races, all of whom are affected by events at any time or place.

Since these cause suffering, why did God make a world in which these four causes can have their hey-day? In answer, Bryden envisions a world without natural law (minus gravity, for example, and the world flies apart and life is over); a world without learning (we are subhuman vegetables or superhuman beings complete in wisdom but lacking in the ability to grow, to advance, to struggle with real problems, without hope, mystery or discovery or meaning); a world without free choice (men are robots, devoid of emotion); or a world without interdependence (babies die since they cannot make it alone; we are all farmers since we must do everything independently without benefit of clothiers, bakers, constructors; we cannot store or transfer knowledge minus interdependence).

Bryden may not have the final answer on why we suffer, but he makes much more sense than the common answers.

LT R. R. HELVESTON, CHC, USN
Protestant Chaplain

At Last—An Official Birthday for Navy Medical Corps

Have you ever wondered why the Navy Medical Corps has never had a birthday celebration of its own? The reason is simple: No one knew its birth date.

All this has changed now because on March 3, 1970, at age 99, the Medical Corps will have its

first birthday celebration. VADM George M. Davis, the Surgeon General of the Navy has announced that a thorough search of the Archives revealed the corps' birthday as March 3, 1871. A document bearing this date contains the first mention of the Medical

CFC Ends With Second Highest Gift In History of United Way Giving

The Combined Federal Campaign closed with a near-record total gift of \$9,849.77, Chairman H. L. Martin revealed today. There were 1,125 contributors, 831 of whom gave cash and checks in the amount of \$4,871.77, and 294 of whom are giving \$4,939 through the payroll deduction plan. There was an additional pledge of \$40.

Gifts this year, a gain of \$1,591.28 over the \$8,258.47 raised last year, are second greatest in the history of united giving at this hospital. The record year was 1965, when contributions reached \$10,197.87. Chairman Martin, hopeful that at least some of this gap of \$348.10 may be closed, will be pleased to receive additional gifts through the rest of this month.

The largest reporting unit was Nursing Service, where LCDR Marilyn Olsen did an outstanding job. DTCS Richard Langley led Dental in 100 percent participation with a total of \$374.50 at a rate of \$9.36 per person. HMCS Ski Szyszkiewicz led Food Service's 118 staffers to nearly 100 percent giving with a total of \$1,142 and \$9.60 per capita. Highest per capita giving was achieved by the Chaplains Division, with LT R. R. Helveston serving as coordinator. Their average gifts were \$18.20 as compared with the overall average of \$8.76.

There was no dollar goal this year but a goal of every-member participation. Services and divisions, with 100 percent participation, and their coordinators were Dental (Chief Langley), Dermatology (HN Jeffrey Jennings), OB-GYN (CDR Carl Pedersen, MC), Ophthalmology (LCDR William F. Joffe, MC), Physical Medicine (LTJG Paul Bonarrigo, MSC), Urology (HM1 William Anders and HM3 Diane Webb), Chaplains Division (Lieutenant Helveston) Red Cross (Miss Peggy Gough).

Working on the committee with Chaplain Martin were CAPT G. E. Cruft, MC; LCDR Julia Pickering, NC; HMCM James Bull; HMCM R. L. Scott. LTJG N. M. Sessions, MSC; Miss Ruth Armstrong (Red Cross); and Mrs. Lee Frier, Civilian Personnel.

(Continued on Page 4)



WOULD YOU BELIEVE that wicked witch peddling "poison apples" on the 6th floor is Mary Alice Green, Red Cross recreation worker? HA Monte Webb and LT Cheryl Miller seem unaffected by her eerie laugh as they accompany her down the passageway. The occasion was Halloween, and Eloise Jenkins, also of Red Cross, organized the party, complete with jack o' lanterns, cupcakes, punch, and the aforementioned apples.

—usn—

Change of beneficiary on a G.I. life insurance policy may be made by simply writing the office where premiums are paid.



From the Judge Advocate

A recently adopted California Statute is designed to protect credit card holders from the unauthorized use of their lost or stolen credit cards. When a credit card has been issued to a person who has not requested the card in writing and who does not sign the card or use it, the person to whom it was issued is not responsible for its unauthorized use. When a credit card has been issued to a person who has requested it in writing, signed it, or used it and it is subsequently lost or stolen, the person in whose name the card was issued can protect himself by notifying the card issuer within a reasonable time after discovery of the loss or theft. The card holder will not be responsible for unauthorized use of the card when such notice has been given. The notice can be made by telephone, telegraph, letter, or other reasonable means. However, notice by registered letter is the best means of establishing the date on which the notice was given if such evidence later becomes necessary.



NINE NEW OR TECHS were graduated 31 October. They are, from left, HM3 Louis Rogers, HN Gary Darby, HM3 William Rank (honorman), HM3 Lawrence McCarthy, HNs George Foust and Jake Hensley, HM3s Jason Wald and Gilbert Lujon, and HN Vincent Larsen. At extreme right is their enlisted instructor, HM1 Charles E. Taylor. Seated are CDR Janet Redgate, Operating Room Supervisor; CAPT G. M. Cruft, Chief of Surgery; Admiral Mahin, CDR Jack Langevin of the Surgical Service, who spoke to the graduates; and LCDR Alvina Harrison, instructor.

Know Your Staff



CDR Frederick D. Lewis, Chief of the Physical Medicine Service, is a man of many interests.

Between semesters at Howard University Medical School, Washington, D. C., the Mississippi-born Medical Officer had a clinical clerkship in dermatology at Bethesda. After earning his MD in 1960 he interned at St. Elizabeth's Hospital and considered specializing in psychiatry, but he had a six-week dermatology rotation—again at Bethesda.

"It was during my first real tour of duty at NTC, San Diego, that I became interested in bad backs. That's how I got into the field."

From 1963 to 1966, after going regular, Doctor Lewis had Navy-sponsored residency training in Physical Medicine and Rehabilitation at Stanford University Medical School. His next stop was NH, Oakland, where he and his staff of three physical therapists, 13 PT technicians, three occupational therapists, and four OT technicians see "upwards of 200 patients a day"—all referred from other services throughout the hospital.

Spinal cord injuries are the doctor's special interest, and he hopes to do research in this field. He is also keenly interested in treating arthritics and stroke patients.

In June Commander Lewis was certified by the American Board of Physical Medicine and Rehabilitation. He is a member of many professional societies and only last weekend flew south for a meeting of the American Society of Manipulative Medicine, where Dr. Janet Travel, who manipulated President Kennedy's bad back, was a principal speaker.

The tall, good looking, quiet-spoken doctor serves as chairman of the Human Rights Committee of the hospital.

His major extra-professional interests are his busy, versatile wife Pat, daughters Deborah, 12, and Kimberly, 9, and son Douglas, 7.

As for hobbies, photography and flying are his big ones, but he dabbles in wood work and automotive mechanics and has plans to build his own plane—a one-seater called "Jeanie's Teenie"—right out of Popular Mechanics. He likes reading, soul music and soul food.

HM3 Pat Taylor's Bad Day at Bird Rock Has Happy Ending

HM3 Patrick Taylor of Medical Repair dropped by the OAK LEAF office Monday, his curly red hair still looking damp around the edges, to tell of the chilling experience of 6 November that made headlines in Monterey and got him a free sauna bath at a beach club and some new clothes.

Taylor and his mother, from Cincinnati, were sightseeing on the 17-Mile Drive. While taking pictures of Bird Rock and breakers, the corpsman was knocked down by one of the latter and carried 100 yards out by the undertow. Luckily, he caught hold of a rock—the last one. For 45 minutes he clung to it ("It felt small") while a crowd gathered on shore watching the 35-foot waves break over him.

Coast Guard and Navy were called to the scene, but it was three members of the Pacific Grove Marine Rescue Squad who plunged through the wild surf to bring the corpsman ashore. They are credited with saving his life.

Taylor, who "was praying all the time," feels mighty lucky to be here, "but," said he, "I lost my camera."

Chaplain James Regan Honored With Title of Right Reverend Monsignor

LCDR James P. Regan, CHC, USN, has been honored by the Holy Father, Pope Paul VI, as a Domestic Prelate with the title of Right Reverend Monsignor. He is believed to be the only lieutenant commander in the Navy Chaplain Corps to be so honored, as well as the only chaplain to become a monsignor while serving at this hospital.

The honor was secured for Father Regan by Archbishop Furey of San Antonio, Tex., who was Archbishop of the Diocese of San Diego while Father Regan was serving there.

The office of Monsignor entails assisting at pontifical functions in Rome in the capacity of the Papal Household. In any gathering the Monsignor marches just before the

Bishop.

Father Regan will be invested in his scarlet robes at a ceremony in Cathedral Church, San Diego, this Sunday. A reception for Clergy of the Diocese and friends will be held at Immaculate Heart Seminary of the University of San Diego, where the new Monsignor received his MA Degree in Theology, prior to his ordination in 1952 at St. Joseph's Cathedral, San Diego.

Here at the hospital on 23 November a 1215 Folk Mass in the Main Chapel with music by a group of singing nuns from Los Altos will celebrate the honor that has come to Father Regan and the hospital. A reception will follow at the Officers' Club, where friends may offer congratulations.

Aids Free Flow of Communication

(Continued from Page 1)

Social Security, Education and Training, Project Transition, Disbursing, Patient Affairs, Security, VA, Physical Evaluation Board. If the patient is unable to go, PCCT goes for him.

Team members visit a new patient within four days of his arrival and follow up with regular

ward rounds at least twice a week. Sometimes a problem disappears with the telling when a receptive ear is there to listen.

In an average month PCCT members log more than 400 contacts with patients. Well over a hundred problems are referred to the team by staff members.

The team currently is headed by LCDR Alvin B. Koeneman, CHC, USNR. Assisting him are CS1 (SS) Dudley V. McMains, Assistant Patient Care Coordinator, who has been with the team since it started, and HM2 Lance T. Gilley, who handles many of the administrative details. Other team members are officer and enlisted patients who have volunteered or been recruited because of their ability to relate to other patients' problems.

Fatherly McMains extends his PCCT work to weekends when he takes many a patient home, "loads 'em up in the old yellow truck and drives them to the sloughs to fish."

"We never know what kind of problem will come along," said McMains. "Once a patient's fiancée arrived and he decided to get married. He was in a body cast, but good old PCCT took him in an ambulance to City Hall for the license, then to the wedding." Not an everyday problem.

A special project of PCCT is the Hospital Messenger Service, which makes an average of 1300 runs per month.



PEOPLE & PAPER WORK are all in the day's work for Patient Care Coordinators. At left, top, HM2 Lance Gilley brings the PCCT chart up to date. In it are recorded all action taken for patients. The photo at top, right, shows 1st LT James W. Viegel, USMCR, taking a patient's problem to HMCS R. J. Bahr of Patient Affairs. Many times a small complaint can be solved easily if heard by the right person. And there is CS1 (SS) Dudley McMains, mainstay of PCCT, visiting LCPL Billy Ray Hall from Grand Saline, Tex. McMains some time later took the patient home to visit his family. At right above is LCDR Alvin B. Koeneman, CHC, USNR, who heads the team. In the photo at right Lieutenant Viegel charts the request of LTJG Dwight E. Johnson, a helicopter pilot from Sedalia, Colo. The chart lists the patient's name, his doctor's name, the service and the patient's request or problem.





Graduates of the supervisory training course are, from left, Frank Qaezada, foreman laborer; Fred Taylor, housekeeping officer, Kenneth Mc-Clay, foreman stockman; Charles Foreman, maintenance foreman; Joyce Bradley, supervisory clerk-typist; Gloria DeMar, mail supervisor; Ysa-bel Ramirez, supervisory clerk; Eva Barber, supervisory clerk-typist; Beverly Bowman, military personnel clerk; and Dorothy Poindexter, claims clerk. At extreme right is Sue Paul, instructor. Not pictured but also completing the course: Pinkie Orr, commissary foreman; Karoline Gunter, medical records librarian; Lorraine Carly, supervisory computer operator.

Scuttlebutt

NAME DROPPING: Horace Greeley, ACC, recently a patient here, has gone west to TI. . . Misty Rains, age 6 months, had minor surgery Thursday morning.

NO EGG—hard-boiled, poached, scrambled, shirred, or a la goldenrod—would believe the beauty Dorothy Tovatt creates with its empty shell. With small tools, a dash of paint, a pinch of glitter, and perhaps a miniature ballerina dancing around a tree, Mrs. Tovatt makes exquisite Christmas tree ornaments. At the recent holiday decoration show in Oakland the Steno Pool worker taught her art to the many who admired her own tree, decorated with nine dozen egg-shell ornaments, each containing a different scene.

WEDDING BELLS WILL RING today at 1600 when HN Raymond K. Smith, Jr., of Kansas City, Mo., and 7N claims Linda Ann Wetterstrom of San Jose as his bride. SGT Gary Wetterstrom, who introduced the pair, is in traction and will be unable to attend the ceremony, but another brother will serve as best man. Chaplain McCoy will officiate. . . **BELLS RANG** Wednesday night at a candlelight ceremony in the Chapel of Hope for ENS Marylou Ricia of the Surgical Service and Ralph Bishop of Vallejo. His brother, a former patient here, brought this happy couple together. Chaplain Koeneman officiated, and as of this writing the newlyweds are on a wedding trip that will take them to meet each other's families in Michigan and South Dakota.

SIGHTS & SOUNDS: LCDR Michael Williams, LTs Robert W. Krasnow and David G. Walsh transferring to USN. . . HM3 John Silvernail of Legal proudly presenting his attractive fiancée, Denise Minion, as she proudly displayed her diamond. Denise is a student at Chabot College, and they're planning a 21 March wedding in the Mormon Temple. . . five deer grazing at dusk between the loading dock and the Main Gate. . . Lawn mowers reaping a big harvest. . . The heap of rubble that was once Building 53 gradually dwindling as staffers gather wood for their fireplaces (Come and get it). . . Great television coverage of the Veterans Day picnic brought to the hospital by students of Chabot College. . . Postures of people who use the pay telephones—and these ARE sights.

DID YOU KNOW that Larry Busbee, who drives a laundry truck days, plays the organ at Ricky's in San Leandro evenings?

IT WAS THE FASHION last

Employees Complete 40-Hour Supervisory Training Course

Two groups of civilian employees have completed the 40-hour supervisory training course "Introduction to Supervision," taught by Miss Sue Paul. The class met two hours a day, three days a week for seven weeks.

Topics covered were employment practices, employee relations, position classification, training, principles and practices of supervision, the sociology of work, employee-management cooperation, dynamic leadership, processes for solving problems, improving communications, self-development, health, safety and accident prevention.

All civilian supervisors who have not completed the course will be included in future sessions. The next class will begin after the first of the year.

Gift Boxes Wanted For Christmas Package Wrapping

Gift boxes are needed for the Christmas wrapping service, which will begin Monday, 1 December, and continue through noon 24 December. All who have boxes to spare are asked to leave them in the Navy Exchange Lobby, where there is a container for them.

The wrapping service provided annually for patients and staff is a joint project of the Officers' Wives' Club, Red Cross, and Special Services. Wives' Club members will man the booth Monday, Wednesday, and Friday, ARC workers Tuesday and Thursday. Special Services provides the paper and ribbon—everything except boxes. Hours are 1000 to 1600 weekdays. Place—the auditorium.

week for fifth floor corpsmen to become fathers! On 3 November HM2 Julio R. Aguilar of 5 North and wife Cheryl welcomed 6 lb. 7 oz. Shea Victoria. . . On 7 November HM2 Donald L. Felthouse of 5 South and wife Diane greeted 8 lb. 4½ oz. Darcy Kay, and the same day HM3 Frederick A. Jensen of 5N and his wife, Launa, rejoiced over the arrival of baby son Ryan Andrew, who weighed in at 7 lb. 12 oz.

AND LIFE BEGAN 4 November for Alison Joan Hirsch, 7 lb. 5½ oz. daughter of LCDR Frederick D. Hirsch of Radiology and wife Judy Anne. . . On 6 November for John Morton Smith III, son of LT John Morton Smith, Jr., medical resident, and wife Roberta.



Recently completing a year of on-the-job training in the Dental Service were Phil Venezuela, left, and Betty Hollingsworth, right, pictured with CAPT Robert A. Middleton, Chief of Dental Service. Under a county work experience program, which began in 1966, the two young civilians received valuable training and gave welcome aid to the staff. Mr. Venezuela qualified as a dental prosthetic assistant, Miss Hollingsworth as a dental assistant.

Chabot Students Bring Gala Picnic To Say "Thanks" on Veterans Day

The Big 25 October Barbecue where patients and friends devoured Humboldt County venison at a gala event sponsored by the Military Acknowledgement Committee of Ampex Corporation and Johnny White of the Hall of Horns, with Miss Patti Springer of the Hayward Chamber of Commerce rounding up country and western music was still a pleasant memory to all who attended.

Then came Veterans Day and with it "Operation Thank You," organized by the Associated Veterans and Associated Students of Chabot College, Hayward, who wanted to express their appreciation to veterans who have made sacrifices for their country.

Chabot's Black Students' Union was responsible for the menu—steakburgers, soul food, and potato chips. Five rock and roll bands played for dancing. Students visited patients and vice versa. Girls from Carol Doda's club attended, and big Ben Davidson of the Oakland Raiders was generous with his autograph. The students brought gift packs to all patients.

Needless to say, a good time was had by all.

More Coordinators

(Continued from Page 2)

Others who served as coordinators were LCDR A. A. Birch, MC Anesthesiology; ENS Christine Campbell, NC, Neurosurgery; LT David Lichtman, MC, Orthopedics; LT A. O. Woods, MSC, Outpatient Service; HMC Efren Tatad, CIC; LCDR Arthur Nelson, Otolaryngology; HMC Clifford Sallee, Laboratory; CAPT H. A. Sparks, MC, Medicine; LCDR Loren Acord, MSC, Neuropsychiatry; LCDR C. Inman, MC, Pediatrics; HM2 J. Mathis, Pharmacy; HMC Robert G. Brown, Preventive Medicine; LCDR John Dodson, MC, Radiology; Captain Cruft, MC, Surgery.

HM3 William Young, Office of the CO; LCDR Richard Payton, Data Processing; John Sesto, Fiscal and Supply; Helen Vogel, Main-

Fog Warning

During the coming winter, foggy days will be a common occurrence. It is one of the unpleasant facts of life that a day of thick fog is sure to be costly in terms of valuable vehicles smashed and human bodies maimed and lives destroyed.

BE AWARE OF WEATHER & LIGHT CONDITIONS DON'T BECOME A STATISTIC

tenance; Arthur Smedberg, Navy Exchange; Fred Taylor, Operating Services; LT H. J. Mast, Patient Affairs; HM1 Charles Mizer, Personnel; HM1 Harry Lee, Security; LTJG N. M. Sessions, Special Services.

Working under the direction of the coordinators were keymen, one for every 15 persons or less.



HN Richard W. Albers

HN Albers of 7W Is November Sailor of Month

"Sailor of the Month" for November is HN Richard W. Albers. Albers received the traditional Letter of Commendation and \$20 Navy Exchange gift order from Admiral Mahin.

Albers was cited for outstanding performance of duty as Ward Corpsman while assigned to 7 West. "Possessing a high degree of tact in dealing with others," he has earned the respect of Doctors and Nurses as well as patients. The letter further states: "You are conscientious about your work, and your attention to detail is exemplary. In the areas of teaching and leadership, you give clear and explicit instructions when directing others. You are systematic, orderly, and take great pride in your work."

Albers claims Susanville, California, as his home town. After enlisting in the Navy he received orders to San Diego for both Basic Training and Corps School. Albers has been stationed here since June.

Supervisor Post for Miss Helen Cupper

Miss Helen Cupper, who has been a member of the Neuropsychiatry Service social work staff since 1951, has been promoted to Supervising Clinical Social Worker. She succeeds Joseph P. Conannon, who retired from the key position 31 October.

Calendar Filled With Christmas Festivities

With Christmas only 20 short days away, the calendar is rapidly filling with holiday-inspired events.

- Today at 1430 Monty Hall of ABC's popular TV series "Let's Make a Deal" will guest-host a live show in the Clinical Assembly.

- Monday at 1400 the Hollywood Squares, with Peter Marshall, will be aboard, and Wednesday, 17 December, at 1500, the Beverly Hillbillies with Buddy Ebsen and Max Baer, Jr. will entertain patients.

- On the weekend of 13 December the Veteran Hospitals' Christmas Committee will decorate the hospital from stem to stern and chart the course Santa and strolling entertainers will take on Christmas Day. This will be the 27th year the VHCC has brought Christmas to NH Oakland.

- Also on 13 December is the Staff Children's Christmas party in the auditorium, the doors opening at 1300.

- On 18 and 19 December Jeanie Wilson's "Operation Art for the Armed Forces" will once again bring prominent artists and cartoonists aboard to sketch and entertain patients.

- Red Cross is planning parties for every ward on Christmas Eve; Food Service is cooking up a traditional holiday feast.

- Special Christmas services are being held throughout the season in the Chapel of Hope and the Main Chapel.



CAPT Hampton Hubbard, MC, USN

CAPT Hampton Hubbard Reports For Duty as Executive Officer

Doctor, family man, and musician is CAPT Hampton Hubbard, MC, USN, who assumed the duties of Executive Officer 24 November, reporting from NH Bethesda, where he had served as Chief of Urology for three years.

The captain, born in High Point, N. C., attended the University of North Carolina, Chapel Hill, and in 1947 received his MD from Medicine. (Continued on Page 4)

Captain Ricketson is NH Camp Pendleton's New CO



Luckily CAPT George M. Ricketson brought his wife, "Miss Billie" along to say goodbye when he checked out 20 November, for he needed help to carry the mementoes presented him by the CO and staff.

CAPT George M. Ricketson, who reported here 20 February of this year to serve as Executive Officer, as of last Monday became Commanding Officer of Naval Hospital, Camp Pendleton, where he started his Navy career in July 1945.

During his stay here he not only served as XO but also, from 12 June to 26 August, was in command of the hospital. Prior to his departure Captain Ricketson was commended by Admiral Mahin for his contributions to the hospital in both capacities.

In addition to the commendation, the departing captain received a handsome plaque from the staff and a much autographed color photo of the hospital. Also among his souvenirs of a short but productive tour of duty is a certificate designating him an honorary LTJG in the Medical Service Corps.

The Oak Leaf

Naval Hospital, Oakland, California
 RADM H. P. Mahin, MC, USN, Commanding Officer
 CAPT Hampton Hubbard, MC, USN, Executive Officer
 CDR R. V. L'Italien, MSC, USN, Administrative Officer
 Editor: Dorothy Thompson
 Writer: HN Lee J. Davis
 Photography: HM1 R. C. Bishop, HM1 M. L. Clark, BM3 Lero Woods
 "The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.
 "The Oak Leaf" receives American Forces Press Service material.
 Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

We are now moving well into the time of the year that we call "The Holiday Season." Thanksgiving is past and Christmas and New Year's are fast approaching. It is a time for football bowl games, family gatherings, gift giving, and resolutions.

Hopefully, this time of the year can become more for each person. For if we limit the time of Advent to only the fetes and celebrations, we lose the very impact of that for which it stands. It is a time to prepare ourselves with better understanding of the birth of Christ and the way of life that He has shown us. Advent remembers the historical coming of the Christ, and we in this time must focus upon this, for our own lives, in order that we may move beyond the secular impact of Christmas, beyond the food and gifts to an understanding of what God has demanded of us in the birth of His Son, and the challenge of living that has been placed upon us.

LCDR M. W. McCOY, CHC, USNR

1,050 Navy Chaplains On Duty As Corps Celebrates 194th Birthday

The Navy Chaplain Corps celebrated 194 years of service on 28 November.

At the present time approximately 1,050 chaplains are serving Navy and Marine Corps personnel. Representing 40 denominations, more than 600 of these chaplains have served in the Republic of Vietnam.

The Chaplain Corps was officially created on 28 November, 1775. On that date the Continental Congress adopted Article Two of Navy Regulations which provided for divine services aboard ships of the still fledgling Colonial Navy. Throughout the following years, Navy chaplains have provided spiritual counseling in both peace and war.

Serving in the forward combat

areas of Vietnam, chaplains have continued a tradition of ministering to troops at great personal sacrifice. RADM James Kelly, Chief of the Chaplain Corps, commented during a recent trip to South East Asia: "These ministers, priests, and rabbis in Vietnam are selflessly giving the most comprehensive and effective religious coverage given in the history of Naval warfare."

Throughout the 194 years of its existence, the primary goal of the Chaplain Corps has remained the same: "to encourage and maintain high standards of moral, spiritual and religious growth." At home and abroad chaplains are attempting to fulfill this mission by "bringing God to men and men to God."

Reservist of Year Fredette is Son of Staffer

A Naval Reserve hospital corpsman who served his 1969 training duty in Patient Affairs was recently named Reservist of the Year by the Oakland Council of Navy League. He is HM2 Bradford Fredette, an employee in the Oakland office of John Hancock Life Insurance. On active duty in 1965 and 1966, he served in Vietnam and at NH Memphis.

The good-looking reservist's honor, earned in competition with members of other Eastbay Reserve units, is of special interest here. His father, Ellsworth Fredette, has been a baker in the Food Service Division since before the 24-year-old corpsman was born.

Fredette and his wife Mary were honored guests at the Navy Day dinner at the hospital Officers' Club, where Admiral Mahin presented the Navy League's gift—a suitably inscribed gold watch. The couple lives in San Ramon. They have a 6-months-old daughter Marie.



HM2 Bradford Fredette accepts from Admiral Mahin the traditional gold watch presented to the Reservist of the Year by Oakland Council of Navy League.



Seven well-known staff members took advantage of the five percent increased annuity offered Civil Service personnel retiring before 1 November. They were, front row: Isaac "Pop" Fisher, Paul J. Drukenbrod, Josephine D. Simmons, Vernon C. Reese; back row: Leslie E. Spect, Joseph P. Concannon, and William H. Schwindt. Mrs. Simmons and Mr. Fisher were members of the Fiscal and Supply staff; Mr. Concannon was supervising clinical social worker in the Psychiatric Service; Messrs. Drukenbrod, Reese, Spect, and Schwindt had all served in the Maintenance Division.



New rates for these staff corpsmen were effective 16 November. Congratulations to HM1 James Ayers (top right) and the 16 Corpsmen advanced to HM3. They are, from left, front row: Richard Cowart, Patrick Hawkins, Leslie Osterman, Floyd Fundenberger, Larry Russell and Gerald Keener; middle row, from left: Michael White, Robert Cowles, Francis Corliss and James Hauser; top row, from left: Roger Frederick, Dennis Duff, Dennis Mott, Nancy Nause, Douglas Hutchinson and David Keener.

VA Vocational Rehab Counseling Available During Hospital Stay

With the aid of Veterans Administration Vocational Rehabilitation Counselor L. C. V. Coulson, eligible patients may begin counseling toward vocational choices while still hospitalized. Mr. Coulson is in his office, Building 101, across from the ID and Pass Office, every other Wednesday.

The first step toward this service is a visit to VA Contact Representative James Schulenberger,

who is here Monday through Friday, 0800 to 1630, (first floor near the Medical Board, Ext. 2326). Mr. Schulenberger explains VA benefits, assists the patient in applying for them, and obtains necessary medical information. Application for the Vocational Counselor's service is included in this visit.

The Rehabilitation Counselor helps the serviceman develop information concerning himself, taking into consideration his disability limitations. He obtains occupational information, helps the serviceman determine the type of work he is best fitted for and where he can be trained for it.

Aptitude testing is provided at the VA Regional Office, 49 Fourth Street, San Francisco, with Project Transition obtaining the transportation. Jim White (Building 105, Ext. 2237) obtains the doctor's permission for the patient to go. Testing is done on Tuesdays, the session lasting from 0830 to 1500, with time out for a free lunch in the VA cafeteria.

"The average time spent in counseling, including testing, totals 9 to 12 hours," Mr. Coulson noted. "As counseling must be completed prior to official acceptance into rehabilitation training, completion of these procedures while at the hospital is a great advantage to the veteran-to-be," he pointed out.

During the year July 1968 to July 1969, 175 patients at this hospital received orientation information; 250 more were counseled, tested, and evaluated. The total number of visits logged was 425.

Know Your Staff



LCDR Billy D. Roberts, MSC, a genial, jovial "mustang" from Carthage, Mo., is responsible for preparation and serving from 2700 to 3000 meals a day to patients and staff—and for supervision of 111 civilian and six military personnel who make up the Food Service staff.

When Lieutenant Commander Roberts reported from Camp Pendleton 15 August, the setting was familiar, for this is his third tour of duty at NH Oakland. In 1946 he spent four months in Transportation; in 1950-51 he was assigned to Fiscal and Supply. Not only that, he and his wife Leslie were married in the hospital chapel back in '49 when he was stationed at TI and she was a nurse at Highland Hospital.

The new Food Service chief, recently selected for commander, began his career at Great Lakes at age 17, had Corps School and duty at NH, San Diego, served with the Occupation Forces in Japan, and during the Korean War, while on independent duty aboard the mine sweeper USS ZEAL, he collected two battle stars.

He was commissioned an ensign in the Medical Service Corps in 1956 between courses at the MAT School and Naval School of Hospital Administration at Bethesda. His first major assignment in officer status was at Chelsea, Mass., where he was Chief, Fiscal and Supply Division.

Since 1962, when he earned his S Degree from Cornell University School of Hotel Administration, food has been his "thing." He has been Chief of Food Services at the naval hospitals at Annapolis, Chelsea, and the aforementioned Camp Pendleton.) And when not on duty he hunts and fishes for it.

"By the way," he said, leading the way toward the freezer, "Have you seen the 28-pound salmon I caught outside the Golden Gate two weeks ago?"

LCDR and Mrs. Roberts make their home in Union City with daughter Robin, 15, who is in the current JANGO class here, at the hospital, and son William, 8, daughter Mildred, 19, attends Fresno State College.

—usn—

When you give U.S. Savings Bonds for Christmas, you give the gift that grows with the years.

Superior Performance, Beny Suggs Earn Cash For Civilian Workers

Awards were the order of the day when nine civilian workers were summoned to the CO's Office the morning of 9 November.

Receiving cash awards for sustained superior performance (not based on outstanding ratings), were Virginia Berman, Virginia Neath, Arline Rau, Dorothy Tovatt, and Josephine Wallace, all of the Steno Pool.

Beneficial Suggestion awards of \$25 each went to Rose Cooper, OB-GYN Service secretary, and Leroy Edmonds of Food Service. Mrs. Cooper suggested the hiring of a night watchman, and Mr. Edmonds' idea was for increasing the stability of dividers in the main dining room.

Twenty-year awards were presented to Ernest G. Clark and John Gates of Food Service.

Scuttlebutt

NAMES, NAMES: Betty Smallfoot of 6W has two broken ankles, not to mention a few other fractures incurred in an automobile accident that put her on the VSL. Now that she's recuperating her children have fun decorating her casts. On the sole of one small foot is written "Stomp"; on the other "Twinkle Toes."

KNBR'S SECRETARY OF THE DAY Monday was Mary Takai of NPRL. Charming Mary couldn't have been more surprised when the messenger arrived bringing her two tickets to the SF Civic Light Opera production "1491," two for dinner at the Marco Polo, two for the SF Zoo, an orchid corsage, an Air West flight bag, and a month's free answering service!

SIGHTS & SOUNDS: The steeplejack inching up the slightly swaying flagpole to disentangle and bring down the wayward church pennant that had flown there until Tuesday. An audience nine stories high enjoyed the sight. . . . Chief MAA Chuck Axworthy trying in vain to get into the Navy Exchange Store without his ID Card. . . . Anna Mae Taylor of Legal flying to San Diego for Monsignor Regan's investiture and to visit former Patient Affairs worker Bentley Capps, who now lives in the Southern City. . . . Charlie Asbelle commenting as he sheared away branches of the tree that overhung the steps to Parking Lot 4: "There's nothing like a wet leaf smacking you in the face to get your day off to a good start." . . . O'Wives and Red Cross workers rapidly wrapping packages for patients and staff at the booth in the gymnasium.

SORRY ABOUT THAT: EM1 Tom Taylor reenlisted in September and the OAK LEAF failed to report the event.

IN THE PUBLIC EYE: HM2 Dan Pollard, OR Tech, spoke and showed slides of Da Nang to his brother's sophomore class at Aptos High recently. Pollard served aboard the USS IWO JIMA just before reporting here.



Sharing a well-deserved holiday meal on 62-A are, from left (clockwise): Donald Reid, dependent; HN Thomas Truscott; SA Juan Jaramillo; ETNSA Carl Cooley; SA Donald Gilbert; ABSAN John Kilkeny; AXAN John Schick; ETRSN Michael Gelinsky and ETNSA Marlin Bunting.

Bunting Brings Back the Pheasant For Thanksgiving Feast On 62A

The traditional Thanksgiving feast came a day early for patients of Ward 62-A, Patient Care Section of the Clinical Investigation Unit.

Under the supervision of the Metabolic Dietitian, Dianne Siler, all hands combined their culinary talents to prepare a memorable meal.

The pheasant was provided by ATNSN Marlin Bunting, as the result of his expert marksmanship the previous weekend on a Special Services sponsored hunting trip.

Unfortunately not all patients were able to enjoy this unique meal since their ailments, such as hepatitis and disorders of the endocrine system restrict them to special diets. One such patient, SR Kenneth Street, was in isolation, but was still able to enjoy the holiday festivities.

According to Miss Bonnie Herl, Head Nurse, both patients and staff equally enjoyed their brief sojourn into the field of the culinary arts. For all concerned, the dinner provided a happy prelude to the holiday season.

Letter From a Friend

Among the many letters that arrive almost daily addressed simply "To a Patient" this one, printed verbatim, is a favorite.

Dear Veteran:

I appreciate what you did for our country. You med it so we can choose the school and we can choose the store we shopped in, and the crush we go to. I appreciate you fighting for our country, and we don't have to stay in the same town and I hope you get well soon.

I well pray for you.

Todd



NO MORE WASHDAY BLUES: CPL William Hardy, USMC, and other patients on 61A are no longer singing the washday blues, for a new automatic washer and matching dryer have been installed for their use. The two machines were purchased with funds the Chabot Women's Service Group raised at a recent fashion luncheon at the Claremont Hotel. The organization of 20 women holds an annual fund raising event for the sole purpose of supplying the hospital with items that will help make hospital life more pleasant for patients. Funds remaining after purchase of the \$400 washer and dryer will be used to purchase a wheelchair. Inspecting the new equipment with Corporal Hardy are CAPT Sue Smoker, Chief Nurse, and Mrs. H. E. Larke (who will be remembered as Edna Rowan, long-time Special Services secretary). Mrs. Frank C. Johnson is hospital chairman for the group.



The Dental Team, pictured above, captured the first Seven Man Flag Football Crown awarded at NH, Oakland. Members are, first row, left to right: Dr. Tom Conlon; DT3 Greg Shields; DT3 Dan Spengler; DN Dave Johnson and Dr. Keith Thornton. Second row, left to right: Dr. Curt Carlson; HM3 Frank Boldrini and Team Captain Dr. Dave Mathews.



Runner-up in the closely contested football competition was the PT/NPRL team. Players are, first row, left to right: HM3 David Sherrill; HM3 Gregory Ford; HN Robert Lewis and HM3 James Mader; second row, from left: HM2 James Lucas; HM3 Marlin Lacy; HM1 Edmund Niece and HM1 Frank Middleton; third row, from left: HM3 Vernon Capistran; HM2 Charley Anderson, and Team Captain Paul Bonarrigo.

More About CAPT Hubbard

(Continued from Page 1)

cal College of Virginia, Richmond. He interned at Charlotte (N. C.) Memorial Hospital and started his residency training in urology at Watts Hospital, Durham. That training was soon interrupted by orders to active duty as junior medical officer aboard the USS KEARSARGE (CVA 33) in the Atlantic. During the Korean War he served aboard the transport USNS GENERAL FREEMAN.

Returning from the Pacific, Doctor Hubbard completed his urology residency at NH San Diego. After a tour of duty as Chief of Urology at NH Camp Lejeune he returned to civilian life and practice in Rocky Mount, N. C. But the lure of the Navy was strong, and in 1957 he returned to active duty and was assigned to NH Charleston as Chief of Urology. Subsequent assignments took him to Bethesda as Assistant Chief of Urology, to Philadelphia as Chief of Urology, and back to Bethesda, where his patients included a number of VIPs from Capitol Hill.

Doctor Hubbard is certified by the American Board of Urology. He is a Fellow of the American College of Surgeons and a member of the American Urological Society.

Like her husband, Anne Hubbard contributes a great deal to life in the Navy wherever they go. She is the daughter of Kenan Professor U. T. Holmes of the University of North Carolina's Department of Romance Philology. She has edited doctors' wives' publications and this past year was editor of NAVY WIFELINE, a quarterly publication for wives of officers and men throughout the Navy.

The Hubbards have six children and one grandchild. Their first daughter, Mrs. Robert J. Frost, mother of "Ginger," lives in Rockville, Md.; John is a second classman at the Naval Academy, Libby a freshman at the University of North Carolina.

Sharing Quarters E with their parents are Anne Fielding, 16 ("the artist in the family"); Mark, 15 ("varsity football, basketball, and baseball material"); and Kevin, 14, who has great basketball potential, according to his father.

Completing the family group are a Welsh corgi named Suzy and a Siamese cat called Witto Sing (Lit-

tle Thing).

Music is an important part of life for the Hubbards. The captain was tympanist and assistant conductor, and Mrs. Hubbard played oboe for the National Institutes of Health Orchestra during their Bethesda stay. He also plays the piano and harpsichord. And when time permits, he dabbles in art and photography, plays tennis, and skis.

Basketball Season Opens Wednesday

The 1969-70 intramural basketball season will get off to a flying start in the station gymnasium Wednesday.

League games will be played Wednesday nights each week, with a two-week layoff for the Christmas holidays. Games will resume 7 January and continue to 25 February.

Opening games will pit the following teams against each other on 10 December:

Team	Time
X-Ray vs. Eye Clinic	1800
9 South vs. NP	1900
Medicine vs. Surgery	2000
Dental vs. Ortho	2100

Project 49 has entered a team but draws a bye on opening night.

Dental Captures Flag Football Title, PT/NPRL Team is Runner-Up

By Ron Brown

Sporting an impressive seven wins and no loss record, Dental Division under the able leadership of Dr. Dave Mathews captured the seven-man flag football crown. This was the first year that this sport was played at NH Oakland.

The nearest competitor for the crown was PT/NPRL with an overall season record of six wins and one loss, that being to Dental.

Standouts for the powerful Dental Team were: Mathews, who contributed 16 touchdowns to lead the league in scoring; Greg Shields, who scored 9 touchdowns, highlighted by his ability to work his way down field on long pass-and-

run plays of 70 yards or more; Frank Boldrini, whose greatest asset was his defensive ability with key interceptions throughout the season; and last but not least, Dr. Conlon, the passer, who connected on 18 touchdown passes to lead the league in that department. Dental outscored their opponents by a lopsided 222 points to 14, showing their scoring punch as well as a stingy defense.

The only teams to score against Dental were Proj 49 who scored on the opening play of the game; Security, who scored a safety because of a bad center with the ball facing dead in the end zone, and PT/NPRL who lost in a 19-6 thriller.

Another Birthday for MarCorps — the 194th

IN CELEBRATION of the Marine Corps' 194th Birthday, an impressive group of Marines assembled in the main dining room to see COL R. J. Lynch, Jr., Commanding Officer of the Marine Barracks, Treasure Island, cut the traditional birthday cake as Admiral Mahin, Commanding Officer of the hospital, looked on. Cake and punch were served to the Marines and guests who came to add their anniversary greetings to those of the President of the United States, Commandant of the Marine Corps, and others whose messages were read by Colonel Lynch. Martial music was supplied by the Marine Barracks Drum and Bugle team. Cake was served in the patient care areas to those unable to attend the party. COL Richard B. Newport, Director, 12th Marine Corps District was among those attending the celebration.



HAPPY BIRTHDAY, Mrs. Resico! When SGTMAJ Jack W. Jaunal, Marine Barracks, Treasure Island, was a patient on 7 West, he learned that Ward Clerk Florence Resico's birthday is 10 November—same as the Marine Corps'. "Anyone born on that day should get a special greeting," thought the sergeant. And so she did. Along with the piece of birthday cake served to her, she received a bouquet of red roses and many good wishes. Enjoying the surprise with Mrs. Resico are, from left, the sergeant major, HN Edwin Denham, HM3 James Shaw, HA Eddie Finley, HM2 Frank Redondo, and HM Tim Goggins. Redondo, a Vietnam casualty, helped plan the surprise. — Marine Corps Photo.



Christmas Services

Catholic

Midnight Mass,	24 December	2400	Main Chapel
Christmas Day Masses,	25 December	0830	Clinical Assembly
		1215	Main Chapel
Confessions	24 December	2300-2345	Main Chapel
	25 December	0800	Chapel of Hope
	25 December	1145	Main Chapel

Protestant

Christmas Eve, 24 December	1900	Main Chapel
Christmas Day, 25 December	1000	Chapel of Hope

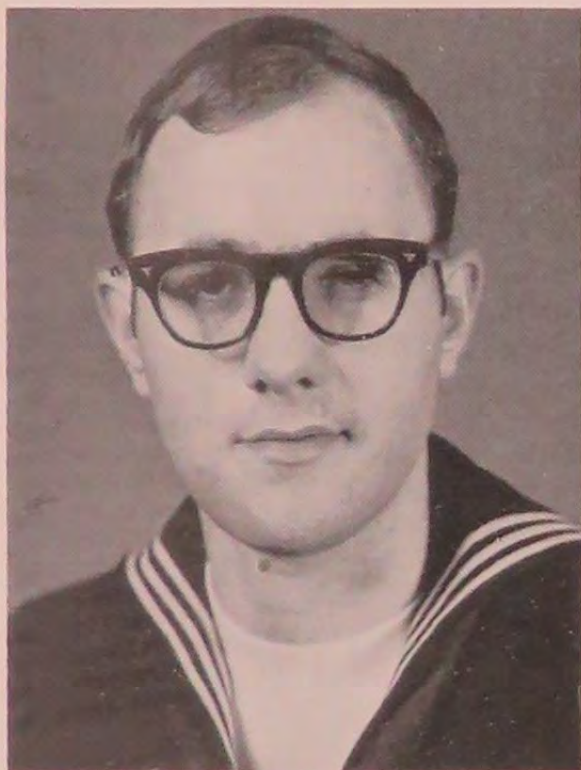
FTM3 Richard Antzak of 76B Named November Patient of Month

Outstanding performance while assigned to the Outside Master at Arms office has earned FTM3 Richard A. Antzak of 76B the November Patient of the Month award.

Antzak has been responsible for varied assignments while working with the Security Division. According to the commendation "he has worked in the OSMAA office periodically for seven months. He has been responsible for changing the filing system for all Group I Rehab patients; has always been willing to work extra hours, handing out liberty cards, and has volunteered for any duty in which he might be of assistance. He has assisted other patients in their assignments or have brought their problems to the attention of the Petty Officer in charge of the OSMAA office.

"Although your job has been very hectic and quite unrewarding at times, you have maintained a cheerful attitude and high degree of interest in your job, thus contributing to the morale of the office," the CO's letter stated.

He is now awaiting a medical discharge and plans to return to college and complete his education.



FTM3 Richard Antzak

Free Baby Sitter For Chapel Goers

Free baby-sitting service is available every Sunday from 1000 to 1300 in 77A for the convenience of young parents attending worship services in the hospital chapel.

TV Special

A 30-minute color special on activities of Navy patrol squadrons based at Moffett Field will be telecast 26 December at 2000 over KNTV, San Jose, Channel 11.

Day Nursery in 77A Needs New (Used) Toys

Need to make room for the toys Santa plans to leave at your house on Christmas Day?

The Day Nursery in 77A needs toys to amuse young patrons. Used toys in good condition will be enjoyed by the children, appreciated by the attendants.

Navy Relief on Third

Navy Relief has moved from the Main Chapel to the Protestant Chaplains' office on the third floor. Hours are from 1200 to 1500 Tuesdays and Fridays.

For 27th Year

Christmas Committee Brings Holiday Cheer to NH Oakland

Tinsel trees, garlands of greenery, poinsettias, carols, and cookies are everywhere as once again the Veterans Hospitals' Christmas Committee brings Christmas to NH Oakland.

The decorations throughout the hospital, the Christmas stage show scheduled for the Clinical Assembly Monday night at 1900, the visit of Santa (in triplicate) on Christmas morning, and the strolling entertainers who will perform for patients on Christmas afternoon—all are provided by the 46-year-old organization whose sole purpose is to make the holidays happy for hospitalized servicemen and veterans. It has served this hospital ever since its first Christmas 27 years ago.

Backed by the Oakland Tribune, the Committee has raised more than \$22,000 this year to cover the cost of decorations, entertainment, and gifts for NH Oakland and the VA Hospitals at Livermore and Martinez.

John M. Gabel, committee coordinator, and Special Services are in charge of the holiday celebration here.

This year, as last, patients have competed for decorating honors, with decorations supplied by the committee. At 0900 today judging of the decorations will begin. The judges are CAPT D. H. McLean, MC, LCDR S. F. Johnson, NC, HM2 Robert B. Owens, HM3 Beth Froehlich, SGT Michael Ebensteiner who has been under treatment here longer than any other Marine patient, SFC Paul A. Kuhn, the Navy patient with the longest stay, Miss Sue Paugh and Woodrow Robarge, civilians. Patient care areas in the main building and those in outlying buildings will be judged separately. Plaques will be awarded the winning patient care areas at the stage show Monday night.

The stage show, with Jimmy Muir as emcee, will bring music and dancing, mirth and magic, and all hands are sure to enjoy it.

Beginning at 1000 Christmas Day, Santa, with a Ho Ho Ho, will tour the hospital, delivering a carefully chosen gift from his pack to every man, woman and child aboard. And after the gifts are admired and the Christmas dinner consumed, a group of strolling entertainers will perform in all the patient care areas.

Red Cross Parties

And on Christmas Eve Santa's helpers in the form of Red Cross volunteers, will put on parties on every ward. The popular folk singing (Continued on page 4)

Now Hear This— If You're Hungry

Once again the Food Service Division will prepare a Christmas dinner to delight and satisfy the most discriminating.

The traditional holiday feast will feature roast prime rib of beef au jus, breast of chicken kiev, and deep fried jumbo frog legs.

In addition to the main course, the chefs will prepare a variety of seasonal trimmings: chilled melon balls, shrimp bisque, saltines, french fried potatoes, stuffed baked potato, green peas with pearl onions, glazed baby carrots, Christmas layer fruit salad, lettuce wedges, choice of French, or thousand island dressing, sesame dinner rolls, butter, fruit cake, strawberry cream pie, ice cream, coffee, tea or milk, mixed nuts and assorted Christmas candy.

Officers and their families will be served in the Officers' Dining Room on a space available basis. Enlisted personnel and their families will be served in the Main Dining Room.

Reservations for Christmas dinner will be taken until 1600, Monday, 22 December for military personnel wishing to partake of the meal.

Atmosphere of Quiet Elegance in Newly Opened EM Club

Perhaps the most attractive club in the Bay Area, the newly remodeled Enlisted Men's Club boasts innovations in interior decorating that provide an atmosphere of quiet elegance.

Dark wood paneling, heavy oak doors, and indirect lighting are among the club's attractive features. Stained glass windows and olive-colored curtains complement

a beautiful gold carpet. Candle-lit tables and comfortable armchairs are clustered within each area.

Included within the club is a large ballroom, with adequate space for live bands and dancing. Also available for patrons are a small dining room, television room, and bar.

The club is open Monday through Friday from 1630-2400. Weekend hours are Saturday, 1430-0100 and Sunday, 1430-2400.

The EM Club is exclusively for staff personnel, their dependents, and guests. In order to make reservations for private parties, call Richard Griffith, club manager, at 639-2160, at least one week in advance.

The Oak Leaf

Naval Hospital, Oakland, California
 RADM H. P. Mahin, MC, USN, Commanding Officer
 CAPT Hampton Hubbard, MC, USN, Executive Officer
 CDR R. V. L'Italien, MSC, USN, Administrative Officer
 Editor: Dorothy Thompson
 Writer: HN Lee J. Davis
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 "The Oak Leaf" is a semimonthly publication produced commercially with non-appropriated funds at no cost to the Government and in compliance with NAVEXOS P-35, Rev., July, 1958.
 "The Oak Leaf" receives American Forces Press Service material.
 Contributions from both staff and patients are welcomed and should be addressed to the Editor of "The Oak Leaf," Naval Hospital, Oakland, California 94627.

+ + CHAPLAIN'S CORNER + +

My Christmas wish is that this Christmas will find each of you blessed with happiness and good health.

One of my favorite Christmas Carols is:

*"I heard the bells on Christmas day
 Their old familiar carols play
 And wild and sweet the words repeat
 Of peace on earth, good-will to men."*

This was written by Henry W. Longfellow on Christmas Day in 1863. The United States at that time was anything but a time of "Peace on earth, good will to men." Six months before, 40,000 men were killed in the battle of Gettysburg when the Civil War was reaching the climax. No wonder the poet "bowed his head" in despair, and thought:

*"There is no peace on earth," and said:
 "For hate is strong, and mocks the song
 Of peace on earth, good-will to men."*

That seemed over-strong at that moment. He then wrote the last paragraph which was:

*"God is not dead, nor doth He sleep;
 The wrong shall fail, the right prevail,
 With peace on earth, good-will to men."*

His message seems now appropriate for the world this Christmas.

H. E. AUSTIN
 CAPT, CHC, USN



Extra money for that last minute Christmas shopping came in the form of quality salary increases for these three women employees. They are, from left: Marion Spengler of Data Processing; Mary Takai, NPRL, and Alma B. Smith, Data Processing. Presenting the awards, with his congratulations, is CAPT Hampton Hubbard, Executive Officer.



Four civilian employees have received Beneficial Suggestion Awards totaling almost \$500. They are, left to right, Reaf Gordon of Housekeeping, Bernard Alameida, Public Works; Mitsuo Murakami and Albert Brownlow, Fiscal and Supply. Mr. Alameida's suggestion involving a pneumatic tube system netted him \$225. Second highest award went to Mr. Murakami, whose idea to revise labor distribution forms and procedures earned him \$145. "Brownie" Brownlow's \$50 came as a result of his suggestion for labeling equipment and improving use of medical equipment. Mr. Gordon's 25-dollar suggestion involved a better method of mopping—an important contribution to good housekeeping.

Military personnel and civilians may earn cash for Beny Suggs. Turn them in at Civilian Personnel.

Scuttlebutt

SECOND GENERATION

NOTES: Browsing through some ancient OAK LEAFS: Frances Painter of Legal suddenly shrieked, "Oh look, there's Keith's dad!" And sure enough, on Page 1, coming down the steps of old 41A in 1946 was HA2 Keith A. Smith, looking very much like Frances' fiance, the well-known HM3 Keith Smith, Jr., who recently checked out of Education and Training to become a civilian computer operator. Not only Keith's father but also his uncle (they are identical twins) were members of the staff in the good old days.

ENS Suzanne Norton of Thoracic and Plastic Surgery followed a family tradition when she entered the service and reported here in October. Both her parents served as naval officers during World War II, her father as a pilot at Norman, Okla., Naval Air Station, and her mother, Mrs. Hilda Mann Norton, as a nurse right here at NH, Oakland, during the hectic days of 1945 when the patient census totaled 6,000!

AND CAN YOU BELIEVE? HM1 John Fifield, a student at PMT School, is now quartered in the same building in which he was born—almost 25 years ago. Let's see, the delivery room must have been about here.

WEDDING BELLS RANG in Reno last Saturday for Miss Hilda Otterstatter, civilian RN on 6 West and SGT Ray King, USMC, of 6 North. The sergeant, a Vietnam casualty from nearby Pittsburg, Ca., and his bride, whose home was New York, will make their home in Alameda, where he will work while commuting to San Francisco State College.

In a ceremony on 16 December, HM2 Richard D. Sinclair of Anesthesiology claimed Carol Porter of Sydney, Australia, as his bride. Chaplain Austin officiated at the wedding and HN Richard Bains of CCU served as Best Man.

IS THERE METHOD IN THIS MADNESS? Magazines available for random reading in the OB-GYN Clinic are sports magazines.

SIGHTS & SOUNDS: Multi-colored lights on the tree atop the building—a beautiful beacon for passing jets. . . . Neat TWA stewardesses dispensing eggnog and other refreshments to patients on 6N and 6NE during a Tuesday afternoon visit arranged by the Marine Corps. . . . A certain well-known medical officer overshooting his floor—while nurse-watching on the elevator. Playing it safe, he got off on the ninth floor and walked down a flight. . . . Anesthesiology ordering equal amounts of coffee and sugar. . . . Mr. Julius deciding which of his two sports cars to drive—the green TR4 or the green TR3A. . . . The Post Office overloaded with Christmas packages for every Tom, Dick and Tharon. . . . Shoppers looking more desperate as the days whiz by.

LIFE BEGAN 18 November for Jay Christopher Dunn, 7 lb. 10 oz. son of HM2 Roger D. Dunn of PMT School and his wife Pauline. . . . 19 November for Anthony Noel Morales, 7 lb. son of DKC Augustin R. Morales of Disbursing and wife Remedios. . . . 24 November for Sean Patrick Conlon, 7 lb. 9 oz. son of HM John D. Conlon, USCG, of PMT School and wife Rose Carol.

Know Your Staff



HM1 Jim Saylor, Education and Training division, is a good man to know, especially if you are nearing your expiration of service.

A veteran of more than 13 years' naval service, Saylor acts as an advisor in Project Transition. He has been stationed here at Oakland for 15 months, having previously served in Vietnam.

Born in Johnstown, Pa., Saylor entered the Navy soon after completing high school. He was on active duty for two years, later returning to civilian life to attend college and lab school. Six years after his discharge from the Navy Reserve, Saylor once again entered active duty.

Saylor and his wife, Suzanne, have two children: Deborah, who is 15, and Bill, "going on 13."

During his off-duty hours, Saylor acts as scoutmaster for Hayward Troop 175. His group of 34 scouts includes his own son.

As for hobbies, Saylor's interests include archery, photography, and maintaining a 1951 Ford. Saylor states he only performs minor repairs to his car which, to all appearances, seems to be in "mint" condition.

"Between 80-120 patients and staff come in each month," according to Saylor. "Those who come for consultation are nearing the expiration of obligated duty or have already appeared before a medical board." Saylor provides valuable assistance in locating prospective employers and campus representatives.

Anyone who has six months or less remaining of active duty or who is awaiting a medical discharge is urged to see Saylor immediately. He can be an important aid in obtaining suitable civilian employment or gaining admission to a school.

—usn—

. . . 2 December for Megan Maria Sandri, 8 lb. 3 oz. daughter of LCDR S. R. Sandri, medical resident, and wife Mary. . . . 7 December for Scott William DuPont, 8 lb. 14 oz. son of HM3 Henry M. DuPont of Lab School and wife Dorothy. . . . 11 December for Stephanie Fawn Kersey, 6 lb. 4 1/4 oz. daughter of HM3 James E. Kersey of Inhalation Therapy and wife Diana.

Mrs. Ramirez Earns Navy Relief 1750-Hour Pin

Three NH Oakland officers' wives and the mother of another received recognition for service to Navy Relief, and four were graduated from the Navy Relief training course at recent ceremonies at Naval Air Station, Alameda.

Earning top honors was Mrs. Gale Ramirez, who received the Navy Relief 1,750-hour pin, highest award the organization gives to a volunteer worker. A Navy Relief volunteer since 1964, Mrs. Ramirez worked in the Navy Relief Thrift Shop in Hawaii while her husband was stationed there. At this hospital she interviews enlisted men needing help with financial problems.

The Navy Relief 1000-hour pin was presented in absentia to Mrs. Ethel M. Thompson of Tacoma, Wash. Mrs. Thompson stitches up layettes as fast as her daughter, Mrs. Helmer Huseby, can send the materials, then mails them back for presentation to navy newborns.

Two local seamstresses — Mrs. Norman J. Nickman and Mrs. Lawrence Nelson — qualified for 100-hour pins by making layettes.

Completing the course and ready to serve as interviewers at the hospital office of Navy Relief are Mrs. Henry L. Martin, Mrs. Jesse F. Sanderson, Mrs. Paul E. Schroder, and Mrs. David C. Ziegler.

Aliens Must Report Addresses in January

Aliens in the United States must report their addresses to the Attorney General during January.

Aliens temporarily absent from the United States during January should not report their addresses but must do so within ten (10) days of return to the U.S.

The Immigration and Nationality Act provides serious penalties for willful failure to submit the report.

Cards with which the report can be made are available at any United States Post Office and at offices of the Immigration and Naturalization Service during the month of January.

Compliance with the alien registration requirement is of vital importance to all aliens in the U.S. Armed Forces as well as members of the armed forces who have relatives that are not citizens of the U.S. but residents of the U.S.

Christmas Art

Santa, dashing across Page 1 with sleigh drawn by Cupid, Prancer, Dancer, et al, is the work of PFC Gene Warne, USMC, of 6 NE.



"Let's Make A Deal"



Demonstrating an expertise in trading, patients deal with Monte Hall on "Let's Make a Deal." Pictured at the show: (1) This particular "Christmas tree" is none other than MSGT Claude Dubose, USMC, Ret., patient on 7 North. (2) Host Monte Hall and announcer Jay Stuart provide a moment of laughter during a show popularized by fantastic give-aways of cash and valuable gift prizes. (3) There was virtually no end to the vast array of imaginative and bizarre costumes. SN Dennis Cline (left) modeled this revolutionary breakthrough in men's fashions. (4) Some people are just born lucky—apparently this wasn't true for HM1 David Dodd (white bathrobe, background). It took Dodd only a few minutes to trade a large assortment of valuable prizes for a pair of ballet slippers. However, all was not lost. Dodd was later able to recover his winnings. The patient holding the camera, transistor radio, and \$10 in cash is SN Michael DeAndria. DeAndria later won some of the prizes which Dodd unfortunately lost.

Popular TV Show Plays Santa

More than 250 patients and staff attended the "Let's Make a Deal" show staged at the Clinical Assembly on 5 December.

The show opened with announcer Jay Stuart providing a few moments laughter and later introducing host Monte Hall and beautiful Connie Hopkins. Hall told the audience that during the six years "Let's Make a Deal" has been broadcast, he has hosted more than 1500 shows and given away 12,000 gifts valued at approximately \$11.5 million. He has also received more than 200 stitches as a result of injuries sustained at the hands of over-excited contestants.

Following a short question and answer period Mr. Hall began trading prizes with selected contestants. Patients were given an opportunity to win items such as a record player, AM-FM transistor radios, tape sets, books and albums. Everyone who traded with Hall eventually won something of value.

At the end of the show Hall went into the audience and traded personal items, such as pencils and combs, for cash. Following his departure, LT Nathan Sessions, Special Services Officer, distributed the remaining gifts to patients who did not have the opportunity to participate.

Civil Service Plans Exam For Summer Jobs

The Civil Service Commission has just announced its annual examination for summer jobs.

While the variety of jobs is great, the quantity will be quite limited compared with the number of applicants.

The examination will be open until 4 February 1970, but best opportunities will exist for those who file early. Being selected from this

exam is the only way the son or daughter of an employee of the Navy, either military or civilian, may be appointed to a summer job in any Naval installation. The minimum age requirement is 18 years at the time of appointment or 16 years if the applicant is a high school graduate.

Information is available in the Civilian Personnel Office.



GRADUATION DAY came 7 November for another class of laboratory technicians. They are, from left, front row: HM3 Stanley Snell, the honorman; HM3s Jimmie Campbell, Gary Joseph, and Richard Brumfield; back row, HM3 Richard Bromert, HNs Peter C. Lysdal, and Norman D. Lewis. CDR R. W. Poley is in charge of the school; HMC James Duranceau, and HM1 A. C. Short are instructors.



These five staff corpsmen have passed the AMA associated examination for The American Registry of Radiologic Technologists. They are, left to right: HM1 James Smith; HM1 Larry Valente; HM2 James Tuttle; HM1 George Toth and HM2 Ira Rockowitz. Pictured with them is CDR Robert Robl, Chief of Service. They are now authorized to affix "RT" after their names. Seven of the 12 technicians now on duty at Oakland are presently registered. This is probably the highest percentage of any radiology service within the Navy.

Battle Begins In Intramural Basketball

Opening night of the 1969-70 intramural basketball season saw eight teams competing for a first victory. High scoring team for the evening was Eye Clinic, with an impressive 75 points. Nine South was close on the heels of the victor with a final score of 70 points.

X-Ray fell victim to Eye Clinic's scoring ability and was finally defeated, 75-48. Gates and Ware contributing materially to the final victory with 21 and 16 points respectively. Thorkleson scored 22 points in a vain effort to bring victory to the X-Ray team.

Nine South experienced little difficulty in beating NP by a whopping 70-38. Individual standouts on the Nine South team were Nalder, scoring 22 points, and Finley, who contributed 16. Gloyd scored 16 points for the NP team.

Medicine won over Surgery with a final score of 50-33. Scavron donated 12 points to Medicine's final score, closely followed by Anderson and Burton, each scoring 11.

Dental once again demonstrated its athletic prowess by defeating Ortho, 45-33. Hess was top player for Dental with 10 points; Conlon, Niec and Sherrill each contributed eight. Duff scored 15 points in an effort to put Ortho "over the top."

Games were scheduled for 17 December, too late to make this issue. Competition will resume on 7 January with the final games of the season to be played 25 February.

—usn—

Reenlistments



HM1 Dan McGill (left), a PMT student, has signed on the dotted line for another four years, and HMC Thomas C. Lesage, an instructor in the school, for another six.



Also extending his service for a period of four years is SD1 Irineo S. Santos (right), of CO's quarters. HM1 Paul Horwhat of Officer Personnel shipped over for another three years.

HM2 Brian G. Knight, assigned to the Lab, received \$1,972.70 by re-enlisting for two years under the Variable Re-enlistment Bonus plan.



TEN COMMANDMENTS FOR SAFE DRIVING

On a recent Sunday in Ogdensburg, N.Y., Postmaster Carroll H. Belgard received from his church this leaflet, which he passed along to us:

- I. Thou shalt hold nothing but thy steering wheel.
- II. Thou shalt not make unto thee a god of thy horsepower.
- III. Thou shalt not take the center lane in vain.
- IV. Remember the driver behind to let him pass.
- V. Honor thy father and mother and thine other passengers.
- VI. Thou shalt not kill any pedestrian.
- VII. Thou shalt not commit drunken driving.
- VIII. Thou shalt not steal thy neighbor's eyes with thy headlights.
—nor his ear with thy horn
—nor his enjoyment with thy litter.
- IX. Thou shalt not bear false witness with thy signals.
- X. Thou shalt not covet thy neighbor's right-of-way.

—Catholic Quote



Pictured above are the 17 graduates of the 12 December PMT Class 52. They are, front row, left to right: HM2 Richard Tobin; HM2 Roger Dunn; HM2 John Stephenson and HM3 Robert Ball. Second row, left to right: HM1 Francisco Melchor; HM1 David Moquin; HMC Thomas Jozwiak (Class Valedictorian); HM2 Ramon Lopez and HM1 Phillip James. Third row, left to right: HM1 Antonio Montero; HM1 Earl Rush; HM1 Ramiro Canas and HM1 James Walls. Fourth row, left to right: HM1 John Conlon; HM1 Jerry Lucius; HM1 John Fifield and HM1 Gilbert Hildebrand. Not present for photograph: HM1 David Dodd and HM1 Connie Graves.

MORE ABOUT ARC PARTIES

(Continued from page 1)

er Cathy Cothorn will entertain the patients, and there'll be games,

gifts and refreshments galore.

The Christmas Eve parties are planned by the hospital Red Cross staff, with the cooperation of chapters in Berkeley, Alameda, and Oakland. They are among the many yule treats being brought to the patients by Red Cross.



From the Judge Advocate

The time has arrived to renew motor vehicle registration in California and most other states. Nonresident servicemen are entitled to carry license plates from their state of residence or from the last state in which they were stationed for a period of one year or until such plate expires. They are then required to obtain California registration. Nonresident servicemen are entitled to a military exemption which brings the costs of a California license plate down to \$17.00 for the first registration and \$12.00 for subsequent registration. The registration need not be in the same state as the owner's driver's license.

Military exemption forms may be obtained in the Legal Office or at any Department of Motor Vehicle office at the time the car is registered.



During the recent personnel inspection, awards and citations were presented to patients and staff. Among those recognized were, from left: GMG3 Tharon W. Leckbee, winner of the Bronze Star, Purple Heart, and Navy Commendation for heroic achievement; AN Donald S. Green, winner of the Air Medal, Bronze Star in lieu of the first award, and Purple Heart; QMC Donald J. Love, Navy Commendation Medal; ABF1 Jimmy L. Sackett, also presented with a Navy Commendation Medal, and HM2 Edwin D. Wright, honored as Sailor of the Month. Presenting the awards is CDR Robert V. L'Italien, Administrative Officer.